



HENDRICKS COUNTY HOMEMAKER HAPPENINGS

December-
January
2024

Mission Statement: To strengthen families through continuing education, leadership development and volunteer community support.

2023-2024 Calendar of Events

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| Nov. 23-24: Extension Office Closed | Mar. 14: Helping Hands Day (Pg. 3) |
| Dec. 1: Holiday Fest | Mar. 20: Spring District Meeting,
(Johnson County) |
| Dec. 5: Christmas Council Brunch | Mar. 29: Extension Office Closed |
| Dec. 25-26: Extension Office Closed | Apr. 2: Council Meeting |
| Jan. 1: Extension Office Closed | April 11: Helping Hands Day (Pg. 3) |
| Jan. 11: Helping Hands Day (Pg. 3) | May 2: Achievement Day |
| Jan. 15: Extension Office Closed | May 7: Council Meeting / Extension Office Closed |
| Jan. 30: Council Meeting (*NEW DATE*) | May 27: Extension Office Closed |
| Feb. 6: Council Meeting and Leader Lessons | Jun. 4: Council Meeting |
| Feb. 8: Make a Difference Day (Pg. 3) | June 10-12: IEHA Family Conference |
| Feb. 19: Extension Office Closed | July 4: Extension Office Closed |
| Mar. 5: Council Meeting | |

Newsletter Deadline

Submissions for the **February /March Issue** are due by **January 15**. The theme will be **“Growing Friendships”** Submissions may be emailed to Melissa Phillips, News Chair, (PC.ServingHim@gmail.com) and Lisa Pitts (pitts15@purdue.edu). Handwritten copies may be given or mailed to Melissa Phillips (9388 S. County Road 100 W., Clayton, IN 46118).

2023-2024 Officers

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|---|--|
| ☞ President: Melissa Mikesell | ☞ Home & Family Arts Show: Joanna Sell / Kim Weber |
| ☞ Vice President: Karla Janning | ☞ Volunteer Community Support: Charlotte Lloyd |
| ☞ Secretary: Ellen Looney & Joanna Sell | ☞ 1st Member at Large: Rosie Lenihan |
| ☞ Treasurer: Judy Ricketts | ☞ 2nd Member at Large: Shannon Wagner |
| ☞ Education: Sharon Lytle | ☞ 3rd Member at Large: Lynn Lillard |
| ☞ Leadership: Ellen Looney | ☞ 4th Member at Large: Kim Weber |
| ☞ HHS Educator: Amanda Feutz | ☞ News Chair: Melissa Phillips |

Wow, it's the first full week of November! The weather has been very nice, temps in the 60's. A breeze now and then, with the fall colors now on the ground. Be mindful of deer on the move; and our farmers in their fields.

I'm sure most of you are getting prepared for the upcoming Holidays. Preparing your homes for family gatherings and celebrations. My family is looking forward to our annual trip to a local tree farm, finding just the right white pine that will fill the designated spot in our home.

With the end of year just around the corner be mindful of your college student's scholarship deadlines. Remember to look on the ieha-families.org/forms/home-and-family web site for the three different scholarships available. Career Advancement for those 25 and older (due by March 15th); “Steps to Success”/Scholarship Vocational and Technology (due by May 1); and Ruth B. Sayre Scholarship (March 1). Also, remember to look on our county's website (<https://hendricksco4h.com/EHM>) for the 2024 Scholarship (due February 9) and the Teacher Grants (due the 15th of each month).

Hope to see you at the Holiday Fest! May you have a safe and Happy Holiday!

Melissa Mikesell, President
Hendricks County Extension Homemakers



EDUCATOR'S CORNER:



Hello All! My name is Amanda Feutz (pronounced “fights”). I wanted to introduce myself in case I missed anyone at the November council meeting. I started with Purdue Extension in June of 2023 in Morgan County serving as the part-time Health and Human Sciences Educator. My time there was short but I learned a lot about county fairs, 4H, and building relationships with county leaders, members.

