EXTENSION EXPRESS!

Purdue Cooperative Extension Service -Vermillion Co.

WEBSITE: https://extension.purdue.edu/county/Vermillion

October, November, December 2024 Newsletter

2025 Vermillion County Fair June 14-21

A new programming year recently started for us, and with that we thank you for your participation and collaboration this past year! With you, we accomplished some amazing things the past 12 months! As we look forward, we're excited to explore new partnerships in our community, welcome our 2025 4-H members, and offer programs for all ages.

To our farm families, we wish you a safe harvest. And to all of our Purdue Extension friends, we wish you a peaceful holiday season. The Purdue Extension staff of Vermillion County is grateful for your participation in and support of Extension and 4-H programming in 2024, and we're excited for 2025!

*Cancellation Reminder:

Please remember that ALL Extension meetings are cancelled if school is dismissed early or cancelled due to the weather. This applies if only one or more Vermillion County school corporations cancel classes due to the weather. Updates will be provided on the Purdue Extension Vermillion County Facebook page.

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Purdue University is an equal access/equal opportunity university.

*If you have a disability that requires special assistance for your participation in a program offered by Purdue Extension Vermillion County, please contact the Extension Educator offering the program. Our contact information can be found on this page. Requests for assistance must be made at least two weeks prior to the program you plan to attend.

4-H Online Open Enrollment is October 1, 2024 – January 15, 2025



Use the link or QR code and follow the instructions on how to enroll through 4-H Online. If you are a first year 4-H Member or returning 4-H Member you must enroll/re-enroll each year through 4-H Online.

https://extension.purdue.edu/4-H/get-involved/membership-join-aclub.html



2025 Vermillion County 4-H Projects of the Year:





All 4-Hers completing one of these projects will earn a free t-shirt at the fair! YOU have the opportunity to design the t-shirt! Get creative! Send your t-shirt design for the above projects to <u>mwillhit@purdue.edu</u> by May 15th. The 4-Her with the winning design will have their name printed on the t-shirt as "designed by..." Plans are coming to have workshops for both cake decorating & photography throughout the year!





We are gearing up to celebrate National 4-H Week that will take place October 7-12! This is a week to honor all that 4-H is and all that 4-H does for the young people in our community. It is a chance to promote 4-H, recruit new members, and thank the community supporters. This year's theme is "Beyond Ready." The beyond ready message means we are building a ready generation in a world of change. 4-H equips youth with skills for the future while meeting them where they are today. Becoming "Beyond Ready" encompasses opportunities and experiences, connections, and discovery, shaping youth into their true and authentic selves. To celebrate National 4-H Week (a week later) in Vermillion County, we are having a 4-H Fall Kick Off on Saturday, October 19th at the Science & Conservation Center in Hillsdale, Indiana starting at 4:00 pm. All are welcome – you do not have to be in 4-H to come. We will have a bonfire, smores, large vard games, crafts, and much more! There will be a chance to sign up for the upcoming 4-H year, meet club leaders and current 4-H members, and get ideas on 4-H projects. We are very excited to celebrate 4-H and kick off the new 4-H vear!

Let's Celebrate!



For Purchasing!

Vermillion County 4-H Pennants

The 4-H Council is selling Vermillion County 4-H Pennants! These pennants could be used to hold all of the National Achievement Pins awarded or even used as a decoration for your room. They are 9" x 24" felt and will be \$10 each. Please email <u>mwillhit@purdue.edu</u> or visit the Extension Office to purchase. They will make great Christmas gifts.





Do you know a Veteran?

Vermillion County 4-H Junior Leaders are making a list of Veteran's that live in Vermillion County to thank and honor them in a special way! If you know a Veteran or are a Veteran yourself – please email the name of the Veteran and their contact information to mwillhit@purdue.edu by November 1st!

Congratulations to our 2024-2025 4-H Junior Leader Officers!

President: Liam Heber Vice President: Kaydan Willhite Treasurer: Dylan Hill Secretary: Brenly Hill Social Media/Reporter: Nora Thomann Fair Board Representative: Matthew Howard 4-H Council Representative: Lane Thomann Recreation Leader: Matilda Kelsheimer



AGRICULTURE AND HORTICULTURE RESOURCES!

