

Hendricks County Homemaker Happenings



August-September 2022

Mission Statement: To strengthen families through continuing education, leadership development and volunteer community support.

Calendar of Events

August

- 2: Council, 9:30 am
- 25: Fall District Meeting, Hancock County
- 30: Fun & Games Night 6 PM

September

- 6: Council, 9:30 am
- 8: Helping Hands (10 am -12 pm)
- 21: Indianapolis District Retreat, Hendricks County Fairgrounds

October

- 4: Council, 9:30 am; Leader Lessons 1:00, 2:00 & 3:00 pm
- 13: Helping Hands (10 am -12 pm)
- 17: Make A Difference Day—10:00 am
- 17: Start of IEHA State Wide Celebration Week

November

- 1: Council
- 10: Helping Hands (10 am -12 pm)
- 29: Fun & Games Night 6 PM
- 30: Set up Christmas Tree at Fairgrounds

December

- 1: Holiday Fest Setup
- 2: Holiday Fest
- 6: Council Brunch



Newsletter
Deadline

Submissions for the **October/November Issues** are due by **September 15**.

Submissions may be emailed to Melissa Phillips, Newsletter Editor, (dmphillips@tds.net) or Lisa Pitts pitts15@purdue.edu. Hand written copies may be given or mailed to Melissa Phillips (9388 S. County Road 100 W., Clayton, IN 46118).

Beth's Bits



Stay Safe!

The latest stories in the news are a bit shocking! Are they true? Can it happen? The answer is YES.

Remember, they may be just stories and the better they are the better they sell! How do you know? DO THE RESEARCH! Yes, there is a correct way to research something, and it is NOT “surfing the net” for something. You need SCIENCE based RESEARCH – professional (journals, government agencies (FDA, FTC, CDC, etc.) – websites that end in (.gov),

and educational sites (websites that end in .edu). These sites DO NOT advertise and do not have a hidden agenda. They are backed by research and research does not lie. Sometimes we don't like what it is saying, but it is non-biased and is backed by science and not opinions.

Remember – Research is fluid and always changing. When research is done, results are reported; if the research is done again – results may change. I believe we all watched this happen during the last two years with COVID. There was constant research going on with COVID. The stories didn't change, the results of the study did! Ideally, we would have had years' worth of research and could provide the public with facts that were not changed because the research was not happening so often. But, due to on-going research because COVID was so new and so many people were dying, the government tried to do the best they could. Why did things change? The results of the different research produced different outcomes and that is what changed. Those in charge were not changing their minds and making up stories! This is how a fluid situation works.

Current stories in the news could impact anyone who tries to keep America clean or be considerate!

- 1) People picking up anything from the street, sidewalk, or yard that you think shouldn't be there can be very DANGEROUS!
- 2) You may think you are helping keep your community clean, but it may be a trick.
- 3) According to the Center for Disease Control, you could be coming in contact with a mixture of illicit drugs that can include cocaine, methamphetamines, cannabinoids, cathinones, and opioids such as fentanyl and heroin for example. Exposure to illicit drugs can be harmful!
- 4) How could you encounter these?
 - a. Pop can in the parking lot
 - b. Money, change or dollar bills, found anywhere – think of a drive thru – perhaps it was dropped and you want to return it or take it because nobody is around and you know... “finders keepers”.
 - c. Trash on a table
 - d. The item could have something white and powdery on it and it could be illicit drugs. This could be a problem if touched or inhaled.
 - e. Anywhere – people are always thinking!!!!
 - f. Please Stop, Think, and Move-On!

Submitted by: Beth Switzer, MS, RDN, LD

As this message is being written it's like writing your thank you notes early – before you open the gifts on Christmas Day!! And this is written a week before the Fair. None the less – here's the Opportunities EHM have had for our Hendricks Co. Fair. And THANK YOU to those did – physically or in your “hearts” support EHM via the Fair!

