Fall Edition
Sept.-Nov. 2022

Bits and Pieces

JOHNSON COUNTY EXTENSION HOMEMAKERS

In 2022 we are "Looking toward the future!"

Lunch & Learn is coming to an

Extension Office near you!

Please provide your; Name, phone #, and email address in your RSVP.

Email: **cook334@purdue.edu or Call (317) 736-3724.**

Lunch & Learn

October 6th, 2022

Location: Johnson County Extension Office
484 N Morton St., Franklin, IN 46131

Lessons:

"Quick & Easy Meals (five or less)" @ 11 a.m. - presented by Susan Peterson, Hamilton County

"Back to Nature" @ 1 p.m. - presented by Amanda Veenhuizen, Johnson County

Lunch 12 (noon) Sponsored by Johnson Co. Extension Homemakers
Please RSVP by September, 29th, 2022
Limited to the first 40 Guests

There is no charge to attend and the lunch is provided by the Johnson County Homemakers. Please call reservations to the Johnson County Extension office (317) 736-3724 or email Cathy Cook at cook334@purdue.edu. Or you may mail this to Johnson County Extension Office, 484 N Morton St., Franklin, IN 46131.

Amanda Veenhuizen, Extension Educator, HHS
aveenhuizen@purdue.edu
Purdue Extension Johnson County 317.736 .3724

Always Working together for the good of others...

September 2022,

It is hard for me to know what to say to begin my year as your County President So here it goes:

To My Johnson County Extension Homemakers – My Busy Beavers:

My year has now begun and I looking forward to working with each of you.

Well, we got through the Johnson County Fair; July 17 – 23, 2022. We had a good fair and thanks to everyone that exhibited; helped during check in and check out; worked with the Judges and set up the displays.

On our Homemaker day we had 69 entries in our Raspberry Baking contest and thanks to Chat-N-Do for helping with the baking contest; there was also a nice display of the Pillow for Hope Project we donated 44 pillows and 42 pillow case to Turning Point domestic Violence Canter. Oh yes a thanks you to Providence for taking care of the Open Class style show and of course a big thank you to all the hostesses in Scott Hall without you we would not be able to open Scott Hall daily.

One big change this year the Executive Board and President Council Meetings will be on the same day (the 2nd Thursday of August, October, December, February, April & June).

Coming up! Sept 21 – Achievement Program I can hardly wait to see what everyone has been up too. Oct 15 – Fall Craft Fair, Nov 1 – Holiday Happening, I am looking forward to know each of you and I am opened to any idea you may have.

See you soon,

Dee

Dee Kirkham,
President, Johnson County Extension Homemakers

Did you know that Beavers do not eat fish. They eat the bark, shoots and leave's of woody trees!

Calendar for September/October/November 2022

SEPTEMBER 2022
5 Office Closed Holiday– Labor Day
21 Achievement Program, Registration 6 pm & Program 6:30 pm -
Location- Extension Office Ed Rm
21 Indianapolis Fall District Retreat - **1 day only in Hendricks County**

OCTOBER 2022 Do a good DEEd for Fire Department (s)
6 HHS Lunch and Learn 11 am Extension
13 Executive Board Meeting 4:30 PM Extension Office Ed Rm
13 Johnson Co President's Council Meeting, 6:30 p.m. Extension Office
15 Johnson Co Fall Craft Fair, 9:00 a.m. to 3:00 p.m., Scott Hall

NOVEMBER 2022 Submit report for your Do a good DEEd
1 Holiday Happening, 6:30 p.m., Rocklane Church, Greenwood
15 Bits & Pieces' articles due to Extension Office for Winter/Dec-Feb
24-25 Office Closed Holiday
**No Executive Board Meeting

Volunteer Community Support Chair

Did you even know that there was such a position on the Johnson County Executive Board of the Johnson County Homemakers Association? Dee Kirkham has held this position in the past and asked me to serve in this position since she is our next county president. After I said yes, I didn't know where to begin. This is out of my comfort zone and trying to do a good job, is scary to say the least!

