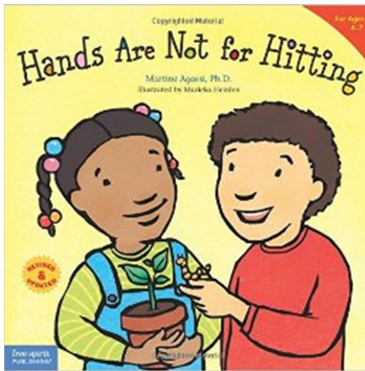


HERO'S Story Time: Helping Every Child Reach Optimum Success

HERO'S Story Time shares stories that have a focus on one of the 40 Developmental Assets. The Developmental Assets® are 40 research-based, positive experiences and qualities that influence young people's development, helping them become caring, responsible, and productive adults. We call these assets "Superpowers."

SUPERPOWER



PEACEFUL CONFLICT RESOLUTION: How to resolve conflict without using physical aggression or hurtful language.

How do you discipline your child? Using verbal and physical aggression reinforces the use of power to resolve a conflict in children. It is very important to model self-control and demonstrate healthy communication skills when angry with children and others. This will help them to overcome the impulse to lash out. Model the behavior you expect.

The goal for this book and page is for your child to work on peaceful strategies to resolve conflict, as he or she works on skills towards mastering the Peaceful Conflict Resolution asset. Simply follow the steps to support your child's growth.

1 Read the book (check your local library for availability) or watch the video at: https://youtu.be/MYWXRT_6ygM.

2 Talk with your child throughout the story to promote understanding and learning. Here are some questions you could ask and discuss based on your child's abilities. Let your child ask questions during the reading, too.

- Why is hitting not friendly?
- How do you feel when someone hits you?
- How can you work out a problem with a friend?
- Who can be helpful if you have a conflict or problem?

3 How you can teach peaceful conflict resolution.

- **Use the Solution Kit:** Practice using the Solution Kit from the National Center for Pyramid Model Innovations to support children in conflict resolution. The Solution Kit offers suggestions for how children can work through problems and conflicts. The book, "We Can Be Problem Solvers at Home" is a great place to start. When beginning to use the Solution Kit, work with just one or two options for your child to use.
- **Use Words to Guide:** Take a stand against using name-calling and physical aggression, while avoid telling no, don't and stop. Children learn better when we tell them what to do, instead of what not to do. Replacing negative language like, "no, don't, and stop" with positive language that directly outlines what the appropriate behavior is, will support children's learning. This tip sheet could be helpful.
- **Support Communication:** Explore sign language. Practice using our hands to talk.
- **Continue the Teaching:** Check out this book nook from the Center for Social Emotional Foundations of Early Learning. It has more great activity ideas for this book!

Supplemental Resources

[Responding to Your Child's Bite](#)

[Young Children Can Learn Conflict Resolution](#)

[Search Institute](#)

Supplemental Readings

"Copy Cat" by Ali Pye

"Talk and Work It Out" by Cheri J. Meiners, M. Ed.

HERO'S STORY TIME is a collaboration of