Fall Edition Sept.—Nov. 2023





MEMAKERS

0

COUNTY EXTENSION

NOSNHOF



Lunch & Learn *October 26^{th,} 2023* Location: Johnson County Extension Office 484 N Morton St., Franklin, IN 46131

Lessons:

"Remaining Independent at Home @ 11am presented by

Susana Peterson, Hamilton Co. HHS

"Couponing in a Digital World @ 1 pm presented by

Diana Stone, Shelby County HHS

Lunch 12 (noon) Sponsored by Johnson Co. Extension Homemakers

No Charge for the Program, please RSVP by Friday, October 20th We are limited to 40 attendees.

Please call reservations to Johnson County Extension office (317) 736-3724 or email Cathy Cook at cook334@purdue.edu.

Volunteer Community Support Report!

Starting another year, the IEHA way!

You may ask yourself, "What is this money for cancer research bag that is passed around at meetings and what's it all about?" Well, our IEHA (Indiana Extension Homemakers Association) supports a cancer research program through Purdue University Gust as our organization is through PU). The Purdue University Center Research is one of only 65 cancer centers in the country to earn the prestigious National Cancer Institute-designation and one of only several basic science cancer centers. If you or any loved one has suffered from this disease, I'm sure this effort is very close to your heart.

If you want more information:

https://ieha-families.org/programs/cancer-research-endowment

It the IEHA Home & Family Conference and a Nimble Thimbles meeting in June, I sold my EPP Christmas trees and the IEHA "Soft-soap" adding \$204 for the cancer research program. To date, for the new year, the amount collected is \$366.

Did you work at the fair? Did you enter a "pillow of hope" at the fair? Did you work as a hostess at Scott Hall? Start the year off by adding them to your volunteer hours on page 42 of your program book before you forget!!

Thanks, Rita Tapp, Volunteer Community Support Chair





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Johnson County Extension Office, Johnson County Fairgrounds, 484 N. Morton St., Franklin, IN 46131 -(317) 736-3724
Purdue University, Indiana Counties and U.S. Department of Agriculture Cooperating
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Just a reminder to setup committee meetings for your County Duties assigned for the Program Calendar 2023-2024

<u>All Clubs</u> are responsible to display signs to advertise both <u>Spring and Fall Craft Fair</u>. The signs will be ready 2 weeks before craft fair. You will need to pick up signs at the Extension Office. They will need to be set out in a high traffic yard or area. Signs should be returned to the Extension Office within 1 week following each craft fair.

Club Name

Committee Responsibility

2022-2023-Final Committee from 2022-2023 Program

<u>Busy Bees & Chicks that Stitch</u>—Wednesday September 27th -Achievement Program 6pm-Registration, 6:30pm Program. Location Purdue Extension Office.

2023-2024 Assigned Committees

<u>Trafalgar</u> November 14, 2023—Creative Team Holiday Happenings

<u>Gingham</u> November 14, 2023 —Holiday Happenings Kitchen

Providence May Day—Meal—Wednesday, May 1, 2024

<u>Homecrafters</u> May Day—Program and Decorations—Wednesday, May 1, 2024.

Nimble Thimble Back Yard Bonanza—Program, Decorations & Meal—Wednesday, April 17, 2024

Executive Board Co. Fair Hostess Sign-up on signupgenius.com—Jo. Co. Fair July 14-20, 2024

<u>Chat-N-Do</u> Style Show Private Judging—Tuesday July 2nd, 2024

& Public Style Show—July 9, 2024

<u>Busy Bees, Chicks that</u> Stitch July 16th, 2024 *Homemakers Day at the Fair-Baking Contest. <u>Creative Circle</u> Showcase of Achievement Program, decorations and snacks—Sept. 25, 2024

Dee's Year of Doing Good DEEds

In August, each club will be asked to choose a senior living or nursing home to Do Good DEEds for. President Dee Kirkham is asking each club to "Adopt a Senior Living or Nursing Home facility and do 2 or more different Good DEEds! More details at the August Kick off meeting.

Anytime during the year that you choose to do Good DEEds write a report, take pictures and submit both to the extension office by email at cook334@purdue.edu so it can be included in the Bits and Pieces.

