Spring Edition
Mar-May 2024



OMEMAKERS

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EXTENSION

COUNTY

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#### 2023-2024 Johnson County Officers

President: Dee Kirkham, Busy Bees

Co-Vice Presidents: Bev Waltz, Trafalgar

& Lora Lee Curren, Homecrafters

Secretary: Arlene Neyer, Nimble Thimbles Treasurer: Kathy Vest , Nimble Thimbles

Past President Advisor: Cathy Cook, Trafalgar











We are all a bunch of .....

#### NEWS FROM OUR PRESIDENT!

I was looking forward to January so we could get back to normal, but as the ball dropped for the New Year, a bomb went off at the Kirkham's house. My Father passed away unexpectedly. I made him a promise to have my scheduled openheart surgery no matter what. The surgery went well and I was up walking the next day.

The weather kept getting colder and it got below zero. My dad's wishes were to be carried to the cemetery by horse and wagon. The horses were bundled with extra blankets to keep them warm.

This was all a challenge to me! THANK YOU for keeping my mother (Shirley) and I in your prayers. All the phone calls, cards and visits, everything you did for us, kept Mom busy while I was in rehab. Thank you from the bottom of our hearts! You're the best family anyone could ask for.

I am hoping February goes out like a lamb. Upcoming events for the rest of the year include the Spring Craft Fair in March! I understand it is going to be a huge one! Our Backyard Bonanza and First Book for Kids Garage Sales are in April. May brings our May Day Breakfast and our HHS Lunch and Learn. June will be Home and Family Conference. Then it will be time for the fair.

Thanks again and LOVE to everyone,

Dee

President.

Johnson County Extension Homemaker



DOG TAGS club members: Marta Corbin, Linda Shaw & Cathy Cook presented the club's donation of \$1000.00 to Kimberly Smith for the Johnson County Senior Services at the Holiday Happening Program.



## Calendar for JCEHA...

#### **MARCH 2024**

- 1 New Club Officer List Due to Cathy Cook
- 2 Johnson Co. E. H. Spring Craft Fair, 9 a.m. 3 p.m.
- 20 IEHA Spring District Meeting –**Hosted By Boone County**
- 20 Johnson County Ag Day Breakfast and Extension Annual Open House
- 29 Good Friday Extension Office Closed

#### **APRIL 2024**

- 8 Total Solar Eclipse Day– Extension Office Closed
- 11 E.H. Executive Board, 5:30 p.m. Extension Office
- 11 E.H. President's Council, 6:30 p.m.
- Backyard Bonanza at Scott Hall Door open at 6 p.m. Program 6:30 p.m.
- 19 & 20 First Book Garage Sale, 8 a.m. − 2 p.m.

#### **MAY 2024**

- 1 2023-2024 Club Dues deadline to County Treasurer– Kathy Vest
- 1 May Day Program and Breakfast- Johnson County Museum of History
- 2 Primary Elections– Extension Office Closed
- 9 Lunch & Learn 11 a.m. Ed Room Extension Office
- 15 Bits and Pieces' articles due to Ext. Office
- 27 Memorial Day Holiday-Extension Office Closed



SAVE THE DATE......June 10-12 2024 Indiana Extension Homemakers - Home & Family Conference Embassy Suites, Noblesville



- **Annual Business Meeting**
- \*Keynote Speaker (s)
- \*Educational Concurrent Sessions
- \*Heritage Skills Classes
- \*Crafts
- \*Melody Makers Choral Concert
- \*Vendors
- \*Cultural Arts

- \*LOGO Sales
- \*Silent Auction
- \*Fun & Games
- \*Food, Food & More Food
- \*Visiting with other IN Extension Homemakers
- \*SO MUCH MORE!
- \*Registration coming this spring

Johnson County Extension Homemakers offers the "First Timer Award"

Do you want to attend IEHA Home & Family Conference? If you are a member who has never attended, the county organization will cover up to \$375.00 of the recipient's expenses to attend the conference. We reimburse so you will submit receipts to the county treasurer. Please submit an essay of 200 words or less: "Why I really would like to attend Home & Family Conference."

