

# PURDUE EXTENSION CLASSES OFFERED

AS PART OF THE BLUFFTON PARKS DEPARTMENT  
SENIOR SNIPPETS PROGRAM



## Dehydrating 101 Session 1 of 2

April 15, 2024  
2:00 PM

Washington Park Pavilion

### Objectives:

- Basic methods and techniques for dehydration
- Choosing healthy foods to dehydrate
- Learn to safely preserve food through dehydration
- Hands-on demonstrations of the process



## Dehydrating 101 Session 2 of 2

April 22, 2024  
2:00 PM

Washington Park Pavilion

### Objectives:

- Learn effective storage methods for long-term preservation.
- Explore how dehydrated foods enhance a healthy diet
- Sample healthy dehydrated snacks



## Cooking With An Air Fryer

May 6, 2024  
2:00 PM

Washington Park Pavilion

### Objectives:

- Basics of air frying and different air fryer models
- Cooking / Food safety tips
- Air fryer safety tips
- Recipes
- Demonstration and samples

All three workshops are free!

Contact the Bluffton Parks Department to sign up: 260-824-6069