So far:

Calendar for September/October/November 2023

SEPTEMBER 2023

- 4 Office Closed Holiday Labor Day
- 19-20 Indianapolis Fall District Retreat—
 Waycross Conference Center—*Come join the "LUAU"*
- 25 IEHA Indianapolis Fall District Meeting 9:30 p.m. Morgan County
- 27 Achievement Program, Registration 6 pm & Program 6:30 pm *Location- Extension Office Ed Rm*

OCTOBER 2023 Do a Good DEEd for elderly residents of Johnson County

- 7 Johnson Co Fall Craft Fair, 9:00 a.m. to 3:00 p.m., Scott Hall
- 12 Executive Board Meeting 5:30 p.m. Extension Office Ed Rm
- Johnson Co President's Council Meeting, 6:30 p.m. Extension Office
- 26 HHS Lunch and Learn 11 am at Extension Office

NOVEMBER 2023 Submit report for your Club's Doing Good DEEds

- 7 Election Day—Office Closed
- Holiday Happening, 6:00pm registration 6:30 p.m.

"Holiday Happenings— Elegantly International"

Program at Rocklane Church, Greenwood

- 15 Bits & Pieces' articles due to Extension Office for Winter/Dec-Feb
- 23-24 Office Closed Holiday Veterans Day & Thanksgiving

DECEMBER 2023

- Johnson Co. President's Council *Holiday Dinner 5:30 p.m.*
- 22-25 Christmas -Officed closed and will reopen Dec.26,2023







Waldorf Chicken Salad



6 chicken breast halves (Boneless and skinless baked slow in a Turkey/Roast Oven bag)

cooked, cooled and chopped

3/4 cup celery, chopped

1 sweet red skinned apple, chopped (toss with lemon juice to keep from turning brown)

1 Cup chopped Walnuts

3/4 Cup Cran-raisins

2 C seedless grapes, quartered

Salt and Pepper to taste

Mayonnaise/Miracle Whip, 1 cup to 1 Jar

Mix together the chicken, celery, apple, grapes, Can-raisins, and walnuts.

Salt and pepper to taste. Sir in mayo and mix well.

*Ready for croissants, small-shaped bread, crackers, or on a bed of lettuce. Adjust the additions to suit your taste.



5 Can Taco Soup



Prep Time 5 minutes Cook Time 10 minutes Total Time 15 minutes Servings 6

Ingredients:

1 can corn with juice, 1 can hominy with juice, 1 can diced tomatoes with juice

1 can diced tomatoes and green chilies with juice, 1 can Ranch Style beans or Bush's Chili Beans undrained, 1 pkg Ranch Dressing dip/dressing mix, 1 pkg taco seasoning, 1 pound ground beef browned and drained.

Instructions:

Combine everything and heat. It can be eaten just heated from the stove, left in a crock pot for hours.

Recipe Notes:

Add a dollop of sour cream and some grated cheddar cheese and serve with corn chips for a super EASY and yummy soup!



Coconut Cream Pie From Margie May



1 ½ cups coconut milk

5 egg yolks

4 Tbsp. cornstarch

1/4 tsp salt

¼ tsp coconut extract

1 ½ cups half & half

¾ cup sugar

1 Tbsp. unsalted butter 1

½ tsp vanilla

1 ½ cups sweetened flaked coconut

Preheat oven to 350°. Pour coconut milk and half & half into heavy- bottomed saucepan. Whisk in egg yolks. Combine sugar and cornstarch. Add to milks mixing thoroughly. Bring to a boil over medium heat, stirring constantly. Boil for 1 minute. Remove from heat, add butter, flavorings, 1 ½ cup coconut & salt. Spread custard into pie crust. Cover hot filling with meringue. Sprinkle ½ cup coconut over meringue. Bake 12-15 min. until golden brown. Cool on wire rack for 1 hour. Refrigerate 3 hours before serving.