- Let's start with “hearts”: Michelle Roberts, new IEHA State President's theme is
- “Scatter Kindness” signified with a *heart* and packaged for scattering to others.
- Thank You to those who did make, and will make, hearts. Those received were packaged and distributed at the Fair.
- This is the first Fair where all the Extension Associations partnered together with Booths – and one of those is NEW - a Kids' Booth. Theme for these combined booths is/was “Farm To Table”. Our EHM Booth represented the Table – with our Green Family (stand ups).
- EHM sponsored a team in the CHOPPED CHALLENGE. Hope they did well – am going, did I mention this is written before the Fair! LOL!
- I CAN – U CAN 2, sponsored by us has 5 entries. Two of which are our own Chorus and Chat N Do.

Back to Hearts – Chorus, as in everything they do, has their hearts in their I CAN entry, “Old McDonald”. And Chat N Do's title is “Queen Scatter Kindness.”



Off to the Fair! -- Rosie

SUNSHINE BASKET SUPPLIES

The County distributes Sunshine Baskets to those who need a little “pick me up”. We are in need of items for that basket. Here’s how you can donate:

1. Bring your items into the Extension Office, and Ellen will have a collection bin.
2. Bring items to your club President to bring to the County Council meeting.

Ideas for what to include:

- | | | |
|-----------------------------------|---------------------|-----------------------------------------|
| ☞ Candy | ☞ Jewelry | ☞ Succulents |
| ☞ Playing cards | ☞ Candle | ☞ Cute mug |
| ☞ Bright colored tissues | ☞ Journal | ☞ Chapstick |
| ☞ Coloring book w/colored pencils | ☞ Word search | ☞ Face wipes |
| ☞ Socks | ☞ Car air freshener | ☞ Encouragement card |
| ☞ Hand lotion | ☞ Stickers | ☞ Bright, colorful things. Think CHEER! |



*If you know of someone needing some cheer, please let me know (email, call, or text), and I will assemble a basket for them.

Thank you,
Shannon Wagner (317-506-5517)
Leadership Chair/Sunshine Basket Coordinator

FIRST BOOKS FOR KIDS

Our county will again be participating in the First Books For Kids IEHA Program. Each month we go into the local Head Start Preschool Center and read a book to each of the classes and then give each child in the class a copy of the book that was read. I will soon have the dates when we will be reading and scheduling volunteers to read. If you are interested in participating as a reader, please contact me at jjisell28@gmail.com. The time spent with the children is always fun for the reader and a great time to promote the love of reading.



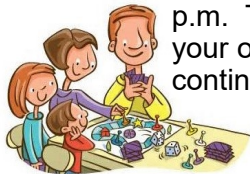
Joanna Sell, Coordinator

FUN AND GAMES

There have been two Fun and Games events this year - one on [March 29](#) and the other on [May 31](#).

Twenty-five people attended each event. There was a \$5.00 charge per table. Refreshments such as candy, cookies, chips, and drinks were sold at \$1.00 each. We had receipts from the two events of \$258.00 and expenses of \$147.16. Profit from the events was \$110.24. That profit is being donated to the Hendricks Food Pantry Coalition and a check will be presented to them at their monthly meeting on [August 5](#).

The next Fun and Games event will be [Tuesday, August 30](#) at the Hendricks County Fairgrounds from 6-9 p.m. The charge per table will still be \$5.00 and refreshments will again be for sell. You bring your own game which can be a card game, board game, etc. Proceeds from the event will continue to be donated to the Hendricks Food Pantry Coalition. You do not have to be a member of Homemakers to attend so invite your relatives and friends and come enjoy the fun.



(Submitted by Judy Ricketts)

BLESSING BOX

Our Blessing Box has been heavily used this summer. We have received a couple of large donations of supplies from a few of our 4-H organizations this summer, and the staff has also been diligent in contributing various items, but we have depleted the supply of reserves here in the office and WE NEED YOUR HELP. If you are in a position to help us out, we greatly appreciate any contributions. Our office hours will remain 8-4.





HOMEMAKER WEEKLY RECIPES **in the Danville Republican Newspaper**

The Republican Newspaper in Danville has been kind enough to publish recipes submitted by the Hendricks County Homemakers weekly. Please submit your club's recipes by the 15th of the month BEFORE they are due to appear. 5-7 recipes per Club would also be great.

