

4-H FAMILY FORUM

Bartholomew County May 2018 Edition

PICK YOUR PROJECT

EDUCATORS MESSAGE

Hello 4-H families,

After what felt like the longest winter of our lives, Spring has finally arrived in Indiana! In spite of my crazy allergies, I am so happy for the warmer weather, beautiful sunshine, and more daylight in the evenings! One of the greatest aspects of 4-H is the multitude of activities that you can participate in through 4-H. In April, four Bartholomew County 4-H members and I had the opportunity to participate in the Global Gateway Experience at the Heifer Ranch in Perryville, Arkansas. In addition to participating in team-building activities, we experienced the living conditions of those who face hunger and poverty in places like Thailand, Guatemala, and Zambia. Thank you to Landmark Farms Foundation, Inc. and Farm Credit Services Mid-America for financially supporting this trip. Look for activities and events in the coming months as our team puts our plan in action to educate others about hunger and poverty.

4-H Grows Here,

Elisabeth

Inside the Issue

Camp.....	2
Project Pick Up.....	2
Fair Entry.....	2
Membership Dues.....	3
June Judging.....	3
Carnival.....	3
Project Deadline.....	3
YQCA.....	4
Member Consent.....	4
Beginner Livestock.....	4
ID & Enrollment.....	5
Important Dates.....	5
Wellness Bingo.....	6
May/June.....	7
July/August.....	8

LET'S SEE YOUR
MAY
WELLNESS
BINGO
CHALLENGE
RESULTS!

<http://purdue.ag/WellnessBingo>



PURDUE | **LOCAL FACES**
EXTENSION | **COUNTLESS CONNECTIONS**

Purdue University is an equal opportunity/equal access/affirmative action institution.
If you have special needs, please call us prior to the meeting at 812-379-1665



Heifer International

From left to right: Elisabeth Smith, Haley Embry, Grayson Moffitt, Shelby Roe, Josie Burbrink



Attention members in
3rd - 6th grade! 4-H
Camp is July 23-25!

project pick up

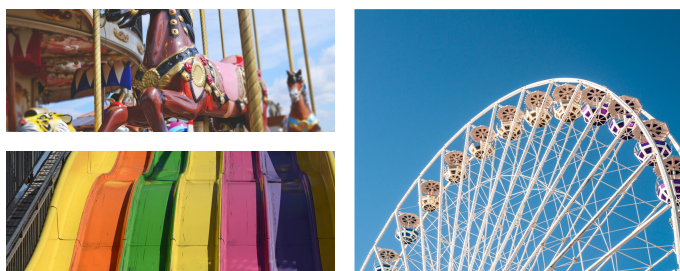
4-H projects **MUST** be picked up at the Fairgrounds on July 15 from 12 - 3 PM or July 16 from 11 - 1 PM. **NO** projects will be brought back to the Extension Office.

Fair Entry

Remember to double check all information in 4hOnline for correct projects and animal information. We will be sending out Fair Entry instructions once the May 15th deadline has passed.

Membership DUES

Any 4-H members who still owe their program fee (\$20) must submit payment to the Extension Office by May 15. Members who are still in “pending” status on 4hOnline come Fair Entry, will not be able to enter projects due to pending status. Pending status may also hinder those showing livestock. If you are unsure if your program fees have been paid, please contact the Extension Office. (812) 379-1665



Carnival

ADVENTURE DAY

Preschool through Second grade youth are invited to the Carnival! Full of fun, games, and crafts that parents and children can enjoy together. Join us July 11, at the David Boll Theater, Bartholomew County Fairgrounds from 10:00 AM–Noon.

add/drop deadline for projects

May 15

JUNE JUDGING

4-Her's who are taking Creative Writing, Verbal Communications, Performing Arts, Consumer Clothing, and Fashion Revue, below you will find important information regarding your projects. Be sure to check the 2018 Bartholomew County 4-H Family Handbook for further information or clarification on your particular project.

Creative Writing: All notebooks must be turned in no later than 4:30 PM to the Extension Office on Friday, June 8.

Performing Arts: Judging will be from 12:30 PM–3PM, and take place at Grace Lutheran Church, 3201 Central Ave, Columbus IN 47203 on June 12. You will receive information after the May 15th deadline regarding scheduling a registration time slot.

Verbal Communications: Judging will begin at 5:00 pm in the Family Arts Building at the Bartholomew County Fairgrounds on June 12. The event will be following registration.

Consumer Clothing: Takes place at 12:00 PM, Tuesday, June 19 in Fair Oaks Mall. Registration will begin 30 minutes prior to the event. Remember you are to model your purchased garment(s) and participate in judge interviews after modeling. Consumer clothing members will participate in the Public Revue at 7 PM.

Fashion Revue: June 19, at Fair Oaks Mall, Fashion Revue will begin after Consumer Clothing is finished with Judging, or no earlier than 1 PM. Registration will begin at 12:45 PM. That evening, 7 PM, Fashion Revue Public showing will take place. Remember, garments modeled must have been made by 4-H member, and must be garment(s) that when put together make a complete look– such as dress, pant suit, skirt and blouse.



