EXTENSION PROGRAMS & WORKSHOPS

Register by calling 219-285-8620 or by emailing arseneau@purdue.edu or brunton@purdue.edu.





Jasper Newton Scholarship Workshop

January 11 6:30 pm CT Newton County Government Center, Morocco \$ Free

This workshop is open to youth in grades 10 through 12 to learn more about applying for scholarships available through 4-H and Jasper Newton Foundation. Please register by January 4th at https://forms.gle/FNN7L1Gwrp4mmGsv7.

Wits Workout

Tuesday, January 16 and Monday, February 12 11:30 am CT Morocco Senior Nutrition Site \$ Free

Wits Workout is a fun exercise program for your brain! Join us at the Morocco Senior Nutrition Site for the opportunity to engage in intellectual challenges and social connectedness to improve your brain health! Contact Pat Wynn to register at 219-285-1103.

City Farmer

January 17, February 21, March 20 6:30 pm CT Downtown Lounge & Trattoria, Kentland \$ 60

Mark your calendar for City Farmer Programs in 2024:

- January 17: Carpenter Creek Winery
- February 21: Bill Johnson, Purdue University, Professor of Weed Science
- March 20: Fred Whitford, Purdue University, Clinical Engagement Professor

Zoo-phonics Zoom Workshop

Saturday, January 20 9:00 am-2:00 pm CT Newton County Government Center, Morocco \$ Free

Learn about this fun and playful program to teach kids reading, spelling and writing using the Animal Alphabet.

Light lunch provided.

Please register by January 12 at https://www.jaspernewtonfoundation.o rg/.



Extension - Newton County

Behavioral Supports for Students with Disabilities

Friday, February 23 1:30-4:30 pm CT Goodland Community Center, Goodland \$ Free

Join us to enhance your ability to support behavior in students with disabilities. This program is structured to provide you with the knowledge, strategies, and resources needed to create a positive and inclusive learning environment. The series includes an inperson training with follow-up virtual sessions. Zoom follow-up check-ins TBD. Light snacks provided.

Please register by February 9 at https://www.jaspernewtonfoundation.o rg/.

A Matter of Balance

Every Monday March 4-April 22 9:30-11:30 am CT Kentland Public Library, Kentland \$ Free

Do you have concerns about falling? Join us for a free workshop designed to manage falls and increase activity levels. You will learn to view falls as controllable, set goals for increasing activity, make changes to reduce fall risks at home and exercise to increase strength and balance. Anyone interested in improving balance, flexibility and strength should attend this 8-session series. Register by calling the Newton County Extension Office at 219-285-8620.