



FREE BREAKFAST | DOOR PRIZES | DRAWINGS

2024 SENIOR EXPO

Thursday
OCT 3
8:30-11:30AM

Resources for Newton & Jasper Counties' Senior Citizens

NEWTON COUNTY COMMUNITY SERVICES

102 E. State Street | Morocco

VENDOR BOOTHS & SCREENINGS

- Blood pressure
- Peak flow
- Body Mass Index
- A1C
- Hearing

SENIOR FLU SHOTS & LUNCH RESERVATIONS

Please bring your insurance card. Vaccinations available on first come first serve basis.

Lunch will be available for seniors. Please RSVP by **Sept 20** to Newton County Community Services at 219-285-2246.

BREAK OUT SESSIONS

9 AM

Beware of Drug Interactions

Michael A. Sandsmark, PharmD
Iroquois Memorial Hospital

9:30 AM

Bingo

10 AM

Chair Yoga for Seniors

Kelsie Muller
Purdue Extension

10:30 AM

Managing the Medicare Maze

Sherri VanBuren
Franciscan Health

11:00 AM

Bingo

NOON

Lunch for registered seniors.



Extension - Health and Human Sciences



Franciscan HEALTH