Meringue for 10" Pie From Margie May



Ingredients

¼ tsp. cream of tartar

4 egg whites, room temperature

½ cup granulated sugar

¾ tsp vanilla

Beat egg whites and cream of tartar until foamy. Beat in sugar, 1 tablespoon at a time; continue beating until stiff and glossy. *Do not under beat!* Beat in vanilla. Heap onto pie filling. Follow instructions per pie instructions.



News from Dee Kirkham, Johnson County President

I want to thank everyone for an awesome year, one more time!

We had an awesome fair tis year! Open Class was a great success. I hope you saw all the outstanding exhibits. I also want to say thank you to all of the Volunteers that help with check-in, judging, set-up check-out and the hostesses that worked to make Jo Co Open Class such as a success!

Now were going into a new year and we have some exciting things coming up this. Starting with Achievement night, "Looking back in time." Shirley and I has been working on a special gift for each homemaker that shows up. It's going to be a memorable night. Hope to see you there.

I'd like to say thanks to each of you for all your hard work and going the extra mile that made my 1st year awesome and this year's going to be fantastic.

Thank you all,

Dee Kirkham, President
Johnson County Extension Homemaker

Remember Be Busy like a Beaver!



Find your best Hawaiian shirt, grass skirt, or mumu...there will be a contest!



IEHA Indianapolis District 21st Annual Retreat Tuesday, September 19 & Wednesday, September 20

Waycross Camp and Conference Center 7363 Bear Creek Road, Morgantown, IN 46160 Phone: 812-597-4241 or 800-786-2267



Please print clearly

Name		
Address	Zíp	
Telephone	Email	
Telephone	ped envelope) or Email	65. AB
County		
Emergency Contact Person	Phone	—
Do you require a handicap room? Yes No Or	n the ground floor? Yes No	22
Double/Triple occupancy room \$127.00 Single	occupancy room \$159.00(ONLY	4)
Would you share a double bed and have a single be	d in the room allowing an occupancy o	f 3?Yes
Do you have special dietary needs? We will try to ac	commodate if possible	
Roommate(s):		
\$50.00 One Day ONLY Registration includes meals:	Tues Wed Classes (addition	nal charges apply)
See next page for class descriptions, price, da for classes. First choice: please circle one selection for Session 1: 1 2 3 4 Session 2: 1 2 3 4 S	or each of the following sessions:	
Second choice: Session 1: 1 2 3 4 Session 2: 1	234 Session 3: 1234 Session	4:123
Please mail your registration and check made out to to cover the cost of accommodations, meals and ses	_	nakers 🎉
	Tura LaMar	25
	2260 Crestview Dr.	
	Martinsville, IN 46151	
For additional questions please contact: Cinc	dy Saferight @ 317-682-7062	a had
No registrations will be accepted after Se	ptember 8, 2023.	200 A



Let's-Get Outside

By: Kelsie Muller, Human Development and Family Science Extension Specialist and Amanda Galloway

Activity 1: Play Memory Field Trip!

This is a quiet, guided imagery exercise. Encourage participants to get comfortable. Use a soothing voice. Take your time as you walk them through each of the steps. They should end the exercise feeling relaxed and happy.

- 1. Tell the group they are going to go on a little field trip in their memories-across the years back to childhood.
- 2. Ask the group to close their eyes.
- Ask them to think back to their favorite place to play as a child encourage them to really picture it in their mind's eye. Give them a minute to get a place in their mind before you move on.
- 4. Ask them, what did it look like? Imagine the colors. Were there any special smells, sounds, or textures that you remember? (Remember: they are not answering out loud, but you will be able to watch facial expressions and track how they are engaging)
- 5. Encourage them to think about how being in that place made them feel and to let those feelings wash over them.
- Next, tell them we are going to end the little field trip but to keep those feelings with them throughout the meeting today to remind them of the importance of this topic.
- 7. Ask the group to open their eyes.

Process the Experience

- 1. Tell the group that you see lots of smiles on their faces and anything else you noticed.
- Ask them to stand if their space they imagined as a child was outdoors. (Typically, most or ALL of the group-if so, comment on this fact, ex: backyard, park, grandparents' house, farm, garden, tree house.
- 3. Ask a few to volunteer to share the feelings brought up by thinking about their favorite play spaces.
- 4. Reiterate why this topic is so important-many kids and us today are missing these experiences and will not have these memories. Who would we be without these types of memories?

