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4-H Camp Newsletter

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Spring 2022

4-H Camp, June 8-10, 2022

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4-H Camp at Epworth Forest in North Webster, Indiana will begin Wednesday, June 8 (9AM) and will end Friday, June 10 (2PM).

Any Steuben County 4-H member in grades 3-6 (21-22 school year) is welcome and the cost is \$180.00. (before the Steuben County 4-H Fair Board sponsorship, **keep reading!**)

The cost includes 7 meals, snacks, cabin lodging, temporary insurance, activities and instruction. The camp store may have snacks and other items available to purchase.

Special Note: The Steuben County 4-H Fair Board will pay 50% of your registration fee which is \$90.00, leaving the remaining 50% balance of \$90.00 due at time of registration.

Final camp registration will be done when campers first arrive. Campers are asked to arrive at Epworth Forest 9AM to 10AM on Wednesday, June 8.

Closing ceremonies will be at 2PM on Friday, June 10 with check-out at 3PM.

To assure that you have the most fun at 4-H Camp this year, please return your forms to the County Extension Office as soon as possible. Camp registrations are taken on a first-come, first-serve basis, so don't wait or you might be too late!

Camp Counselors/Staff

We are so very excited to announce that Steuben County has 7 4-H'ers who have been selected and will serve as 4-H Camp Counselors this year, those selected include:

Ava Budak, 10th grade, Otsego Go-Getters
Garrett Farnham, 12th grade, Lucky Ducks
Jagger Hurraw, 9th grade, Lucky Ducks
Caleb McMullen, 9th grade, Lucky Ducks
Meghyn McMullen, 12th grade, Lucky Ducks
Jessica Thrush, 10th grade, Otsego Go-Getters
Kaylee Wise, 12th grade, Otsego Go-Getters



Our counselors will participate in trainings and camp planning throughout March, April, May, and June. They are all very excited to create an awesome environment for our 3-6th grade 4-H'ers at 4-H Camp. Extension Educator Tami Mosier is also excited to join in on the 4-H Camp fun as an adult chaperone.

All below items and registration fees must be returned to the Steuben County Extension Office by May 1st:

- *Camp Registration Form
- *Health Form & Mediation Form
- *Behavioral Expectations Form (with camper picture)

Camp Space is limited this year;

Do NOT wait to sign-up or you might be placed on the waiting list.

Health Forms and Medical Information

A Registered Nurse will be on site during the entire stay at camp. The Nurse will be the sole person to administer your child's required medications, and said medications will be stored in a locked cabinet at all times.

Please complete the Health Form enclosed and turn in with your Camp Registration by May 1st. Any medication the child may need should be



brought in the container in which they are issued (with medical orders and physician's name intact.)

Please place all medications in a zip-lock bag with camper's name.

Medications must be turned into the camp nurse during registration, so it is best not to pack them inside a suitcase.



Extension - 4-H Youth Development 

It is the policy of the Purdue University College of Agriculture that all persons shall have equal opportunity and access to the programs and facilities without regard to race, color, sex, religion, national origin, age, marital status, parental status, sexual orientation, or disability. Purdue University is an Affirmative Action employer.

What to Bring to Camp

Please label items with child's name.

We can not be responsible for any lost or stolen articles.

- | | |
|--|--|
| <input type="checkbox"/> Sleeping Bag or Blankets | <input type="checkbox"/> Pillow and Sheet |
| <input type="checkbox"/> Comfortable Old Clothes | <input type="checkbox"/> Sweatshirts for chilly nights |
| <input type="checkbox"/> Several pairs of Long Pants | <input type="checkbox"/> Shorts & T-shirts |
| <input type="checkbox"/> Extra socks, Undergarments | |
| <input type="checkbox"/> Sturdy Shoes/Tennis Shoes-must have a closed toe/heel | |
| <input type="checkbox"/> Water Shoes/Old Shoes for Lake | |
| <input type="checkbox"/> Flip Flops for the Shower | |
| <input type="checkbox"/> Toiletries, Personal Items | <input type="checkbox"/> Wash Cloths/Towels |
| <input type="checkbox"/> Soap, Body Wash | <input type="checkbox"/> Toothbrush & Toothpaste |
| <input type="checkbox"/> Deodorant (non-aerosol) | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Swimsuit and Towel | <input type="checkbox"/> Jacket/Rainwear |
| <input type="checkbox"/> Non-aerosol Insect Repellent | |

Items that should **NOT** be brought

- Cell Phones
- Radios, CD Players or Electronics
- Valuable Jewelry
- Alcohol, tobacco or illegal drugs
- Fire crackers/other explosives
- Snacks containing Peanuts

4-H Camp held at... Epworth Forest Conference



8531 E Epworth Forest Road North Webster, IN

You are responsible for your transportation to and from 4-H Camp! Once registration closes, we will supply a list of those Steuben County 4-H'ers who have registered for camp to hopefully assist with carpooling options, if desired.