Information regarding the Youth for the Quality Care of Animals (YQCA) program was sent to all 4-H members enrolled in a livestock project for 2018. This new educational program will allow 4-H members to learn about the importance of animal-well-being, quality assurance practices, and their part in the food production system. All 4-H members enrolled in Beef, Dairy, Dairy Starter Calves, Dairy Goats, Meat Goats, Poultry, Rabbits, Sheep, and Swine must complete the YQCA program in order to exhibit livestock at the Bartholomew County 4-H Fair and/or the Indiana State Fair.

Bartholomew County 4-H members are asked to complete YQCA by May 15, 2018. YQCA can be completed via the online module or by attending an in-person training. In-person trainings will be held according to the following schedule:

- **Thursday, May 3, 2018 at 7 PM, Purdue Extension - Bartholomew Co. Community Room**
- **Monday, May 7, 2018 at 7 PM, Purdue Extension- Bartholomew Co. Community Room**

No instructor led trainings will be held after May 7th and class size is limited to 50 participants. Do not wait until the last minute to sign up to attend YQCA! If you have any questions, regarding YQCA please contact the Extension Office at 812-379-1665.

MEMBER CONSENT

Please note when entering in your livestock animals information, the member's consent check box at the bottom. This box must be checked in order for the online animal enrollment to be complete. Due to this consent, the Extension Office is not able to enter your livestock information for you. Animals must be entered through the family login and consent must be given when all information is input.



If you are new to 4-H this year and showing a livestock animal, OR are a 4-H member showing a NEW livestock species this year and did not attend the Beginner Livestock Information Meetings in February, you must schedule a time to watch the Beginner Livestock Video at the Extension Office by JUNE 1 in order to show livestock.



Indiana 4-H Wellness Bingo Challenge

May 2018

Each day complete one task and mark it off on this bingo card!

Enter your results by June 15th at <http://purdue.ag/WellnessBingo>

N	O	U	R	I	S	H
Have a garden salad for lunch or dinner	Go for a walk as a family after dinner	Savor a serving of your favorite dessert	Take your time eating a meal. 20 minutes minimum!	Share a photo of your balanced breakfast on social media	Add a vegetable to your breakfast smoothie	Have a healthy snack after exercise
Skip the French fries or share a small	Try a new vegetable today	Focus on limiting added sugars today	Follow MyPlate for all meals Click here	Add a piece of fruit to breakfast or lunch today	Make your own pizza night! Add some veggies!	Add beans to your lunch or dinner
Drink only water as your beverage choice today	Post a photo of a new vegetable and fruit you tried #indiana4h	Try a new whole grain!	Choose fish for lunch or dinner	Consume 3 servings of calcium rich foods or beverages	Choose chocolate milk after exercise	Cook your favorite carry-out food at home tonight
Try a new vegetable today	Create flavor infused water with fruits, veggies, or herbs	Eat some protein after working out		Listen to a healthy living podcast	Salad bar night! Choose 3 food groups to include	Learn about hydration Click here
Choose a protein and a vegetable for a snack	Drink at least 64 ounces of water today	Eat breakfast today!	Learn to build healthy eating patterns	Share a photo of your after-dinner walk #indiana4h	Create a recipe that includes all food groups	Instead of salt try a new herb or spice
Create a healthy snack to share	No beverages with added sugar today	Practice mindful eating	Have fruit for dessert!	Write down what you eat and drink today	Try a new fresh herb like parsley, cilantro, or basil	Eat a fruit or vegetable at each meal
Make homemade granola bars!	Rate hunger and fullness at mealtimes Learn more	No electronic devices during family dinner	Post a photo of your favorite vegetable #indiana4h	Taco night! Include at least 4 food groups	Drink water at every meal and with snacks	Choose whole fruits instead of juice

May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Archery 7 PM, Haw-patch; Hoosier Hounds 6:30 PM	2 Small Engines 6 PM, Ext. Office; Hoosier Hounds 6:30 PM	3 YQCA 7 PM, Ext. Office; Country Club 6:30 PM, Monrovia Church; Intro to Shooting Sports 6PM, Sandcreek Sons. Club	4 Sheep ID Day, 6-7:30 PM, Fairgrounds	5 Goat ID Day 9-10:30 AM, Fairgrounds Adventure Day 9-11 AM, Ext. Office
6	7 4-Leaf Lions, 6PM, Ext. Office; Air Rifle 6 PM, Hoosier Hills; ISSK 7 PM, Petersburg United Methodist; YQCA 7 PM, Ext. Office	8 Ext. Office Closed Bunny Bunch 6PM, Comm. Bldg; Hoosier Hounds 6:30 PM, Archery 7 PM, Haw-patch	9 Salt & Light 3:30 PM, United Way; 4-H 101 6:30 PM, Ext. Office; Clover Kids 7 PM, Hope Monrovia; Hoosier Hounds 6:30 PM	10 Happy Go Luckies 7 PM; Circle C 6:30 PM, Fairgrounds, Intro to shooting sports 6 PM, Sandcreek Cons. Club	11	12
13	14 SRC & Happy Faces 7 PM, Burnsville Christian Church	15 ADD/DROP Deadline; Livestock Enrollment Deadline; Hoosier Hounds 6:30 PM	16 Whitecreek Needlers 6 PM, Whitecreek Cons. Club; Hoosier Hounds 6:30 PM	17 Intro to Shooting Sports 6 PM Sandcreek Sons. Club	18 Totally Awesome 4:30 PM	19 Happy H's 3PM, Columbus Reformed Presbyterian Church
20	21 Jr. Leader 7 PM, Ext. Office	22 Hoosier Hounds 6:30 PM; ISSK 7 PM, Petersburg United Methodist	23 Hoosier Hounds 6:30 PM; Clover Kids 7 PM, Hope Monrovia Church	24 4-Leaf Lions 7 PM, Fairgrounds; Intro to shooting sports 6 PM, Sandcreek Cons. Club	25	26
27	28 Ext. Office Closed	29 Hoosier Hounds 6:30 PM	30 Hoosier Hounds 6:30 PM	31 Intro to Shooting Sports 6 PM, Sandcreek Cons. Club		