Happy Homemakers- August 2022
Hazelwood Homemakers- September 2022
Modern Homemakers- October 2022
Young Modern Homemakers- November 2022
Fairfield Homemakers and Treblemakers- December 2022

Questions??
Contact Ellen Looney
ellen_looney@yahoo.com
317-797-8368

As we move into the 2nd half of the year of 2022- please let your Club President know if you would like to continue providing recipes to the Republican Newspaper in 2023 - the New Year will be here sooner than we think!!



THE TREBLEMAKERS OF HENDRICKS COUNTY

Invite you to an Open House
Monday, September 12, 2022, at 6:30 pm
At the Hendricks Senior Center, 1201 Sycamore Ln, Danville

There will be music, light refreshments, and fun for all who love to sing SSA (treble) music. Contact Kitty for details at (317) 508-1439.



INDIANAPOLIS DISTRICT RETREAT **Ladies Day Out** **Sept 21, 2022**

Fun filled day with crafts, lessons, volunteer community support project, silent auction, catered lunch, and concert by the Hendricks County Treblemakers and the Hamilton County Silvernotes. More details and registration will be coming soon.

We are still looking for additional craft ideas for the District Retreat. If you have ideas and are willing to teach a class please contact Karen Hole at (317) 839-2540 or Lynn Lillard (317) 626-4616.

Thank you!

LEADER LESSONS

Leader Lessons will be starting up this year again. We encourage you to attend the Educational Programs (aka "Leader Lessons") and bring a friend or another club member with you.

The next Leader Lessons will be held on October 4, 2022, at the Fairgrounds. Here are the topics that will be covered:

- ↪ 1:00 pm—"Back to Nature" with Amanda Veenhuizen
- ↪ 2:00 pm—"Food & Mood" with Mandy Gray
- ↪ 3:00 pm- "Creating a Friendly & Fun Environment Can Lead to Open Communication" with Pandora Taylor.



MAKE A DIFFERENCE DAY & HELPING HANDS



What an adventure 2022 has been. Many are struggling with higher fuel prices and how that inflates all other prices. Our first thought might be to draw in closer to home and concentrate on our families and ourselves.

What about relieving that stressful worry by getting involved in projects to help others!! Here is your opportunity! The Hendricks County Homemakers have **Make A Difference Day** twice a year. Many of us loved it so much that a shorter time has been established as **Helping Hands Day** on the second Thursday of the month from 10-12. We still have Make A Difference Day in October and February, but we now meet on select Thursdays also.



We make fleece blankets and bags for Riley Hospital, quilts and blankets for the homeless, and Hygiene kits for Headstart and the homeless. On Helping Hands Day we might do the same things or we might learn how to do new things we haven't tackled yet. We have some amazing ladies who crochet and knit hats for the homeless and Crisis Pregnancy Center. I would love to learn how to do that or crochet baby Afghans. Maybe you would too!! We could not only help others, but learn new skills to pass on to our children and grand-children. The possibilities are endless.



Ok, I'll slow down and concentrate on the here and now! LOL Here are the dates for both events. Come be a part of something that benefits others.

As always, donations for fleece (2 yards), kid print cotton, batting for quilts, and washcloths are greatly appreciated. The fabric and fleece need to be washed in some kind of free and clear detergent and no fabric softener to eliminate allergens.



Make A Difference Day (Currently at the conference center at the fairgrounds)

- October 17, 2022 10am-2pm
- February 13, 2023 10am-2pm

Helping Hands Day (Currently at the Fellowship Hall at Bartlett Chapel United Methodist Church, 4396 E. Main St., Avon, IN 46123)

- September 8, 2022 10am-12pm
- October 13, 2022 10am-12pm
- November 10, 2022 10am-12pm

We will let you know the future dates in one of the next newsletters.

Are you excited about taking part in Making A Difference in the world and in yourselves!! Come and join the fun!!! Thank you in advance for your support!!

