



Mental Health **FIRST AID**

from NATIONAL COUNCIL FOR MENTAL WELLBEING

IN-PERSON/HYBRID

Schneck Medical Center
415 S. Walnut Street
Seymour, IN 47274

WEDNESDAY, JUNE 11, 2025

8 AM - 3:30 PM
EASTERN TIME



Extension

[WWW.PURDUE.EDU/HHS/EXTENSION/MHFA](https://www.purdue.edu/hhs/extension/mhfa)

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WHAT IS MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) is a skills-based training that teaches people how to identify, understand, and respond to signs and symptoms of mental health or substance use challenges.

This program builds health literacy and offers participants a practical action plan for how to identify and address someone with a mental health or substance use challenge safely and responsibly.

COST

Free - The \$130 registration fee for this course is paid for through the Opioid Settlement Match Funds.

SIGN UP BY

Wednesday, May 27, 2025

Advance sign-up and online pre-work required

CONTACT

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Kelsey Meyers- meyers27@purdue.edu

TO LEARN MORE AND REGISTER:

<https://cvent.me/N2m5Bx>



If you are in need of accommodations to attend this program, please contact Tonya Short at short43@purdue.edu or (812) 882-3509 by May 27, 2025.

If you need an interpreter or translator, please contact Tonya Short at short43@purdue.edu or (812) 882-3509 by May 27, 2025.

For special dietary needs, contact Tonya Short at short43@purdue.edu or (812) 882-3509 by May 27, 2025.