



# Mini 4-H

# ARTS & CRAFTS



**An Introduction to 4-H  
For Youth in Grades K - 2**

A replacement manual will  
cost \$1.00.



Developed by Purdue Extension Elkhart County  
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**Elkhart County Mini 4-H Arts & Crafts Manual  
Revised September 2015**



# 4-H Facts



**The 4-H Symbol: A four leaf clover with an “H” in each leaf.**

**4-H Colors: Green and White**

**The 4-H Motto: To make the best better!**

**The 4-H Pledge:**

**I Pledge  
My Head to clearer thinking  
My Heart to greater loyalty  
My Hands to larger service  
My Health to better living  
For my Club,  
My Community,  
My Country,  
and my World.**



# Mini 4-H



**Welcome** to *Mini 4-H*! You are now a member of the Elkhart County 4-H family! We hope that you will have lots of fun learning new things in your 4-H career.

*Mini 4-H* is designed for youth in Kindergarten through Second grade. It will give you a taste of the 4-H program as well as help you to explore a variety of project areas.

*Mini 4-H*'ers may enroll in one project each year. This manual contains fun, age appropriate activities to complete throughout the 4-H year. These activities will help you to learn about the project you have chosen. Additionally, the manual contains all instructions for the exhibit you will be preparing for the Elkhart County 4-H Fair in July.

There is no competition in the *Mini 4-H* program. Each child who completes a project for the Fair will receive the same blue completion ribbon, certificate and 4-H pin. Judges comment sheets are provided only as a way to help you do your very best on future projects.

*Mini 4-H* does not have regular monthly meetings. Try to attend the special activities planned especially for YOU! These will give you a chance to meet the project leaders, have some hands-on fun, and ask questions about your important Fair display. *Mini 4-H* is FUN! You will enjoy it.

Once you enter the third grade you can join a regular 4-H club that meets monthly. You must enroll each year of your 4-H career.

If you have questions about the *Mini 4-H* program, please call the Purdue Cooperative Extension Office at 574-533-0554. We will be happy to answer your questions.

**As a Mini 4-H parent, please help guide and encourage your child through the activities. Work with them to help them to “learn by doing”. Activities are designed to help your child learn about the project they have chosen. It is not required that they complete all the activities. Choose those that interest you and your child.**



## What is Art?

Most everyone enjoys using their creativity to make something. Doing an art project is fun for many reasons.

- 1- The *fun* you have in learning a new project.
- 2- The *fun* of showing others your completed project.
- 3- The *fun* of choosing it yourself.
- 4- The *fun* of exploring and feeling new textures & art forms.

Almost anything can be an arts & crafts project for Mini 4-H. This manual will give you some ideas to try. The ideas here are just a starting point, you are not limited to these ideas but whatever you choose it must fit and be mounted on an 11 X 14 inch poster for hanging at the fair.

**When you are old enough for traditional 4-H, in the third grade, Arts & Crafts are divided into many categories. Be sure to read the requirements for each category that you are planning to enter to prepare your project exhibit correctly.**

***Use Your Imagination! Have Fun!***

### Activity 1 - HANDY HINTS

As you work on your projects for *Mini 4-H* remember to follow these helpful hints.

**Materials needed for this activity:** None

**What you will do:** Have an adult read and explain these hints to you.





## Handy Hints

- 1- Get help when you need it.  
*Everyone needs help sometimes. Don't be afraid to ask for help!*
- 2- Get all the supplies together before you start.  
*There is nothing more frustrating than getting half finished with a project and not being able to finish because you don't have all the supplies you need.*
- 3- Keep your area neat and clean. Clean up spills quickly.  
*This is not always easy, but makes clean-up go much quicker. It is also easier to work in a clean area.*
- 4- Look over the finished project after it has dried to be sure it is neat, clean and your very best work.  
*Take the time to do your very best work and add those finishing touches.*
- 5- Ask the opinion of others so you may improve your work.  
*Sometimes asking someone who has tried the same activity can help you avoid mistakes or solve problems.*
- 6- Mini 4-H Arts & Crafts projects have size limits and must be mounted on an 11" x 14" poster for display. Keep this in mind when choosing your fair project.  
*All 4-H projects have detailed instructions for what to exhibit. Read these rules before starting your fair exhibit to avoid errors.*

