

APRIL - JUNE 2024

# THE EXTENSION LINE

*Bringing University information to the local level to  
strengthen families, spend smart, eat right, and live well.*



## NEW BEGINNINGS

Spring has sprung and we are starting to see signs of new life. What a refreshing time of the year to be able to enjoy what life has to offer and be able to be outside more!

As many know, our office has moved to a new temporary space that is right down the hall from our old office. Our address has stayed the same- same building and floor, just down the hall. We appreciate all who were able to make it to our Open House. If you missed out, stop by and see us sometime!

We are starting to book fall and winter programming 2024-25. If you have a specific class and location you would like to have, let me know. As always, we continue to try and offer classes around the county to captivate various audiences. We are enhancing our work with the Posey County Health Department, Posey County Community Paramedic, and Family Matters to provide more programs such as Matter of Balance, Be Heart Smart, and Dining with Diabetes. Our Facebook, website, and future newsletters will be up to date with these programs.

The Posey County Fair is right around the corner. Fair dates are July 13-20, 2024. Stay up to date with 4-H and Open Class events from our Facebook page, as well as the Posey County Extension Homemakers' page for Open Class information.

Lastly, CHECK YOUR BROADBAND! Follow the steps in this newsletter to check your Broadband! The more accurate locations and speed test that Posey County performs, the more money the county will receive!



**KRISTEN LOWRY**

**HEALTH AND HUMAN  
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EDUCATOR**

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# Bits from Beth

Welcome, Spring! We have survived and (hopefully!) thrived during the past season of winter, and now we're moving forward into the delight and warmth of spring. There are a lot of activities in the next few months, so put on your roller skates and let's get moving!

Achievement Night will be held Thursday, May 9th! Letters with all the details will be mailed to club presidents soon, so please share the information with all your club members. Scholarships will be given a child or grandchild of a Posey County Extension Homemaker. Applications are due at the April 1 Council meeting. Also due on April 1 are the nominations for Homemaker of the Year. Forms are in the club secretary books, or you can contact me if you need a copy. Cultural Arts exhibits will be chosen at this event. Special projects for Cultural Arts this year is a table runner – maximum 18" wide, and as long as you need!

Club officer and membership information is due; forms are available in the club secretary book.

Sales of our cookbook are going very well!! We still have plenty – they make great gifts! They will be available for sale during the fair.

The Indiana Extension Homemakers Association Home and Family Conference is June 10-12, 2024, in Noblesville, Indiana. Please let me know if you'd like to join the fun and festivities!

And, ready or not, we're moving into the fair season, too! Get your Open Class items finished (or started!). The fair is July 15-20. Ask your relatives, friends, and neighbors to plan an exhibit, too – the more the merrier! Open Class rules and regulations are the same as last year. Complete information will be provided on our Facebook page.

Thanks for all you do. You all are a special group, and I appreciate each and every one of you!!

**Special interest lesson.** June 12, 2024 at 10:30 am EST at the Monastery immaculate Conception in Ferdinand, IN. Take I-64 to Ferdinand exit and go to 802 E. Tenth Street. We will be given a tour and also visit the brew works (they have pizza, wings and pretzel bites) and visit the gift shop. Please call Mary McGrew at 812. 760 3197 if you plan to go. Donations are accepted.

# WHAT IS BROADBAND?

**Broadband** is defined by the Federal Communications Commission (FCC), a government entity that regulates telecommunications, as an internet connection that is always on and faster than dial-up.

## DO I HAVE BROADBAND?

While the definition is a bit vague, it really means that if internet service available at your address (home business, organization, etc.) is slower than 25 megabits per second or Mbps download and 3 Mbps upload (Mbps refers to the amount of data that can be handled by your internet connection), 25/3 for short, then you are considered unserved. If you do have 25/3 Mbps service but not 100/20 Mbps available, then you are considered underserved. If either of these is the case, your address could be eligible for funds to provide service of at least 100/20 Mbps. In case you were wondering, “gig” service refers to speeds of 1,000 Mbps.

