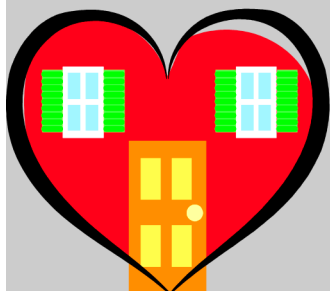


Winter Edition

Dec. 2024 — Feb. 2025



JOHNSON COUNTY EXTENSION HOMEMAKERS

# Bits and Pieces

**Lora Lee Curren, JCEHA President Invites ALL Johnson County Extension Homemakers to attend: The County President's Holiday Dinner, Thursday, December 12, 2024 - Dinner at 6 pm. The Theme of our meal is Comfort and Joy!! Please share a dish or dessert the brings you Comfort and Joy!**



**Bring your favorite craft magazine or craft item, to exchange.**

If you plan to attend please RSVP by Dec 9th. Call the extension Office at (317) 736-3724 the Extension Office or Email Cathy at: [cook334@purdue.edu](mailto:cook334@purdue.edu).

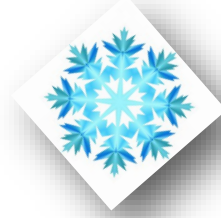
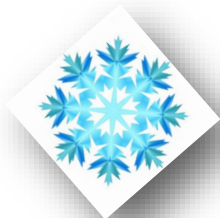
Dear Extension Homemakers:

Season's Greetings to you all! Thank you so much for all your volunteer efforts over this past year. Your volunteer efforts continue to make Johnson County Extension Services an outstanding community resource. And there is so much to look forward to in 2025, because you all make it happen! We hope this newsletter will provide helpful hints and festive fun that helps kickstart your holiday season.

May your days be merry and bright!

Best wishes to you and yours for the new year!

Linda Clutz HHS Extension Educator



**PURDUE**  
UNIVERSITY

Extension  
JOHNSON COUNTY

Linda Clutz, HHS Extension Educator  
Purdue Extension Johnson County (317) 736- 3724



Extension - Johnson County

*From Everyone at  
Purdue Extension Office Johnson County*

We send our wishes to you and yours for  
a very Merry Christmas  
and a Happy New Year!

From:  
Linda, Shalee, Heather, Erin,  
Emily, Amy & Cathy



*Christmas Greeting and Salutations  
To every Johnson County Extension Homemaker*

As the year winds to a close, I wanted to take a moment to reflect on the warmth and joy this season brings.

Thanksgiving was a cherished time for us, spent gathered around the table with family, sharing laughter, stories, and gratitude. There's nothing quite like the comfort of loved ones and a feast prepared with care to remind us of life's many blessings.

After the turkey and pie has been enjoyed, we dive into the magic of Christmas preparations. Stringing twinkling lights, trimming the tree with cherished ornaments, and filling our home with the scent of pine and cinnamon made our hearts light with anticipation. Holiday music plays softly in the background as we wrap gifts and bake cookies, and we're reminded how important it is to savor these moments of togetherness.

Amid the busyness, I want to remind each of you to make it a point to pause and truly enjoy the season—whether it's watching a classic Christmas movie, sipping hot cocoa by the fire, or simply marveling at a quiet snowfall. Those little moments of peace and joy remind us of the true spirit of the holidays.

As we reflect on the past year, we are deeply thankful for all the love, support, and memories shared with those we hold dear. You've each added something special to our lives, and we carry that gratitude with us into the new year.

From my family to yours, I wish you a Merry Christmas and a Happy New Year! May your days be filled with love, laughter, and the warmth of the season.

*Lora Lee*

# Save the Dates Spring 2025



## Lady Whistledown's SOCIETY PAPERS

### BACKYARD BONANZA, OUR GARDEN TEA PARTY

Dearest gentle reader,

The social season is upon us. Is there anything more exhilarating than the promise of a backyard bonanza? The ton is abuzz with the latest gossip, and so it is my honor to cordially invite you to join us for this joyous time on Wednesday, April 16, 2025. Doors open at 6 and our program begins at 6:30 inside Scott Hall.

You are invited to dress in your finest florals as you join us for an evening of elegance and revelry as we hear from Miss M's Home & Garden Nursery of Bartersville. Have a plant care Q&A, Door prizes, Garden Tea Party Meal, and so much more.