### **What did you learn?**

What do you need to do before starting a project? \_\_\_\_\_

\_\_\_\_\_

Who do you ask for help? \_\_\_\_\_

Why is it important to work in a clean space? \_\_\_\_\_

\_\_\_\_\_



## Activity 2 - GEOMETRIC DESIGNS

### Materials needed for this activity:

6" x 9" or 8" x 10" white or colored paper  
Watercolor paints and a brush

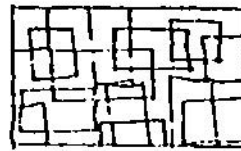
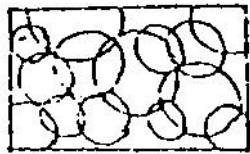
Black crayon or marker  
Paper towels

### What you will do:

- 1- Select a simple geometric shape, such as a square, circle or triangle. Using a black crayon or marker, draw that shape on the paper. Repeat it all over the paper in different sizes. Press heavy so lines are thick and dark.
- 2- Using watercolors, paint the shapes. Try to use many colors.
- 3- When completed. Let your picture dry thoroughly. Mount on construction paper in a color that compliments your painting.

Variation:

- 1- Cut different shapes from colored paper and glue onto the white paper in a pattern.
- 2- You may take different shapes that make a picture.



### What did you learn?

What shape did you choose? \_\_\_\_\_

Why? \_\_\_\_\_

What colors did you use in your picture? \_\_\_\_\_

\_\_\_\_\_



## Activity 3 - TEXTURE SEED PICTURE

### Materials needed for this activity:

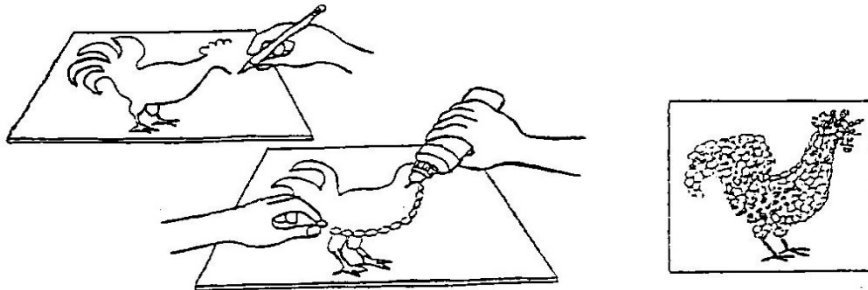
Heavy board or cardboard- no larger than 11" X 14"      Pencil or marker  
White glue in a squeeze bottle      Seeds or dried beans

### What you will do:

- 1- Trace or draw a simple picture on the heavy board. *Coloring books are a good place to find pictures.*
- 2- Squeeze glue around the outline of the picture.
- 3- Glue different seeds or dried beans on the outline of the picture.
- 4- Glue on different kinds of seeds or dried beans to the inside of the picture.
- 5- Add extras, such as yarn, feathers or beads.
- 6- You may want to seal the top of the seeds and dried beans with a clear coating of glue or mod podge.
- 7- Be sure your picture is dry before moving it.
- 8- You may want to put a picture hanger on the back so your picture can be hung on the wall.

### Variation:

- 1- Use small pieces of tissue paper instead of seeds to fill in your picture.





**What did you learn?**

How long did it take you to finish your picture? \_\_\_\_\_

What kind of seeds or dried beans did you use? \_\_\_\_\_

Where did you hang your picture? \_\_\_\_\_



**Activity 4 - MOD PODGE**

Mod Podge is a water based sealer, glue and finish for all surfaces. It comes in two finishes, matte and glossy and is available in most craft stores. It is simple to use.

**Materials needed for this activity:**

Mod Podge

Wooden plaque 5" x 7" or smaller

Picture of your choice (old greeting cards work well)

Newspapers

Small brush (sponge)

Paint or stain (optional)

**What you will do:**

- 1- Cover your work area with old newspapers.
- 2- If you are planning to paint or stain your plaque, do this first and let it dry.
- 3- Cut your picture to the proper size.
- 4- Apply a thin coat of Mod Podge with a brush to the entire surface of your plaque. Let it dry about 15 minutes.
- 5- Add another thin coat of Mod Podge to your plaque and place the picture on the plaque.
- 6- Smooth out air bubbles with your fingers. Work from the middle of the picture to the outside.
- 7- Add a thin coat of Mod Podge over the plaque and the picture. You may add additional coats until you get the look you want. Always let the plaque dry at least 15 minutes between coats.
- 8- You may cover the back of the plaque with Mod Podge if you want, after the front is completely dry. It will stick to the newspaper if you do it all at once.
- 9- Be sure to wash out the brush when you are finished.