Please email your essay to <a href="mailto:cook334@purdue.edu">cook334@purdue.edu</a>

or US Mail to Cathy Cook, PO Box 84, Trafalgar, IN 46181

# SPRING DISTRICT MEETING





## WEDNESDAY, MARCH 20, 2024

#### **DULL'S TREE FARM**

1765 W. Blubaugh Ave., Thorntown, IN 46071

Registration starts at 9:30 a.m. Program begins at 10:00 a.m. County Presidents arrive at 9:00 a.m. for meeting with State President

Cost: \$22.00 RSVP by March 6, 2023

#### SPEAKER - KERRY DULL, DULL'S TREE FARM

Menu: Turkey, Dressing, Smashed Potatoes, Green Beans, Christmas Cookies

#### **WEAR YOUR FAVORITE CHRISTMAS ATTIRE**

Questions - Patty Nichols - 317-340-7223 or pattynichols552gmail.com

Checks payable: Boone County Extension Homemakers

#### send payment to:

Patty Nichols, 8053 E. 500 N., Sheridan IN 46069 RSVP by: Wednesday, March 6, 2024

Name:	County:	
Address:		
E-Mail:	Phone:	

#### Gingham's February report:

In December, Gingham Homemakers enjoyed a Christmas meal at Bar Louie; 14 members and 1 guest attended.

We will have our annual chocolate pitch in at our February meeting. Everyone brings a dessert made of chocolate and we take home a variety of delicious chocolate treats!



#### **HEALTH and SAFETY TIPS FOR SPRING 2024**

Daylight Savings Time begins March 10, 2024. We lose an hour when the clocks "spring" forward. We may feel tired, as it may take a few days for our bodies to adjust to this time change. The days are getting longer. It is a good time to get outside, go for a walk, ride your bike or visit a local park. Don't forget the sunscreen. Spring sun rays can be very intense, especially if you have been indoors most of the winter. Wear sunscreen, a hat and sunglasses when going outside.

Springtime is full of new beginnings and fresh starts. Write in a journal, setting goals for the new season. Plan projects to maintain your home, including fresh paint, update the landscaping and clean the gutters.

Spring is also a good time to clean and de-clutter. Organize your closets, remove items that have not been used in the past two years. Wash windows and screens, rake leaves left from the fall and get ready to work outside. Be careful using ladders outside. Make sure they are stable and have someone with you to hold the ladder if possible. If you are planting a garden, prepare seed beds, plant and water the seeds and remove unwanted weeds.

It is a good time to review your emergency plan with your family in case of bad weather. Stay weather aware as temperatures can fluctuate from warm sunny days, cool nights and thunderstorms. Plan where to meet if a disaster strikes. Stock emergency supplies, including food water, first aid kit, flashlight and batteries.

Service the air conditioner to make sure it is in good working order, prior to the hot weather. Replace air filters if needed.

Prepare your car for spring. Refill the windshield wiper fluid, keep sunglasses in the car in case of glare and check the tire pressure when the weather changes from cold to hot.

After a winter of eating comfort foods, Spring presents an opportunity to eat healthy foods including fresh fruits and vegetables. Whole grains, lean meats and low-fat dairy products are also good choices. Substitute water for sugary drinks to reduce calories and stay safe.

Enjoy the Spring time with renewed energy, warm sunny weather and beautiful spring flowers.

Submitted by Donna McElwain

## **Johnson County Extension Homemakers**

# GARAGE SALE

All Booth Rental Proceeds go to: First Book for Kids Johnson County Program





Friday & Saturday — April 19th & 20th

Time: 8 am to 2 pm

**Location: Scott Hall** 

Johnson County Fairgrounds, Franklin IN

\*\*Providence Homemakers will be hosting the Kitchen in Scott Hall both Friday & Saturday.

Booth Rental: \$45 for both Friday & Saturday or \$30 for one day (prepaid only) Booth Size: about 10' x 10' Includes 2 tables and 2 Chairs

Contact: Cathy Cook Email: cook334@purdue.edu

Booth rental is confirmed with payment.



