

June Newsletter



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2024

Ohio County Royalty Contest

June 16th 5pm in the Rising Sun High School Cafeteria.

Application can be picked up at the Extension Office and are due by June 7th
Questions-Contact the Extension Office

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Extension - Ohio County

Upcoming Dates

DATE	EVENTS	TIME	LOCATION
June - Mondays & Wednesdays (see flyer)	Matter of Balance	10AM	DILLSBORO VILLAGE APARTMENTS
June 3rd	EHC Council Meeting	10AM	EXTENSION OFFICE
June 3-7	4-H Camp		Camp Higher Ground
June 7th	Royalty Applications Due		EO
June 8th	Rabbit & Poultry Workshop	8-30am	Ohio County Fairgrounds
June 8th	Rabbit ID	9-10am	Ohio County Fairgrounds
June 8th	IN 4-H QLC	10am	Ohio County Fairgrounds
June 10th-12th	IEHA Home and Family Conferece		Noblesville, IN
June 12-14th	Indiana 4-H Academy		Purdue
June 14th	Vet Science Camp	9am-3pm	Rising Sun Vet Clinic
June 16th	Royalty Contest	5pm	RSHS
June 17th	Fair Board Meeting	6-30pm	Ohio County Fairgrounds
June 19th	Fair Set Up	6pm	Ohio County Fairgrounds

Ohio County 4-H Open Class

All Exhibits Welcome

EXHIBITS WILL BE ENTERED ON SATURDAY JUNE 22ND FROM
2PM TO 3PM AT THE SCHROEDER EDUCATIONAL &
RECREATIONAL FACILITY

NO LATE ENTRIES WILL BE ACCEPTED

Open Class Entries:

Scratch Cake	Sweet Breads	Needlework
Box Mix Plus	Savory Breads	Quilt
Pie- Fruit only	Decorated Cakes	Scrapbooking
Cookies and Bars		General Crafts

Fill out the bottom portion and turn into the Ohio County Extension Office by
June 7th. If you have questions contact Shannon at 812 438 3656

Exhibitor Name:

Contact Information:

Class:

Recipe/Items Description:

4-H Youth Development



2024 OHIO COUNTY 4-H FAIR

INSIDE EXHIBITS FAIR ENTRY TIP SHEET

Animal Education-Cat, Dog, Llama, Poultry and Rabbit posters

All exhibits will be judged against each other for overall Division/ Grand/Reserve Grand Animal Education.

For Fair Entry: State Projects → Cat Poster → Class

Arts and Crafts- General

Former county projects like **recycling** and **gift wrapping** are now under **Arts and Crafts - General** in Fair Entry.

Needlecraft

If quilt is hand quilted by the youth it goes under Needlecraft. If **NOT** hand quilted it goes under Sewing- Non-Wearable.

Photography

If photo was taken on a cell phone **BUT** altered using a different device/technology the entry will go under creative/experimental in Fair Entry. ****If ANY editing has been done**, please include the original photo on the back of the display along with make and model of camera used and description of editing done.

Tractor Safety Education

Posters/Displays about Ag Tractor, Zero Turn and Lawn Tractor will be judged against each other for division/Grand/Reserve Gran. When entering in Fair Entry please be sure to enter the correct discipline. Ex. State Projects → Tractor Safety Education → Level

Veterinary Science

If creating a **Horse** poster or display, please enter it under Veterinary Science.

Foods

There is a new Foods Card for recipes. PLEASE USE THIS FOODS CARD!

Reminders

For any participants doing Construction and Architectural Replica- **PLEASE MAKE SURE YOUR DISPLAY IS SECURED** in its case!
For **Garden** projects- the Latin name is no longer needed.
For **ELECTRIC** projects- refer to the written scorecard to determine what judge will be looking for.

Purdue University is an equal opportunity/equal access/affirmative action institution.



CALLING ALL 4-H MEMBERS!!