REGISTRATION DEADLINE IS APRIL 9, 2025

Make Checks payable to: Johnson County Extension Homemakers

Mail to: Cathy Cook - PO Box 84 Trafalgar, TN 46787

Name \_\_\_\_\_

Number of reservations \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

For more reservations please make copies of this form

Registration fee is required to secure reservation - thank you

Yours truly,

*Lady Whistledown*



## SAVE THE DATE!!

JOHNSON COUNTY EXTENSION HOMEMAKERS

## 80th Annual May Day Celebration

**Date: Thursday May 1st, 2025**

**Location: Johnson County Historical Museum**

**Doors open at 8:30 & Program begins at 9 am**

**Chat-N-Do is preparing Breakfast !**

**and Dog Tags of Johnson County is the Program Chair**

**More Information & Registration flyers will be available in February 2025.**



**Thursday May 15th, 2025**

**~~Lunch and Learn~~ Dinner & Discovery!**

**Program begins at 6 pm, this is a 2-hour program.**

***6 pm "Cooking with Herbs & Spices, and the Benefits of Both"***

***Presented by Amanda Marciano-Feutz, HHS Hendricks County***

***Dinner served at 6:30 pm by Johnson County Extension Homemakers***

***7pm "Mindfulness Progressive Muscle Relaxation"***

***Presented by Linda Clutz, HHS Johnson County***

***There is no charge to attend these programs***

**RSVP by May 10th to Linda Clutz by email- [lcutz@purdue.com](mailto:lcutz@purdue.com)**

**Or phone your reservation to Linda at the Purdue Extension office-(317) 736-3724**



# **Scholarship Information For 2025**

**From Indiana Extension Homemakers Association &  
Johnson County Extension Homemakers Association**



## **Steps to Success Scholarship from Indiana Extension Homemakers Association**

### **SCHOLARSHIP GUIDELINES**

1. Applicant must be a resident of the State of Indiana.
2. Applicant must be admitted or be enrolled in an accredited college or university or an accredited vocational or technical program. This should be a two-year program earning an industry certification in the chosen field.
3. Vocational and technical scholarship applicants must include a letter from school advisor stating that candidate is on track for graduation.
4. Attach the following to completed application:
  - a. Two (2) character reference letters from persons not related to you.
  - b. Official High School transcript of courses completed, including GPA and class rank.
  - c. A copy of the College/School acceptance letter, if courses have not started.
  - d. A copy of acceptance letter to an accredited vocational/technical school.
  - e. A letter of recommendation from your primary technical instructor or director.
  - f. A 500-word essay describing the life skills applicant has developed through high school and community involvement. Include educational background, financial need, volunteer or community service activities and how applicant would benefit from this scholarship.
5. **Applications must be postmarked by MAY 1 to be considered. Applications postmarked after May 1 will not be considered.**

Five (5) \$500.00 scholarships will be given:

Four (4) to an applicant admitted to or enrolled in a state accredited college or university and one (1) to a state accredited vocational and technical program.

See the IEHA website <https://ieha-families.org/forms-and-applications/scholarships/>

## **Ruth B. Sayre Scholarship Information**

The Ruth B. Sayre Scholarship is a memorial scholarship of \$500 offered for the purpose of fostering educational development of women.

Country Women's Council-USA sponsors the scholarship. IEHA is a member of CWC. IEHA will only sponsor the applications of Indiana residents.

**Due by March 1st**

See the IEHA website <https://ieha-families.org/forms-and-applications/scholarships/>

# Johnson County Extension Homemakers Memorial Scholarship 2025

## APPLICANT CRITERIA:

Applicant must be a senior attending a Johnson County High School or be a Johnson County Home School Senior. Applicant must have been accepted into a college, university, or technical/trade school.

All applicants must submit a two-page essay regarding their current high-school involvement / leadership roles and future educational goals and plans. Please include who, if any Johnson County Extension Homemaker, has influenced and/or encouraged you to apply for this scholarship.

## INSTRUCTIONS FOR COMPLETING APPLICATION:

Attach the following to the application:

A copy of your Essay; Your high school transcript; Your acceptance letter to college/university/technical/trade school.

*\*\*Note that applications that are incomplete, miss the deadline or have missing information will not be considered for this scholarship.*

Your application must be signed by your Guidance Counselor or FCCLA adult sponsor (if applicable).

**Application packet must be postmarked or emailed by April 1, 2025. Mailing address is: Lora Lee, 5167 Cave Court, Greenwood, IN 46142. Lora Lee Curren's email Address is llctrc@att.net**

## CRITERIA FOR JUDGING OF ESSAY:

Your essay must be two pages, single spaced, 12-point font, Times New Roman, and answer the following:

How are you currently involved at school? Explain your school's role in developing leadership and life skills necessary for a successful future.

Outline the career path you have chosen. If you have decided to pursue a Health and Human Services / Family and Consumer Sciences career, are you a FCCLA member?

Share your future educational goals and plans and why they are important to you.

If there is a tie in the judging process, the applicants involved will be interviewed by 2 or more Johnson County Extension Homemakers. If an interview is needed the following criteria will be considered in the interview:

Does the interviewee present themselves in a professional manner?

Does the interviewee make eye contact and answer all questions thoroughly?

Is the interviewee able to explain their future educational goals?

