

**BEEF RECORD SHEET - LEVEL 3**

Turn this record sheet in at project check-in.

20\_\_\_\_  
(year)

NAME \_\_\_\_\_ GRADE \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
 4-H CLUB \_\_\_\_\_ YEARS IN BEEF PROJECT \_\_\_\_\_ YEARS IN 4-H \_\_\_\_\_

**Complete 3 New Activities from the list below each year.**

**CHAPTER 1**

ANIMAL NUTRITION AND HEALTH Leader  
Required Activities Initial  
 \_\_\_\_\_ a. Surf 'N Turf \_\_\_\_\_  
 \_\_\_\_\_ b. Balancing a Beef Ration \_\_\_\_\_  
 \_\_\_\_\_ c. Let's Talk Hay \_\_\_\_\_  
 \_\_\_\_\_ d. Read It on the Label \_\_\_\_\_  
 \_\_\_\_\_ e. Blocking Bovine Bugs \_\_\_\_\_

EPDs Leader  
Required Activities Initial  
 \_\_\_\_\_ a. Selecting a Sire \_\_\_\_\_

**CHAPTER 2**

SHOWING BEEF Leader  
Required Activities Initial  
 \_\_\_\_\_ a. Fitting for Show \_\_\_\_\_

**CHAPTER 5**

REPRODUCTION Leader  
Required Activities Initial  
 \_\_\_\_\_ a. Exploring Beef Reproductive Systems \_\_\_\_\_  
 \_\_\_\_\_ b. The Heat is On \_\_\_\_\_  
 \_\_\_\_\_ c. A Womb with a View \_\_\_\_\_  
 \_\_\_\_\_ d. The LaMOOze Method \_\_\_\_\_

**CHAPTER 3**

MEAT EVALUATION Leader  
Required Activities Initial  
 \_\_\_\_\_ a. Evaluating a Beef Carcass \_\_\_\_\_  
 \_\_\_\_\_ b. Yielding the Grade \_\_\_\_\_

**CHAPTER 6**

EXPLORING CAREERS Leader  
Required Activities Initial  
 \_\_\_\_\_ a. Looking Ahead/ Mapping My Future \_\_\_\_\_

**CHAPTER 4**

**Optional Activities (these are in addition to the three activities you need to do).**

**Beef It Up! Activity**

Date \_\_\_\_\_ Title \_\_\_\_\_ Page # \_\_\_\_\_ Initial \_\_\_\_\_  
 Date \_\_\_\_\_ Title \_\_\_\_\_ Page # \_\_\_\_\_ Initial \_\_\_\_\_  
 Date \_\_\_\_\_ Title \_\_\_\_\_ Page # \_\_\_\_\_ Initial \_\_\_\_\_

4-H Club or Project Leader must review beef manual - level 3 - and see that activities have been completed this year. In the project manual, please have your leader sign their name and put the date including the year by the activity. On this record sheet, please have the 4-H Club or Project Leader check the activity and initial on the line.

4-H Club or Project Leaders Signature \_\_\_\_\_ Date \_\_\_\_\_  
 (Please add the calendar year beside your initials in the project book.)

**RECORD SUMMARY**

**EXPENSES OF 4-H BEEF PROJECT:**

- Cost of Animal(s)
- Feed Costs
- Vet/Medical Fees
- Bedding Fees
- Show Equipment Costs
- Fencing & Housing/Building Costs
- Interest on money to buy cattle (if any)
- Other

**COSTS**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

TOTAL EXPENSES \_\_\_\_\_

**INCOME FROM 4-H BEEF PROJECT:**

TOTAL INCOME \_\_\_\_\_

**PROFIT (+) OR LOSS (-) = (Income – Expenses)**

\_\_\_\_\_

**LABOR**

Hours **per week** spent on 4-H Beef project  
 (This includes feeding, grooming, getting animals ready for fair.) \_\_\_\_\_ hours / week

**LIFE SKILLS GAINED** Information below will be copied and used for an Impact of Life Skills Study. Your name will not be connected to your answer. List your age \_\_\_\_\_. If you are 18 or over, can we use your information below in a combined impact evaluation? (check one) \_\_\_- yes or \_\_\_\_\_ no

Using the categories and skills above, select 3 life skills and describe what you did to gain / improve these 3 life skills in your beef project.

<b>Management</b>	<b>Leadership</b>	<b>Communication</b>	<b>Financial</b>	<b>Thinking</b>	<b>Personal Dev</b>
Time Mgt.	Leadership	Speaking	Money Mgt.	Problem Solving	Responsibility
Planning	Citizenship	Writing	Record Keeping	Decision Making	Cooperating
Organizing	Motivating	Teaching	Goal Setting	Selecting	Teamwork

Using the categories and skills above, select 3 to describe what you learned in your beef project.

	<b>Life skill</b>	<b>List what you did to gain the skill</b>
<b>Example</b>	Responsibility	Fed and groomed my calf daily.
<b>Example</b>	Planning	Showmanship – worked with animal to prepare for showmanship class; know the correct way to show animal to the judge; be prepared for judge's questions.
<b>1</b>		
<b>2</b>		
<b>3</b>		