

# Parents' 4-H Pledge

I pledge my...

- **HEAD** to give my child the information I can, to help him/her see things clearly and to make wise decisions.
- **HEART** to encourage and support my child no matter whether he/she has successes or disappointments.
- **HANDS** to help my child's club; if I cannot be a volunteer, I can help in many equally important ways.
- **HEALTH** to keep my child strong and well for a better world through 4-H, for my child's club, our community, our country, and our world.



# Parents' Anti-4-H Pledge

I pledge my...

- **HEAD** to force my ideas on others whether they are welcome or not.
- **HEART** to meet my needs over the needs of others.
- **HANDS** to do the work for my kids so they will be a positive reflection of me.
- **HEALTH** to self-righteous living because I know what is best for my club, my community, my country, and my world.