The FCC unveiled a new map and needs your help to make sure your address and internet service offered are accurate. Read more on how to review your address by reading this blog post: [3 Steps to Bring Better Broadband to Indiana – Purdue Center for Regional Development](#)



## WHAT TYPES OF BROADBAND TECHNOLOGIES ARE THERE?

Broadband technologies vary resulting in different internet speeds and reliability measured in Mbps per technology, but the most common ones include:

### DIGITAL SUBSCRIBER LINE (DSL)

This one uses your copper phone line to provide an internet connection.



### FIXED WIRELESS

This technology requires an antenna and line of sight between your address and the tower providing the service.



### CABLE

This one is usually offered by cable companies and rely on a combination of fiber-optic and coaxial cable.



### FIBER-OPTIC

This technology relies on very thin glass fibers, usually as thick as a human hair, to provide internet service.



### SATELLITE

This technology also requires an antenna at your address and line of sight with the satellite providing the internet connection. However, please note that this technology is not considered broadband by the upcoming federal funds. In other words, if your address has access to satellite service, you can still be considered unserved or underserved.



### FIXED VS. MOBILE BROADBAND

Upcoming broadband funds can only be used for what is called fixed broadband. This refers to the fact that the end-user (a home, business, etc.) is fixed or does not move. Mobile broadband refers to cellular data plans. All technologies described here are considered fixed broadband.



Cellular data provides internet service in a different way. These technologies include 3G, 4G, and/or 5G (do not confuse with 1 G(ig) service, see above). However, these are not considered fixed broadband and if available at your address, you are still eligible for broadband funds.

One last thing, your Wi-Fi relies on these broadband technologies. Consider your broadband connection to be your main water line while Wi-Fi is the shower.





# WHAT IS --- BROADBAND?

## WHY IS BROADBAND ACCESS DATA IMPORTANT?

The federal government, in partnership with states, is deploying broadband funds through the Broadband Equity, Adoption, and Deployment program also known as BEAD. Indiana is receiving close to \$870 million. A map compiled by the FCC will dictate where these funds go. So, we need to make sure Indiana's map is as accurate as possible. Continue reading below for more information.

## CONFLICTING BROADBAND INFORMATION

Part of the reason this map is being updated is because broadband data is very muddy. In the past, the FCC compiled data from providers that report where they offer service, with what technology, and their maximum advertised download and upload speeds. However, because this data is provider self-reported and not validated by consumers it can overestimate broadband availability. This time around, they are asking for your help to make sure the data reported by providers is accurate at the address level.

## SPEED TESTS

Another wrinkle to consider is that beyond internet service being available, is the issue of reliability and quality of service. One way to measure this is through speed tests. A speed test calculates your download and upload speeds (again, measured in Mbps). If your internet connection consistently delivers speed tests below what the provider says it is providing, there may be some quality issues. This in turn may make your address eligible for funds to build more high-quality internet service. You can see what service you subscribed to by checking out your internet bill.

To conduct a speed test on your existing service or to report an address with no service, please visit: [pcrd.purdue.edu/speedtest](http://pcrd.purdue.edu/speedtest)

And remember, speed tests are free so please complete as many as possible, as frequently as possible! The more data there is on your internet service, the better!



## ADOPTION AND AFFORDABILITY

In addition to having access to adequate internet, another issue is adoption. Many times, internet is available, but folks do not subscribe because they may not be able to afford it. Fortunately, there is a program in place called the Affordable Connectivity Program (ACP) that provides \$30 per month to eligible homes (\$75 in qualifying tribal lands and high-cost areas). Please visit [www.fcc.gov/acp](http://www.fcc.gov/acp) for more information and for instructions on how to enroll.







# ServSafe Food Manager 1-day Class & Examination

This class and examination is for the ServSafe Food Protection Manager certification. This certification is recognized by the State of Indiana to become a "certified food handler".

## 2024-2025 class and examination dates

April 19, 2024	Daviess County 4-H Fairgrounds
June 7, 2024	VU Agricultural Center, Vincennes
October 22, 2024	Daviess County 4-H Fairgrounds
February 19, 2025	Dubois County

All classes begin at 8:30 local time and exams begin at approximately 3PM local time unless otherwise noted. See reverse for course costs.

**For more information and registration links or to find classes in other parts of the state visit:**  
[www.purdue.edu/servsafe/workshops](http://www.purdue.edu/servsafe/workshops)

You must score 75 percent or greater to earn the certificate. The certification is valid for five years. A photo ID with signature is required to take the exam (driver license, state ID, student ID, military ID, employee ID, U.S. green card, or valid passport).



