

# Hendricks County Homemaker Happenings



## Oct-Nov 2022

Mission Statement: To strengthen families through continuing education, leadership development and volunteer community support.

### Calendar of Events

#### September

21: Indianapolis District Retreat, Hendricks County Fairgrounds

#### October

4: Council, 9:30 am; Leader Lessons (1:00, 2:00 & 3:00 pm)  
13: Helping Hands (10 am -12 pm)  
17: Make A Difference Day (10:00 am—1:00 pm)  
17: Start of IEHA State Wide Celebration Week

#### November

1: Council, 9:30 am  
10: Helping Hands (10 am -12 pm)  
29: Fun & Games Night (6 pm)  
30: Set up Christmas Tree at Fairgrounds

#### December

1: Holiday Fest Setup  
2: Holiday Fest  
6: Council Brunch



Newsletter  
Deadline

Submissions for the **December-January Issue**  
are due by **November 15.**

Submissions should be emailed to Melissa Phillips, Newsletter Editor,  
(dmphillips@tds.net) and Lisa Pitts pitts15@purdue.edu.

Handwritten copies may be given to either Melissa Phillips or Lisa Pitts.



IEHA Families Home Page — [www.ieha-families.org](http://www.ieha-families.org)

Purdue Extension Hendricks County — [www.extension.purdue.edu/county/hendricks](http://www.extension.purdue.edu/county/hendricks)  
<https://www.facebook.com/Hendricks-County-Extension-Homemakers-600129567100835>

# Beth's Bits



Fall is here and now is the time to think of warm and fun things to do with friends and family! Of course, I would focus on the following:

- -Extension Homemakers friends and family
- -Traditions
- -Games, recipes, and special crafts
- -Pictures & Memories
- - Health & Wellness

Remember to take time, enjoy your family, and play some games! Be thankful for what we have and I wish you all happiness and health this holiday season! Best, Beth

From our Extension Homemakers Creed are the phrases, "...in the divine joy of living and helping others and so we endeavor to pass on to others that which has benefited us...", oh yes! Some endeavors we are passing on to other EHM are these:

- In 2023 Joanna Sell will complete leading us for 25 years as Chairperson of our Home & Family Arts Open Class at the H.C. Fair. **THANK YOU JOANNA!** Upon completion of her 25<sup>th</sup> year, Joanna will be stepping aside as Chair. That said, we are asking for two EHM to shadow Joanna through this 2023 effort (training) for a smooth transition moving forward. **Those interested please contact Joanna or Rosie.**
- This leads to the beginning of revisiting our existing committees which may need more visibility to the public, review of purpose and guidelines and streamlined procedures. We will begin with our Teacher Grants - given education is always top in "the future and its promises". Future and promises we know includes education. Willing to serve on "Committee Review Team - Teacher Grants " please contact Rosie Lenihan or Beth Switzer.
- And here's an opportunity that's bigger than EHM - actually designed, developed and will be delivered by youth - **Just Be Kind**. Please see the flyer at the end of this newsletter for more details. All they want are coats to BUNDLE 'EM UP!

Off to find new coats,

Rosie

# Rosie's Reflections



## 2022-2023 Officers

- ☞ President: Rosie Lenihan
- ☞ Vice President: Deloris Elza
- ☞ Secretary: Karla Janning
- ☞ Treasurer: Judy Ricketts
- ☞ Education: Sharon Lytle
- ☞ Leadership: Shannon Wagner
- ☞ Home & Family Arts Show: Joanna Sell

- ☞ 1st Member at Large: Sharon Fruits
- ☞ 2nd Member at Large: Ellen Looney
- ☞ 3rd Member at Large: Lynn Lillard
- ☞ 4th Member at Large: Kim Weber
- ☞ Volunteer Community Support: Charlotte Lloyd
- ☞ News Chair: Melissa Phillips

Before you know it, we'll be needing to arrange for the 2023-2024 Officers. We hope you'll be consider serving when approached.

## Chat N' Do:

Nine members of Chat N' Do met at Karen Hole's home for an August meeting. We congratulated members who entered exhibits in Open Class and the Strawberry Contest. Also everyone was thanked who helped in the Homemaker's booth (many interested ladies asking questions about EHM), Open Class and Home and Family Arts Day.

