



HENDRICKS COUNTY HOMEMAKER HAPPENINGS

Mission Statement: To strengthen families through continuing education, leadership development and volunteer community support.

Calendar of Events

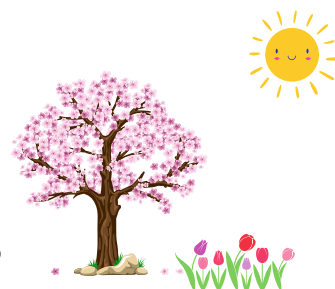
April

- 7 Helping Hands Day 9:00 am - 12:00 pm
- 12 Council Meeting 9:30 am - **Looking at Ourselves score sheets due**
- 12 "Yeast Breads & Herb Spreads" - Hendricks Co 4-H Complex 6:00 pm
- 15 Good Friday - Extension Office Closed
- 17 Easter
- 23 Tox-Away Day @ Brownsburg East Middle School 8:00 am - 1:00 pm



May

- 3 Council Meeting 9:30 am
- 3 Primary Election Day - Extension Office Closed
- 5 Achievement Day
- 9 Mother's Day
- 21 Tox-Away Day @ HC Fairgrounds ** Enter Gate 5
- 31 Memorial Day - Extension Office Closed



Note: Time to pay dues for 2022 - 2023

Newsletter Deadlines



Submission deadlines for the newsletters are

- June / July Issue - May 15
- August / September Issue - July 15
- October / November Issue - September 15
- December / January Issue - November 15
- February / March Issue - January 15
- April / May Issue - March 15

When emailing submissions please send to **both**
Sue Hatfield, Newsletter Editor
thatfieldfam@gmail.com
and Lisa Pitts pitts15@purdue.edu.
 Hand written copy may be given to either individual.

Sue Hatfield, Newsletter Chair
 thatfieldfam@gmail.com

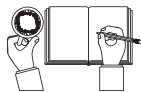
IEHA Families Home Page - www.ieha-families.org

Purdue Extension Hendricks County -

www.extension.purdue.edu/county/hendricks



<https://www.facebook.com/Hendricks-County-Extension-Homemakers-600129567100835>



HELP!

How may I help you in your adventures? I'm in touch with Rosie and Deloris – they always have something going on in their world!

I appreciate the responses from my assignment last month. I asked for people to submit "Where did we get words/phrases that we say today?" See the results on page 7 of this newsletter. Well, Now I need help doing something different: "What Nutrition questions are out there that people have been afraid to ask, but want to know?" I taught a class once at a local high school and the teacher wanted me to sit with the students in a circle (on chairs) and simply answer their questions. It was amazing! I loved it because I got to teach them what THEY wanted to know!

I'm working with Lisa and Ashley in the office, and they came up with "Food Facts Friday!" – this is the same philosophy. Write in questions and I'll get you the real, research-based answer. The problem I've discovered with nutrition is "Everyone is an expert, because we all eat!" Believe me, I've heard almost EVERYTHING! I don't do this for humor, I do it to provide RESEARCH, BASED education. So, start asking people questions and please, please send them to Lisa, Ashley, or me in the office hendrces@purdue.edu. I think it is an excellent opportunity to help teach people what THEY want to know! I encourage you to ask this at your club meetings – maybe pass a ? paper around so they can write down their questions. THANKS

Best,

Beth

Rosie's Reflections



We are growing!!

First – our NEW EHM Club – **Steadfast** – will begin in April with 12 members! WELCOME!

Second - Many of you have heard rumbling of another new EHM club in Hendricks Co., here's the status....

Future BOOK CLUB

- Not formed yet
- "Talk it over Gathering" April 12 1:30 p.m. (yes same day as April Council Meeting) - **Please let me know if you plan to attend this meeting.** Rooms are in high demand at the facility, I do not wish to tie up a room if we don't need to.
- Gathering open to all
- If EHM Club developed as a Speciality Club/Clubs
 - EHM layout - officers, dues, etc.
- If not EHM Club - community educational club ??
- Identify checkpoints of Book Club
 - Name - at least temporarily, until groups form
 - Date of meeting/meetings - day/night
 - Type literature/genres - maybe many
- Basic EHM layout

Read on!!!! When not reading, please come to our Treblemakers concert "Just Us Folks" April 30 at 3:00 pm at the Senior Center. See more details in this newsletter.