Soooo, I am responsible for organizing the annual club president's reports of volunteer hours. On page 42 of your program book, you will find a place to record those hours.

As in the past, we are again supporting the Cancer Research program through Purdue University and IEHA (Indiana Extension Homemakers Association). I have made bags for each club to collect their monthly donations.
In addition, I will be selling English Paper Piecing Christmas tree ornaments for $5.00 apiece.
I will have them for display at various events.

Please continue to support this program as in the past and give generously for Cancer Research!

Thanks,
Rita Tapp
Your new Volunteer Community Support Chair

Hi everyone!

Hope you all are doing well. We had another successful summer, thanks to you all! I truly cannot thank all of you for all that you do to make our fair run so smoothly. We could not do this without each and every one of you.
THANK YOU THANK YOU! :)

Fall is almost here! I do not know about you but fall is my absolute favorite season. The cool crisp mornings, sweaters, pumpkins, campfires, and more are just the best! I am looking forward to all of our fall events. We have several coming up: Achievement Night, Craft Fair, various gatherings and then Holiday Happenings in November! This year we are going to "throw it back" to 1981. We will have fun crafts and lots of cheer to share!

It is hard to believe that at the end of October, little Dawson will already be a year old. Where does time go?!?! I am including a recent picture of my little family. We are so blessed and fortune to have two beautiful little kiddos. Lanie is so adventurous and LOVES her horses (no idea where she gets that from, ha ha!) and then little Dawson loves all things nature and is so easy going
.
Looking forward to all of our upcoming Extension Homemaker events coming up!

Have a wonderful fall everyone!

Amanda

Bits & Pieces Newsletter:
Fall- September, October, November
Amanda Veenhuizen, HHS Educator

From the Kitchen of Margie May

Frito Corn Salad

Ingredients

2 cans yellow corn, drained
½ cup red pepper, diced
½ cup green pepper, diced
½ small red onion, diced
1 cup real mayonnaise
1 cup shredded cheddar cheese
Chili Cheese Frito's, ¾ bag

Instructions

Mix all together except Frito's.

Break up chips and add just before serving.

This is always a crowd favorite.

Dear Friends,

Are we ready to start this busy year, we have new goals, new leadership and new adventures that await us.

I want to say one final thank you to all the Johnson County Extension Homemakers for helping me create such good memories during the journey we have shared. As you county president I have enjoyed the opportunity to serve and to make so many close friends.

This year I have done new things and some of the same old things. I attended 4H camp for the first time to be a cook and Gary joined me for his first time also! Well, I attended and worked for 7 days during the Johnson County Fair and enjoyed this more than ever! I think I have been to 50-years of county fairs here in Johnson County.

I feel blessed to be able to be part of the best of the best!
I know Johnson County Extension Homemakers are the Best!

Cathy Cook

Indianapolis District Retreat

LADIES Day Out

Wednesday, September 21, 2022

Hendricks County Fairgrounds & Conference Center

Registration begins at 8:30am
Event start 9am

$40 per person, includes:

Silent Auction! Service Projec CRAFT classes Concert Catered Lunch!

Indianapolis District Retreat Schedule

* 5-crafts
* Lunch by Hoosier Roots, Pittsboro
* Entrainment by Hamilton & Hendricks Cos. Choruses
* 2 community service projects
* Silent auction
* Scatter Kindness Hearts

For reservation forms contact Amanda or Cathy at the Extension Office.

Nimble Thimbles
Cordially Invites You to:

The 2021-2022 -Achievement Program

Date: Thursday, September 21nd, 2022.
Doors open at 6pm & Program Starts Time: 6:30 PM
Location: Education Room at the Johnson County Extension Office

All Extension Homemakers and guests are cordially invited to the Johnson County Extension Homemakers Association Achievement Program.