What are the facts?

Many of us remember the phrase, "Go outside and play!" from childhood, but children today spend less time playing outdoors than any previous generation (Clements, 2004; Hofferth and Curin, 2006). Children model the behavior of the adults in their lives. People today are spending less time outdoors than any previous generation. According to the National Wildlife Foundation:

- · Children are spending half as much time outdoors as they did 20 years ago.
- Children who play outside are more physically active, more creative in their play, less aggressive, and show better concentration.
- Sixty minutes of daily, unstructured free play is essential to children's physical and mental health.
- The most direct route to caring for the environment as an adult is participating in "wild nature
 activities" before the age of 11. Today many children and adults suffer from the Richard Louv calls
 "nature-deficit disorder" reduced awareness and a diminished ability to find meaning in the life
 around us.

Adult activity levels are declining, survey found that two-thirds spend more than two hours a day watching TV or videos. Adults are becoming more sedentary due to increased use of technology. The American Cancer Society found that women who reported sitting more than six hours a day were 37 percent more likely to die than those who sat fewer than three hours a day. The most sedentary men were 18 percent more likely to die than the more active.

How Nature Affects Our Well-Being

(Excerpted from Benefits of Connecting with Nature, 2017. Hunt, Molly; Pedigo, Lindsey; Williams, Rod; and Zuber, Katie)
Natural environments have been shown to:

- Heal: Natural settings, whether in real life or pictures, have been shown to reduce anger, fear and stress, as well as increase pleasant feelings. A reduction in blood pressure, heart rate, muscle tension, and stress hormones are all reactions of the body to experiencing a natural environment.
- Relieve & Refresh: Nature helps people cope with pain. Trees, plants, water, and other elements of
 the natural environment are captivating and interesting to humans, so being in the presence of natural
 elements distracts people from pain. For this same reason, nature increases our ability to focus and be

- attentive. Nature gives our brains a break.
- Connect: Time spent outdoors connects people to one another and society. Research has shown that
 when people view nature scenes, the parts of the brain associated with empathy and love activated, but
 when they view urban scenes, the parts of the brain associated with fear and anxiety activate.
 Therefore, it could be argued that nature rouses feelings of connectedness with each other and the
 world around them.

Activity 2: Experience Nature through Sight

If you are able to go outdoors for the activity that would be the best option. If not please collect enough pictures of nature or natural environments-cutouts from magazines or printed from a computer. You could also have partners access a YouTube video of relaxing nature sounds from their smartphone, if accessible and Wi-Fi is available at your meeting place.

Materials needed include a timer or stop watch and pictures of natural settings. You will want to set a timer for 3 minutes.

- Encourage participants to get comfortable.
- 2. Ask them to sit quietly and observe nature.
- 3. Ask that they view their picture of nature for up to 3 minutes.

Process the Experience

- 1. Ask them how did this environment make you feel? Possible answers could be calm, content, grateful, etc.
- 2. Ask a few to volunteer to share the feelings brought up by observing nature of the picture.
- Reiterate why this topic is so important-Research has shown that when people view nature scenes, it can direct their thoughts towards relaxing thoughts, decrease stress, change mood, and increase pleasant feelings.

What can you do?