Charlotte Lloyd (812-236-6083)



“Yet those who wait for the LORD will gain new strength; They will mount up *with* wings like eagles. They will run and not get tired, They will walk and not become weary.” Isaiah 40:31

Chat N' Do:

Ten members of Chat N' Do met at Monical's in Avon for their June meeting. The business included discussion of the county's two new endeavors: Gathering to Read and Fun and Games supporting Hendrick's County food pantries. Both seem to be well received by the community. Highlights of the Council meeting were shared. Program books were distributed and members volunteered to hostess for the coming year. We reviewed our fair assignments as Open Class watchers, hostesses in the Homemaker's Booth and set up and follow through for Home and Family Arts Day on [July 21st](#).

A Health and Safety lesson was given on "Your Auto-Safety Teck Could Put You In Danger". The meeting was adjourned to enjoy lunch and socializing.



Chat N' Do Homemakers were recognized at the Riley Cheer Guild Annual Member and Chapter Luncheon held on June 16 at Pipers at The Marriott in Indianapolis. Deb Culler represented the Club and was presented with a **First Year Charter Member star**. Let's all come to our Helping Hands Day in September and Make A Difference Day in October to show our continued support to the Guild. Perhaps your Club would also consider becoming a Guild Charter Member.

Hazelwood Homemakers:

April was a busy month. We had our regular meeting and welcomed a couple new members! We also had met on another day to assemble all the center pieces for Achievement Day. Afterwards, we decided to try out a relatively new restaurant in Belleville called CJ's Pizza.

In May, our group had a wonderful time celebrating at Achievement Day. It was a fun day learning how Adventure Awaits! With the current year over, we are looking forward to the adventures that await for us in July & August until we can get back together in September. Part of those adventures include the fair, especially the Strawberry contest. Yummy!

Getting together is always an adventure for our group, although the future is never a guarantee. My mother used to say, "I'll see you here, there or in the air!" I find myself saying that more and more, now, as the years race by and I encounter crazy drivers while running errands. Thankfully, our lives are in His hands.

Modern Homemakers:

The Modern Homemakers have been busy getting ready for the County 4-H Fair — Everyone from our club is involved in the fair: Joanna Sell—Director & Registration; Regina Hawkins—Registration, Ellen Looney, Debbie Beck, and Darlene Gettle—Culinary A; Lynn Lillard, Jackie Rusher and Phyllis Percy—Culinary B, Sharon Lytle and Pam Pizzato—Needlecraft; and Jan Pfaffenberger—Sewing. All of the other ladies assist with judging, ribbon placement, watchers and whatever else is needed. It also takes the help of all of the other clubs in our county to make this work. **HOPE TO SEE ALL OF YOU AT THE FAIR!**



Modern Homemakers Home Extension Club was formed in 1953-54, and the following was taken from that book:

If there is righteousness in the heart, there will be beauty in character.
If there be beauty in the character, there will be harmony in the home.
If there be harmony in the home, there will be order in the nation.
When there is order in the nation, there will be peace in the world.

HOME & FAMILY ARTS OPEN CLASS SHOW

A big thanks to all the Department Chairs, Co-Chairs, and workers for the great job they did in getting exhibits entered into the various departments and getting ribbons placed on the exhibits, after they were judge. They again did a wonderful job in getting the exhibits arranged attractively and ready for the public to view during the week. This year there were a total of 162 exhibitors with 546 total exhibits. The number of exhibitors was about the same this year as last with a few more total exhibits. Each year the show continues to attract new exhibitors with 42 this year.

It was great to be able to have the Bake Sale Auction, back this year. The new location in the Expo Hall was wonderful with no concerns about the weather and plenty of room for participants to sit. We had great participation with some pies and cakes going over \$100. A big thanks goes to the Young Moderns Club for the great job they did in being responsible for all that was involved in making it the best auction we have had. Over \$1,500 was made on it. Proceeds from the auction help defray the cost of ribbons and premiums for the Open Class Show. Thanks to all of those who participated in the auction and supported it.