Please do invite and bring a Friend who is not a Johnson County Extension Homemaker.

Nimble Thimble's Club is overseeing the refreshments:
1 PERSON from each club needs to bring
36 servings of appetizers or finger deserts
Beverages will be provided.

Please have your club's snack at the Extension Office by 6 PM.

See you at Achievement Night!

News from Trafalgar Homemakers:

Trafalgar Homemakers began our 2022-2023 year by meeting August 16th at the Samaria Christian Church at 6pm. I was so glad to see 9 of our 11 members attend this meeting, as well we welcomed 2 guests Christina Clear & Kayleigh Strakis to our meeting. We discussed the up coming year and all members took a month to be Hostess and decide on a theme for their meeting. This is a new add to our club meetings, I am excited to see how the theme meetings will go.

As we plan our up coming year we have decided we will continue our pumpkin roll fund raiser and we will be making plans for community service donations & our annual Christmas party. Our members have signed up to provide a lesson each month. I'm looking forward to a really fun and successful year as a Trafalgar Extension Homemaker!

Oh and at the end of the meeting we all welcomed Christina and Kayleigh as our newest members!!!

Cathy C. Trafalgar Club President

Johnson County doing good DEEd's

in October we will show gratitude to our Fire Departments in Johnson County.

October we will provide snacks and written cards of gratitude and we are adding new stuffed animals to the Fire-Departments. Please call your stations at the number listed below to find out how many people work at that station, how many stuffed animals to provide and set-up a time to deliver. This is an October activity, if you club wishes to do more than once that is wonderful, I ask that you submit a club report by Nov 15th for the Bits and Pieces to **cook334@purdue.edu**

Club Presidents have picked the departments and will give you more information at your club's meeting.

Department	Phone #
Amity Fire Dept	317-738-3452
Princes Lakes Police Dept	317-933-3517
Bargersville Police Dept	317-422-1222
Bargersville Fire Dept	317-422-5187
Edinburgh Police Dept	812-526-2636
Edinburgh Fire Dept	812-526-3536
Johnson County Sheriff's Dept	317-736-9155
Franklin Police Dept	317-736-3670
Franklin Fire Dept	317-736-3650
Needham Fire Dept	317-736-4343
Greenwood Fire Dept	317-882-2599
Greenwood Police Dept	317-882-9191
Nineveh Fire Dept	317-933-2567
New Whiteland Police Dept	317-535-5858
New Whiteland Fire Dept	317-535-4902
Trafalgar Police	317-878-2174
Trafalgar Fire Dept	317-878-4291
White River Fire Dept	317-888-8337
Whiteland Police	317-535-8100
Whiteland Fire Dept	317-535-8280

LOOKING BACK IN TIME

As I have been going through items, I have kept over the pass years I ran across
Johnson County Extension Homemakers
Christmas Crafts and Gift Ideas – 1981

On December 27, 1980 we had a Christmas Work Shop were all the clubs took a part in the work shop. In December 1981 we came out with the instruction on how to make the items; here is a list of the names of the items. (I have the instructions if anybody wants any.)

1. Braided Calico Wreath -
2. Flower Pot Pomander – Emanon
3. Christmas Wreath Ornament – Friendly 25
4. Granny Square Hanging Basket – Friendly 25
5. Hanging Christmas Ball – Workbasket
6. Crock Pot Lid Holder – Friendly 25
7. Christmas Candles
8. Around the Neck Thread & Scissors Holder – Providence
9. Sombrero Pot Holder
10. Door Ringer – Ruth Scott
11. Salt Flour Clay Dough – Homecrafters
12. Hanger Cover – Town & Country
13. Doorknob Christmas Items – Louise Taylor
14. Christmas Decorations – Homecrafters
15. Folded Star – Chat-N-Do
16. Swedish Love Knot – Clark Twp
17. Ornament or Tie Package Decorations – Home Builders
18. Cozy House Cat Door Stop/Draft Stopper
19. Cotton Ball Wreath – Clark Twp
20. Santa Clause Pin or Ornament
21. Sunbonnet Sue Note Holder – Spoon & Thimble
22. Pitch-in Carry-All
23. Felt Fruit Tree Ornaments – Clark Twp
24. Quilt Sewing Fashions:
    1. Tulip Bag – made from 1 place mats
    2. Vest – made from 1 place mat
    3. Purse – made from 1 place mat
25. Pincushion – Providence