*Hint: Your plaque will look white at first but will be clear when it is dry.*

**What did you learn?**

- 1- What kind of picture did you choose? \_\_\_\_\_
- 2- How did your picture look when you were finished? \_\_\_\_\_  
\_\_\_\_\_
- 3- How long did it take you to finish your picture? \_\_\_\_\_



**Activity 5 - COLLAGE**

A *collage* is a form of art where different materials, such as paper, cloth, flowers etc. are pasted together on a surface to make a pleasing display.

**Materials needed for this activity:**

- ❖ White paper (no larger than 11" X 14") (*if using heavy items, use cardboard*)
- ❖ Scissors
- ❖ Colored tissue paper or construction paper
- ❖ Glue
- ❖ Extras (flowers, beads, seeds, yarn, ribbon; use your imagination)

**What you will do:**

- 1- Choose a simple picture. Draw or trace it onto the white paper. *Coloring books are a good place to find simple pictures.* You may decide to just use a random pattern without a picture.
- 2- Glue tiny pieces on the paper onto your design to make a picture.
- 3- You may add extras to make the picture special. *Be sure to use a cardboard backing if you are adding heavy items.*
- 4- Let your picture dry before moving it.

**What did you learn?**

What is your picture? \_\_\_\_\_

What did you use to make your collage? \_\_\_\_\_  
\_\_\_\_\_

How long did it take to make your picture? \_\_\_\_\_

Did you enjoy making a collage? \_\_\_\_\_



## Activity 5 - OTHER IDEAS

Have you ever made jewelry, a special knick-knack or a picture frame? Do you like to draw or paint? These are all things that are arts & crafts. There are many other things you can make in creating arts & crafts. For more ideas, ask a friend, visit the library, check on the internet or use your imagination.

### More ideas to try!

Drawing, Painting, Finger Painting, Watercolors, etc.

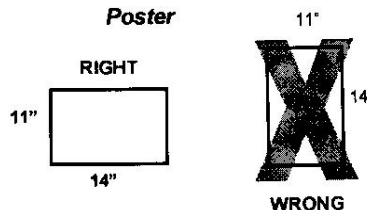
Try different materials or techniques!

You are only limited by your imagination!



## What to Exhibit Arts & Crafts

- 1- Make an Arts & Crafts poster. Your poster must be exactly 11 X 14 inches, displayed horizontally (wider than it is tall) and attached to a stiff backing. You may use foam board. Foam board is already stiff and does not require additional backing. Your poster must be covered with clear plastic. This can be a poster sleeve. If you have made a three dimensional item, you will use clear vinyl.



**NOTE:** No oversize posters will be accepted for exhibition. No un-mounted items will be accepted for exhibition.

- 2- You may exhibit one arts & crafts project of your choice. Projects may be three dimensional but must be firmly attached to the poster and covered with plastic so they can be hung on the wall for exhibition.

**NOTE:** If you are unable to pick your project up on Project Release Day, (the Monday following the close of the fair) please make arrangements to have it picked up. All projects must be removed from the exhibit building on that day and there is no available storage space for unclaimed projects.

**All posters must include:** (both are found on page 12)

- Record Sheet (attached to the back of the poster).
- Exhibit Tag (attached in the lower right front corner).

Exhibit Tag:

<p style="text-align: center;"><b>Mini 4-H</b></p> <p>Name _____</p> <p>City _____ Grade _____</p> <p>School _____</p> <p style="text-align: center;"><b>Arts &amp; Crafts</b></p>
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**Record Sheet**

-----Cut here-----

Name \_\_\_\_\_ Grade \_\_\_\_\_

What did you bring to exhibit at the Fair?

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How much time did you spend on this project?

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Who helped you with your project?

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Where will you use your project?

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