



HENDRICKS COUNTY HOMEMAKER HAPPENINGS

Mission Statement: To strengthen families through continuing education, leadership development and volunteer community support.

Calendar of Events

October

- | | |
|-------|------------------------------------------------------------|
| 2 | Scarecrow on the Square |
| 5 | Council Meeting, Hostess: Fairfield |
| 9 | Tox-Away Day - Plainfield Middle School |
| 11 | Columbus Day - Extension Office Closed |
| 14 | Achievement Day |
| 15 | Make a Difference Day |
| 18-23 | IEHA State Wide Celebration Week |
| 21 | Oven Meals for Busy Families, Fairgrounds, Conference Room |



November

- | | |
|----|----------------------------------------------|
| 2 | Council Meeting, Hostess: Chorus |
| 10 | Heritage Skills by Hazelwood Homemakers |
| 11 | Veterans Day - Extension Office Closed |
| 25 | Happy Thanksgiving - Extension Office Closed |
| 26 | Extension Office Closed |



Newsletter Deadlines



Submission deadlines for the newsletters are
December / January Issue - November 15
February / March Issue - January 15
April / May Issue - March 15
June / July Issue - May 15
August / September Issue - July 15
October / November Issue - September 15

When emailing submissions
please send to both
Sue Hatfield, Newsletter Editor
thatfieldfam@gmail.com
and **Lisa Pitts pitts15@purdue.edu.**
Hand written copy may be given to either
individual.

Sue Hatfield, Newsletter Chair
thatfieldfam@gmail.com

IEHA Families Home Page - www.ieha-families.org

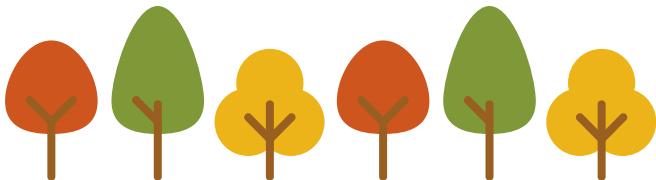
Purdue Extension Hendricks County -

www.extension.purdue.edu/county/hendricks



<https://www.facebook.com/Hendricks-County-Extension-Homemakers-600129567100835>

Beth's Bits



Fall is finally here! It is my favorite time of the year and all of the holiday decorations are in the stores! ☺ Of course, this is a great time to set immediate goals and look for new ways of doing things in the cold weather. An immediate goal is something to accomplish in 1-30 days from now.

Hmmm, perhaps that would be:

1. Start a savings account
2. Eat more vegetables
3. Exercise 15 minutes a day
4. Teach my child or grandchild how to bake something they will remember me doing with them

Take time to enjoy the beautiful weather, once it gets here and take care of yourself. Check on friends and family members and please, get the COVID vaccine.

beth

Rosie's Reflections



Hello Homemakers! Our County Fair is over and Open Class Committee has revisited what went good, better, best. The public voted and STRAWBERRY will be the dominate flavor and ingredient for next year's baking contest. Hendricks Co. Fair was 5th in State Fair tallies with support of Fair Cares and in turn, State Fair returned \$200 to our H. C. Food Coalition. Our CAN Food Drive contributed to this!!!!

So, on we go toward Achievement Day 2021 on October 14. That same October week we will host Make A Difference Day on Friday, the 15th, from 10-2. And, Bundle 'em Up will be collecting new and/or clean, in good condition, coats for adults and children. Please bring coats to Fairgrounds SMALL ANIMAL PAVILION, October 13, 14, 15 from 10 a.m. to noon each day.

So much we CAN do, and cheerfully we do Make a Difference!

Rosie



Make A Difference Day October 15th - 10:00 am - 2:00 pm

We are fast approaching our next Make A Difference Day! We can only make a difference if we do something. Wouldn't you like to come and help us Make A Difference!! We live in unsettling times right now and it would be so easy to just stay home and not help anyone but ourselves. When we join together to Make A Difference we are reaching out to help others that we would not otherwise reach!! Headstart will benefit from the 88 hygiene kits that we will assemble. If anyone can or are making all ready the washcloth holders for the kits, please let me know. Riley Hospital will benefit from bags that are made to carry home the belongings of a child who is sick. Someone who is cold and homeless will benefit from blankets to keep them warm. Would you be able to touch lives in this way without Make A Difference Day? I know I wouldn't. Come and help us help others on October 15th from 10 am - 2 pm. It's time we stood hand in hand to show the world that caring about others does Make A Difference.

submitted by Charlotte Lloyd



Hispanic American Heritage Month

Each year, Americans observe National Hispanic Heritage Month from September 15 to October 15, by celebrating the contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, Central America, and South America.

Beginning in 1968 as Hispanic Heritage Week under President Lyndon Johnson, the celebration was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on September 15 and ending on October 15.

September 15 of every year was chosen as the starting point for the celebration because it is the anniversary of independence of five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. All declared independence in 1821. In addition, Mexico, Chile and Belize celebrate their independence days on September 16, September 18, and September 21, respectively.