Johnson Co Extension Homemakers

### First Book for Kids GARAGE SALE

Friday, April 19 & Saturday, April 20,2024 8 a.m. to 2 p.m.

Scott Hall - Johnson Co. Fairgrounds - Franklin

For Office Use Only Booth (s) #	_
Date Received	
Amt. Paid	
Check #/Cash	
Receipt #	

Make check payable to: Jo Co Extension Homemakers

Mail form to: Kathy Vest 7931 George Washington BLVD Nineveh, IN 46164

Questions: Cathy Cook (317) 714-8432 cook334@purdue.edu



Saturday only (1 day) = \$30 each booth No Refunds

BOOTH SIZE: about 10' x 10'

Friday only (1 day) = \$30 each booth

Friday & Saturday (2 days) = \$45 each booth

EACH BOOTH INCLUDES: Two tables and two chairs You may have more table if there are any available, or bring your own.

#### (Please print clearly)

Vendor Name		
Address		
City	State	Zip
Telephone No	Phone No.	
E-mail		
Types of items being sold (example: baby  List example of your items		the winds the second party
Please check sale days and indicate numb	er of booths needed below:	
Friday & Saturday, April 19&20	Number of booths need	edx \$45 = \$
Friday ONLY, April 19	Number of booths need	edx \$30 = \$
Saturday ONLY, April 20	Number of booths need	edx \$30 = \$
I have enclosed a CHECK or MONEY Ol Homemakers) for full payment of the bo payment in full and all booths are sold on	oth (s) space. I understand	that no booths will be held without
Signature	Amount Paid	Date

# SAVE THE DATE!!! 2024 Fair Quilt Block Workshop

Learn how to make a quilt block, understand how to press a quilt square, learn new sewing skills, sew with Batik Fabric. See your quilt square on display at the Johnson County Fair.

Date: Saturday, May 4
Time: 9 am - 12 Noon
Location: Education Room,
Johnson County Extension
Office

Johnson County Fairgrounds 484 N. Morton Street, Franklin, IN



# NIMBLE THIMBLE QUILT RAFFLE



# At the Spring Craft Fair on March 2, 2024

Nimble Thimbles Quilt Club will be raffling this lovely Spring Quilt at their booth just before closing near 3:00 PM.

Tickets are \$1.00 each or 6 for \$5.00. You may purchase your tickets at the Craft Fair on March 2nd or ahead of time from a Nimble Thimbles member or by calling Fran Pinckley at 361-813-7451.

The proceeds from this raffle will be distributed in the Fall to interested Johnson County Schools' FACS teachers for their use in promoting sewing education.

# Backyard Bonanza! Our Backyard Luau

Where: Scott Hall

Date: Wednesday, April 17, 2024

Doors open at 6:00pm & Our program begins at

6:30 pm

# Registration deadline is April 10, 2024

Checks payable to: <u>Johnson County Extension Homemakers</u>

Mail to: Kathy Vest

7931 George Washington Blvd.

Nineveh, IN 46164

Name	_
Name	
Number of reservations X \$15.00 =	_
For more reservations please make copies of this form.	

Registration fee is required to secure reservation —thank you

Lesson on Hawaiian Charcuterie Board, Speakers, Dancing, Pictures And a Hawaiian Meal!

# Cultural Arts Show Happening at May Day Breakfast

We are excited to announce that again this year we will be looking for the talents of our county's Extension Homemaker's!

Bring your best Quilt, Needlework, Crocheting/Knitting, or Craft/Miscellaneous.

#### This year the special project is table runners!

Attendees will vote for their favorite projects and the top three in all categories will be awarded monetary prizes, plus the top vote getter in the special category and the top vote getter overall in the regular categories will go to Home and Family Conference to represent Johnson County.

#### Basic Rules for Cultural Arts:

- The following categories:
- ⇒ Needlework/Needlepoint, cross stitch, embroidery, crewel embroidery
- ⇒ Quilt-Full size, or crib/baby quilt
- ⇒ Knitting/Crocheting, no size requirement
- ⇒ Craft/Miscellaneous—all items not included in one of the above categories or the special category
- All entries must have been made completely by a Johnson County Extension Homemaker.
- The exhibit must have been completed within the last two years and never exhibited at Home and Family Conference.
- There should be no visible personal ID on the entry project.
- Entries need to arrive prior to 9 am on May 1st.
- Prizes are \$15, \$10, \$5 for 1st, 2nd, and 3rd places in each category.