What is Health and Human Science and FACS the study of?

The winner of this scholarship will be notified via phone call and or e-mail.

One scholarship award of \$500 will be awarded.

# Johnson County Extension Homemakers Memorial Scholarship Application 2025

Applicant's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_)-\_\_\_\_\_ Age: \_\_\_\_\_

High School & Expected Graduation Date: \_\_\_\_\_

Is high school transcript attached? (yes or no) \_\_\_\_\_

Name of the school you plan to attend: \_\_\_\_\_

Is your college acceptance letter attached? (yes or no) \_\_\_\_\_

Degree Sought: \_\_\_\_\_

Applicant Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name \_\_\_\_\_

Signature: \_\_\_\_\_ Date \_\_\_\_\_

## **Guidance Counselor OR FCCLA Adult Sponsor's**

---

*Johnson County Extension Homemakers use only*

Date received \_\_\_\_\_

Received by \_\_\_\_\_



**Scholarship Information For 2025**  
From Indiana Extension Homemakers Association &  
Johnson County Extension Homemakers Association  
**Continued**

**Career Advancement Scholarship Form**

Eight (8) \$750 Scholarships will be given. One (1) as the Eleanor Arnold Award to an IEHA member, one (1) as the Ann Hancock Award to a degree in the medical profession, and six (6) random scholarships.

Read and follow the instructions for completing the application. Applications that are incomplete or that have missing information will not be considered. Scholarships are usually granted for Undergraduate degrees rather than Masters degrees. Scholarships will be awarded with regard to financial need. Former winners may reapply.

**Due by March 15th**

See the IEHA website <https://ieha-families.org/forms-and-applications/scholarships/>

JOHNSON COUNTY EXTENSION HOMEMAKERS

**Bits and Pieces Publication Reminder**

Winter Edition

Dec. 2024 – Feb. 2025



**NEW EMAIL FOR BITS AND PIECES ARTICLES**

**[clc.cook@yahoo.com](mailto:clc.cook@yahoo.com)**

All Johnson Co Extension Homemakers and all Clubs may use the newsletter to publicize EH activities or educational opportunities.

Please submit your information to Cathy Cook by email at:  
[clc.cook@yahoo.com](mailto:clc.cook@yahoo.com) or you may also drop off your article to the  
Extension Office on or before the issue's deadline.

**2025 Newsletter Submission Deadline**

February 15-Spring Mar/ May

May 15-Summer June/August

August 15-Fall September /November

November 15-Winter December / February



## Did You Miss Fall Lunch and Learn?



On October 17th at the Ed Room at Purdue Extension Johnson County Office the HHS Educator and the Jo Co Extension Homemakers hosted a “Lunch & Learn” Program.

Our thanks to Diana Stone, Shelby Co. HHS Educator for teaching “Saving Money with Freezer Meals and Mandy Gray Hancock Co HHS Educator for Teaching “Chair Exercises for Seniors.”

A thank you to county officers Carolyn Mathauer and Cathy Cook putting the menu together for lunch!

The lessons were very well attended Extension Homemakers and guests.

This was a very enjoyable and educational program.

### FUN WINTER FACTS

- \* The first Winter Olympics took place in 1924 at Chamonix, France, in the Alps.
- \* Ten inches of snow will melt down to 1 inch of water.
- \* Winter on the planet Uranus lasts 21 years.
- \* The North Pole is warmer than the South Pole.
- \* The fear of snow is called Chionophobia.
- \* The average snowflake falls at a speed of around 3 mph.
- \* A snowflake can take over two hours to fall from a cloud to the ground.
- \* The Chinese plum tree blooms in the winter.

(Taken from [www.madewithhappy.com](http://www.madewithhappy.com) )

# Molasses-on-Snow Candy

February 17, 2015

-from the *Little House Cookbook* by Barbara M. Walker

<https://www.americas-table.com/recipes/molasses-on-snow-candy>

**Prep time:** 30 minutes      **Makes:**  $\frac{3}{4}$  pound of candy

## INGREDIENTS:

- ♦ 1 cup dark molasses
- ♦  $\frac{1}{2}$  cup brown sugar
- ♦ 2 nine-inch pie pans

## DIRECTIONS:

1. Fill pie pans with fresh snow, then set outside in snow to stay cold while making the candy.
2. Combine molasses and sugar in a saucepan and bring to a boil.
3. Reduce to medium heat and cook for five minutes, stirring regularly to prevent burning.
4. Test the syrup by dripping from a spoon into a glass of cold water until the syrup forms a firm ball in the water, or if you have a candy thermometer, heat syrup to 245 degrees.
5. Remove from heat and divide hot syrup between two Pyrex measuring cups.
6. Bring in pans of snow and pour syrup onto snow in a thin stream, making lines and curlicue patterns if you like.
7. Allow candy to harden and cool, break into bite-sized pieces.