As a Hendricks resident, I was hopeful that a position in Hendricks would open up and as luck would have it, I was able to transfer to my home county within my first six months in this role. I am happy to be here and get involved in my county and do my part to make Hendricks Co. better with education around food, family, health, and finance.

I am a 2021 graduate of Indiana State University (Go Trees!) with a Bachelor’s degree in Nutrition and Dietetics. Coincidentally, my community nutrition internship was with Purdue Extension Hendricks County and Greene/Spencer County with the Health and Human Sciences Educators. I enjoyed working with the public and being creative with programs and lessons during my time.

After graduating, I went to work for a private practice in Indianapolis called *Collaborative Counseling*. Dietitians and therapists working together to counsel individuals with eating disorders/ disordered eating and poor body image. Although extremely rewarding, I was looking for more of a clinical position to build my clinical experience. I started working at a long-term care facility here in Danville, who knew that 70–90-year-olds would become some of my most cherished friends. ☺ I’ve always had a passion for helping people and seeing others succeed.



I grew up in Hamilton County until three years ago when my husband Drew and I moved to Plainfield while I was attending school. Just recently, we bought our first home in Avon and share it with our golden retriever Gus. Most days, we spend our time walking Washington Town Park or Avon Town Park, renovating our home, or spending time with our family and friends. Some hobbies of mine that I have started this past year include gardening, thrifting/antiquing, interior design/ DIY’ing, and pickleball.



Reminder for the Executive Committee and Council Members! Don’t forget to turn in your “Expectations” sheet for our new Educator, Amanda Feutz. You can email it to her at ammarcia@purdue.edu

Teacher Grants

The HCEH have finally started to get applications for this year. There are three (3) that will be awarded next week. They are as follows:

1. Breann Ruiz, 2nd grade from Maple Elementary in Avon.
2. Lauren Ruth, 1st grade from River Birch Elementary in Avon.
3. Alyna Sell, 4th grade from Lincoln Elementary in Brownsburg.



Please continue to talk to teachers and let’s get the word out so we can receive a lot more applications.

Did you know you could get a copy of this newsletter by email? Not only would you get the newsletter quickly, but you would be able to see it in full color. Isn’t that fabulous!!!! If you’d be willing to receive the newsletter by email, please send Lisa Pitts (pitts15@purdue.edu) a quick email requesting the change. Thank you if you are already receiving the newsletter by email. It is a tremendous help.



PURDUE EXTENSION
GET WALKIN'
PROGRAM

Helping Hoosiers get on their feet!



SCHOOL OF NURSING



“Let Purdue Extension help you “Get WalkIN””

Amanda Marciano-Feutz, HHS Educator
Hendricks County

Are you ready to get moving, improve your health and enjoy life more? Get WalkIN' is a free e-mail based walking program being offered through Purdue Extension in Hendricks

County. Participants can sign-up, walk on their own, or walk weekly with a group, and receive e-mailed support and information. It is designed to encourage individuals to learn more about the health benefits of walking and encourage individuals to get moving.

Walking is a popular form of physical activity—and good for your health! Only half of all American adults get the recommended amount of physical activity. Lack of physical activity is directly related to the occurrence of adult obesity and overweight. Regular physical activity can lower risk of heart disease, high blood pressure, type 2 diabetes, osteoporosis, depression, and falls in older adults. Walking is an excellent way for most people to increase their physical activity. It is an easy way to start and maintain a physically active lifestyle.

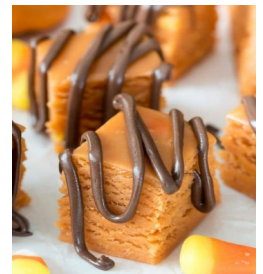
Do you know that you need to get more active but lack the initiative to get started? Do you make excuses like “I do not have time, I don't want to walk alone, or where would I walk?” Have you started to walk and lost interest or motivation? Get WalkIN' is just for you! You will receive e-mails that provide encouragement, motivation, provide information about health and wellness, and more! Participants will be asked to complete two short online surveys.