- 1. Hang a bird feeder outside your window and refill the feeder daily to keep birds visiting frequently.
- Gardening is a nice leisure activity to connect with nature. Not much land is needed, and even pots can do. This activity should be followed during the morning and evening time to avoid peak sun hours.
- 3. Spend some time by water to promote a feeling of relaxation and well-being, whether by a local pool or lake.
- 4. Go for a walk and enjoy a low-impact activity that boosts your heart rate slightly.
- Have a picnic for a great way to combine the healing benefits of getting outdoors with the positive benefits of being around friends and family.
- Look for community summer programs like outdoor symphony concerts or farmers markets. Some places offer summer ticket discounts (senior discounts, too) for events.
- Volunteer during the summer, or year-round, at a summer reading program for kids, local animal shelter, church day camp, or become a Master Gardener.
- 8. Fishing promotes interaction with nature, while enjoying the calmness that comes along with it for inner peace.
- Golfing has many health benefits, including physical and mental well-being. Whether it is hitting the ball or walking the golf course, golfing is a great way to keep your heart and your brain healthy.
- 10. Metal detecting is another way to help keep you physically active while searching for hidden treasure.
- 11. Nature photography is one way to be submersed in nature and admiring its beauty has a definite relaxing effect on
- 12. Bird watching inspires a harmonious union with nature while learning more about these incredible creatures.
- Catch an outdoor sporting event by attending a grandchild's soccer game or professional baseball game for an action-packed way to enjoy the outdoors.
- 14. Be a tourist by enjoying a Sunday drive to a nearby town and enjoy the blooming flowers and trees, or festivals and community events.
- 15. Indulge in the simple yet incredible pleasure of looking at the stars and promote the feeling of calmness and lose the sense of the passage of time. Something we all need in today's busy lifestyle.
- Outdoor games like shuffleboard or and croquet are a great way to get outdoors while enjoying friendly competition with friends.
- Biking is an aerobic activity to help get your heart pumping, which will improve endurance and heart health and lower blood pressure and stress levels.
- Painting fosters creativity and strengthens memory; pair with going outdoors will create a perfect muse while enjoying the health benefits of being outdoors.
- 19. Swimming is another great aerobic activity to help improve your heart health and mental wellbeing.
- 20. Kayaking improves cardiovascular fitness, while creating a clear and happy mind while being outdoors.

Holiday Happening "Elegantly International"

November 14, 2023 Registration 6 pm Program 6:30 pm Location: Rocklane Christian Church 4430 Rocklane Rd Greenwood, IN 46143

Taste of Scandinavia

Tips for Elegant Holiday Décor

Elegant Gifts on a Budget

Entertainment for an Evening of Quiet Elegance

We will be Supporting the Johnson County Senior Services

for Our Volunteer Community Support Project.



Johnson County Senior Services Senior Christmas Wish List Seniors Still Believe

Gift Certificates i.e. Grocery Stores, Drug Stores, Restaurants etc.

Soft Throws/Blankets

Cozy Robes (Men & Women)

No Slip Slippers

Snacks- Crackers, Nuts, Candy, etc.

Socks

Diabetic Socks

Pet Supplies

Gloves

Soft Scarves

Activity Books i.e... cross word, word search, etc.

Music CD's

Cleaning Supplies

Personal Products- tooth brushes, tooth paste, shampoo,

conditioner, razors, shaving cream, lotion,

Paper Products i.e. Toilet Tissue, Paper Towels, Kleenex,

Paper Towels etc.

Stamps

Stationary/ Assorted Boxed Greeting Cards

Canned Vegetables, Fruit, Peanut Butter, Tuna, etc.

Please Bring your choice of donations for the Johnson County Senior Services to the Holiday Happenings, If you are unable to be at Holiday Happenings and would like to make a donations please bring it to the Extension Office and put a note or Christmas card of encouragement that will be given to the Seniors at Christmas.

Trivia Questions of Jo. Co. History

- 1. All flour used by Union Army during Civil War was ground in what mill?
- 2. First Johnson County Fair held November 1838 was held where?
- 3. A Famous Paleontologist, named Elmer Riggs worked for the Field
 Museum of Natural History in Chicago, Illinois. His job was to secure and
 research dinosaurs. When and where was he born?

SAFETY TIPS FOR THE FALL SEASON

As the air turns cooler and leaves drop from the trees, it's important to keep a few fall safety tips in mind. From roasting s'mores over a bonfire to jumping into piles of dry, crunchy leaves, there are a lot of secret fall dangers you might not realize. Learn about what precautions to take so your family can enjoy that crisp autumn weather while avoiding long trips to the ER that could come with the season.

SERVICE YOUR FURNACE

Before the cold autumn and winter weather sets in, be sure to call your heating and cooling company to service your furnace. A specialist should inspect the furnace to make sure everything is in working order and that there are no leaks. As the seasons change, heating/cooling companies can get booked up pretty quickly, so consider giving them a call before the summer is over to schedule your maintenance ahead of time.