Rosie

Fresh Strawberry Tarts

1-quart strawberries, washed and hulled
 1 cup sugar
 1 package Strawberry Gelatin dessert
 1 cup hot water
 1 cup cream, whipped
 9 – 3 ½ - inch tart shells

Combine strawberries and sugar and let stand for 10 minutes. Dissolve gelatin in hot water. Pour over strawberries. Chill until gelatin begins to thicken. Fold 4 tablespoons thickened gelatin in to whipped cream. Chill. Place layer of whipped cream in bottom of each tart shell. Chill about 10 minutes. Cover with a layer of jellied strawberries, pressing hulled end of each strawberry lightly into cream. Add thickened gelatin to fill tart. Chill a few minutes longer and serve.

Helping Hands Day

So much fun was had by everyone who attended Make A Difference Day in February, and there exists such a need in our community, that it has been decided to meet monthly to continue working on projects that benefit our community. These days are being branded "Helping Hands Day". **See more about it under the Community Support Update.** You don't have to stay the entire time. Come for as long as you like.



Mark your calendars for April 7th
Bring a friend - because we have fun
and
because "many hands make light work".

Questions?
Contact Charlotte Lloyd
812-236-6083
llmc09@gmail.com

Holiday Fest Financial and Publicity Report

Our profit from Holiday Fest 2021 was \$6,438.48. The breakdown from each area is as follows:

| | |
|---------------------------------|------------|
| Booth Rental | \$1,775.00 |
| Hendricks Power Donation | \$1,000.00 |
| Homemakers Booth | \$292.10 |
| Cookie Walk | \$2,099.67 |
| Cafe | \$1,331.71 |
| Expenses (Mrs Claus and banner) | \$60.00 |

Chat 'N Do Homemakers would like to thank all of you for the amazing job you did in publicizing the event. We would never have had the crowd we had if you had not distributed flyers throughout Hendricks County and the surrounding counties. Thanks to Lisa for copying the flyers and especially for putting some of them on red paper, which really attracted people to reading them. Thanks to Ashley for seeing that social media was used to advertise.

Considering the COVID environment at the time of the event, we had a very successful day.

Fun Art Party

Hendricks County
4-H Fairgrounds

FUN ART PARTY

- Step by Step Instructions with Flory Phillips from Gallery on the Square
- Templates to trace on 16x20 Canvas
- Feel free to bring whatever you want to drink

| | | |
|---|---|---|
| Big Wheels | Pig Squeals | Family Meals |
|  |  |  |
| April 14 | May 19 | June 16 |

Thursdays at 6:30 pm
Conference Rooms 1 & 2

ONLY \$25 EACH or all 3 for \$65
Reservations Needed!

To learn more & Register go to www.4hcomplex.org

Hendricks County 4-H Fair, July 17-23, 2022

We have a fun event to share with you all ...
The Hendricks County 4-H Fairgrounds, is hosting a
FUN ART PARTY
for ALL AGES!

Each painting party will feature a different portion of the Fair Theme of
"Big Wheels, Pig Squeals and Family Meals".

Three different canvas 10 x 20 paintings will be used - using templates
with step by step instructions with Flory Phillips. Each month will feature a
different template.

WHEN: Thursday, April 14 6:30 pm (Big Wheels)
Thursday, May 19 6:30 pm (Pig Squeals)
Thursday June 16 6:30 pm (Family Meals)

WHERE: Conference Rooms 1 & 2 at the 4-H Fairgrounds

COST: \$25.00 each OR All 3 sessions for \$65

RESERVATIONS REQUIRED: Tickets URL:
<https://www.4hcomplex.org/p/2022fair/fun-art-party>

Community Support Update

We have had a very successful year, and have worked very hard to help others. Here are some of the things we have accomplished since February 2021 -

- 141 hygiene kits for Headstart and those in need
- 15 baby blankets to Family Promise and Hendricks Hospital
- 1 afghan to a nursing home resident that doesn't receive Christmas presents
- 84 fleece blankets for Riley Hospital
- 46 bags for Riley Hospital
- 32 hats and 11 scarves for the homeless
- 4 blankets for the homeless

Thank you so much for all of you that have made this possible.