The free program will begin January 8, 2024 and run through March 25, 2024, and participation can be virtual, in person or a bit of both. If you want the additional support and encouragement from walking with a group, Hendricks County Extension HHS Educator Amanda Marciano-Feutz will lead a group on Monday evenings from 5:00 pm – 6:00 pm at The Center at Northview Christian Church located at 623 N. State Road 39 in Danville, IN. This is an indoor venue that offers the opportunity to walk no matter the weather outside.

For more details on this FREE program, contact Purdue Extension Hendricks County at 317-745-9260 or hendrces@purdue.edu. You may register by calling or emailing the office or online at this link: <https://hendricksco4h.com/GetWalkIN24> Before you know it, you will be walking, feeling better, having more energy, and a new healthy habit!

Butterfinger Fudge (<https://www.crazyforcrust.com/butterfinger-fudge/>)

3 cups Candy Corn
1 cup (268g) peanut butter
1 14 ounce can sweetened condensed milk
2 cups (340g) white chocolate chips
1 cup (170g) milk chocolate chips , optional



- Line a pan with foil and spray with cooking spray. (I used an 8×8 pan. The fudge was very thick, so if I made it again, I'd use a 9×9 pan.)
- Add Candy Corn and peanut butter to a medium saucepan and heat, over low heat, stirring every 30 seconds or so, for about 3 minutes. Add sweetened condensed milk, stir, and cook for another 3 minutes, stirring every 30 seconds (you don't want the milk to boil; a slight simmer is okay). Add white chocolate chips and stir until everything melts together. (It will seem like it's never going to melt...but it will!)
- Spread evenly in pan. Cool on counter about 15 minutes, then chill until hardened. Cut into squares.
- If you want, you can dip the fudge in milk chocolate. Melt chocolate chips (I added a little vegetable oil to thin them) and dip the bottoms of the fudge squares in the chocolate. Set on a wax paper lined cookie sheet to harden.





Community Support

Helping Hands/Make A Difference Day

Happy Thanksgiving! This is the time of year when we feel thankful. I am so thankful for all of you!! You have helped make Helping Hands and Make a Difference Day a huge success and I am thankful for you! We have made 76 fleece blankets just this fall. Annella Able now takes them with her to Riley and she told me that they “fly off the shelf” as soon as they put them out. She couldn’t thank us enough for all that we are doing. Another reason I am thankful for you! We made and filled 70 hygiene kits for Headstart this fall!!

I am thankful for you! We made 30 bags for Cypress Manor which we will fill in December and take to the residents on December 21st. Time to be announced. **Let me know if you want to come and help. A list of things still needed is included at the end and you can bring them to the Cookie Walk on Thursday or Friday.** I will be in the kitchen, and you can leave them there. I am so thankful for you! You are all such a blessing!

We won’t meet in December for Helping Hands or Make A Difference Day, but we will make a trip to Cypress Manor if you want to participate. We will have a Helping Hands on January 11th from 10-12 if the weather is good. February 8th will be the first Make A Difference Day in 2024. It will be from 10-2 and we will have a carry-in lunch. These will both be held at Bartlett Chapel on old US 36. Come and start 2024 having fun and helping others. You are all such a blessing!

Charlotte Lloyd
812-236-2172

Items Needed for December! (Drop off items to Char at Holiday Fest)

#1: Cypress Manor

Full size bottles of...

- body washes (8)
- full size shampoos (18)
- toothbrushes (19)
- Stax canned potato chips (22)
- combs or brushes (19)
- deodorants (23)
- polish removers (10)
- nail polishes (20)
- pkgs wipes (10)
- puzzle books (5)

#2: Fleece

- Anti-pill
- 2 yard lengths
- washed in scent free detergent no softener or softener sheets

**Thank you for your help!!!!
It is GREATLY appreciated!**



LOOKING TO MAKE A DIFFERENCE THIS HOLIDAY SEASON?

Sheltering Wings is looking for NEW or BARELY USED donations to stock their store for their male residents.