Camp Rules

Any youth breaking 4-H Camp behavior rules or determined to be a risk by the Extension Educator will be dismissed at the families expense.

There will be no reimbursements given for cancellations after June 1st or dismissals.

1. Any rules broken by camper(s) or counselor(s), if deemed severe enough, will result in 4-H'ers parents being called and the youth involved being sent home.
2. Camper must report illness/injury to nurse immediately.
3. Close-toed shoes must be worn at all times except when traveling to and from the beachfront or showers. (Sandals or flip flops may be worn at those times.)
4. All items should be marked so that the camper will recognize his or her own belongings. This is especially important on swimsuits, cameras and other valuables.
5. Any medication taken regularly by a camper must be given to the camp nurse, who will dispense it to the camper at the designated time. Campers must contact the nurse at appropriate times when prescribed medication is to be taken.
6. No camper is allowed in the lake or in canoes except when a lifeguard is present.
7. No visitors are permitted during the camping period unless cleared with the Camp Director.
8. Campers are required to be present at all sessions. Full time participation is required! No youth will be allowed to leave and return for any reason.
9. Cell phones will not be permitted, please leave at home.
10. Epworth Forest or Purdue Extension Staff cannot be responsible for articles or money left, lost or stolen at 4-H Camp. Do not bring large amounts of money, expensive cameras and/or other valuable articles.





Extension - 4-H Youth Development



Northeast Indiana 4-H Camp Group 4-H Camp Registration

Registration Due: May 1, 2022

Camp Registration is first come, first served. Sign up early!

4-H Camp Dates: Wednesday, June 8 (10AM) through Friday, June 10 (3PM)
Location: Epworth Forest Conference Center
8531 E Epworth Forest Road, North Webster, IN 46556
Eligible Campers: 4-H'ers in grades 3-6
Cost: \$180 per camper (Before Steuben County 4-H Fair Board's Sponsorship...keep reading!)
Includes lodging, 7 meals, snacks, all class materials, and temporary insurance

Please Note (Steuben County 4-H'ers):
The Steuben County 4-H Fair Board will pay for 50% of this trip.
Failure to attend will result in your full payment of \$180.
Total Cost of 4-H Camp \$180
4-H Fair Board Sponsorship \$90
4-H Family responsible for \$90
Please make checks payable to: Steuben County 4-H Fair Board

Name _____ Grade (Jan, 2022) _____ Gender _____

Address _____ T-Shirt Size _____

City/Town _____ State _____ Zip _____ County _____

Parent/Guardian _____

Telephone _____ Parent Email _____

Cabin Mate Requests: _____

- *Please understand while we try to honor all requests, we cannot promise all arrangements will work.
- *Due to developmental differences in youth, we assign campers to cabins by grade. When requesting cabin mate, please understand this.
- *No cabin assignment changes will be made at check-in.

Please be sure to note any special dietary needs or accommodations needed below.

In addition to large group games, cabin activities, vespers, skits, and campfires, all campers will attend classes to gain experiences in various and diverse subject areas.

The following opportunities may be available at 4-H Camp:

- | | | |
|------------------|--------------------|--------------|
| Boating | Crafts | Food Science |
| Fun with Science | Nature Exploration | Recreation |
| Outdoor Sports | Swimming | Water Games |



Behavioral Criteria for 4-H Events and Activities:

(Recommend distributing with health forms for trips/activities.)

To 4-H members, volunteers, parents and the public: When attending, participating or acting on behalf of the 4-H program, all persons are expected to conduct themselves in accordance with accepted standards of social behavior, to respect rights of others, and to refrain from any conduct which may be injurious to the 4-H program. **The following actions constitute misconduct for which persons may be subject to disciplinary consequences and/or dismissal from the program:**

- (a) Dishonesty in connection with any 4-H activity by cheating or knowingly furnishing false information.
- (b) Alteration or unauthorized use of 4-H records.
- (c) Obstruction or disruption of any 4-H activity or aiding and encouraging other persons to engage in such conduct.
- (d) Failure to comply or aiding or encouraging other persons not to comply with specific terms and conditions of a given project, contest, or activity.
- (e) Failure to comply with directions of 4-H officials acting in the proper performance of their duties.
- (f) Inhumane treatment of 4-H animal projects.

