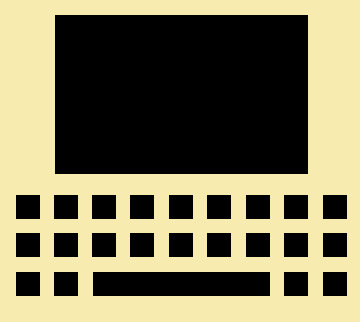




MENTAL HEALTH FIRST AID IS NOW AVAILABLE VIRTUALLY!

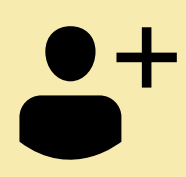


WHY MENTAL HEALTH FIRST AID?

- Mental health affects everyone.
- Like CPR, it's good to know what to do when someone is in crisis.
- You can raise awareness and reduce stigma.



DETAILS



Two Course Types Available:

- Adult
- Youth (teaches adults to help youth)



Each Course Includes:

- Self-paced online learning
- Instructor-led training over Zoom



\$20 per person*
Advance Sign-up **REQUIRED**



Some CEUs available

LEARN MORE AND SIGN UP

www.extension.purdue.edu/mhfa

QUESTIONS?

Contact
Purdue Extension: mhfa@purdue.edu

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