Have specific questions, call Phil at 765-492-5335 or email at cox119@purdue.edu



PURDUE UNIVERSITY | CORN EXTENSION

To see the current and past issues (& to subscribe) of the Pest & Crop newsletter go to:

<u>www.extension.entm.purdue.edu/newsletters/pestandcrop</u> The current issue (September 20) of the Pest & Crop Newsletter covers the following topics:

1)Unveiling Root-knot Nematodes and the Role of Suppressive Soils in Vegetable Production

2)Sheep Refusal to Eat Hay Emphasizes the Importance of Using Your Senses to Evaluate Hay

3)Stalk & Ear Rots:ID Them Now to Help w/Harvest Decisions 4)Pest & Crop 2024 Survey

5)Drought Continues and Intensifies Across Indiana



Center for Commercial Agriculture

For the current issue (and to subscribe) please

see: <u>https://vegcropshotline.org/</u> The most recent issue (September 6) of the Vegetable Crops Hotline Newsletter covers the following topics:

1)From the Editor's Desk

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FACTS FOR

FANCY

A Newsletter for Commercial and Advanced Amateur fruit growers.

2)Why Are We Fighting? Succession Conflict and How to Handle It 3)Strawberry Growers: Navigating the Challenges of Neopestalotiopsis Disease

4)Clearspring Produce Auction Price Update5)Insect Spotlight: Long-legged flies

6)Welcome Meteorological Fall, Drought Concern Grows



This Website Provides the Latest Corn Research and Management Information for Farmers and Agricultural Professionals <u>https://thekernel.info</u>



The Purdue Center for Commercial Agriculture has many reports, publications, podcasts, and webinars that can be found at https://ag.purdue.edu/commercialag/Pages/



A newsletter for commercial vegetable growers prepared by the Purdue University Cooperative Extension Service



For the current issue and past issues (& to subscribe) of the **Purdue Landscape Report see:** www.purduelandscapereport.org

The current issue (September 6) of the **Purdue Landscape Report** covers the following topics: 1)Disease Worries on Lawn Seed & Seedlings; 2)Enjoy Your Trees While Checking Them; 3)Welcome Meteorological Fall, Drought Concern Grows.

For the current issue of Purdue Extension's Facts for Fancy Fruit newsletter (and to subscribe) please see: <u>https://fff.hort.purdue.edu/</u>

The current issue (August 29) of Facts for Fancy Fruit covers the following topics: 1)Crop conditions 2)A Major Cool-Down On The Way 3)Strawberry Growers: Navigating the Challenges of Neopestalotiopsis Disease 4)EPA Issues Order to Immediately Stop the Use of Dacthal Herbicide

5:30-7:00

Tuesday-October 22

Everyone is invited to this free fall foliage walk at Cayuga Park, home of the Verm Co. Fairgrounds.
Purdue Extension Educator, Phil Cox, will lead the walk, (starting at the 4-H Comm Bldg.) while teaching participants how to identify the diverse species of trees in this beautiful park.
20 copies of the 2024 edition of "101 Trees of Indiana: A Field Guide" by Dr. Marion Jackson will be randomly given away by those who register by Oct 21. You must be present to win a field guide.
Pre-register by contacting the Purdue Extension Verm Co. Office at 765-492-5330 or cox119@purdue.edu.

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REGISTRATION IS LIMITED

*In case of rain, an alternative tree identification event will be held inside the 4-H Community Bldg.

Anyone under 18 must be accompanied by a parent/guardian.

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VERMILLION COUNTY LANDOWNER BREAKFAST DEC - 3

PURDUE EXTENSION - VERMILLION COUNTY WILL HOST A FREE BREAKFAST AT 8:30 AM ON TUESDAY, DECEMBER 3RD AT THE VERMILLION COUNTY FAIRGROUNDS COMMUNITY BUILDING IN CAYUGA PARK. ANDREW BROWN, NRCS DISTRICT CONSERVATIONIST FOR VERMILLION COUNTY, WILL BE DISCUSSING A WIDE RANGE OF USDA CONSERVATION PROGRAMS IN ORDER TO HELP FARMERS, WOODLAND OWNERS, AND OTHER LANDOWNERS IMPLEMENT CONSERVATION PROGRAMS AND PRACTICES. POLLINATOR PLANTINGS & WETLANDS CONSERVATION PRACTICES WILL ALSO BE INCLUDED IN THIS DISCUSSION. EVERYONE INTERESTED IN LEARNING ABOUT USDA CONSERVATION AND COST-SHARING PROGRAMS IS INVITED TO ATTEND.