USE FIREPLACE SAFETY

Keep that fire in its proper place by using a fireplace screen to prevent sparks from flying out and catching your decorations, trees, or even pets on fire. Never leave a burning fire unattended and make sure that the fire in your fireplace is completely out before going to bed or leaving the house.

EXERCISE CANDLE CAUTION

Candles are a great way to give a room that cozy warm glow, but they can also cause fires. Almost 10,000 home fires start because of improper candle use. We're sure you know what that really means—never leave candles burning if you go out or go to sleep, and keep your candles away from pets and kids.

CHANGE SMOKE ALARM BATTERIES

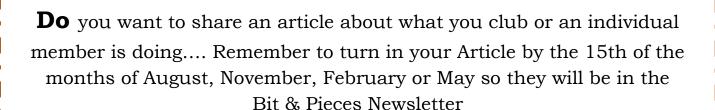
This is your friendly reminder to check/change the batteries in your smoke alarms and carbon monoxide detectors after you turn back your clocks at the end of Daylight Saving Time. Don't just put the new batteries in—double check that the alarms are working.

KEEP FIRE-EXTINQUISHERS AVAILABLE

While you're on the fire-fighting front, check and replace any fire extinguishers that are expired. It's the season for large family gatherings, and there's bound to be oil involved in the cooking process. Not every fire extinguisher is oil/grease safe, so make sure you have at least one <u>Class K extinguisher</u> around.

Enjoy the beautiful fall season.

Donna McElwain



Ginghams members enjoying their summer trip.



Ideas to enjoy more Club Time& Show others what'shappening in your club.

- Write a newsletter article.
- Invite another Club to your club's meetings.
- Invite more clubs to join in a "fun night" to make this summer fun!
- Invite last year 4-H members to a meeting and congratulate the in some way for their

Club Meeting Days and Times

MON.	TUES.	WED.	THUR.	FRI.
Dog Tags 4:30pm at Extension Off.	Providence 9 am Chicks that Stitch	Home- Crafters 7:00 pm Chat 'N Do 7:00 pm		Nimble Thimbles 9:00 am
Gingham 7:00 pm	Trafalgar 6:00 pm	Busy Bees Cards & Crafts		



Grecian Chicken

Margie May Serves 4

4 boneless skinless chicken breast halve 1/2 tsp. oregano

1/4 cup fresh lemon juice

1/4 tsp salt

3 Tbsp Olive Oil

1/4 tsp black pepper

2 cloves garlic, crushed

Mix together lemon juice, olive oil, garlic, oregano, salt and pepper and pour over chicken. Marinate in refrigerator, covered for two hours. Coat grill with cooking spray. Grill Chicken 15 minutes until well done. Turning frequently.

LOOKING BACK IN TIME BY Shirley Kirkham

1938 Program "The Home is Where the Heart Is.

HOME MANGEMENT – Second year Miss Inez E. Kent, Extension Specialist, Purdue S.B. Scott, County Agricultural Agent Margaret L. Donnelly, Home Demonstration Agent

Project Lessons – The Family Keeps House
Labor Saving Equipment
The Family Sleeps
The Family Shops for Small & Large Equipment
The Family Goes Christmas Shopping

Song of the month – Annie Laurio – Believe me, If all those endearing young charms – Loch Lomand -Day is Dying in the West -Believe me, If all those endearing young Charms - Juanita – Star Spangled Banner - Now the Day is Over – Flow Gently Sweet After – Dixie – Swing Low, Sweet Chariot – It Came Upon A Midnight Clear.

Roll Call – An economy in buying food, which I practice – Characteristic of Washington or Lincoln that I hope my boy or girl will have – What I think are the most beautiful things in Life – One thing I do to save my heels -What I like to do when I can do as I please – The most interesting Wild life I have watched – One reason why homemakers should get away from home occasionally – How I have made pin money – How I keep my hair, hand or skin in good condition – My hobby -An inexpensive gift which I prized – My memories of a childhood Christmas.