<u>This was the first information I found on Christmas Decorations.</u>
<u>If you have anything older let me know.</u>

I. "Have a Happy Holiday – 1983 – Held at Public Service Indiana
(Recipes, article "How Organized Are You?" - "Step by Step Schedule to Ease" -
"The Holi daze" and "Easy Holiday Cleaning." - recipes)

II. "Holiday Happening" -1984 – Holiday Tradition
(Napkin folding, plus some ideas from other Counties)
Also have 1985 – 1986 & 1987 & 1988 with lots of ideas.

With LOVE from the HEART
Shirley Kirkham, Past Co President

Get Walkin!

Do you get enough physical activity in each day? According to the CDC, regular physical activity is one of the most important things people can do to improve their health. Moving more and sitting less have tremendous benefits for everyone, regardless of age, gender, or fitness level. It is recommended that adults 18-64 get 150 minutes a week of moderate intensity activity with two days a week of activities that strengthen your muscles. Adults 65+ should get 150 minutes a week of moderate intensity activity, two days a week of activities that strengthen your muscles and incorporate activities to improve your balance such as standing on one foot. These are all recommendations of course, do what works best for you and consult your physician with specific questions.

One of the most efficient ways to get your physical activity in each day is to go walking! It is free and a great way to get active and move your body. I love going for walks and especially when the scenery is beautiful…que fall time! Immersing yourself in nature and going for a walk is a great way to get your steps in, clear your head and relax. Do you enjoy being in nature? Then be sure to join my presentation "Back to Nature" at our next Lunch and Learn on October 6th! We will talk more about physical activity and the benefits of immersing ourselves in nature. There are countless benefits for us!

Hope you enjoy this beautiful fall weather and go for walks! Strive to get your 150 minutes of physical activity each week. You can do it!

Source: https://www.cdc.gov/physicalactivity/basics/adults/index.htm

OPEN CLASS

2022 Total Scott Hall Exhibits: 1,191 (2021: 1,088)

Baked Goods- 76 (2021: 75)
Fine Arts- 125 (2021: 127)
Floral Arrangements- 33 (2021: 16)
Food Preservation- 84 (2021: 102)
Handicraft- 215 (2021: 180)
Needlecraft- 129 (2021: 154)
Photography- 191 (2021: 143)
Quilting- 102 (2021: 147)
Sewing- 98 (2021: 93)
VIP- 15 (2021: 12)
Baking Contest- 57 (2021: 49)
Quilt Blocks- 43 (2021: 40)
Style Show- 23 (2021: 22)

2022 Total Exhibitors: 330 (2021: 243)

2023 Baking Contest will be Cherry!

We are like the Beaver, we are very social, hardworking and extremely Industrious.
Thus the phrase...Busy as a Beaver!

2022 Total Points for Open Class Scott Hall Exhibitors:

1st Place Kim Devore	825 points
2nd Place Donna Reel	355 points
3rd Place Margie May	310 points

Second Annual Johnson County Extension Homemakers Scholarship awarded in Memory of Cindy Rogers Congratulations to Florence Lee

Johnson County Extension Homemakers are honored to be able to present the second annual Johnson County Memorial Scholarship to a very deserving Johnson County graduating senior– Florence Lee We congratulate Florence and wish her the best in her future. Florence received the scholarship at the Saturday Awards Program at the Johnson Co Fair.

