



Build awareness of potentially stressful conditions that affect some farmers at:

Communicating with Farmers Under Stress

Learn stress triggers, identify signs of stress, and review helpful techniques for responding.

**Join us via Zoom on
Tuesday April 28 & May 5 at 10 AM - 12 PM EST
or
Thursday April 23 & 30 from 6 PM - 8 PM EST**

**Register for sessions at:
tiny.cc/PurdueFarmStress**

Find us on Facebook:

<https://www.facebook.com/PurdueFarmStressTeam>