Clubs – Center Grove – Franklin Twp – Trafalgar – Bargersville – Needham – Greenwood – Union – Franklin – Clark – Whiteland – Home Service – Nineveh – Union Community - Hopewell – Hustling – Mt Carmel – Friendly.

Jan 10-14 – Agr'l Conf. Purdue

Jan 19 – Meat Demonstration at Farm Bureau Co-op Store

June 8 – Johnson Co. Home Ec guests of Morgan Co. Home Ec clubs at Bethany Park.



With Love from my HEART,

Shirley Kirkham
Past Johnson County President in 1980-81 & 2007-08



2023 FALL CRAFT FAIR

40+ Vendors will be selling various craft and artisan products of all types, including clothing, jewelry, home décor, health & beauty, and much, much more!

Hosted By: Johnson County Extension Homemakers

Nimble Thimble will be serving food in the kitchen! (I hear homemade pies will be back)

Scott Hall @ Johnson Co. Fairgrounds Where:

> 100 Fairgrounds Street, Franklin, IN 46131

Saturday, October 7th When:

9 am to 3 pm Time:





discoveries.

3. Trafalgar in 1869 Famous for dinosaur

out or admission charged. in Franklin. No premiums were paid 2. In a woods belonging to Garrett Bergen

Collier Edinburgh, Indiana puck by James Thompson and Issacs erected again in 1850 as a four story 1. Thompson Mill built in 1826 and

Trivia Answer

SEPTMBER – THE FIRST DAY OF SCHOOL

'Twas the first day of school and all through the house The only one stirring were me and my spouse With a little ole breakfast and lunches to fix, I knew in a moment it must be past six, "Now, Nancy! Now, Susie! Now< Ricky! Now, Paul! Get out of the bed; this is no time to stall. I ran to the kitchen: I had lots to do. With breakfast to fix and the coffee to brew. As I scrambled the eggs and was turning around, Down the stairs they all came with a thunderous sound. A bundle of words we flung at each other, Like "Ouch!" Pass the juice" and "Don't hit your brother" It was hectic and wild, this first day of school; And I laughed as I struggled to stay calm and cool. In the wink of an eye It was time to depart, So I hugged them and kissed them with all of my heart. Then laying a finger on the side of my nose, I slumped in my chair, and I started to dose. But I heard them exclaim after all the fuzz. Mom, can you drive us? We just missed the buss"

> (Ladies Home Journal Sept 1986 by Carole Wehcik Miller)



QUILT SHOW TIMES and SPEAKER

Friday: 4:00 - 8:00 Saturday: 9:00 - 3:00

Friday - 7:00 Speaker "Mary M. Hogan Nationally known quilter, speaker author and designer. Her specialty is string quilting. You won't want to miss her exciting presentation!

TICKET PRICES

= \$10 advance, \$12 at the door (This ticket will admit you both Friday and Saturday.)

Saturday Only = \$5.00 (at the door)

(Children under 12 are free)

For Ticket Information contact: ... Carolyn (317-460-6370) ... Betsy (812-343-3437)

EVENTS Browse and enjoy the quilts on display, shop vendors and our "Treasure Chest" booth at your leisure.

"Every Birdy Welcome" Quilt Show September 22-23, 2023 Quilts Surround You With Love Beauty and Warmth!

Presented by:

Nimble Thimbles Quilt Club Franklin, Indiana

- Members' Challenge Quilt Contest
- Old Fashioned Quilting Bee
- "Mini-Quilting" demonstrations throughout the show. Come and learn a new skill!
- Patrons may vote for "Viewer's Choice of quilts displayed.
- Food available for purchase on Saturday only.
- Bring your knives, scissors, etc. for sharpening by "Snippy Jim" during the
- Free parking at the Fairgrounds.

LOCATION: Scott Hall

Johnson County Fairgrounds 250 Fairgrounds Street Franklin, IN 46131

















JOHNSON COUNTY EXTENSION HOMEMAKERS

Cooperative Extension Service

Purdue University

U. S. Department of Agriculture

Johnson County Extension Office

484 N. Morton Street

Franklin, IN 46131

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