June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Hoosier Hounds 6:30 PM; Kiddin' Around 7 PM, Family Arts	6 4-Leaf Lions 2 PM, Silver Oaks; Hoosier Hounds 6:30 PM	7 Country Club 6:30 PM, Moravian Church	8 Creative Writing Projects, Rabbit & Poultry Enrollment all due by 4:30 PM at the Ext. Office; Totally Awesome 4:30 PM	9
10	11 ISSK 7PM, Petersburg Methodist Church; SRC & Happy Faces 7PM at Burnsville Christian Church	12 Performing Arts 12PM, Grace Lutheran; Verbal Communications 5 PM, Family Arts; Bunny Bunch 6PM, Comm. Bldg; Hoosier Hounds 6:30 PM	13 Hoosier Hounds 6:30 PM; Clover Kids 7 PM, Hope Monrovia	14 Happy Go Luckies 7 PM; Circle C 6:30 PM, Fairgrounds	15	16 Frank Burbrink Memorial Swine Classic
17 4-H Princess Contest, 6 PM Columbus East	18	19 Consumer Clothing Judging 12 PM, & Fashion Revue 7 PM, Fair Oaks Mall	20 Salt & light 3:30 PM, United Way; Whitecreek Needlers 6 PM, Whitecreek Cons. Club	21 Drive Thru Lunch 11-1 PM, St. Peters Church; 4- Leaf Lions 6:30 PM Fairgrounds	22	23 4-H Dog Show 8:30 AM Community Bldg.
24 4-H Fair Queen Pageant 7 PM, Columbus North	25 ISSK 7 PM, Petersburg United Methodist	26 Circle C 6:30 PM, Fairgrounds	27 Clover Kids 7 PM, Hope Monrovia	28	29 Totally Awesome 4:30 PM	30

July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 4-H Project drop off 3:30-6:30 PM, Community Building	3 Pre 4-H project drop off 3:30-6:30, David Boll; Livestock Packet Pick Up 3-6 PM Pavillion; Rabbit Showmanship Written Test 3-6 PM	4 Extension Office Closed	5 Poultry check in & weigh in 6-8 PM, Pavilion	6 All species check in 7-11 AM (goats must be stalled by 11 AM) Poultry Show 9 AM; Goat weigh in 11:30-12:30; 4-H Watermelon Relay, Horse Arena	7 All species check in (swine must be stalled by 11 AM) 7-11 AM; Horse & Pony Western Halter; Goat Show 9 AM; Rabbit registration deadline 7 PM
8 Horse & Pony English Halter 8 AM; Swine weigh in 9 AM; Rabbit Show 1 PM	9 Sheep Beef, Starter Calf & Dairy Steer check in (must be stalled by 11 AM) 7-11 AM; Flowers, Beekeeping, Crops, Gardening check in 9 AM; 4-H Gilt Show 1 PM	10 Market Lamb Weigh in 8:30-9:30 AM; 4-H Barrow Show 10 AM; Horse & Pony Fun Show & Costume Class 6:30 PM	11 4-H tractor contest 8 AM; Cat & caged critters 9 AM; Adventure Day carnival 10 AM; 4-H Sheep Show 1 PM; Amazing Race Scavenger Hunt 2-7 PM	12 4-H Dairy Show 10 AM; 4-H Beef Show 1 PM; Best Dressed Rabbit 6PM; Rabbit Race 7 PM	13 4-H Rocket Demo 9 AM; BBQ Contest 11 AM; Parade of Champions 5 PM; Supreme Showmanship 6:30 PM	14 Livestock Buyers Breakfast 7:30 PM; Livestock Auction 8:15 AM
15 4-H Projects release 12-3 PM	16 4-H project release 11 AM-1 PM	17	18	19	20	21
22	23	24	25	26 State Fair Projects Due	27	28
	← 4-H Camp →					
29	30	31				

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 State Fair Food Exhibits due by 8:30 AM	2	3 State Fair begins	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19 State Fair Ends	20	21	22	23	24	25
26	27	28	29	30	31	