*RSVP IS REQUIRED BY CONTACTING THE VERMILLION COUNTY EXTENSION OFFICE AT 765-492-5330 OR <u>COX119@PURDUE.EDU</u> BY NOVEMBER 26TH. ANYONE UNDER 18 MUST BE ACCOMPANIED BY A PARENT/GUARDIAN PURDUE UNIVERSITY IS AN OPPORTUNITY/EQUAL ACCESS/AFFIRMATIVE ACTION INSTITUTION



Extension

MONTHLY PROGRAMS AT CLINTON PUBLIC LIBRARY

Lori Bouslog, HHS Extension Educator, offers monthly programs at the Clinton Public Library, 313 S 4th Street. The programs begin at 6:00 PM on the second level of the library. Programs offered include:

*Strategies for Estate Planning – Including Your Digital Assets *New Ideas for Holiday Leftovers *Food Allergies 101 October 21 November 18 December 16



2025

*Money Smart for Older Adults – Part 1 *Money Smart for Older Adults – Part 2 *What's In Your Bag? January 13 (1 week early due to holiday) February 17 March 17

Future programs will be the 3rd Monday of each month, unless the library is closed for a holiday or due to the weather!

A MATTER OF BALANCE will be offered again in Vermillion County in Spring 2025, with dates to be confirmed by December 1st for the 8-session series. Participants must attend at least 5 of the 8 sessions to be considered complete. Class is limited to 12 participants. Advance registration is required.

Managing Concerns About Falls acknowledges the risk of falling but emphasizes practical coping strategies to reduce this concern and remain active and independent. The program consists of eight, two-hour sessions led by trained facilitators.

You should attend A Matter of Balance if you:

- •are concerned about falls
- •have had a fall in the past
- •restrict activities because of concerns about falling
- •are interested in improving flexibility, balance and strength



For more information, or to add your name to the registration list, please contact Lori Bouslog at <u>lbouslog@purdue.edu</u> or 765-492-5332.



A SPRINKLE OF NEWS FROM SUE

October brings lots of activities for Vermillion County Extension Homemakers. The Terre Haute District Meeting will be October 1st at the Parke County Fairgrounds in Rockville. This includes homemakers from 9 surrounding counties, along with State Officers.

Bakersfest will be held on Wednesday, October 2 at the Vermillion County 4-H Community Building. Everyone is welcome to participate in the baking contest. (You do not have to be a member.) The theme is Pumpkin. Categories include quick breads and muffins, cakes, cookies, pies, and miscellaneous. Call the Extension Office for details. Lunch will be served for \$15.00. Lisa Leitgable, owner of McGuire and Leitgable Custom Floral Designs will be our guest speaker.

Homemakers Week will be October 21-26. Look for *Proud to be a Homemaker* signs displayed throughout the county. On Thursday, October 24, we will be going on our Homemakers Trip to Crawfordsville for lunch and shopping. We will meet at Wayside United Methodist Church parking lot to carpool at 10:30.

Make a Difference Day will be held on November 18. Birthday Cake Kits will be collected at 3:00 p.m. at the Clinton Public Library and will be delivered to KidCare that afternoon. There will be a council meeting too.

Enjoy a happy fall!

Sue Weber, President Vermillion County Extension Homemakers



COUNCIL MEETINGS

Extension Homemaker Council meetings for 2024-2025 will be November 18, 3:00 PM at Clinton Public Library; March 10, 10:00 AM at Off the Tracks, Dana; and May 12, 11:30 AM (Indiana Time) at Randall Manor, Chrisman.

LEADER LESSONS

The Area V HHS Educators offer leader lessons and package lessons, which are listed on pages 14-15 of the current Extension Homemaker program book. The lessons on the IEHA website, <u>www.ieha-families.org</u>, are also available for use throughout the year. Please contact Lori for copies of the lessons your club is requesting!

