

Health

Outdoor Adventures



Project Introduction

The Outdoor Adventures Project gives you the opportunity to practice and develop outdoor skills and techniques. They will learn how to plan and safely conduct camping, backpacking and wilderness excursions.

A manual is needed to complete this project, but does not have to be turned in. 4-H member may use a copy in the Extension Office.

Create an exhibit that shows the public what you learned in the Outdoor Adventures project this year. Posters are displayed horizontally, 22" x 28", and mounted on a firm backing and covered in clear plastic or other transparent material (see Poster Hints in this Handbook). Be sure to include your exhibit label with your name grade, and county. Choose one of the topics listed below, appropriate for your grade in school, and create a poster based on what you learned from the activity. **Use that topic for your exhibit title**, so the judges know which activity you completed. You can also use a creative sub-title if you wish.

All posters, notebooks, and display boards **MUST** include a reference list indicating where information was obtained, giving credit to the original author, to complete the 4-H member's exhibit. This reference list should/might include web site links, people and professionals interviewed, books, magazines, etc. It is recommended this reference list be attached to the back of a poster or display board, be the last page of a notebook, or included as part of the display visible to the public. A judge is not to discredit an exhibit for the manner in which references are listed.

Record this project on your Floyd County 4-H Annual Record Sheet.

Exhibit Requirements

Level 1: Grades 3-5 "Hiking Trails"

Exhibit:

Choose One:

- A poster or tri-fold display board on one of the topics or activities covered in your manual.
- A properly packed backpack for a hike as covered in your manual. Include a description of the items in your backpack and why you chose them.
- Make an outdoor first aid kit as covered in your manual. Include a description of the items in your kit and why you included them.

Level 2: Grades 6-8 “Camping Adventures”

Exhibit:

Choose One:

- A poster or tri-fold display board on one of the topics or activities covered in your manual.
- Make a knot display board with directions for making 6 of the 8 knots shown in your manual. No larger than a try-fold display board, may be creative on what format you choose.
- Plan an overnight outdoor excursion and create a notebook of your plans and experiences. Should include maps, brochures of location if available, supply list, menus a report of your experience, and pictures if possible.

Level 3: Grades 9-12 “Backpacking Expeditions”

Exhibit:

Choose One:

- A poster or tri-fold display board on one of the topics or activities covered in your manual.
- Make an educational video of a topic covered in your manual, 3-5 minutes long.
- Create your own project exhibit. Must be approved by Youth Educator 10 days before Project turn-in.