When: June 19, 2024

Time: 6:00PM - ?

Where: Fairgrounds

What: 4-H Clean up day.

All members **MUST** come and clean up the fairgrounds to get ready for the 2022 Ohio County Fair. We will be setting up stalls for the beef, pens for the goats, sheep, and swine, and cages for the poultry and rabbits. All the bleachers need to be cleaned.

There is a lot of work to be done before the fair!!!

LIVESTOCK EXHIBITORS

All animal record sheets will be checked by club leaders this year. Record sheets must be finished and checked to be eligible to show your animal!!

Before any livestock are unloaded at the fair, a visual ID check **MUST** be done by species chairman.

Livestock Weigh In/Check In Items to Remember

- Animals must be free of disease to be stalled or caged.
- Be sure birds do not have lice.
- Animals will be checked for skin issues when entered.
- Be sure rabbits do not have ear mites.
- All livestock will have an entry card that will need to be turned in during weigh in times. Those will be distributed at the scales.
- Destinations for all animals need to be declared when entry cards are turned in at the scales. This includes home bound animals.



INDIANA 4-H QUALITY LIVESTOCK CARE



To exhibit BEEF CATTLE, DAIRY CATTLE, SWINE, SHEEP, MEAT GOATS, DAIRY GOATS, POULTRY, and RABBITS, 4-H members must be certified through the Indiana 4-H Quality Livestock Care training OR the online Youth for the Quality Care of Animals program (YQCA) (\$12).

- This certification must be done on an annual basis
- Members must be registered in 4-H Online BEFORE attending a training
- Members may attend any training dates listed on this flyer



To register for the Indiana 4-H Quality Livestock Care program, please use <https://v2.4honline.com>. Those planning to be certified through the YQCA program, will register at www.yqcaprogram.org and will present their completion certificate to their 4-H Educator. If you need to request special accommodations, please contact the Extension office @ 812-438-3656.

Training Dates & Times

February 5, 2024 @ 5:30pm
March 18, 2024 @ 5:00pm
June 8, 2024 @ 10:00am

Training Locations

Extension Office
Extension Office
Fairgrounds

4-H Youth Development

4-H Online vs. FairEntry

When do we need to use them?

Why do we use them both?



4-H Online

FairEntry

Who?

Parents/ Families
ALL 4-H Members
ALL Program Volunteers
Specialty Groups

What?

Animal Identification
Selecting project areas to explore
4-H Trips and other events
4-H Scholarships Application
Club rosters for 4-H Leaders

Who?

4-H Fair Exhibitors
Superintendents
Fair Judges
Check-in Volunteers
Media Outlets for Fair Results

What?

Preparation for county fair
County Fair Project Labels
State Fair Qualifying Entries
Livestock Show Bills
Organization of Fair Results

When?

From start to end of the program year: October through September.

Where?

<https://v2.4honline.com/>

When?

Fair Season: Typically May through August.

Where?

Direct link provided by county office or
<https://faireentry.com/Public/FindYourFair>

Why?

To express interest in the 4-H Program
Improved communication between County and State and 4-H Families

Why?

• Prepares for county and state fair
Get accurate numbers for project display purposes, and stall assignments



Extension - 4-H Youth Development

Purdue University is an equal opportunity employer.