We discussed all the upcoming activities - Gather to Read, District meeting, Fun and Games, Helping Hands, District Retreat and Holiday Fest.

An interesting and informative program was presented by member, Deb Culler on her travels to Germany, Greece and Canada this summer.

We adjourned to have lunch and visit.



## Fairfield Homemakers:



Fairfield Homemakers gathered at Hummel Park in Plainfield on September 15 for a pitch-in lunch, fellowship and lesson on 'Pets Relieving Stress' and 'Buckeye Legend (with stress relieving properties).' Several members submitted recipes that were printed in **The Republican** newspaper over the summer. The recipes were personal or family favorites, old or new or with an interesting history. We will be collecting more recipes to share in the fall and winter months. Special thoughts and prayers go out to our shut-in members. Plans were made for future homemaker club and county events.

## Modern Homemakers:

Modern Homemakers have been busy this summer. That is a very good way to be, as we all like to stay busy! We had a meeting in August with Joanna Sell as our Hostess, and we collected school supplies for our special needs donation. Since our meeting on August 18th, we have had Fall District Meeting in Hancock County on August 25th and Fun & Games night on August 30th. We will be meeting again on September 15th after news items are to be in. Our new club President, Ellen Looney, who is also our county vice-president has her hands full and is doing a great job for both. If you need anything or have questions, just check with her (her information can be found in our program books.)

"AN END OF AN ERA" - what can we say? **Joanna Sell** — A Hendricks County Extension Homemaker and a member of the Modern Homemakers club for well over 30 years. Joanna, her county and her group of homemakers, her husband Jim and his helpers, plus many other along the way have been responsible for "Home and Family Arts—Open Class" at the 4-H County Fair. Sadly, this is coming to an end! Joann has stated that after this coming year she will be stepping down from this leadership position. Things were so different before her reign and the new Conference building, but she and Jim have done so much upgrading and now with the use of the computer so much has changed. It is now run like a well-oiled machine, but like everything in life "This too shall change". Someone, a few, or even a club will be needed to take up where she and Jim left off. In other words a new assistant is needed. Without this how will "Home and Family" ever survive? I am sure she is looking for judges, chairmen, workers, book additions and changes and so much more: AN ASSISTANT! Someone to shadow her and her many workers. Please ponder and pray about this as this needs to be addressed immediately! Along the way, please do not forget to let her know how much she has meant to all of us!



## Hazelwood Homemakers:

Our first meeting since the fair was on Wednesday, September 7. A few of our members were not able to attend since they were under the weather. However, for the rest of us, it was fun to get back together and get caught up.

We are looking forward to all of the “county-wide” events coming up this year and already started planning for our responsibilities. We found out that one of our new members cannot make cookies no matter how hard she tries! It’s so fun to discover both the talents as well as the “limitations” of our members because it helps us all work together better. :)

We also did a little planning ahead for outings for our own club. At the end of this month, we will be going to Brown County for a little RR&S (“Rest, Relaxation & Shopping! HA!) to refresh the soul.

We were challenged to meditate on Isaiah 43:1-3 when we are struggling or feel overwhelmed, which is so easy to do when life gets busy. *“Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine. When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee. For I am the LORD thy God, the Holy One of Israel, thy Savior.”*



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## FUN AND GAMES



The next Fun and Games will be November 29th from 6:00-9:00 p.m. at the fairgrounds. Not only do we have a good time but we are supporting our local food pantries. Bring friends, and a game of your choice. A table is \$5.00 and snacks and beverages are available for purchase. No one wants to come with you? Come alone, there are plenty of game players who would like to play a game with you. All in the community are welcome!

(Submitted by Karen Hole)

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## HOLIDAY FEST

**Ladies Holiday Fest is coming up soon!!** We are almost sold out on vendor spaces which is very exciting. This is a reminder that each person in your club is responsible for making 6 dozen cookies that need to be brought in Thursday evening Dec. 1<sup>st</sup> so that the ladies in charge of the cookie walk can get the cookies put into prepackaged boxes. If one of your club members cannot make their 6 dozen cookies, please have others make enough cookies to cover that member’s cookies. Also don’t forget to provide items for the Homemakers Attic booth. Please no paperback books or clothes. Holiday fest will be Dec. 2<sup>nd</sup> from 9am-3pm. Make sure you check your club’s duties for Holiday Fest and come to the November council meeting ready to update us of your progress. Also there will be a flyer at the next council meeting for you to use to advertise the cookie walk. Remember this is one of our two major fundraisers for our organization to be able to do all of the great things we do for this community. I am looking forward to another great Holiday Fest!!