Serve



# **THE TOP 10 TIPS FOR HEALTHY WINTER SKIN**

**BY**  
**HEDY MARKS AND MOIRA LAWLER**

**MEDICALLY REVIEWED**  
**BY**  
**JACQUELYN DOSAL, MD**

Updated on November 10, 2023

<https://www.everydayhealth.com/skin-and-beauty/top-tips-for-healthy-winter-skin.aspx>

- ⇒ *Use a humidifier to increase moisture in the air.*
- ⇒ *Keep thermostat temperatures cool, yet comfortable.*
- ⇒ *Lower water temperatures for hand-washing and showering.*
- ⇒ *Choose gentle cleansers that are fragrance-free.*
- ⇒ *Modify your skin care regimen if your skin starts getting dry and irritated.*
- ⇒ *Moisturize hands after washing them.*
- ⇒ *Apply sunscreen daily.*
- ⇒ *Wear comfortable, non-irritating clothing.*
- ⇒ *Eat right and stay hydrated.*
- ⇒ *Pat the skin dry, then apply moisturizer.*

## Local Club Reports

### **Trafalgar Homemakers:**

#### *Pumpkin Roll Making!*

With the help of many friends and family members spent a day at the Greenwood Middle School and made 230 pumpkin rolls that the members took orders for. This fundraiser raised funds that will be donated to local organizations and schools during this upcoming year.



### **Holiday Happenings– Report by Vicky Craig, President Nimble Thimbles Quilt Club, Creative team for Holiday Happenings.**

Purdue Extension Homemakers Holiday Happenings event, Deck the Halls, was held on November 13, 2024, at Rocklane Christian Church. A delicious dinner was prepared by Gingham Extension Homemakers topped off with cupcakes and Swedish Cream with strawberries. Nimble Thimbles Quilt Club arranged the program and decorations. The tables held a colorful quilted Table Tree Topper dressed with gingerbread houses, twined trees, and assorted chocolates. The table decorations were given as door prizes and appreciated by all.

Amanda Hoff educated guests about KIC-IT, Kids in Crisis . KIC-IT's Intervention Team, is the recipient of this year's holiday philanthropic project. Gift cards in the amount of \$1110.00 for groceries, fast food, and gasoline were donated to help KIC-IT support Johnson County kids in crisis.

*Continued on next page*



Guests were educated and entertained by Linda Clutz, Johnson County HHS Educator, who demonstrated how to make pinecone garlands using small to medium sized red pine or hemlock pinecones with twine or ribbon. Gift bags of pinecones were available for guests to take home for their use in making their own garlands. There was also a reindeer project that guests could take home to create.

Extension homemaker, Deb Baker entertained us as Mrs. Clause and led us in Christmas karaoke singing. She had us up and out of our seats singing and laughing through the Twelve Days of Christmas. Let your minds go, imagining different table groups acting like golden rings, swans swimming and lords leaping. It was a fun memory for the night. That portion of the program closed with the entire group singing Silent Night a cappella.

Guest, Pam Long, demonstrated how to make a floral table centerpiece and a mantel arrangement. The two completed items were given away as part of the door prizes.

It was a yummy & fun way to start the holiday season.  
Vicky Craig.





Cooperative Extension Service  
Purdue University  
U. S. Department of Agriculture  
Johnson County Extension Office  
484 N. Morton Street  
Franklin, IN 46131

**FOR OFFICIAL USE ONLY**

## SAVE THE DATE!!

**JOHNSON COUNTY EXTENSION HOMEMAKERS**

## SPRING CRAFT FAIR

*Saturday MARCH 1, 2025*

*9 am to 3 pm*

*Gingham Homemakers is hosting the Kitchen Café again this Spring!!*

**Come join us at Scott & Herring Halls  
100 Fairgrounds Street, Franklin, IN 46131**



### Calendar of Up Coming Events.....

#### December 2024

- 12 Johnson County President's Council Holiday Dinner  
6:00 pm Education Rm Extension Office
- 24-25 Extension Office Closed Christmas Holiday

#### January 2025

- 1 Happy New Year– Office closed January 1st
- 20 MLK Day– Office Closed

#### February 2025

- 13 Executive Board Meeting 6:00 pm
- 13 Pres. Council Meeting 6:30 pm
- 15 Bits & Pieces articles due at Extension Office
- 17 President's Day –Office Closed

#### MARCH 2025

- 1 Deadline to send in names of new club officers
- 1 Johnson Co Spring Craft Fair, 9:00 am to 3:00 pm, Scott Hall

#### APRIL 2025

- 2 IEHA Indianapolis Spring District meeting—Hamilton County
- 10 Executive Board Meeting 6:00 pm
- 10 Pres. Council Meeting 6:30 pm
- 16 Back Yard Bonanza 6pm registration
- 25-26 First Book Garage Sale