Ever since the founding of the National Women's History Alliance, we have celebrated and honored Hispanic American women and their contributions to American culture and history.

Teacher Grant

Remember the Teacher Grant we awarded to Jennifer Hall at the Mill Creek East Elementary Preschool? They were initiating a gardening project and the Hendricks County Master Gardeners matched our donation with funds and seeds. We received this photo of their successful raised bed program. The students will continue to plant, grow and learn thanks to this great project. We were glad to help them get it started. Be sure to share information on the Teacher Grant with Hendricks County Teachers. The application can be found on the Hendricks County Extension website.



BLESSING BOX HELP

In the short time it has been here, the Blessing Box has been used considerably. For those who may not know where it is located, the box sits on the sidewalk near the Conference Center, closest to gate 1 (the entrance across from TSC and the Post Office). The blessing box is a small "pantry" designed to help those in need, perhaps between food pantry visits or in emergency situations. Items that can be included are:

- Non-perishable food items (canned foods, cereals, crackers, etc.) Please be sure any boxes contain an interior bag for added protection since the box is outside and not completely sealed.
- Personal hygiene items (shampoo, deodorant, lotion, bandages, etc.)
- Baby products (all-sized diapers, baby formula, baby food, baby shampoo, etc.)
- Please do not include OTC medications (pain relievers, antibiotic creams, stomach relief, etc.)

We are looking for partners in the community to help supply this box. To organize efforts, we have simply created a monthly schedule in the Extension Office.

I understand the EHM Council discussed the possibility of supplying the Blessing Box here at the fairgrounds for the month of September. Thank you so much.

If your club, or maybe another organization you are part of (your church, community organization, one of your children or grandchildren's youth organizations, etc..) has an interest in blessing others through the blessing box, please reach out to the Extension Office at 317-745-9260. I have also attached the sign up genius link. <https://bit.ly/BlessingBox2021>. We are using this to help keep organized in the office so we know what months are covered. Feel free to visit that link and sign up for a month.



Membership Directory Update

Please update your membership directories - Martha Rogers, member of Pollyanna, mobile number is 317-431-2509. She no longer has the land line phone.



Homemade Happiness

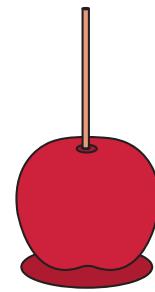
Where is the greatest place in the world? Right here!
Right where you are.
Build your life on a strong foundation
Right where you are.
Surround yourself with lifelong friends.
Right where you are.
Get involved in building a community.
Right where you are.
Let your roots grow deep. Watch your life stand tall.
Right where you are.

From an Amish cookbook

Fall Recipe

Caramel Apples

1 pound vanilla caramels
2 tablespoons water
6 crisp medium apples
Chopped walnuts



Melt caramels with water in double boiler; stir until smooth. Stick a skewer into blossom end of each apple; dip apple in caramel syrup; turn until completely coated. At once roll bottom half of each apple in chopped nuts. Set on baking sheet with waxed paper. Chill till coating's firm.

FROM Grandma's Recipe Box

Percolated Punch

4 cups apple cider
1 cup orange juice
¾ c lemon juice (Real Lemon)
3 sticks cinnamon (broken into small pieces)
2 cups cranberry juice cocktail
1 cup sugar
1 teaspoon Allspice
1 teaspoon ground clove

Put into percolator and perk through cycle.

Drink warm or cold.

Makes 6-8 servings

Wash Water for Painted Porch

¼ cup baking soda
½ cup vinegar
1 cup ammonia
1 gallon hot rain water

Use a broom.

Achievement Day Registration Reminder

Celebrate the Hendricks County Extension Homemaker's ACHIEVEMENT DAY Thursday

October 14, 2021

Arrival and Registration begin at 10:00am with the Program beginning at 10:30am. Our morning speaker will be Indiana author, humorist and grandmother, Willa Sprunger and afternoon presentation will be led by Jon Colby, Artistic Director and comedy partner at the Red Curb Comedy Club, Avon.

Lunch will be catered by Ginny Vornholt from What's Cooking

1. Individual registration for this event is required.
2. Reservation / lunch choice deadline is OCTOBER 1, 2021.
3. Cost for the event is \$15.00.

Please reach out to the Hendricks County Extension Office for a registration Form or assistance with completing the form at 317-745-9260

CLUB NEWS



HAZELWOOD HOMEMAKERS

The Hazelwood Homemakers are off and running!!!! We had our first meeting of the new "year" and, WOW(!), is there a lot to do this Fall. We are excited though to try some new ventures. First, our group will have a booth at Anderson Orchard at the Craft Fair & Apple Festival the weekend of September 25th. Our booth will be full of homemade baked goods. We are hoping to raise money for scholarships and to help cover the cost of our Christmas Luncheon. So, if you don't see a Hazelwood Homemaker this month, it's because we are busy, busy, busy baking.