Submitted by Karla Janning

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## ANNUAL HOLIDAY BAZAAR



Mark your calendar now...the Annual Holiday Bazaar sponsored by the Boone County Extension Homemakers will be held on Saturday, November 19th from 9am-4pm in Lebanon at the 4-H Fairgrounds in the Witham Pavilion and the Centennial Hall buildings. There will be over 100 exhibitors from central Indiana offering handcrafted and unique gift items. (Free Parking, Free Admission. JC Cocina catering & food truck serving lunch from 10:30 AM—1:30 PM.)

For more information about reserving a vendor booth space please contact the Purdue Extension Office 765-482-0750 or check out the Boone County Extension Homemakers Facebook page.

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## **HOMEMAKER WEEKLY RECIPES** **in the Danville Republican Newspaper**

How wonderful it is to see the culinary efforts of our clubs each week in The Republican Newspaper!

- Below is the list of Clubs with the month recipes are needed for the remainder of 2022.
- We need 5-7 recipes per month.
- Recipes are due to me by the 15<sup>th</sup> of each month.
- Please send the Club recipes to Ellen electronically or bring them to the Extension Office so she can pick them up.

**Please let your Club President know if you would like to continue this project in 2023:**

- ☞ Hazelwood Homemakers- September 2022
- ☞ Modern Homemakers- October 2022
- ☞ Young Modern Homemakers- November 2022
- ☞ Fairfield Homemakers and Treblemakers- December 2022



**Questions??** Contact Ellen Looney, [ellen\\_looney@yahoo.com](mailto:ellen_looney@yahoo.com), 317-797-8368

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### **LEADER LESSONS**

Tuesday, October 4, 2022

Location: Hendricks County 4-H Fairgrounds & Conference Complex Sessions:

**1:00 pm "Back to Nature" by Amanda Veenhuizen:** Being outside has countless benefits for our overall well-being. Being in nature does not always require an extreme amount of physical exertion. There are several activities, such as reading a book outdoors, that you can do to reap the benefits! Some of the benefits include: improved short term memory, reduced stress, increased levels of Vitamin D, improved sleep and much more! In this lesson, we are going to explore the benefits of connecting with nature and ways to help you achieve those!



**2:00 pm "Food & Mood" with Mandy Gray:** Learn what research tells us about how the food we consume affects our mood. What changes you can make in the types of food you eat as well as when you eat them to change your mood in a positive way!

**3:00 pm "Creating a Friendly & Fun Environment Can Lead to Open Communication" by Pandora Taylor:** Creating a friendly and fun environment can lead to open communications between people of all ages. Whether it is with a group of friends, family members or children, crafting can be a great way for you to strengthen your relationship with others. In this session you will learn different ways to introduce crafts into your social life, where to find craft ideas for all age groups and how to craft on a budget. During the session we will create 2 fun, simple crafts. One craft will be geared towards youth and another will be for any age. Supplies and instructions will be included. You will be able to do the craft and return to your Extension Homemaker club with instructions and a supply list to do this craft with members. There is a fee for the hands-on craft part of this class. Fee: \$10 will be collected at the time of the class. Cash or checks made payable to Purdue Extension Ed Fund will be accepted.



**Please Register by September 27, 2022!** Purdue University Cooperative Extension Service is an equal access/equal opportunity institution. If a session has less than 10 registered by the deadline, it will be cancelled.

Go to <https://bit.ly/3Akln6u> or call 317-745-9260 to register for one or all of three classes.



## MAKE A DIFFERENCE DAY & HELPING HANDS DAY FALL 2022

Our first Helping Hands Day this fall happened on September 8th and was a great success. Fourteen ladies attended and we were able to finish 15 fleece blankets for Riley. We also made 22 washcloths for hygiene kits that will be filled later. Fabric was ironed and folded for bags at a later time for Riley. They need the fleece blankets now and are in great shape on bags. We will resume making bags when needed. We met at Bartlett Chapel United Methodist Church on old 36. The fellowship hall was fantastic and allowed us to spread out and get so many projects done. Thank you, Joanna Sells, for arranging the fellowship hall for us.

