



Extension

*Purdue University
Cooperative Extension Service
of Jennings County*

2018-2019

***Purdue Extension-Jennings County
P.O. Box 365, 200 E. Brown St
Vernon, IN 47282***

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 Purdue Extension-Jennings County

Open Monday-Friday

8 AM - 4PM

Closed County Holidays



Extension

Purdue University Cooperative Extension Service is an equal access/equal opportunity institution.

4-H Youth Development

The Jennings County 4-H Youth Development Program is coordinated by Extension Educator Melessa Wiesehan.

Highlights from the 2018-2019 Jennings County 4-H programs are:

Jennings County 4-H:

- ◆ 290 youth in grades K-12 participated in the 2018-2019 4-H Program.
- ◆ 27 youth attended the Southeastern Indiana 4-H Camp.
- ◆ 40 youth attended the "Show Me the Way" livestock workshop that demonstrated proper care and showmanship of animals.
- ◆ 4-H members attended the following State 4-H workshops: 4-H Chorus (1), 4-H Round-Up (4), and the 4-H Junior Leader's Conference (2).

4-H Junior Leaders:

- ◆ 7 teens and 1 adult volunteer attended the Teens as Teacher conference.
- ◆ 18 teens attended the 2019 Junior Leader Completion Trip to Cincinnati, OH.

4-H Volunteer Recruitment and Training:

- ◆ 80+ volunteers supported 2018-2019 4-H programming.
- ◆ In addition to the required minor safety training, a multi-county volunteer leadership training was offered to all Jennings County volunteers.

Mini 4-H Day Camp:

- ◆ 26 4-H youth grades K-2 participated in this 4 hour day camp led by Junior Leaders.
- ◆ Camp introduced Mini 4-Hers to the fairgrounds, 4-H programs and activities and helped them complete their 2019 projects for the county fair.

SPARK Clubs:

- ◆ A 4-H Spark Club is a short-term 4-H experience designed to spark interest in a new topic. The spark clubs are open to any youth in grades 3-12.
- ◆ 19 youth participated in a 6 hour Maker Space program featuring 3-D printers, pens, and robots in January 2019.
- ◆ 9 youth participated in a 1 hour, 6 session Yoga program in March & April 2019.

School Enrichment Programs:

- ◆ 100 youth participated in 4 hours of after-school computer coding clubs at each Jennings County public elementary school.
- ◆ 338 youth attended Ag Day and learned about agricultural topics that affect their lives.
- ◆ 20 teens learned life skills during three Adulting 101 programs held at JCHS.



Agriculture & Natural Resources

Kamille Borcharding (Brawner) served as the Agriculture and Natural Resources Extension Educator for Jennings County. A wide variety of educational opportunities are offered through the ANR program, in which all citizens are welcome to attend.

Highlights from the 2018-2019 Jennings County ANR programs are:

AI Program: 17 producers learned how to properly artificially inseminate their cattle during this two day program.

Southeastern Llama and Alpaca Conference

- ◆ Day long program on April 13th. It consisted of two tracts for beginners and advanced to learn basic health and nutrition for llamas and alpacas
- ◆ 30 Adults and 14 youth participated

Promoting Ag Through Social Media: Program offered twice throughout the year.

Nature of Teaching: 3 lesson program taught to second grade classes at Sand Creek Elementary and two kindergarten classes at Scipio Elementary. (73 students)

Apple Crunch: 120 students participated in this Farm To School Event showcasing eating locally grown apples.

Selmier Forest Field Day: 367 fifth grade students from all elementary schools participated in this field day where they learned about various topics.

Great Outdoor Day: 350 third grade students participated in learning about the Water Cycle as well as other informative topics.

Pond Management Workshop: 9 adults learned the basics of pond management, wildlife management, and fish management.

Fit Farmers: 11 adult women participated in ways to stay fit while working on the farm and how to properly accomplish farm chores.

Premier Ag Spray Clinic: Instructed 36 individuals on the proper Personal Protective Equipment to wear while using chemicals.

PARP Program: Instructed 32 individuals on Personal Protective Equipment so they can receive points for their license.

Dress for Success: Spoke with 13 High School Students on proper attire to wear during interviews.



Health & Human Sciences

Atina Rozhon is Jennings County's Health and Human Sciences Extension Educator with an emphasis on Foods and Nutrition. Atina is also the County Extension Director and serves as Purdue Extension's representative on the North Central Region Food Safety team.

Highlights from the 2018-2019 Jennings County HHS programs are:

ServSafe: Instructed 37 participants on safe food handling.

Home Food Preservation Programs:

- ◆ Veterans Farmer's Presentation for 13 participants
- ◆ 5 day Mastering Home Food Preservation program presented at Purdue University with 10 participants
- ◆ Basic Home Food Preservation presentation was provided for 3 local participants.

Reading Made Fun:

- ◆ Offered at all kindergarten classes in Jennings County
- ◆ 2,100 books were distributed to the children.

