



Chelsea Brewer was born, raised and lives in Dubois County. She is excited to begin working with the many wonderful communities and organizations throughout the county. During college, she studied Health and Disease at Purdue University before going on to earn a Master's in Health Promotion and Education. Previously, Chelsea worked for Purdue Extension as a Community Wellness Coordinator for Greene, Owen and Clay Counties. She enjoyed her time with the Nutrition Education Program immensely and learned many valuable new skills that she will carry with her into the Health and Human Sciences Educator position.

Besides spending time with her husband and four children, Chelsea has a passion for teaching yoga and mindfulness to the community. She currently teaches classes at Yes Power Yoga in Huntingburg, IN. She enjoys learning new skills and furthering her knowledge in all aspects, whether it's related to human health and wellness; mindfulness, meditation or yoga poses; effective communication and group facilitation; or life skills like crocheting.

Chelsea hopes to bring a positive, fun, uplifting outlook to health education throughout Dubois County and is so happy to be a part of this team.