There are many opportunities for 4-H members, volunteers, parents and the public to participate in 4-H events and activities. When involved in such experiences, members, volunteers, parents and the public are expected to follow all rules and regulations as outlined by those responsible for the specific program or activity. In all such 4-H activities, the following constitute a violation of behavioral expectations:

1. Possession or use of fire crackers, gun powder, firearms, chemicals or other materials that can be used to create an explosive mixture.
2. Misuse of fire equipment or sounding a false fire alarm.
3. Having a guest of a different gender in your sleeping quarters, or inappropriate sexual behavior.
4. Physical or verbal abuse of any person or conduct which threatens or endangers the health or safety of any person.
5. Theft of or malicious damage to property.
6. Possession, use, or distribution of alcohol, illegal drugs, tobacco and tobacco-like products, electronic smoking devices (including, but not limited to, e-cigs, vapes, juuls), or other dangerous substances.
7. Inappropriate displays of affection towards another person(s).
8. Distribution, misuse, or abuse of over-the-counter, homeopathic (including supplements and vitamins), or prescription medications.
9. Inappropriate clothing or lack of clothing during the event or activity.
10. Lewd, indecent, or obscene conduct or language.
11. Unauthorized entry, use or occupancy of any facility.
12. Any conduct which threatens or interferes with maintenance of appropriate order and discipline or invades the rights of others.
13. Unwillingness to follow appropriate health and safety procedures.
14. Reckless or inappropriate behavior.

When violations occur at out-of-county, district, area, state and/or national 4-H events, the following procedures will be followed.

- (a) The parents/legal guardians may be contacted to arrange transportation home for the violator(s) and
- (b) The local extension educator may be notified.

I verify that I am a 4-H member, I have read and will abide by the rules and behavioral expectations, set by the Indiana 4-H program or I will forfeit my right to stay. Both signatures are required.

4-H Member Signature

_____ Date _____

Parent/Legal Guardian Signature

_____ Date _____

HEALTH FORM – (Youth)

This Health Form is two sides. Please complete both sides.

**Attach current photo here.
Photo will not be returned.**

Northeast Indiana 4-H Camp – Epworth Forest, North Webster, IN

Event/Activity/Trip

Steuben

County _____

Dorm and/or Room Number _____

Name _____

Birthdate _____

Street Address _____

City _____

State _____

ZIP code _____

(_____) _____
Day Phone Number

Evening Phone Number _____

Youth Cell Number (if applicable) _____

List any activities the participant should avoid (i.e., swimming):

<u>Physical Record of Participant</u>	<u>Yes</u>	<u>No</u>
Heart Condition	_____	_____
Diabetes	_____	_____
Ear Infections	_____	_____
Bedwetting	_____	_____
Allergy to any medication	_____	_____
List medicines allergic to: _____		

List Food allergy or dietary restrictions: _____

List other allergies(dust, pollen, animals): _____

Date of last Tetanus Shot: _____

Please list any current medication being taken on reverse side of this form.

Any other medical record information that would be beneficial during the program or in an emergency:

PARENTAL AUTHORIZATION

Pursuant to Indiana Code Paragraph 16-36-1-6 and subject to any limitations listed below, I request and authorize Purdue University Cooperative Extension Service employees and their authorized agents to arrange for all reasonably necessary medical care, including transportation and hospitalization, for my child while in attendance at and participating in 4-H Youth Development events and activities.

I also understand that, as a result of my child’s participation in this program, it will be necessary for Purdue CES employees and other authorized personnel with the program to have access to relevant medical information pertaining to my child, and I authorize the use and disclosure of my child’s medical information to promote a safe and healthy experience for my child.

Parent/Legal Guardian Signature _____	Date _____	Witness to Parent/Legal Guardian _____	Date _____
Parent/Guardian Telephone: (_____) _____	HOME NUMBER	(_____) _____	WORK NUMBER

Both above signatures required for acceptance to participate

In case we cannot reach you, please list the name and phone number of a second party to contact:

Name _____

Address _____

Telephone: (____) _____ Cell Phone: (____) _____

Please complete the addendum on reverse side

ADDENDUM TO THE 4-H YOUTH HEALTH FORM

Complete this form if **prescription medications** are being taken by the student at the time of the event or if **over-the-counter medication** is to be administered by an Extension staff member or other authorized personnel.

Medications must be carried in their original containers.

County: Steuben

4-H member's Name: _____

Name of Medication: _____

What Illness/Condition is this medication intended for: _____

Check all of the following that apply:

Tylenol/Ibuprofen may be administered by 4-H Youth Development event personnel

Benadryl may be administered by 4-H Youth Development event personnel

Medication is to be self administered by student

Medication is to be administered by 4-H Youth Development event personnel

Dosage: _____ Refrigeration? Yes No

Special Instructions: _____

Other information (if applicable): _____

Date(s) to Administer: From _____ To _____

Prescribing Doctor's Name: _____ Phone: () _____

Note: This form is to be used as a reference for 4-H participants who require any medication (prescription or "over-the-counter"). Administering of the medication is the responsibility of the participant. If health facilities and/or personnel are available at the facility and you prefer the trained personnel to administer the medication, you may request this prior to the event.

Event: Northeast Indiana 4-H Camp Date (s): June 8-10, 2022

Signature of Parent/Legal Guardian Date

Signature of Parent/Legal Guardian Date