**FAIR ENTRY
DEADLINE IS
JUNE
10TH**

Fair Entry

Cheat Sheet



1. Go to ohiocountyindiana.faireentry.com
2. Sign in with 4honline email and password
3. Click "Individual"
4. Choose the child you would like to enter.
5. There are no required question > continue
6. Check your contact information > continue
7. "Add an Entry"
8. Select your "Department"
9. Select your "Division"
10. Select your "Class"
11. Review
12. Select your "Club"
 - a. If this is an animal entry, after you select your club, you will enter your animal.
 - b. Adding an animal
 - i. Choose an Existing animal record- SWINE, CATTLE, HORSE, SHEEP, GOATS
 - ii. Enter a New Animal Record- RABBITS, POULTRY, DOG, CAT
13. Enter a Description for a non-animal entry.
14. What do you want to do next?
 - a. Add another Entry for this Child
 - b. Add another Entry for this Division- same Child, some division
 - c. Register another exhibitor-new child
 - d. Continue to payment- you have completed all entries for all children.
15. YOU DO NOT NEED TO PAY
16. Review your entries > Continue > Submit
17. Make sure you make it to the THANKS! Page.
18. CONGRATS! YOU ARE ALL DONE!! See you at the fair!!

Fair Entry Opens May 15th

4-H Youth Development

Summer ID Day
June 8th
@ Ohio County
Fairgrounds



Poultry Rabbit
Workshop 8:30



Veterinary Science Camp



June 14, 2024
9:00am-3:00pm
Rising Sun Vet Clinic

Youth that just completed grades 5-9.

Cost: \$20 (Current 4-H members are FREE) Lunch will be provided.

Register: At <https://vetsciencecamp.4honline.com>

Contact the Extension Office at 812-438-3656 for reg questions.



PURDUE COOPERATIVE EXTENSION SERVICE IS AN EQUAL OPPORTUNITY/EQUAL ACCESS INSTITUTION
If you are in need of accommodations please contact the Ohio County Extension Office
If you are in need of accommodations please contact the Ohio County Extension Office



Rabbit ID 9-10



QLC- 10



Fair Entry Help
8:30-10



Extension - 4-H Youth
Development



BEEF BOOT CAMP

MONDAY, JULY 15

SOUTHERN INDIANA PURDUE AG CENTER
11371 E PURDUE FARM RD, DUBOIS, IN 47527

Participants will learn about artificial insemination, reproductive management, herd genetics, anatomy, BCS, nutrition, and more during this hands-on 4-H Spark Club!

- 9 A.M. -3 P.M.
- 4-H Grades 6-12
- Cost: \$150/ youth
- Class size limited
- Register by July 1



812-338-5466, Crawford Co.
812-438-3656, Ohio Co.

REGISTER AT: 4-HONLINE EVENTS



Purdue University is an equal opportunity/equal access/affirmative action institution.

2024 Ohio County Fair Schedule

Friday, June 21, 2024

Gate Fee \$10 (5 & under free)

10:00 Fashion Revue (Appearance Judging)

2:00 Pocket Pets Show (Exhibit Hall)

2:30 Cat Show (Exhibit Hall)

3:00PM Gates Open

4:00 Drags Registration & Inspection

7:00 Flat Drags

Saturday, June 22, 2024

Gate Fee \$15 (5 & under free)

8:00AM Helpers Meeting

8:30 Judges Meeting

9:00 - 12pm Enter Exhibit Hall Projects

12:00 Tractor Driving Contest

3:00PM Gates Open

6:00-8:00pm Exhibit Hall Open

7:00 Truck/Tractor Pull

Sunday, June 23, 2024

10-Noon Enter Rabbits, Poultry, and Waterfowl

5:00-8:00PM Livestock Unloading (Beef, Swine, Sheep, & Goats)

Monday, June 24, 2024

7:30-8:30 Breeding Gilt Unloading

8:00 Livestock Weigh In & Auction Pictures

8:00 Swine

8:30 Sheep & Goat

9:00 Poultry & Rabbit

9:30 Beef

8:00-Noon Check Livestock Record Sheets

Noon Archery Shoot

2:30 4-Her Games

5:00 - 8:00 Exhibit Hall Open

5:00 Sheep Show

6:45 Sweepstakes Winner Announced

7:00 Swine Show

Tuesday, June 25, 2024

9:00AM Rabbit Show

2:30 4-Her Games

5:00 - 8:00 Exhibit Hall Open

5:00 Dairy Goat Show (Auction Pictures)