After the blankets were all cut and tied we discussed what projects we would like to do for October's Helping Hands Day. Because of the wonderful ladies we have in Homemakers who have such giving hearts, fleece, washcloths, felt, pillow shams and many other things came in that day. This will allow us to use pillow shams to make quilts. Sandy Kelley said she would be glad to demonstrate how to Quilt As You Go at the October meeting. We have indoor/outdoor fabric that Martha Sellers suggested we could make into sling type bags with a drawstring for the homeless. Deloris Elza brought in felt and it was decided that it could be made into bags for a low income women and children's clinic in inner city Indianapolis. We are also going to make hygiene kits for the clinic.

Thank you ladies for all that you did and donated. It doesn't stop there. We still need 2 yd lengths of fleece washed in free and clear detergent with no softener. We will use most of the items donated for the hygiene kits after we fill 140 washcloths that are sewn up. That is travel size toothpaste, shampoo, conditioner, bars of soap, toothbrushes, and combs. The Lord is giving us an opportunity to bless those around us and even some that aren't in our neighborhood. Please look into your heart and see what you can do.

### Remember...

**Helping Hands Day October 13, 10 am—12 noon**  
At Bartlett Chapel

**Make a Difference Day October 17, 10 am—1 pm**  
This is a shortened time due to the Homemakers Book Club meeting the same day.  
Fairgrounds

**Helping Hands Day November 10, 10 am—12 noon**

We will resume Helping Hands Day in February 2023 and hopefully miss the winter weather  
**Come and join the fun!!!**

### SEEKING DONATIONS!

- Fleece, 2 yd lengths **ONLY** for this time. The fleece can either be Blizzard or "anti-pill", but should be washed in free and clear detergent with no softener. (HINT: If you decide to purchase enough fleece of one pattern to make multiple blankets, ask the store pre-cut the fabric into 2 yard lengths. It will not only make it easier for you to wash the fabric, but it will be much easier and quicker for our "cutters".)
- Tolietry Items: travel size toothpaste, shampoo, conditioner and bars of soap; toothbrushes; and combs.

**Contact Charlotte Lloyd with questions.**

## STRAWBERRY RECIPES

As you remember, the contest at the fair this year was strawberry. There were quite the variety of entries from Strawberry Muffins, a beautiful Strawberry cake, delicious looking Strawberry fudge, and scrumptious strawberry topping for ice cream. Well! Don't fret if you missed the contest, because **ALL** the delicious recipes are available at the Extension Office for only \$2. Pick up your copy soon! You will definitely be thankful that you did!!!!



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## ACHIEVEMENT DAY 2022 POST EVENT SURVEY RESULTS

For the Post Event Survey, 48 out of the 78 ladies that attended filled out a survey. Out of those 78 ladies, there were 3 attending for the first year while 42 attended before. Three of the ladies, we are sure about because they didn't answer that question. It was an interesting mix for the number of years that the ladies have attended an achievement day:



◇ 1 year = 1	◇ 16-20 years = 7	◇ 36-40 years = 1
◇ 2-5 years = 9	◇ 21-25 years = 3	◇ 40+ years = 8
◇ 6-10 years = 6	◇ 26-30 years = 3	◇ No response = 5
◇ 11-15 years = 3	◇ 31-35 years = 2	

### **Did you enjoy the program?** (Yes = 47; No = 1)

- Great speaker
- Good Information; Loved the Chorus
- Door Prizes
- Short but very informative and fun
- Enjoyed table conversations
- Liked suggestions to plan travel
- I think the program was well organized. Just keep it up! Don't be afraid to try new things so it's not the same every year.
- One idea, if there is extra time in the program, ask attendees to review the CULTURAL ARTS Table.