THE FAMILY DINNER PROJECT

The Family Dinner Project was introduced in Vermillion County during the Purdue Extension Annual Meeting in late August. The Center for Families at Purdue University is celebrating 30 years in 2024 and one way they are doing that is through promotion of the Family Dinner Project and partnering with Purdue Extension. The Family Dinner Project is an initiative to promote family dinner as an opportunity to connect with each other through food, fun and conversation. Use these ideas this fall and through the holidays. If you are interested in more information, please contact Lori.

Sharing a family meal is good for the spirit, the brain and the health of all family members. Studies link regular family dinners lower rates of substance use, teen pregnancy, depression, as well as higher grade- point averages and self-esteem.

Literacy + Family Dinner

Research shows that kids learn even more words through family dinner conversations than through being read to...Try some of our games and conversation starters to reinforce reading at your table tonight!

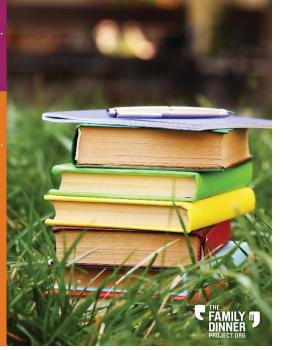


If you wrote a newspaper article about your day, what would the headline be?



ABC's of Gratitude

When you think about it, on even our worst days, we can still find things to be grateful for. Go around the table and have each family member share something for which he or she is grateful — but in alphabetical order. So maybe you're thankful for animals, your son is grateful for bananas, and so on until everyone is feeling gratitude from A to Z!



Gratefulness Grab Bag – Give everyone two slips of paper, and have them write down two things they're thankful for (these can be silly or serious!). Place the slips in a bowl, pass it around the table, and have different people read the slips out-loud.

IMPORTANT DA TES 🔸

<u>OCTOBER</u>

- 1- 4-H Online Open Enrollment Begins
- 1- IEHA Fall District Meeting @ Parke Co. Fairgrounds
- 2- Bakersfest
- 3- Dining With Diabetes 10am-Noon @ Verm. Co. Health Dept., Clinton
- 7-12- National 4-H Week
- 10- Dining With Diabetes 10am-Noon @ Verm.Co. Health Dept., Clinton
- 17- Dining With Diabetes 10am-Noon @ Verm. Co. Health Dept., Clinton
- 19- 4-H Fall Kick Off 4pm @ Science & Conservation Center, Hillsdale
- 21- Strategies for Estate Planning 6pm @ CPL
- 22- Fall Foliage Walk 5:30pm @ Cayuga Park *RSVP required *Page 6
- 24-<u>Dining With Diabetes 10am-Noon @ Verm.</u> Co. Health Dept., Clinton
- 24- Homemakers Trip 10:30am @ Wayside UMC (meet and carpool to Crawfordsville)

<u>NOVEMBER</u>

- 1- Veteran's Contact Info Due
- 9- 4-H Volunteer Retreat
- 18- New Ideas for Holiday Leftovers 6pm @ CPL
- 18- Make a Difference Day/Homemakers Council Meeting 3pm @ CPL

DECEMBER

- 3- Verm. Co. Landowner Breakfast 8:30am @ 4-H Comm. Bldg. *RSVP required *Page 7
- 10- Bi-State Crops Conference 10am @ The Beef House *RSVP required
- 16- Food Allergies 101 6pm @ CPL

LOOKING AHEAD...

- Jan 13- Money Smart for Older Adults Part 1 6pm @ CPL
- Jan 14- Bi-State Garden Conference 10:30 @ The Beef House *RSVP required
- Feb 17- Money Smart for Older Adults Part 2 6pm @ CPL
- Mar 10- Homemakers Council Meeting 10am @ Off the Tracks, Dana
- Mar 17- What's in Your Bag? 6pm @ CPL
- May 12- Homemakers Council Meeting 11:30am (EST) @ Randall Manor, Chrisman
- May 17- Fairground Clean Up
- May 28-31- 4-H Camp
- June 7- Fair Set Up

June 14-21- 2025 Verm. Co. Fair!!





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Vermillion County Office

U.S. DEPARTMENT OF AGRICULTURE

Extension - Vermillion County

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