



PURDUE EXTENSION: CARING FOR OUR COMMUNITIES

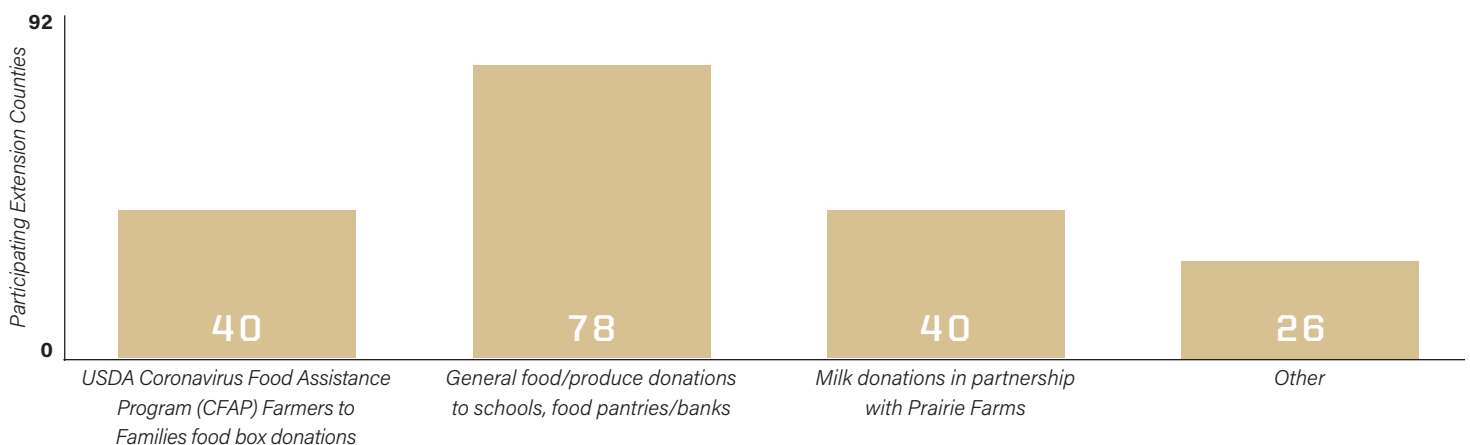
Purdue Extension cares for Indiana communities, fulfilling needs related to food, family, health and well-being as they arise and providing practical resources and opportunities for all.

FIGHTING FOOD INSECURITY IN INDIANA

Purdue Extension partnered with the United States Department of Agriculture (USDA), local farmers and community volunteers to fight food insecurity during the COVID-19 pandemic. As food resources became limited and communities focused on increasing access to healthy food options, Extension staff pooled its resources and expertise to assist with food access initiatives.

Contact your local Extension office to help address food insecurity in your county!

EXTENSION EXPANDS INDIANA'S FOOD ACCESS



STRENGTHENING FAMILIES PROGRAM: FOR PARENTS AND YOUTH 10-14

- Purdue Extension's Strengthening Families Program: For Parents and Youth 10-14 (SFP: 10-14) helps families improve relationships through increasing family bonding, building positive communication skills and facilitating learning to solve family problems together.
- Designed for parents, youth and families, SFP: 10-14 complements family skill-building by equipping youth with valuable skills to reduce peer pressure and resist substance use and abuse.
- The World Health Organization named SFP: 10-14 the #1 prevention program out of 6,000 programs analyzed for long-term effects on substance use and misuse.
- From 2016 to 2020, 407 adults and 452 youth participated in Purdue Extension's SFP: 10-14.
- "The most valuable thing I learned during this program is handling stress and peer pressure." — SFP: 10-14 youth participant.
- Learn more: puext.in/SFP

IMPROVING QUALITY OF LIFE THROUGH COMMUNITY PLANNING

- Purdue Extension's Enhancing the Value of Public Spaces: Creating Healthy Communities program (EVPS: CHC) helps regions, communities and neighborhoods plan and prepare for sustainable futures through the use of public spaces.
- Program facilitators guide community leaders and stakeholders through a public-space planning process that leverages opportunities to change policies, systems and environments to promote healthy eating and active living.
- EVPS: CHC programs have reached over 400 contacts, with over 480 volunteer hours in developing action plans for parks and recreation master plan updates, comprehensive plan updates and downtown redevelopment.
- Learn more: puext.in/EVPSCHC and puext.in/3xlkwzR

COVID-19 RESPONSE

- Aided by Purdue Extension, Purdue University's College of Health and Human Sciences is helping families cope with change and build resilience during the pandemic through the program, Families Tackling Tough Times Together.
 - Implemented through a Facebook group and a website, the program shares engaging activities and information with families that can easily fit into daily life and cater to all ages. Additional features include podcasts with experts, live events and community engagement activities.
 - Over 1,700 people have joined the Facebook support group and over 40 local, regional and national organizations engaged with this content to disseminate to families.
 - Join the Facebook group: puext.in/3gADE7k
 - Read more: puext.in/3sLGsRx

EXTENSION OFFERS COMPREHENSIVE **COMMUNITY DEVELOPMENT**

- As a result of Purdue Extension's successful collaboration with Connersville, Ind., Connersville translated the efforts into the city's comprehensive plan update and an authorization of a \$100,000 purchase of downtown land to create a community garden.
- Read more: puext.in/3nefyQZ

Visit us at extension.purdue.edu for more information!