### **Did you enjoy the meal today?** (Yes = 46; No = 2)

- ◇ Not an Achievement Day lunch
- ◇ Very Good (many comments)
- ◇ Great idea for a quick meal
- ◇ Plenty to eat
- ◇ Would prefer a catered event. I can have Chick-fil-A any day.
- ◇ Catered home cooked food instead of fast-food
- ◇ Catered meal with more options; a no cost option
- ◇ Always like Chick-fil-A. Didn't take long to go through the line.
- ◇ Cobb Salad was good
- ◇ Need ice for drinks
- ◇ Good choice



### **General Comments/Suggestions**

- ◆ Good day! (many comments)
- ◆ Table decorations/ stage decorations/ exhibits were all great!
- ◆ Would have liked to hear about how to pack when traveling.
- ◆ Center pieces were too tall for conversation at our table.
- ◆ Putting the guests at different tables did not work out.
- ◆ Disappointed the education projects didn't get voted on.
- ◆ Liked listening to the speaker in the morning- better than afternoon.
- ◆ Past County Presidents should have been recognized. There should be a sign-up sheet at registration so you know who is here.
- ◆ The Chorus is to be commended for a wonderful program of great songs related to travel.
- ◆ It was very disorganized.
- ◆ Guests and visitors should have gone to the lunch first.
- ◆ Temperature in room was too cold! (several comments)

## Caramel Apple Strudel

### Ingredients

- 5 medium Apples, peeled and chopped (5 cups)
- 3/4 cup apple cider
- 1/4 cup sugar
- 1/2-3/4 teaspoon ground cinnamon
- 1/4 teaspoon ground allspice
- 1/4 teaspoon ground cloves
- 1 frozen puff pastry sheet, thawed
- 1/4 cup caramel ice cream topping
- 1 egg
- 1 tablespoon water
- 1 tablespoon coarse sugar
- Sweetened whipped cream and additional caramel ice cream topping, optional



### Directions

- ☞ Preheat oven to 375°. In a large saucepan, combine the first six ingredients. Bring to a boil. Reduce heat; simmer, uncovered, 15-20 minutes or until apples are tender, stirring occasionally. Cool completely.
- ☞ Unfold puff pastry onto a large sheet of parchment paper; roll into a 16x12-in. rectangle. Transfer paper and pastry to a baking sheet, placing a short side of the rectangle facing you. Using a slotted spoon, arrange apples on bottom half of pastry to within 1 in. of edges. Drizzle apples with caramel topping. Roll up jelly-roll style, starting with the bottom side. Pinch seams to seal and tuck ends under.
- ☞ In a small bowl, whisk egg with water; brush over pastry. Sprinkle with coarse sugar. Cut slits in top. Bake 25-30 minutes or until golden brown. If desired, serve with whipped cream and additional caramel topping. Yield: 8 servings.

**JUST BE KIND CLUB**  
PRESENTS...

**THE JUST BE DOG SHOW**

**Sunday, October 2** 🐾 **2-5pm**

**HENDRICKS COUNTY FAIRGROUNDS**  
1900 E Main St, Danville IN 46122 - Small Animal Barn

The Just Be Kind Club is raising money and coats to support the Bundle 'Em Up Coat Giveaway (Saturday, October 22). Dogs will compete in talent and costumes.

<b>Dog Entry Fee:</b> 🐾 new or gently used CLEAN winter coat <small>monetary donations also accepted</small>	<b>Spectator Fee:</b> 🐾 new or gently used CLEAN winter coat <small>monetary donations also accepted</small>
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Proof of vaccination required for entry.

Register at [bit.ly/JBK\\_DS2022](https://bit.ly/JBK_DS2022)

**Just be KIND** Keep up with us online!  
➡ [JUSTBEKINDITSEASY.COM](https://www.justbekinditseyasy.com)  
📌 JUST BE KIND IT'S EASY



### The Annual "Boone County Extension Homemakers"

## Holiday Bazaar

SATURDAY, NOVEMBER 19, 2022

9:00 AM – 4:00 PM

At the Boone County Fairgrounds  
Exit 138 on I-65 Lebanon, Indiana

*Free Parking, Free Admission, Handicap Access*

*Shop over 100 booths in 3 buildings*

*J.C. Cocina catering & food truck*  
*Serving lunch from 10:30 AM – 1:30 PM*

For More Information...

visit our Facebook page: Boone County Extension Homemakers

or

call 765-482-0750