Men's Clothing/Items:

- Button-up Shirts
- Men’s Slacks
- Men’s Shoes (dress shoes, sneakers)
- T-shirts with no profound language/art
- Jeans
- Belts
- Coats
- Gloves/Hats
- Shaving Items
- Suits
- Socks
- Workout/comfy clothes

Please bring donations to the Purdue Extension - Hendricks County Office

Contact Amanda Feutz for any questions at 317-745-9260



Holiday

Fest

Holiday Fest is Dec. 1st, 2023 from 9-3 at the fairgrounds. Here are a few reminders:

- * Please make your 6 dozen cookies per member and bring them to the fairgrounds anytime after 9 am on Thursday, November 30th. From 9am-3pm they need to be dropped off in the office. After 3 pm they can be dropped off in Classroom A. We would like to have them all on Thursday. When cookies come in Friday morning it does not give the ladies that organize them time to get them ready before the cookie walk has begun at 9am.
- * Vendors will be setting up on Thursday, November 30th from 5-7pm. They will also be coming to set up at 7-9 am on Friday, Dec. 1st. All booths are supposed to be ready by 9 am on Friday, Dec. 1st.
- * If you are bringing items to donate to the Homemaker's Attic they MUST be priced before you drop them off. Also NO ONE will be allowed to set aside items for those ladies to hold for you to purchase. You can only have items that you can purchase from 9am-3pm on Friday, Dec. 1st. We do not get special treatment as homemakers and it is too much of a hassle for those ladies that are running that booth to keep track of.
- * Also NO ONE can purchase cookies early. The cookie walk opens at 9 am so you need to prepare accordingly to be in line then or have someone in line to purchase cookies on your behalf.
- * This is a great fundraiser for us because of all of us pitching in and doing our part. I appreciate each and every one of you. Let's make this year's Holiday Fest the best yet!!



Karla Janning
Holiday Fest Chair

Christmas Favorites with the Treblemakers

Just back from performing in Branson!

When: Saturday, December 2 at 3:00 pm
Where: Hendricks Senior Center, 1201 Sycamore Lane, Danville, IN

Craft Bazaar, Carol Sing-a-long, Refreshments
Donations gratefully accepted.
Call Kitty for more information at 317-508-1439



IEHA WEEK

This year IEHA celebrated our IEHA WEEK during October 22-28. Each day was filled with suggestions for counties and clubs to do something to interact within their communities. Thursday was Community Support Day. Modern Homemakers worked to gather items to make gratitude baskets. We were able to fill two large baskets with goodies, snacks, fresh fruit, and candies that were then taken to the Hendricks County Sheriff's Department and to the Prestwick Fire Department in Washington Township. They were very surprised and thankful at our appreciation for all that they do for our communities.



CLUB NEWS—“Celebration Time”

Chat'n Do Homemakers:

Chat'n Do Homemakers met Wednesday October 11th at the MADE Building in Plainfield to tour the facility and then have our meeting. The building is near the Plainfield High School. It houses the Hendricks College Network office, Work One office, Homeland Security, classrooms for Vincennes University, Ivy Tech, and Indiana State University. What does MADE stand for?

STUDENTS OF ALL AGES:

Make your career
Achieve your dreams
Design your future with
Education @ Plainfield

EMPLOYERS:

Meet your growing needs
Achieve your goals
Design your workforce with
Education @ Plainfield

Brandy Wethington, the Executive Director of the Hendricks College Network, was our host and tour guide. The mission of the Hendricks College Network is to connect the community with opportunities through education and training.

The Homeland Security section houses classes for the Indiana Fire and Public Safety Academy. VU offers classes on how to operate a fork lift truck. Toys donated for Toys for Tots are stored in this classroom. Students practice driving the truck and loading/moving the boxes of toys. We toured two robotics labs. Two instructors from VU demonstrated a robot loading containers on a pallet. The same instructors gave us a demonstration of a cobot in action. The cobot can go get an item from a shelf in a warehouse. It can also deliver meals to tables in a restaurant. Brandy showed us two labs used by Ivy Tech to train medical assistants.

Brandy is willing to give tours to other clubs and groups. Contact Brandy by phone or text at 317-760-8909.

At our meeting we discussed our responsibilities for International Day and publicity for Holiday Fest.