For questions, contact your nearest  
Purdue Extension ServSafe Educator

Daviess County  
Jennifer Stefancik, 812-254-8668

Knox County  
Tonya Short, 812-882-3509

Vanderburgh County  
Meagan Brothers, 812-435-5287

Warrick County  
Jo Gilreath, 812-897-6101

Para Español, llama al Luis al  
812-254-8668.

or visit [www.purdue.edu/servsafe](http://www.purdue.edu/servsafe)





Extension

# ServSafe Food Manager 1-day Class & Examination

**Registration Deadline:**  
**2 weeks prior to class date**

## REGISTRATION FORM:

Confirmation will be sent once received.

A photo ID with signature is required to take the exam. (e.g., driver's license, state ID, student ID, military ID, employee ID, U.S. Green Card, or valid passport)

Attendees 1. \_\_\_\_\_ Attendees 2. \_\_\_\_\_  
 Company \_\_\_\_\_ Contact \_\_\_\_\_  
 Email \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

ServSafe Price List	Quantity	Amount	
Training, Book and Exam - \$165			
Training and Exam (no book cost) - \$115			
Exam only with Proctor - \$65			
Late Fee (if registering after deadline) - \$20			
<b>TOTAL</b>			

### PREFERRED METHOD:

**Online registration**

[www.purdue.edu/servsafe/workshops](http://www.purdue.edu/servsafe/workshops)

### MAIL TO:

**The Education Store**

301 S. 2nd Street

Lafayette, IN 47901

[edustore@purdue.edu](mailto:edustore@purdue.edu)

- Check here if special accommodations needed (pre-registration required) \_\_\_\_\_
- Please indicate number of textbooks needed other than English: \_\_\_\_\_ Spanish

County Location:





# Parents Forever

Education to aid families in transition after divorce, separation, or custody change

Families face many challenges and sometimes have to deal with transitions. **Parents Forever** © is an educational program for families experiencing divorce, separation, or a change in child custody; developed by the University of Minnesota Extension's Center for Family Development and adopted for use by Purdue Extension for Indiana residents.



## For parents filing in Posey County: Classes are available online and in-person

### Registration

**Online Course: [www.purduecoparenting.org](http://www.purduecoparenting.org)**

**In-Person Classes: <https://bit.ly/ParentsForever2023>**

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(NOTE: In-Person classes are held monthly at various locations in surrounding counties)



### ***By completing a Parents Forever course, participants learn to:***

- Describe the family transition journey and how each family member will be affected.
- Recognize the role of self-care, parent-child relationships, and co-parenting in child well-being.
- Identify internal and external resources and strategize how to leverage these resources to promote resilience for all involved.
- Course fee is **\$50 per person**
- **Certificate of Completion is issued at end of course**

**For Questions, additional information, or if you are in need of accommodations to attend this program, please contact Extension Educator Kristen Lowry prior to registration at 812-838-1331.**

**EXTENSION HOMEMAKERS'**  
**OPEN CLASS EXHIBITS**

2024 Committee: Council



1. All entries are received on Sunday, July 14, 2:00 to 4:00 p.m.
2. Open Class Exhibits will be judged Monday morning, July 15.
3. Entries may not be checked out before Thursday, July 18 at 6:00 p.m. Please pick up your exhibits between 6:00 and 8:00 p.m. that night. We are not responsible for items left after 8:00 p.m.
4. There will be an entry fee of \$1 per item.
5. If an article is not listed below, it may not be entered for display except in Department XI (Miscellaneous).
6. Ribbons will be given to all exhibits. One Special Merit ribbon may be awarded in each category for excellence, with \$2 prize money accompanying this ribbon. Each article will be judged on its own merit.
7. The decisions of the judges will be final.
8. Management will not be responsible for any losses or damages that may occur to the exhibited articles. All exhibits must have been made since the 2023 Posey County 4-H Fair.
9. Persons of any age or place of residence are eligible to enter one or more classes. The exhibitor must make the article, or the article may be the work of several people, including the exhibitor.
10. Unless otherwise specified, all food items will be auctioned Monday evening at the 4-H Food Auction. A small portion of the food will be used for judging and display purposes. Food items should be on paper plates or aluminum pie pans.
11. Food exhibits must follow the Food Safety Rules. Home-canned fruits, vegetables, or meats are not permitted in products. Recipes must be provided for Dept. VI-Foods.