Reading Made Fun – Summer Edition:

- ◆ 66 books were provided to youth at CSL during FLASH.
- ◆ Lessons on popcorn and ice cream production were presented to the youth attending FLASH.

Dining with Diabetes: 9 participants attended this four week class focusing on best nutritional choices and physical activities for someone with diabetes.

Captain Cash: Financial education for youth that was presented to second graders at Hayden Elementary.

Farm to School: 6 week gardening and nutrition program with second graders at Sand Creek Elementary.

IN Works: Presented to JAG High School students at JCHS.

National Apple Crunch Day: Provided nutritional information about apples at three elementary school presentations.

Farmer's In the Making: Interactive display at the Jennings County Fair that had 200 youth participants and 230 adult participants.

Inaugural Grilled Cheese Cook Off: Grilled cheese competition held during the Jennings County Fair that had 15 participants.

Presentations:

- ◆ National Nutrition Month
- ◆ Children's Financial Literacy Education
- ◆ Quick Meals



Nutrition Education Programs

The Community Wellness Coordinator for Jennings County is Jeff Walker. The Community Wellness Coordinator position is part of the Nutrition Education Program and fully funded by SNAP-Ed.

Highlights from the 2018-2019 Jennings County programs are:

Joining Jennings for Healthy Living: This community group formed in August of 2018 to encourage active living and healthy eating through projects in Jennings County.

CHANGE Tool Assessment

- ◆ Sixteen individuals from community, educational, business, and healthcare groups were interviewed about health in the community.
- ◆ A final assessment summary was completed highlighting points of strength and opportunities for improvement in Jennings County.

FoodLink: Provided recipes and information about local, in-season produce.

Nutrition Classes at JCHS: Taught freshman health classes about nutrition and led students activity about making JCHS a healthier place.

National Apple Crunch Day: Spoke at Martinrea International's Fall Cookout about local produce and to thank them for donating apples to 120 elementary students.

Walking Break Brochure for County Employees: Created a brochure of various short walking routes around Vernon for County employees who enjoy walking on breaks.

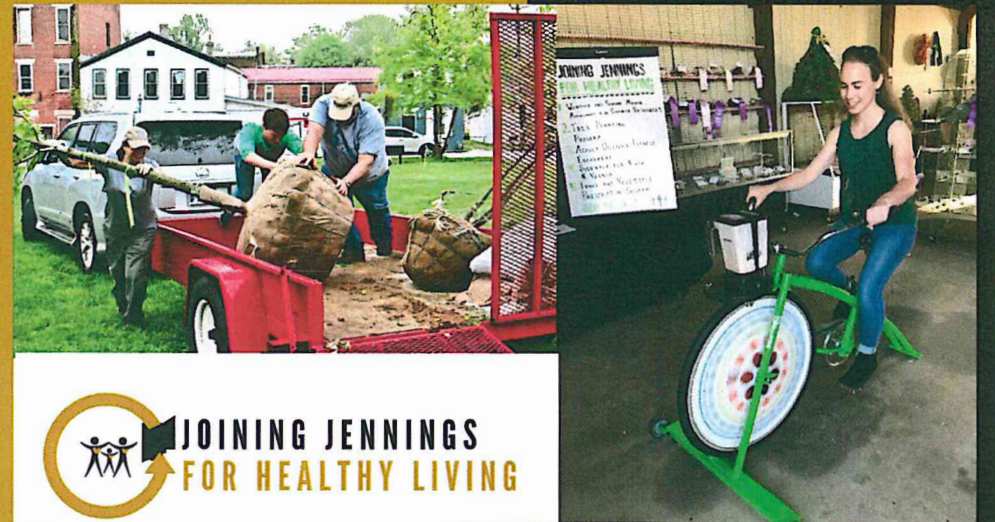
Action Plan Developed: With direction from JJHL members, a list of 5 community projects were selected for the next two years:

- ◆ Creating web resources about local physical activity and nutrition opportunities
- ◆ Partnering with local government to plant trees on unshaded public land used for recreation
- ◆ Installing adult fitness equipment at Muscatatuck County Park
- ◆ Restarting local conversation about installing sidewalks on the north side of North Vernon
- ◆ Building a Fruit and Vegetable Prescription Program among local partners

Healthy Labels Project at Good Samaritan Food Pantry: Provided nutrition technical assistance to install labels for foods that are diabetes-friendly or heart healthy.

Vernon Tree Planting: Planted one large tree and placed three others for local Boy Scouts to finish planting in the new greenspace behind the Vernon Town Hall.

Blender Bike Display: JJHL members engaged with the community during the Jennings County Fair by partnering with the 4-H Junior Leaders Foodstand to sell smoothies for people to make with a pedal-powered blender.



***For More Information on each Extension Program area
please contact the following:***

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Purdue Extension-Jennings County Board Members

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Dave Vogel**

**We at Purdue Extension-Jennings County
would like to thank all of our volunteers,
sponsors and donors, youth, board
members, and the Jennings County
community for helping to make our
2018-2019 programs a success.**

THANK YOU!