We are meeting again for **Helping Hands Day April 7 from 9-12**. We will send out an email to let you know what we are doing that day. Melissa Phillips will be leading it because I will be in Oklahoma helping my family. Because Achievement Day is the first Thursday of May we will not meet in May. We may need to take a break from Helping Hands Day until September, if that is ok with everyone. I think it would be wise with the fair in July. The Fairgrounds has graciously let us use space in the conference center and this may help them during a very busy time. That doesn't mean you need to stop working on projects.

We need 70 travel size baby shampoos, 70 child toothpastes and toothbrushes, 70 sm. combs, and 70 sm. kleenexes to fill the hygiene kits in the fall for Headstart. We also need 2 yard lengths and regular standard widths of fleece to make blankets for Riley, plus 100% cotton kid print fabric to make more bags. Be sure to wash them in Free and Clear Detergent and no fabric softener. Doesn't it feel good to do something to help this world we live in become a better place. You never know who you have touched by reaching out to help. Thank you for all you do!!

Charlotte Lloyd 812-236-6083
llmc09@gmail.com

Achievement Day



GET READY for Achievement Day, Thursday May 5, 2022

Please come celebrate the Achievements of the Hendricks County Extension Homemakers during this past year. Help us celebrate our mission of continuing education, leadership development and volunteer/community support.

We have a delightful speaker TRAVELING TANYA (aka: Tanya Shelbourne, Brownsburg). She is on a mission to inspire busy people to make travel a priority. She is busy raising two teenagers in Brownsburg and works full-time, so she knows it can be difficult to find time and money to travel. Tanya loves sharing tips for how to fit travel into a busy life and how to make it affordable. Tanya loves exploring right here in Hendricks County and also writes articles for Visit Hendricks County. She loves getting away for the weekend with friends, spending the week at the beach or in a cabin with her family, and jetting overseas to explore throughout Europe.

As we have been waiting to finally start traveling again, Traveling Tanya is excited to share some of her travel adventures with us as she helps everyone determine their own unique travel style. She will provide us with tips, resources, and suggestions for local destinations and day trips as well as longer excursions throughout the United States and across the pond!

She will even be giving away a couple of her Travel Bucket List Workbooks to help a few lucky winners not only dream about travel, but to work towards making those dreams a reality.

Don't miss the opportunity to hear Traveling Tanya as she inspires wanderlust in all of us, and be sure to check out her blog at travelingtanya.com.

Additional information about registration and event start time will be sent to Club Presidents.



Ellen Looney
Achievement Day Chair

CLUB NEWS



HAZLEWOOD HOMEMAKERS

In February, our club had to postpone our meeting due to the big snow storm. We didn't want to take the chance of any of our ladies being stranded on the roads. Thankfully, we were able to meet the next week when the weather cooperated a tad more. A week later, a number of our ladies participated in the Make a Difference Day, and had fun making blankets for Riley Children's Hospital. For March, our group decided to forego our regular club meeting to have lunch at the new Fairway Restaurant in Greencastle. Oh, we did a little business, but thought it was important to do our civic duty and give our stamp of approval on the restaurant's new location and new menu.

We've already been busy planning the centerpieces for the Achievement Day in May, and are looking forward to the fair in July. We just LOVE the theme, "Big Wheels, Pig Squeals, and Family Meals". It's going to be a lot of fun!!!!

We are also SO, SO glad that it's March. It's a fun time of the year as we start to get "peaks" of Spring as the Snow Crocus and Daffodil poke through the soil and the buds on the tree begin to open. Spring is a time of renewal: a time of joy and hope. Robins are spotted by early in March and unofficially marks the beginning of Spring for many people. Spring also brings flocks of red-winged blackbirds as well as Meadowlarks, Killdeer, and Bluebirds (my personal favorite). I just love going outside these days and listening to all the birds chirping and singing. It's so uplifting!!! The Spring season just reminds me constantly to praise the Lord for his grace and mercy. "Through the LORD's mercies we are not consumed, because His compassions fail not. They are new every morning; Great is Your faithfulness" (Lam 3:22-23).