Our group is responsible for making the center pieces for Achievement Day. We had lots of fun thinking up ideas that go with the theme, "Laughing for your Health". It's quite the change from the stage decorations the year before.

We are getting ready for the Make a Difference Day in October, too. One of our members is putting together quilt-tops in preparation. We are also planning to put together hygiene kits as well as a few other things. So, people that can't sew will still have lots to do.

Finally, we are also working on a demonstration for Appetizers and Hors D'oeuvres for Heritage Skills Day in November. We've never done this before, but are up for the challenge.

It's going to be a fun, but busy Fall.

Exodus 15:3, "The Lord is my strength and song, and He has become my salvation; He is my God, and I will praise Him; My father's God, and I will exalt Him.

Submitted by Melissa Phillips



CHAT N' DO

Returning to our Chat N' Do routine, nine members and three guests met at BruBurger in Plainfield for our August meeting. Discussion included the fair, District Day, Fall Retreat, and our responsibilities for Achievement Day on October 14th. Members volunteered to be hostesses filling our calendar for the coming year. September 21st there will be an Instant Pot Demonstration at 6:00 p.m., October 15th is Make a Difference Day at 10:00 a.m. and October 21st at 6 :00 p.m. will be a program on Oven Meals for Busy Families. These activities would be the perfect opportunity to invite neighbors and friends.

We enjoyed a delicious lunch. We were delighted all three guests joined our club - Deb Culler, Sandy McClain and Marylynne Meranda -WELCOME !

Submitted by Karen Hole



Chat N' Do met at the Inter-Urban in Plainfield on September 9, 2021. The President Jan Armstrong reviewed the assignments of the club, we brainstormed ideas for the up coming Achievement Day and the Holiday Fest., we filled out the monthly schedule and other fun things that we are going to do.

We welcomed a prospective member, Brenna Hudson. A very nice young lady.

The members enjoyed a nice lunch, of tuna fish salad, egg salad and potato salad served on a bed of shredded lettuce with sliced peppers, grape tomatoes, and crackers, for dessert a fruit cup with vanilla wafers.

Great fellowship was enjoyed, it was good to meet in person once again. The next meeting will be October 13, 2021 at Los Patios in Danville. After lunch we will proceed to the Fairgrounds to decorate for Achievement Day.

Respectfully submitted by Deloris



For anyone who wanted a yellow IEHA t-shirt that was sold at the County Fair, I now have 7 XLarge available for \$8.00 each. You may contact me at 317-626-4616, if you are interested. Thank you, Lynn Lillard

Blast From The Past

From the Fifty Years of Cooperative Extension Service in Indiana

Early Home Extension leaders were Mrs. Virginia C. Meredith, Cambridge City, who in 1899 started sowing seeds of the Home Economics Extension in her talks to people at Farmers Institutes.

Home Extension specialists at Purdue, under the direction of Mary L. Mathews, Head of the Home Economics Department, and many teachers. The ladies worked on assignments, in various counties through the period of World War 1 and subsequent years when hard times followed war prosperity on farms. They travelled rough highways and worked under pressure, trying to help farm women. They gave help to Gold Star Mothers, with aching hearts depressed by the futility of war which buried their sons on foreign soils or brought them home in wooden boxes.

Gold star families are spouses, children, parents, siblings or others who's loved one died in service to our nation. The Gold Star let the community know that their service member died or was killed while serving their country.

The early leaders of Home Demonstration work in Indiana didn't have training for the work, because it was yet to be developed. They attended meetings and public events to contact women and learn from their needs in homemaking skills and to let them know that they would hold meetings to instruct them. The strength of the program was that it was based on the needs of the people.

To be continued.



Bundle 'Em Up Coat Giveaway

Coats will be collected in new or clean condition from September 26th through October 10th at the Hendricks County Fairgrounds. There is a box outside the Extension Office for donations. You may also bring them to the Small Animal Pavilion on October 13, 14, and 15 from 10 a.m. to 12 p.m.

Coat Giveaway will be held for the community on Saturday, October 16th from 10 a.m. to 2 p.m.

Please bring coats in the best possible condition. If coats are in need of repair, please discard. If you are able to launder coats, that would be wonderful!

Condolences

Betty Jane Volpp died Monday, July 26, 2021 of natural causes at the age of 97 1/2 in Muncie, IN. From her obituary in The Republican "In the early 60's Betty began her longtime membership in the HCEH Mill Creek Homemakers Club. She earned many top award ribbons for her yearly exhibits at the County Fair with her extraordinary sewing and quilting skills and stuffed animal creations. She also belonged to a local quilting bee of many years duration. And she was a great cook and baker too." A Celebration of Life gathering is planned for October at Mill Creek Church in Danville. A date will be announced later. Her chosen charity for any donation in her name is: Anatomical Education Program, Indiana University School of Medicine.