Also a reminder, that we want to continue to have Memorial Scholarships to be available to the graduating youth in Johnson County, and we need donation to fund this worthy cause. We do thank all that have donated this year.
Especially the Family and Friends of Cindy Rogers.

19th ANNUAL PILLOW OF HOPE PROJECT

People's Choice Winner:- **Becky Copeland**
"Dr. Suess Pillow Case"

The "Pillow of Hope" project benefits Turning Point Domestic Violence Services, a not-for-profit organization providing shelter and other services to battered women, men, and children. Following the fair, all pillow cases and pillows in the "Pillow of Hope" project are delivered to Turning Point.

Sponsored by : Trafalgar Extension Homemakers

Health & Safety by Donna McElwain

I have been asked by Dee Kirkham, President of Johnson County Extension Homemakers to write an article about Health and Safety for the Bits and Pieces Newsletter.

Thinking about the upcoming fall season and back to school it is time to get prepared for Back-to-School Safety. Traffic will increase as schools reopen. Summer vacations are over, school buses are running their routes and people may be walking to schools. As fall harvesting season approaches, we will also be sharing the roads with farm equipment.

To keep everyone safe remember the following safety tips:

1) Observe School Speed Zones
Although you should always drive the posted speed limits, it is very important during the school year. Slowing down and watching for children crossing the road going to and from school is critical to keeping children safe.

2) Watch for Children Crossing the Road
Children can become distracted. This can create a dangerous situation on the roadways for drivers. Be attentive and alert when driving. You may need to react quickly to prevent an accident if a small child steps off a sidewalk or from between parked cars.

3) Always Stop for a Crossing Guard
Take extra time to look for children in school zones, near playground, parks and subdivisions.

4) School Buses
Most accidents take the place outside of the bus. When driving near a school bus, please note extra caution is needed. Do not pass the school bus when signal lights are flashing. Allow greater following distance when driving behind a school bus.

5) Farm Equipment
Most farm equipment speed's do not exceed 30-40mph. Remember to slow down, give yourself space between your vehicle and the equipment ahead of you. It is OK to pass the farm equipment, but be sure there are no vehicles approaching from the opposite direction.

6) Be Courteous
Remember to smile and wave to the farmer who is working hard to provide food for all of us.

Take time to enjoy the Fall Season, as the days will become shorter, the air will become cool and crisp and the changing color of the leaves will be beautiful.

Donna McElwain

Red Raspberry Baking Contest Results
Was held at the Johnson County Fair - July 21st

And the sponsor was Johnson County Extension Homemakers Association
We had 69 entries this year

COOKIES

Champion – Tammy Cooper
Reserve Champion– Debbie Hamilton

Honor -
Debbie Hamilton
Tammy Cooper
Kimberly King
Sylvia Davis
Vicky Jones
Paulina McIntire

PIES

Champion – Katherine Lucia
Reserve Champion— Tammy Cooper

Honor -
Lora Lee Curren
Tammy Cooper
Kathrine Lucia
Pat Walls
Brenda Simpson
Kristi Combs

MISCELLANEOUS

Champion – Jessica Sparks
Reserve Champion – Libby Findley

Honor -
Vicky Williams
Anita Eldridge
Jessica Sparks
Amy London
Libby Findley
Kimmy Combs

BREADS

Champion – Debbie Hamilton
Reserve Champion – Tammy Cooper

Honor -
Lora Lee Curren
Elise Slevin
Debbie Hamilton
Tammy Cooper
Kimberly King
Vicky Jones

Overall Grand Champion –Debbie Hamilton –Breads

With her Raspberry Cream Cheese Crescent Ring

All 69 entries placed Blue or Red Placings with Grand Champion, Champion, Reserve Champion, and Honor winners receiving a total of $500 prize money from Johnson County Extension Homemakers Association. On behalf of the Johnson County Fair Board, we thank each of you for your continued support in helping us make the Johnson County Fair one of the finest fairs in Central Indiana.