After the tour and meeting, we had lunch at the Coachman restaurant. Melissa Mikesell, our County President, joined us for the meeting, tour, and lunch. Submitted by Judy Ricketts

Chat'n Do met for their November meeting at Karen Hole's home. After brunch we made reindeer ornaments to be included in the Helping Hands Christmas bags for Cypress Manor. A business meeting followed. We discussed the success of International Day. We then covered our responsibilities for Holiday Fest. Our Christmas party will be at Rosie Lenihan's home. (Submitted by Karen Hole)

Hazelwood Homemakers:

In October, our club decided to take a break from our normal routine to celebrate our Indiana roots. So, our club went to Brown County to tour the TC Steele Historic Sight and have lunch at the Artists Colony in Nashville. Before coming home, some of us took a little time to shop. Our November meeting was back to business as we concentrated on our upcoming responsibilities. Afterwards, we also made a Christmas ornament for ourselves as well as the residents at Cypress Manor. We've had a great time these past two months but are looking forward to celebrating Thanksgiving and Christmas with our friends and family.



Modern Homemakers:

Modern Homemakers have started off our new year very busy. This year our focus is on trying to “shake things up” and offer some new and different programs. We will be mixing some of our regular programs and traditions with new ones to help grow our membership and make attending club each month more fun. In August, we held our meeting at the Royal Theatre in Danville during the Senior Center Fundraiser Concert. It was a fantastic concert and a lot of fun all while supporting the Senior Center Services. In September we had a wonderful program which we invited other Homemakers and the Community to attend. We invited Hendricks County Deputy Sheriff, Brent Johnson, to come and lead us in a Personal and Home Safety Presentation. It was very informative, and Officer Johnson gave tips on how to keep yourself safe while out and about and ways to keep yourself safe while in your own home. It was well attended, and we even had 11 guests that were not homemakers (including one gentleman) that had seen the invitation in the Republican Newspaper. Officer Johnson recommended that we get and read a copy of “The Gift of Fear” which can be found on Amazon. We also collected school supplies that were donated to local schools. In October we had another fun evening. We had several that attended in costume or in mask to celebrate Halloween. We were then given a lesson on “The Taste of Fall” by Lynn Lillard. We sampled: Butternut Squash soup, Carmel Apple Dump Cake, Pumpkin Rolls with vanilla bean cream cheese filling, Pecan Pie Bark, and Candy Corn Fudge. All the recipes were passed out and some were even left to take home. We collected snacks, goodies, candy, fruit and other items that were then donated to the Hendricks County Sheriff Dept and the Prestwick Fire Dept for the upcoming IEHA week.

NOTE: We'd LOVE to hear the news from your club please send future submissions to Melissa Phillips at PCS.ServingHim@gmail.com. The theme for our next newsletter is “Growing Friendships”.



Oh, come, all ye faithful, Joyful and triumphant!
Oh, come ye, oh come ye to Bethlehem.
Come and behold him, Born the King of angels;

[Chorus] Oh, come, let us adore him; Oh, come, let us adore him;
Oh, come, let us adore him, Christ, the Lord.



Sing, choirs of angels, Sing in exultation; Sing, all ye citizens of heav'n above!
Glory to God, Glory in the highest: (Chorus)

Yea, Lord, we greet thee, Born this happy morning; Jesus, to thee be all glory giv'n.
Son of the Father, Now in flesh appearing (Chorus)



Hot Chocolate Charcuterie

It doesn't get more fun than a hot chocolate charcuterie board! It is filled with all of the delicious toppings and mix-ins that any hot chocolate lover will go crazy for! You can add Large Marshmallows, Mini Marshmallows, Milk Chocolate Chips, Chocolate Drops, Chocolate covered pretzels, White Chocolate Pretzel Sticks, Peppermint Meringues, or Cinnamon Sticks. Be creative!

Arrange the ingredients on the board: Place the bowl of hot chocolate mix on the board. Then, add on the marshmallows, chocolate chips, chocolate drops, chocolate pretzels, pretzel sticks, meringues and cinnamon sticks.

