

4-H Sports Record Sheet

Year_____

Name_____ Grade_____

Address_____

Name of 4-H Club_____

Name of Sport_____

A. To be filled out before you begin the sport

Basic skills I would like to learn:

1. _____
2. _____
3. _____
4. _____
5. _____

Did you give a demonstration on sports at your 4-H Club? _____

If yes, on what? _____

Did you teach someone else how to play your sport? _____

If yes, who? _____

What did you teach them? _____

I feel that my skill level in the sport is that of: (circle one)

Basic Beginner Beginner Intermediate Advanced Skilled

B. To be filled out just prior to the 4-H Fair

Basic skills I learned this year:

1. _____
2. _____

3. _____

4. _____

5. _____

Did you enjoy participating in this sport? _____

If yes, why? _____

If no, why? _____

I feel that my skill level is now: (circle one)

Basic Beginner

Beginner

Intermediate

Advanced

Skilled

Did you participate on an organized team this year? _____

If yes, which one? _____

What other sports would you like to learn?

Do you plan to continue to learn new skills for your sport? _____

If yes, what skills? _____

Did you show good sportsmanship while playing your sport? _____

How? _____

List three safety rules to remember while playing your sport:

1. _____

2. _____

3. _____

I believe the above record is accurate. _____

4-H Leader, Parent, or Coach