Submitted by Melissa Phillips



FAIRFIELD HOMEMAKERS

During the past 2-3 years, Fairfield Homemakers has been functioning minimally. We met a few times in the summer at Plainfield's Hummel Park with a pitch-in lunch and a short lesson. For the Holiday Fest and Cookie Walk, members made many dozens of cookies. We had lunch with spouses or friends at MCL a couple of times. We have participated in Achievement Day activities and plan to do it again this coming May. Now we are venturing out a little more with "Ruby to the rescue." She is resuming a past tradition and invited us to her home on Thursday, March 17. Ruby with an Irish surname has had the club meeting on or near St. Patrick's Day for many years in the past.

Submitted by Helene Reyburn



The Treblemakers of Hendricks County
present:

Just Us Folks

A Celebration of Folk Music



Saturday, April 30, 2022, 3:00 pm Silent Auction
Hendricks County Senior Center
1201 Sycamore Lane, Danville, IN Refreshments

\$5 donations appreciated (adults only)
For Details call Kitty (317) 508-1439



Public Service Announcement

When using the Hendricks County 4-H Complex, please leave the room as you found it, or better. Sweep the floor, mop the floor if needed, take out your trash, and if you moved tables and chairs, be sure to put them back as you found them. If this is not done, the facility may begin charging for the use of rooms.

Homemaker Weekly Recipes in the Danville Republican Newspaper

Ladies-

Keep those fabulous recipes coming! It's so exciting to see our recipes in The Republican every week!

Thanks to the Happy Homemakers, Young Moderns and Fairfield Homemakers for providing the recent round of recipes.

Below is a list of the recipe titles submitted to the Newspaper, and the individuals name who submitted it.

March 2022 - Happy Homemakers

Grandma Cleo's Pie Crust - Debra Rinker
Zucchini Relish - Patty Ramsey
Pulled Pork Rub (easy) - Debra Rinker
Hard Rock Candy - Debra Rinker

April 2022 - Young Moderns

Ham Sandwiches - Martha Sellers
Hot Chocolate Mix - Martha Sellers
Lemon Whippersnaps - Martha Sellers
Marzetta - Martha Sellers
MaMa's Hot Mustard - Kim Weber
Mom's Potato Soup - Melissa Mikesell
Stuffed Pepper Soup - Marjorie Hitchcock
Shredded Cabbage Soup - Missy Call
Snickerdoodles - Missy Call

May 2022 - Fairfield Homemakers

Apple Coconut Squares - Helene Reyburn
Crazy Caramel Popcorn - Helene Reyburn
Ham Loaf - Gan Baker
Mama English's Christmas Cookies - Donna Thurman
Peanut Brittle - Janice Dunham
Pizza Potatoes - Wayne Thurman
Rhubarb Crunch - Janice Dunham
Snickerdoodle Cookies - Ruby McCormack
Gluten Free Peanut Butter Cookies - Ruby McCormack
Apple Garden Salad - Janet Dubbs
Fried Corn - Janet Dubbs



UPDATED LIST

The deadline for the June, July & August recipes is May 15, 2022. The following clubs are assigned the upcoming months:

- June - Hazlewood Homemakers
- July - County Chorus
- August - Mailbox Members

Questions??

Contact Ellen Looney
ellen_looney@yahoo.com
317-797-8368

The term domestic
housewife implies that there
are feral housewives and
now I have a new goal

Fifty Years of Cooperate Extension Service in Indiana, continued

In the report for the year ending 1918 Mary L. Matthews, Head, and Lella R. Gaddis, State leader, their facts picture efforts of the Indiana Homemakers to make the best use of foods.

Whirlwind campaigns were put on. Bread demonstrations, quick and yeast were promoted. A campaign for the greater use of the potatoes, showing how potatoes could take the place of flour. Other projects encouraged home-canned products, eat more fish, cottage cheese project, preparing salads and greens.

In communities where there was a scarcity of vegetable gardens, a seed exchange was developed so they could grow their own food. Remember in 1918 World War One was going on; the food demands of the allies and of our army, and the scarcity of labor on the farm, have intensified the work of the Home Demonstration Agent. That was the understatement of the year. The work was intensified every day to the point of exhaustion.

After the close of World War One the Home Economists Division was about to take off their shoes and girdles for a brief moment, then along came the most serious flu epidemic of the 20th century.

To be continued

Fun Phrases & Their Meanings

For Pete's Sake!

Fun Fact: When in Romania on a mission trip, someone said "for Pete's Sake" and we were told it roughly translated in Romanian to "a flower in your ear"

"For Pete's sake" originated as a substitute for "for Christ's (or God's) sake," and other similar expressions—as using a shortened form of the disciple St. Peter's name instead was considered less offensive.