7:00 Meat Goat Show

Wednesday, June 26, 2024

9:00AM Poultry/Waterfowl Show

2:30 4-Her Games

2:00 - 3:00 Enter Cow/Calf

5:00 - 8:00 Exhibit Hall Open

6:00 Beef Show

Thursday, June 27, 2024

9:30AM Horse Show Registration

10:00AM Horse Show

10:30- 12:00 Mini 4-H Picnic

2:30 4-Her Games

5:00 - 8:00 Exhibit Hall Open

5:00 Supreme Showmanship

6pm Baby Contest (RSCC alternate location if inclement weather)

Friday, June 28, 2024

10:00 4-H Livestock Judging Contest

4:00 - 6:00 Farm Bureau Pork Chop BBQ

3:00 - 5:00 Exhibit Hall Open

6:00 Ohio County 4-H Auction

5:00-7:00pm Exhibit Hall Project Release & Clean Up (ALL Projects MUST be picked up!)

Release of ALL home animals following the auction, PENS MUST BE CLEAN!!!!

Saturday, June 29, 2024

6:00AM Auction Animal Release

8:00AM Fair Grounds Clean Up

Agriculture & Natural Resources

June Yard & Garden Calendar

HOME (Houseplants and indoor activities)

Indoor plants will require more frequent watering and fertilizing as they increase their summer growth.

You can move houseplants outdoors to a shady location, but pay close attention to their watering needs. Cut garden flowers for indoor beauty. Recut the stems again just before placing in water. Add a floral preservative, and change the solution frequently. Root cuttings of houseplants and garden plants to increase your collection or share with a friend.

YARD (Lawns, woody ornamentals, and fruits)

Prune spring-flowering shrubs after blooms fade. Apply fungicide to prevent and control black spot on roses. Water newly planted trees and shrubs. Water deeply every seven to 10 days when rain is lacking.

Remove faded flowers and seed pods on lilac and other spring-flowering shrubs. Many fruit trees experienced freeze damage to flower buds, but a few trees may still have some fruit set. In a normal year if there is a heavy crop, don't be alarmed by a June drop of some fruit. It is a natural thinning process for most trees to prevent excessive loads, although there might not be as much to thin this year. If your trees did manage to set a heavy crop, thin the remaining fruit or prop up heavy branches to avoid breakage. Most fruit should be spaced 6 to 8 inches apart on a branch. Mow grass regularly but mow high. Unless excessive, leave lawn clippings on the lawn. To keep the lawn green and growing, water as needed to supply a total of 1 to 1.5 inches of water per week. If left unwatered, lawns will turn brown and become dormant during extended hot, dry spells, but will green up again when conditions are more favorable.

GARDEN (Vegetables, small fruits, and flowers)

Discontinue harvesting asparagus and rhubarb around mid-June to allow foliage to develop and store carbohydrate reserves for next year's harvest. Fertilize after last harvest and water as needed to promote healthy growth. Mulch to control weeds and conserve soil moisture after soil has warmed. You can use many materials, including straw, chopped corncobs, bark chips, shredded paper, and grass clippings. Blanch (exclude light from) cauliflower when heads are just 2 inches in diameter. Tie leaves up and over the developing head. Control weeds. They're easier to pull when they are still young. Start seeds of cabbage, Brussels sprouts, broccoli, and cauliflower for fall garden transplants. Plan now for your Halloween pumpkin. Determine the days to harvest for the particular cultivar you want to plant (usually on the seed packet) and count backward to determine the proper planting date. Harvest spring plantings of broccoli, cabbage, and peas.

Remove cool-season plants, such as radish, spinach, and lettuce, because they will bolt (that is, form seed stalks) and become bitter during hot summer weather. Continue planting carrots, beans, and sweet corn for successive harvests. For staked tomatoes, remove suckers (branches that form where the leaf joins the stem) while they are 1 to 1.5 inches long to allow easier training. No need to remove suckers on caged plants. Remove the spent blooms of peony, iris, delphiniums after they fade.