**DEPT. I - SEWING (By Machine)**

Garment Construction  
Machine Embroidery  
Pillows & Pillowcases  
Totes, Purses & Bags  
Table Runners & Wall Hangings  
Miscellaneous

**DEPT. II - NEEDLEWORK (By Hand)**

Afghans  
Crocheted Articles  
Counted Cross Stitch  
Embroidery (includes crewel work)  
Knitting  
Smocking  
Miscellaneous

**DEPT. III - QUILTING**

A. HAND QUILTED  
Embroidered  
Machine  
Hand  
Machine Pieced  
Hand Pieced  
Appliqué  
B. MACHINE QUILTED  
Embroidered  
Machine  
Hand  
Machine Pieced  
Hand Pieced  
Appliqué  
C. SMALL QUILTED ARTICLES  
Baby Quilt  
Throws  
Pillows  
Table Runners & Wall Hanging

Painted/Preprinted Panels  
D. JOINT EFFORT QUILTS  
Hand Quilted  
Embroidered  
Machine  
Hand  
Machine Pieced  
Hand Pieced  
Appliqué  
Machine Quilted  
Embroidered Machine  
Hand  
Machine Pieced  
Hand Pieced  
Appliqué  
E. MISCELLANEOUS QUILTING  
**DEPT. IV - FINE ARTS**  
Painting- Acrylic, Oil, Water  
Color Pastel &  
Chalk



Pencil Drawing  
Sculpture  
Miscellaneous

**DEPT. V - CRAFTS**

**A. FABRIC (Not Sewn)**

Decorative Flowers  
Purses  
Soft Structure Articles  
Pillows  
Sweatshirts  
Miscellaneous

**B. PAINTING**

Textile  
Tole Painting  
Ceramics  
China Painting  
Paint-By-Number  
Miscellaneous

**C. OTHER CRAFTS**

Christmas Ornaments  
Connectable Building Blocks  
Gourd Art  
Hanging Decorations  
Metal Crafts  
Models  
Rugs  
Scrapbook/Memory Book  
Table Centerpieces  
Wood Carving  
Wood Craft  
Wreaths  
Miscellaneous

**D. RECYCLED CRAFTS OR ART**

**E. CRAFTS MADE BY CHILDREN**

**DEPT. VI - FOODS**

**A. BREAD**

Sweet Yeast Bread  
(6 sweet rolls, etc.)  
Yeast Bread  
(loaf or 6 dinner rolls)  
Quick Bread (loaf, 6  
muffins, 6 biscuits,  
etc.)

Bread Machine

Miscellaneous

**B. CAKES**

White  
Yellow  
Chocolate  
Sponge  
Angel Food  
Chiffon  
Decorated (appearance only)

Miscellaneous

**C. CAKES (CREATED WITH A MIX)**

White  
Yellow  
Chocolate  
Sponge  
Miscellaneous

**D. CANDY**

Fudge (6)  
Divinity (6)  
Miscellaneous (6)

**E. PIES**

(NO CUSTARD OR CREAM)  
Fruit  
Miscellaneous

**F. COOKIES**

Drop (6)  
Bar (6)  
Molded (6)  
Cut-Out (6)  
Refrigerator (6)  
Other (6)

**DEPT. VII - FLOWERS**

Specimen Display (single  
flower)

Fresh Flowers bouquet

Dried Flowers

Terrariums

Plants

**DEPT. VIII - FURNITURE**

Upholstering

Caning

Refinishing

Construction

**DEPT. IX - FOOD**

**PRESERVATION**

***JARDEN HOME BRANDS  
AWARDS PRESENTED AS  
AVAILABLE.***

Pickles

Salsa

Jellies, Jams & Preserves

Vegetables

Juice

Fruit

**DEPT. X - MOUNTED**

**PHOTOGRAPHY**

**A. BLACK & WHITE**

Landscape

Still Life\*

Portrait

Action

**B. COLOR**

Landscape

Still Life\*

Portrait

Action

**C. DIGITALLY ALTERED**

Landscape

Still Life\*

Portrait

Action

\*Inanimate/unmovable

object; i.e. flowers, vases,  
etc.