Son of a building block!

My husband made this one up when our children were little and copied every word he said. If he smashed his finger, he yelled this and let out frustration/pain without causing the children to learn swear words!



The Long and the Short of It

What's the origin of the phrase 'This is the short and the long of it'? From Shakespeare's *The Merry Wives of Windsor*, 1600: MISTRESS QUICKLY: Marry, this is the short and the long of it; you have brought her into such a canaries as 'tis wonderful.

Under the Weather

On the high seas when the wind would start to blow hard and the water became rough, crewmen and travelers would go below deck and down to their cabins in order to ride out the storm and avoid becoming seasick. In this way they literally retreat to a location "under the weather."

It Takes One To Know One

An English idiom. It's used when one person wants to point out that what they're being accused of is actually reflected in the accuser. The phrase is generally used as an insult, but it could be used playfully among friends and family members.

The Price (one) Has To Pay

This Phrase was used by the mother of two little red-headed, freckle-faced boys being forced to take piano lessons. It means the physical, emotional or psychological difficulty one must endure. The phrase dates back to Biblical times.

To The Nth Degree

This phrase began to be used to mean 'to the utmost limit' in the USA in the early 19th Century

Blast from the Past

All About Home Baking May 1937

It's A Wise Woman Who Knows Her Baking Rules

1. Be orderly
2. Use good tools
3. Choose good ingredients
4. Measure accurately
5. Mix carefully
6. Know your pans and oven, and how to cool your cakes

Six of One, Half a Dozen of the Other

Means that two alternatives will render the same outcome, the idiom came into use in the 1700's

Come Join Us and Bring a Friend!

Fun and Games Night
Tuesday, March 29
Hendricks Co 4-H Complex
6:00 - 9:00 pm

Bring your favorite board or card game and friends to play with. We will furnish the table, chairs and prizes for a charge of \$5/table. Snacks and beverages will be available for purchase. All proceeds will benefit the Hendricks County Food Pantries.
Have a good time and support a good cause!

"Yeast Breads & Herb Spreads"
Tuesday, April 12
Hendricks Co 4-H Complex
6:00 pm

We will be sharing some recipes for delicious Yeast Breads and Herb Spreads.



Start Planning for the 2022 Hendricks County Fair

While Spring is just arriving, it's already time to start thinking ahead to the 2022 Hendricks County Fair.



Bake Sale - the bake sale is returning!! Start thinking about your contribution.

Booth - We had a tremendous response last year, so the HCEH will again have a booth during the fair. Please think about when you can **volunteer** to help promote HCEH in the booth.

I CAN - the I CAN contest was such a success in 2021, it will return for another year in 2022. We would love for your club, your church, your family, etc. to come up with an entry. Watch for details to be shared in your inbox.

Open Class - While books are not yet available, start working on your projects AND thinking about when you can **volunteer**. It takes a village to help with judging and also to help staff the exhibits during the fair.

Quilt Contest - be working on your entries. Keep in mind the Fair Theme is "Big Wheels, Pig Squeals and Family Meals"

Home and Family Arts Day - are you working on your Strawberry recipes! We are excited to see what you bring. Also, we tentatively have a children's author, who has written about Strawberries, scheduled to attend.

Celebrating 110 Years of Extension Homemakers

The Avon Library contacted us about old Homemaker information that has been given to them about their historical section. Susie Truax is the contact. There are books in the office that are on the history of homemakers that were donated by Debbie Rinker. If you want to read them, you can sign them out with Rosie Lenihan. The books will be used in the rotating Homemaker booth that will celebrate 110 years of Extension Homemakers starting with the 2022 Fair and concluding with the 2023 Fair. The display will rotate through the various county libraries in between to celebrate this momentous occasion.

Do YOU have any historical Homemaker tidbits, recipes, books, awards, projects etc. you would like to contribute to the display? Please let Rosie know.



IEHA Indianapolis District
"Ladies Day Out"

formerly
IEHA Indianapolis District Retreat

When: Wednesday, September 21, 2022

Where: Hendricks County 4-H Complex

This will be a single day event, rather than two-day overnight.

Watch for details to unfold in the upcoming months.