Pinch the shoot tips of chrysanthemums, impatiens, petunias, and coleus to promote bushier growth.

Remove the tops of spring-flowering bulbs only after they have yellowed and withered. Continue planting gladiolus for a succession of bloom. Pick strawberries from the garden or a U-pick operation (check with the farm for COVID-19 U-pick protocols.) Protect ripening strawberries from birds by covering with netting. Supplement natural rainfall (as needed) to supply a total of 1 to 1.5 inches of water per week to the garden.

Health & Human Science

Matter of Balance

DO YOU HAVE Concerns about falling?



A MATTER OF
BALANCE

MANAGING CONCERNS ABOUT FALLS

Many older adults experience concerns about falling and restrict their activities. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.



Extension

June 3, 7, 10, 14, 17, 21, 24 & 28

Mondays and Fridays, 10:00-12:00

Dillsboro Village Apartments
10145 Alpha Drive
Dillsboro, IN 47018

Classes are held twice a week for 4 weeks for 2 hours each.

RSVP early to Purdue Extension Dearborn County at 812-926-1189, space is limited

For more information call:

Marcia Parcell, HHS Extension Educator
mparcell@purdue.edu/812-926-1189

or

Shannon Chipman, HHS Extension Educator
chipmans@purdue.edu/812-438-3656

This program emphasizes practical strategies to manage falls.

Participants in the classes will learn to:

- view falls as controllable
- set goals for increasing activity
- make changes to reduce fall risks at home
- exercise to increase strength and balance
- concerns

Who should attend?

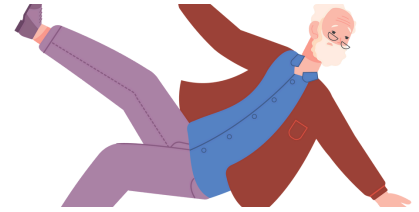
- anyone concerned about falls
- anyone interested in improving balance, flexibility and strength
- anyone who has fallen in the past
- anyone who has restricted activities because of falling concerns

A Matter of Balance: Managing Concerns About Falls Volunteer Lay Leader Model ©2006

This program is based on Fear of Falling: A Matter of Balance. Copyright ©1995 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University.

A Matter of Balance Lay Leader Model

Recognized for Innovation and Quality in Healthcare and Aging, 2006. American Society on Aging. A Matter of Balance Lay Leader Model was developed by a grant from the Administration on Aging (#60AM2780).



Falls are not a normal part of aging! Learn more about how you can prevent falls, increase your physical activity and maintain your independence as you age through the Matter of Balance Class offered on Mondays and Wednesdays in June at the Dillsboro Village Apartments. This program is FREE courtesy of Lifetime Resources. To RSVP please call the Extension Office at 812-438-3656!

Wait 10 minutes and the weather will change! We are in that time of year where pop up storms can happen so be prepared by reviewing these few helpful hints to keep you and your family safe.

WHEN THUNDER ROARS GO INDOORS

Indoor Safety Tips

Avoid Water- Do NOT bathe, shower, wash dishes or have any other contact with water during a thunderstorm because lightning can travel through a building's plumbing.

Do NOT touch electric equipment- Do NOT use anything connected to an electrical outlet like computers, laptops, game systems or washers, dryers or stoves as lightning can travel through these systems.

Avoid windows, doors, porches and concrete-

Lightning can travel through any metal wires or bars in concrete walls or flooring.

Do NOT use corded phones- corded phones or landlines are not safe to use during a storm but a cordless or cell phone is safe.

Outdoor Safety Tips

Be Aware- Check the local forecast before venturing out!

Go Indoors- If you hear thunder (aka when it roars) be sure to get indoors!