\*\*Both the 1st place overall cultural arts and the 1st place special project winners will represent Johnson County at Home and Family Conference. By participating in the Cultural Arts Show at May Day, exhibitors are agreeing to give their permission for those items to be taken to H & F Conference. If you are not willing to allow your project to represent Johnson County at Home and Family Conference, your items cannot be included in the voting process and your project will only be displayed during May Day Show.



# Homecrafter s & Providence Invites you to at tend the

#### 78th Annual

# Johnson County Extension Homemakers May Day Breakfast

Our speaker will be Rob Shilts

He will be speaking to us about the Historic Artcraft Theatre

When: Monday, May 1st, 2024

Where: Johnson County Historical Museum

Time: 8:30 a.m. with Breakfast program starting at 9:00 a.m.

Cost: \$15.00 per person;

Registration with payment due no later than April 24th

#### Breakfast Provided by: Providence Club Cultural Arts Entries Accepted Prior to 9:00 a.m.

Contact Name & Telephone:		
Club:	# of Members x \$15 per person:	
Mail to:	: <u>Johnson Co Extension Homemakers</u> ge Washington Blvd, Nineveh, IN 46164	THE STATE OF THE S
Members Attending:	Name & Club Name or Guest	
1.		
3		
9		





Join us for May Day Breakfast

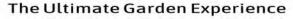
our presenter will be Rob Shilts of the Historic Artcraft Theatre and Franklin Heritage Inc.

The Artcraft boasts the longest running-movie theatre in Franklin. It is the site of many first dates, first jobs, and great memories. The Artcraft exemplifies the American movie theatre while also bucking some of its trends. The Artcraft's history shows the importance of local cultural institutions and how small communities reached out to the rest of the country.

Come hear tales of the beloved theatre and listen to Rob's stories about his time with the Historic Artcraft Theatre.



#### **Garden Celebration XIX**





Saturday, May 4, 2024 \*\* 9am - 3pm

Scott & Herring Halls - Johnson County Fairgrounds - Franklin, IN Admission: \$2.00 cash at the door

"May the 4th be with you"



70+ vendors; gardening seminars; food available for purchase

In coordination with Purdue University's Johnson County Extension Office, the event is sponsored by the Johnson County Garden Club (JCGC).

Visit JCGC's Facebook for more information regarding vendors and speakers: https://www.facebook.com/JohnsonCountyGardenClubandGardenCelebration

# Urgent!!!!!

We must have a full slate of officers by April 11, 2024. Please contact Cathy Cook to put your name in as a nomination for the 2024-2025 Johnson County Extension Homemakers Executive Board Nominations & thank you to all willing to serve our county organization.

President Lora Lee Curren

Vice President-

Secretary-\_\_\_

Treasurer—Cathy Cook

Immediate Past County President— Dee Kirkham

Membership \_\_\_\_\_

Leadership\_

Volunteer Community Support

Education Punky Corbin & Penny Bennie

# May 9th, 2024 Lunch and Learn

Mindfulness -

Mandy Gray, Hancock County HHS—11am

Lunch 12 noon

There is no charge to attend these programs.

Lunch is provided by Johnson Co Extension Homemakers.

Do you know your Medical History? Pandora Taylor Boone County HHS-1pm

RSVP by May 2nd by email: <a href="mailto:cook334@purdue.edu">cook334@purdue.edu</a>
Or phone your reservation to the Purdue Extension office.
(317) 736-3724

#### EYE SAFETY TIPS DURING SOLAR ECLIPSE

(Taken from https://science.nasa.gov/eclipses/safety/)

