

# Achievement Sheet

Activities	Date Completed Month/Date/Year	Helper Initials
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## Level B: Grade 5

Try out different machine accessory feet and learn their uses (examples: zipper foot, zigzag foot).

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Look at a serger and find out how it is used in combination with your sewing machine.

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Read fabric bolts and learn to identify different fabrics.

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Find different types of interfacing. Learn their uses.

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Do simple pattern adjustments.

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Continue to use staystitching in garment construction.

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Practice gathering fabric. Sew the gathering to another piece of fabric, keeping gathers even.

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Practice techniques for sewing patch and inseam pockets.

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Insert a sleeve using the "flat method" (sleeve cap is stitched to armhole before the sleeve and underarm seams have been sewn).

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## Level B: Grade 6

Read pattern descriptions and choose compatible fabrics.

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Select zippers and buttons.

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Determine the nap of different fabric (examples: corduroy, velvet).

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Practice stitching darts.

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Practice inserting a lapped zipper.

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Make a simple collar (without a band).

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Practice marking, sewing, and cutting buttonholes.

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Practice different hemming methods.

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Sew on buttons, hooks, and snaps.

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