

Extension

The Extension Line..... "News and Notes"



HEALTH & HUMAN SCIENCES

Fall, 2021 Mandy Nielsen, HHS Educator Starke and Pulaski Counties

UPCOMING PROGRAMS

Virtual Programs (All Virtual Programs will be 12-1PM EST. Please contact the office to register or for more information):

September 1st – Empower Me To Be Clutter Free Part 1

September 1 – Empower Me To Be Clutter Free Part 1
September 8th – Empower Me To Be Clutter Free Part 2
September 15th – Empower Me To Be Clutter Free Part 3
September 22nd – Organizing Your Medical Papers
September 29th – Declutter Your Closet
October 6th – Where Does Your Money Go? Part 1
October 13th – Where Does Your Money Go? Part 2
October 20th – Sovinger What's a 520 Plan?

October 20th – Savings: What's a 529 Plan?
October 27th – Curb the Urge to Splurge
November 3rd – Understanding FAFSA

November 10th – Food Budgeting 101



September 7th – Staying Scam Safe Program at 5:30PM at the Francesville-Salem Township Library. (RSVP to the library by September 2nd)

November 2nd – Meal Planning Program at 5:30PM at the Francesville-Salem Township Library. (RSVP to the library by October 29th)

November 5th - Reality Store, for 8th graders at West Central Middle School (If interested in volunteering contact the Extension Office at 574-946-3412).



Extension

Want to take control of your money, time, and resources? Learn how with Purdue Extension on #WalletWellness Wednesdays

Join us each Wednesday in 2021 for an ongoing program series by Purdue Extension. Each week a free virtual lunchand-learn will be offered, covering topics related to managing and optimizing your money, time, and resources. Programming and registration details are released monthly, so keep an eye out and sign up to join.

Join us for #WalletWellness Wednesday every Wednesday from 12-1pm EST.

Purdue University is an equal opportunity/equal access/affirmative action institution.

A Message from Our EH President-Lenora Hoover

Greetings!

Enjoy the bounty of the sea-

son! Vine-ripened tomatoes, ripe melon, sweet corn on the cob, and green beans are just a few of my favorites. Canning season is here, too. I love eating fresh from the garden and any surplus will go into jars for many meals throughout the winter. Enjoy your gardens! If you have too much, please share with others.

One of August's birth flower is the gladiolus. The gladiolus symbolizes strength of character, sincerity, and generosity. I also see Extension Homemakers having these fine qualities!

2021 Make and Take Workshop has been cancelled. The Extension Homemakers are hoping to have it next year.



CITRUS CUCUMBER WATER

INGREDIENTS:

- 1 large lemon
- 1 large lime
- 1 large orange
- 1 large cucumber
- 8 cups cold water

DIRECTIONS:

- 1. Scrub all fruits and cucumber thoroughly under running water. Cut the citrus fruit into thin slices without peeling, and put in a pitcher.
- 2. Peel the cucumber and cut into thin slices, with or without peeling. Add cucumber slices to fruit slices in the pitcher.
- 3. Add water, stir well and refrigerate for 2 hours before serving, then keep cold to keep in safe.

Drink within 2 days for best quality.

Prep time: 10 minutes Cook time: none Servings: 8 cups

PULASKI COUNTY 2021 OPEN CLASS RESULTS

Although the display was sparse the quality was not. Listed below are the 2021 Winners in Open Class sponsored by the Pulaski County Extension Homemakers. The person who brought the most exhibits was Mary Rans of Winamac with 15. Right behind her was Rose Goble of Star City with 14 exhibits. CHAMPIONS:

SEWING CATEGORY:

Woman's or Man's Garment – Rose Goble Coat or Ensemble – Catherine Pratt (Best of Show) Child's Garment – Debbie Stilwell

Other Sewn Items – Catherine Pratt

ARTS AND CRAFTS CATEGORY:

Baby or Lap Afghan (Crocheted/Knitted) – Barbara Kleinofen

Crocheted Item, Other (Not afghan) – Mary Rans Knitted Item, Other (not afghan) – Jane Rausch Quilts, Pieced, Machine – Jan Smith

Quilts, Pieced, Hand-Quilted, Smaller Quilted Items – Jan Smith

Baby Quilt – Julie Kasten

Counted Cross Stitch – Rachel Plowman(Best of Show) Picture/Wall Hanging, Other Than Stenciled, Painting or Drawing – Lois Heater

Ceramics – Linda Murphy

Woodworking (Constructed Items) – Ray Rausch Doll – Debby Stilwell

Recycled Items (Other) – Evelyn Cramer Youth: Wearable Art – Jocelyn Hileman

Youth: Other Arts and Crafts – Jocelyn Hileman Adult: Other Arts and Crafts – Mashell Roudebuch

Youth: Painting-Acrylic – Brooke Rausch Adult: Painting-Acrylic – Elaine Powers

FOODS CATEGORY

Quick Bread – Marcia Link (Adult Category)
Quick Bread – Sadie Pogue (Youth Category)
Muffins – Barbara Knarr (Adult Category)
Dropped Cookies – Mary Ortman (Adult Category)
Rolled Cookies – Jocelyn Hileman (Youth Category)
Molded or Shaped Cookies – Marcia Link (Adult Category)

No-Bake Cookies – Marcia Link (Adult Category) Cakes-Other – Mary Ortman (Adult Category) BEST OF SHOW: Adult – Mary Ortman BEST OF SHOW – Youth – Sadie Pogue

CANNING/PRESERVED CATEGORY

Jams, Preserves, Marmalades - Barbara Kleinofen Fruit-Peaches – Barbara Kleinofen

Fruit-Pears – Barbara Kleinofen (Best of Show)

Applesauce – Barbara Kleinofen

Vegetables – Green Beans – Barbara Kleinofen Pickles and Pickled Products – Barbara Kleinofen Other Canned Foods – Sauces – Barbara Kleinofen

HORTICULTURE CATEGORY

Fresh Arrangements: Homegrown Flowers/Foliage Youth – Kinzey Hileman

House Plant – Adults - Sue Rosenbaum

SPECIAL INTEREST CATEGORY

Collectables-Collections – Mandy Nielsen Photography-Digital – Individual -Nature/ Scenery– Cindy Hickle (Best of Show)