- \*Except during the brief total phase of a total solar eclipse, when the Moon completely blocks the Sun's bright face, it is not safe to look directly at the Sun without specialized eye protection for solar viewing.
- \*Viewing any part of the bright Sun through a camera lens, binoculars, or a telescope without a special-purpose solar filter secured over the front of the optics will instantly cause severe eye injury.
- \*Eclipse glasses are NOT regular sunglasses. Regular sunglasses, no matter how dark, are NOT safe for viewing the Sun. Safe solar viewers are thousands of times darker and ought to comply with the ISO 12312-2 international standard. (NASA does not approve any particular brand of solar viewers.)
- \*Always inspect your eclipse glasses or handheld viewer before use. If they are torn, scratched, or otherwise damaged, discard them. Always supervise children using solar viewers.
- \*Do NOT look directly at the Sun through a camera lens, telescope, binoculars, or any other optical device while wearing eclipse glasses or using a handheld solar viewer the concentrated solar rays will burn through the filter and cause serious eye injury.
- \*If you don't have eclipse glasses or a handheld solar viewer, you can use an indirect viewing method, which does not involve looking directly at the Sun. One way is to use a pinhole projector, which has a small opening (for example, a hole punched in an index card) and projects an image of the Sun onto a nearby surface. With the Sun at your back, you can then safely view the projected image. \*Do NOT look at the Sun through the pinhole!\*

\*\*\*BE SAFE AND ENJOY THE ECLIPSE ON MONDAY, APRIL 8<sup>th</sup>!\*\*\*

Submitted by Linda Clutz, HHS Extension Educator

#### FUN FACTS ABOUT JOHNSON COUNTY EXTENSION STAFF

Test your knowledge! Put the name of the correct staff member by the fun fact!

#### Answer key below

- 1. I've never broken a bone.
- 2. I'm distantly related to Dolly Parton.
- 3. I am terrified of fish in the ocean or anything touching my feet in the ocean that I can't see.
- 4. I showed cattle, sheep, and pigs in 4-H.
- 5. I participated in tractor pulling for ten years.
- 6. My first major in college was fashion merchandising, but I quickly changed it after my first sewing class.

#### LEARN ABOUT THE INDIANA CONNECTIVITY PROGRAM!

Is your Internet slow? Does it take forever for your computer to start working, or does it even work at all? Could it be that your broadband speed is too slow? Or you don't have broadband access?

Well, help is on the way! The Indiana Connectivity program seeks to connect residents and businesses lacking access to broadband internet service to the appropriate service providers, as well as assist with covering associated costs. If you lack broadband service, or your broadband speed is less than 25/3 Mbps, you could qualify for assistance. Anyone interested may apply for consideration by simply entering the needed information into the Next Level Connections portal, found at the following website: <a href="https://www.in.gov/ocra/broadband">www.in.gov/ocra/broadband</a>. If you can't access the online portal, please call the Indiana Broadband Center at 1-833-639-8522 to register.

Submitted By Linda Clutz, HHS Extension Educator

#### Johnson County Extension Homemakers Memorial Scholarship 2024

#### APPLICANT CRITERIA:

Applicant must be a senior attending a Johnson County High School or be a Johnson County Home School Senior.

Applicant must have been accepted into a college, university, or technical/trade school.

All applicants must submit a two-page essay regarding their current high-school involvement / leadership roles and future educational goals and plans. Please include who, if any Johnson County Extension Homemaker, has influenced and/or encouraged him/her to apply for this scholarship.

If there is a tie in the judging process, the applicants involved will be interviewed by two or more Johnson County Extension Homemakers.

#### INSTRUCTIONS FOR COMPLETING APPLICATION:

Attach the following to the application:

A copy of your essay

High school transcript

Acceptance letter to college/university/technical/trade school

\*\*Note that applications that are incomplete or have missing information will not be considered.

The application must be signed by your Guidance Counselor or FCCLA adult sponsor (if applicable). Application packet must be mailed by April 1, 2024. Mailing address is: Cathy Cook, Johnson County Extension Homemakers, 484 N. Morton Street, Franklin, IN 46131

#### CRITERIA FOR JUDGING OF ESSAY

Your essay must be two pages, single spaced, 12-point font, Times New Roman, and answer the following:

How are you currently involved at school? Explain your school's role in developing leadership and life skills necessary for a successful future. Outline the career path you have chosen. If you have decided to pursue a Health and Human Sciences / Family and Consumer Sciences career, are you a FCCLA member?