Baking Contest Flavor is Cherry for 2023

At the 2023 Johnson County Fair, Cherry will be the flavor for the Baking Contest. Help spread the word about the new flavor for next year! & the categories are Pies, Cookies, Breads, & Miscellaneous

Keep the food safety rules in mind when selecting your recipe. Food safety guidelines state for baked product competitions: Filling, frosting, glazing, pie filling, and meringue, whether uncooked or cooked, are not permitted to contain cream cheese, whipped cream, unpasteurized milk or eggs/egg whites (pasteurized eggs or eggs cooked to 160º F may be used). Home-canned fruits, vegetables, or meats are not permitted in products. Recipes must be provided that show which ingredients were used in each part of the product. Contestants should carefully wash their hands and make sure that their hands do not have any open cuts before preparing food. Whenever possible, baked products should be transported and stored in chilled coolers (41°F).

"Christmas Craft's and Gift Ideas 1981"

Presented by

Purdue Extension Johnson County &
Johnson County Extension Homemakers

Tuesday, November 1st, 2022

Location: Rock Lane Christian Church
4430 E. Rocklane Rd, Greenwood, IN 46143

Tickets $15 RSVP By October 12th
Reservations will be limited to 120
Door open at 6 pm and program at 6:30 pm

Come share in the fun as we have a retro themed party
"Christmas crafts and gifts ideas from 1981"

November 1st, 2022 doors will open at 6 pm and the program will begin at 6:30 pm. We will be at Rocklane Christian Church in Greenwood. **Wear your best retro Christmas attire from 1981!** Our HHS Educator and Homemakers have come up with some entertaining and educational lessons, yummy . Plus, you never know what other surprises they have up their sleeves!

Holiday Happening 2022 Registration-

_____Homemaker Club members

Contact Name:_____(list ALL names below)_____

Address: _____

Telephone: _____ Email:_____

$15 per person. No refunds. Number in your group: _____ X $15 = $_____

If paying for a group, include a list with each name, and note if they are a guest or club member

_____ _____

_____ _____

_____ _____

Make checks payable to: **Johnson County Extension Homemakers**

MAIL TO: **Kathy Vest, 7931 George Washington Blvd., Nineveh, IN 46164**

Your registration is confirmed with payment. Space is limited and payment needs to be received by October 12th. Thank you for your quick remittance and remember to invite a friend!

News from Nimble Thimble Quilt Club:

Nimble Thimbles Announces the Fall Raffle Quilt

Tickets are available from Nimble Thimble Club Members. The Fall Raffle tickets are $1.00 each or 6 tickets for $5.00. The Drawing will be October 15th at 3 pm at the Johnson County Extension Homemakers Fall Craft Fair, at the Johnson County Fair Grounds.

News From the IEHA State President:

Can we SCATTER KINDNESS

State President Michelle Robert's
theme this year is
Scatter Kindness the IEHA Way 2022-2023

These are done with pocket hearts. I would like each club to make these hearts. Then scatter them around. So when people pick them up and drop the hearts in their pocket. So every time they put their hands in the pocket. They know there not alone and someone is thinking of them.

When you come to the President meeting as you sign in. There will be a place to put how money hearts the club made and where they distributed them.

But wait... there's more! Remember I said it would bring awareness to IEHA? That's where the #IEHA Way comes into play. Attaches to these Pocket Hearts will be a tag. On the Front it will explain what a Pocket Heart is and on the backside it will tell them who it is from – US!!! It will ask them to post a picture of their Pocket Heart and where they got it and to tag #IEHA on the post.

PURDUE
UNIVERSITY

JOHNSON COUNTY EXTENSION HOMEMAKERS

Cooperative Extension Service
Purdue University
U. S. Department of Agriculture
Johnson County Extension Office
484 N. Morton Street
Franklin, IN 46131

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