If caught in the open.... Get off elevated areas, never lie flat on the ground but instead crouch low to ground and tuck head, never shelter under an isolated tree, never use a cliff or rocky overhang as shelter, get away from lakes, ponds and other bodies of water, stay away from objects that could conduct electricity, if in a group, separate from each other to reduce injuries if lightning strikes, don't stay in an open structure like a baseball dugout as lightning can enter these areas and avoid open spaces like the park, golf course and playgrounds.

Health & Human Science

June is Dairy Month

In 1939, June was designated as the month to celebrate America's Dairy Farmers!

- America's favorite ice cream flavor is **Vanilla**. Chocolate comes in 2nd place.
- Farmers measure milk in pounds-not gallons. The **average gallon** of milk weighs **8.6lbs**.
- It takes **10lbs** of milk to make one pound of cheese and around 21lbs of milk to make a pound of butter.
- Dairy cows eat about **100lbs** of food every day and drink **25-50 gallons of water**.
- Home delivery of milk started in 1942 as a WWII conservation measure.
- Ever get a "**brain freeze**" when eating ice cream? This is also known as sphenopalatine ganglioneuralgia or frozen headache.

info courtesy: <https://www.fb.org/focus-on-agriculture/celebrating-june-dairy-month>

No- Bake Peanut Butter Fudge Cheesecake Parfaits

Recipe courtesy: <https://www.drink-milk.com/no-bake-peanut-butter-fudge-cheesecake-parfaits/>

12 Oreo cookies

8oz. cream cheese, softened

1/2 cup powdered sugar + 1/3 cup, divided

1/2 cup creamy peanut butter (or try crunchy)

1/2 tsp. salt

1/2 tsp. vanilla

1 1/2 c. heavy whipping cream

1 1/4 c. mini Reese's peanut butter cups, chopped

1/2 c. hot fudge ice cream topping

Directions: Wash hands with warm soap and water for 20 seconds. Place cookies in a food processor and pulse until cookies are crumbs, reserving 1 Tablespoon for garnish, if desired. Next, beat the cream cheese until creamy and add in 1/2 cup powdered sugar and beat again. Add the peanut butter, salt, vanilla and beat until creamy again. In a clean, chilled mixing bowl, beat the heavy whipping cream and remaining powdered sugar until stiff peaks form. Fold 2 cups of whipped cream into the peanut butter mixture. Stir in one cup of chopped peanut butter cups. Spoon 2 teaspoons of cookie crumbs into the bottom of eight 5oz. shot glasses. Top with large teaspoon of peanut butter cheesecake. Tap the glasses to even out the mixture. divide the crumbs into the glasses and spoon the remaining cheesecake on top of the crumbs. After tapping the glasses so the parfait is level, place the hot fudge in a microwave safe bowl and heat for 15 seconds. Spoon hot fudge evenly on the tops of the parfait. Top with remaining whipped cream on each parfait along with reserved cookie crumbs and remaining peanut butter cups. If any leftovers, refrigerate within 2 hours.



Preventing Mosquito Bites



Those pesky little bugs are back and here are several ways to help ward off the inevitable mosquito bite.

Use Insect repellent- when used as directed they are safe and effective. Be sure to look for a repellent that contains any one of these ingredients: DEET, Picaridin, IR3535, Oil of Lemon Eucalyptus (OLE), Para- Menthane-(PMD) or 2-undecanone.

Cover Up! Wear long sleeved shirts and pants when outside. **Keep them outside** by air conditioning or putting screens in windows and doors.

information courtesy: <https://www.cdc.gov/ncezid/dvbd/media/stopmosquitoes.html>



Monday, June 3rd- EHC Council Meeting at 10am and Program Book Planning

June 10-12th- IEHA Home and Family Conference, Noblesville, IN

Ohio County 4-H Fair, June 21st-29th, 2024

October 8- Madison District Fall Meeting hosted by Ohio County- Stay Tuned for Details!