Share your future educational goals and plans and why they are important to you.

# If an interview is needed the following criteria will be considered in the interview:

Does the interviewee present themselves in a professional manner?

Does the interviewee make eye contact and answer all questions thoroughly?

Is the interviewee able to explain their future educational goals?

Is Health and Human Sciences/Family Consumer Sciences going to influence their future?

The winner of this scholarship will be notified By May 1, 2024 via phone call and e-mail. One scholarship award of \$500 will be awarded.

# Johnson County Extension Homemakers Memorial Scholarship Application 2024

Applicant's Name:			
Address:			
		Zip:	
Phone: ()	Ag	ge:	
High School & Expect	ed Graduation Date:		
Is high school transcrip	ot attached? (yes or no	o)	
Name of the school yo	u plan to attend:		
Is your college accepta	ince letter attached?	(yes or no)	
Degree Sought:			
Applicant Signature: _			
Date:			
Printed Name			
Signature:		Date	_
Guidance Counselor O	R FCCLA Adult Spo	nsor's	
Johnson County Exte	ension Homemakers	use only:	
Date received		Received by	



# Hamburger Soup Margie May



1 ½ lbs. ground beef

12 potatoes, peeled and thinly sliced

1 small onion, chopped

2 stalks celery, diced

2 small cans beef broth

salt & pepper to taste

1 Tbsp parsley water to cover

#### Instructions

Brown the beef in a large saucepan. Drain off fat. Add potatoes, onion, celery, beef broth, parsley and enough water to cover. Cook until the potatoes are done. Add salt & pepper to taste.



#### Banana Oatmeal Muffins Margie May



2 cups sifted all-purpose flour

1 cup sugar

5 tsp. baking powder

1 tsp salt

½ tsp. baking soda

1 ½ cup oats

2/3 cup pecans, chopped

2 eggs

6 Tbsp. canola oil

1 cup milk

1 cup banana, mashed

Sift together flour, sugar, baking powder, salt and baking soda. Stir in oats and pecans. Pour mixture of eggs, milk, bananas and oil in dry ingredients. Stir just until mixed. Will be lumpy. Fill greased muffin cups 2/3 full and bake at 400° for 15 min. or until browned. Remove from pan immediately.



# Bacon-Cheddar-Chive Scones from Margie May



2 cups flour (or pastry flour) ½ tsp salt 1 Tbsp baking powder 2 tsp sugar

4 Tbsp cold butter 1/3 cup snipped fresh chives

1 cup coarsely grated cheddar cheese

½ cup cooked, crumbled bacon 4 cup + 2 Tbsp heavy cream

Preheat oven to 425°. Mix flour, salt, baking powder and sugar. Cut in butter until unevenly crumbly. Mix in cheese, chives and bacon. Add ¾ of the cream. Add remaining cream until dough comes together. Pat into ¾" thick 7" disc. Cut into 8 wedges. Add to greased pan. Brush with cream. Bake 22-24 min. refrigerate leftovers.

## Volunteer Community Support Report – Rita Tapp

Have you been keeping track of your volunteer community support hours? Does your club collectively keep track of them monthly or do you individually do it on page 42 of the IEHA program book? Either way is fine, JUST DO IT! (Catchy little phrase, isn't it? Ha!)

I have completed my campaign selling my EPP Christmas tree ornaments. As of the of end of 2023, I made 248 of those suckers!!! Yes, I did keep track and enjoyed it, BUT I'm done!!! My income for the cancer research fund for 2023 is \$1,011. That includes the tree ornaments, one cookbook sale, and several Soft-soap containers with the IEHA logo on them. I hope you are continuing to contribute to this worthy fundraiser also!

Thank you for your support!!

Rita Tapp Volunteer Community Support Chair



# JOHNSON COUNTY EXTENSION HOMEMAKERS

Cooperative Extension Service
Purdue University
U. S. Department of Agriculture
Johnson County Extension Office
484 N. Morton Street
Franklin, IN 46131

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