**DEPT. XI - MISCELLANEOUS**

Any item not listed in any other  
department.

**DEPT. XII - CROPS**

**A. CORN**

Stalk

1-Gallon Jar

**B. SOYBEANS**

3 Plants with roots

1-Gallon Jar

**C. WHEAT**

20 heads, 10 inches long

1-Gallon Jar

**D. SUNFLOWER**

1 head

**DEPT. XIII - GARDEN**

Beets, 5

Beans, Plate of 20 Pods

Cabbage, Head

Cantaloupe, 1

Corn, 5 Ears

Carrots, 5

Cucumbers, 5

Eggplant, 1

Peas, Plate of 20 Pods

Peppers, 5

Onion, 5

Potatoes, 5

Squash, 1 Large or 5 Small

Tomatoes, 5

Watermelon, 1

Other Vegetables

Fruits

Best Basket Display -

Five (5) or more  
kinds of vegetables

PURDUE EXTENSION-POSEY COUNTY

126 E. THIRD STREET, ROOM 29

MT. VERNON IN 47620

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<b>Precious Poseys - 2023</b>	<b>Second Wednesday 1-3 p.m.</b>	<b>Second Saturday 9-11 a.m.</b>	<b>Fourth Wednesday 9-11 a.m.</b>	<b>Club</b>
January	11	14	25	Friendship Circle
February	8	11	22	Busy Homemakers
March	8	11	22	Members on the Move
April	12	8	26	Roadrunners
May	10	13	24	Town & Country
June	14	10	28	Friendship Circle
July	12	8	26	Members on the Move
August	9	12	23	Roadrunners
September	13	9	27	Town & Country
October	11	14	25	Friendship Circle
November	8	11	15 (3 <sup>rd</sup> Wednesday)	Busy Homemakers
December	13	9	20 (3 <sup>rd</sup> Wednesday)	Members on the Move



# ServSafe Food Manager Class & Examination

Purdue Extension offers ServSafe classes and exams in several locations across the state of Indiana (see reverse). For more information, or to register for a class, visit [www.purdue.edu/servsafe/workshops](http://www.purdue.edu/servsafe/workshops)

This class and exam is for ServSafe Food Protection Manager certification, and is recognized by the state of Indiana to become a “Certified Food Protection Manager”.

*NOTE: You must score 70% or greater to earn the certificate, which is valid for 5 years. A photo ID with signature is required to take the exam. Those who review the manual before class are more likely to pass the first time. Registration deadline is 2 weeks prior to class date.*



## 1 Day Class with Exam

Registration 8am-8:30; Class 8:30-3; Exam 3:00pm **\*all times local for location of class\***

October 14, 2022	Daviess County 4-H Fairgrounds—Washington
December 15, 2022	Vanderburgh County Extension Office—Evansville
April 14, 2023	Daviess County 4-H Fairgrounds—Washington
June 2, 2023	VU Agricultural Center—Vincennes
August 1, 2023	Dubois County—location TBD

Exam only options are offered by appointment at Purdue Extension offices in the following counties. Please call your preferred location to schedule:

Daviess	812-254-8668	Dubois	812-482-1782	Knox	812-882-3509
Vanderburgh	812-435-5287	Warrick	812-897-6101		

Fee Schedule:	1 day class, exam and manual:	\$165
	1 day class, exam (no manual):	\$115
	Proctored exam only:	\$65

*\$20 late fee will be assessed if registering less than 7 days of the scheduled class date.*

**To register visit [www.purdue.edu/servsafe](http://www.purdue.edu/servsafe)**

# ENROLL TODAY!

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**LOOKING FOR AN ORGANIZATION  
THAT EMPOWERS YOUTH, BUILDS  
CONFIDENCE AND CREATES  
TOMORROW'S LEADERS?**

Enroll in 4-H! Learn more about all the activities  
4-H has to offer!

Enroll at <https://v2.4honline.com>

Questions? Contact Amanda Bender  
812-838-1331 [bender14@purdue.edu](mailto:bender14@purdue.edu)