Finally, thanks to all those that volunteered their time to be watchers at the show, keeping exhibits secure and talking with the public encouraging them to participate next year. We could not sponsor the show without all of you.
Director, Joanna Sell

WOMEN'S DAY AT THE FAIR

One day during the fair each year has been designated as a special day for women. This day has consisted of demonstrations, crafts, lessons, foods and etc. Then in 1993, it was decided to have a theme for the day. Here are the themes for the past years:

1993—Zucchini
1994—Peach
1995—Strawberry
1996—Pumpkin
1997—Lemon
1998—Berry
1999—Chocolate
2000—Pineapple
2001—Cherry
2002—Apricot
2003—Peanut Butter

2004—Banana
2005—Orange
2006—Apple
2007—Crazy about Nuts
2008—Strawberry
2009—Coconut
2010—Raisin
2011—Zucchini
2012—Peaches
2013—Cherry

2014—Pumpkin
2015—Pineapple
2016—Blueberry
2017—Lemon
2018—Apple
2019—Peanut Butter
2020—(No Fair, Covid)
2021—Chocolate
2022—Strawberry
2023—Zucchini

Each year, now, we have a contest with Cakes, Candies, Cookies, Quick Breads, Pies, Yeast Breads and other categories. The best part is that shortly after the fair a booklet with ALL the recipes entered in the contest are available to purchase for a small fee. Yummy!!!!

SPECIAL REQUEST

A couple of years ago, our family had a house fire which destroyed almost everything. Unfortunately, one of those things lost was all of the bake off cookbooks from the "Women's Day" contests. I was hoping that someone still has a copy any of the cookbooks from 1996 to 2020. These books are very special to me because when my parents and brother were alive, we used to do the bake-off together. So, these cookbooks hold such a precious memories of our times together. If by any chance you still have a copy that I could copy, please text me at 765-481-0664. Thank you! Anna



HOST A HOOSIER

Host-A-Hoosier is an IEHA state program in which counties can choose to participate. In the program two counties exchange visits sometime during the year to learn about each county's activities and make new IEHA friends. On Thursday, July 21st, Nancy Dillworth and Susan Shoaf from Warren County visited our county, enjoying activities at the fair. Lynn Lillard, Ellen Looney, and Joanna Sell took them out for lunch at the Bread Basket then after lunch they enjoyed a visit to some shops around the courthouse square, then back to the fair to see more. Joanna then took them on to the Avon Perennial Gardens. They were lovely ladies to get to know and to share our county activities. Sometime during the coming year some of us will visit them in Warren County.



Results of the Strawberry Contest July 21, 2022

Cake: Caroline Seavey- Strawberry Sour Cream Cake
Candy: Shannon Wagner- Strawberry Fudge
Cookies: Shannon Wagner- Strawberry Pop Tart Sugar Cookies
Quick Bread: Melissa Phillips- Roasted Strawberry Pistachio Muffins
Pies: Marylynne Meranda- Strawberry Pie
Other: Katherine Ward Strawberry Danish Pastry
Champion: Caroline Seavey- Strawberry Sour Cream Cake



We wish to thank EVERYONE who enter this year's contest, see you next year at the Zucchini Contest.

Submitted by Chat N' Do Homemakers



2022-2023 Officers

☞ President: Rosie Lenihan
☞ Vice President: Deloris Elza
☞ Secretary: Karla Janning
☞ Treasurer: Judy Ricketts
☞ Education: Sharon Lytle
☞ Leadership: Shannon Wagner
☞ Home & Family Arts Show: Joanna Sell

☞ 1st Member at Large: Sharon Fruits
☞ 2nd Member at Large: Ellen Looney
☞ 3rd Member at Large: Lynn Lillard
☞ 4th Member at Large: Kim Weber
☞ Volunteer Community Support: Charlotte Lloyd
☞ News Chair: Melissa Phillips

IEHA Families Home Page — www.ieha-families.org



Purdue Extension Hendricks County — www.extension.purdue.edu/county/hendricks
<https://www.facebook.com/Hendricks-County-Extension-Homemakers-600129567100835>