

# Achievement Sheet

| Activities | Date Completed<br>Month/Date/Year | Helper Initials |
|------------|-----------------------------------|-----------------|
|------------|-----------------------------------|-----------------|

## Level A: Grade 3

|  |             |       |
|--|-------------|-------|
| Take the sewing machine operator's test.           | ___/___/___ | _____ |
| Thread the machine, wind a bobbin, and sew.        | ___/___/___ | _____ |
| Help select patterns, fabric, and notions.         | ___/___/___ | _____ |
| Read and follow pattern directions.                | ___/___/___ | _____ |
| Straighten and prewash fabric.                     | ___/___/___ | _____ |
| Pin and cut fabric.                                | ___/___/___ | _____ |
| Use the iron and seam gauge.                       | ___/___/___ | _____ |
| Practice stitching and a simple seam finish.       | ___/___/___ | _____ |
| Insert and join elastic, then stitch in the ditch. | ___/___/___ | _____ |
| Understand sewing and trimming a crotch curve.     | ___/___/___ | _____ |

## Level A: Grade 4

|  |             |       |
|--|-------------|-------|
| Learn to adjust machine tension and stitch length.   | ___/___/___ | _____ |
| Learn to replace the sewing machine needle.  | ___/___/___ | _____ |
| Coordinate pattern with fabric and notions.  | ___/___/___ | _____ |
| Understand types of grainlines.  | ___/___/___ | _____ |
| Learn methods for transferring pattern markings.   | ___/___/___ | _____ |
| Learn definitions for basic sewing terms.  | ___/___/___ | _____ |
| Know the importance of staystitching, and use it in your sewing.                             | ___/___/___ | _____ |
| Sew a facing or waistband, with interfacing, and learn how to trim and grade enclosed seams. | ___/___/___ | _____ |
| Practice using the iron, and press as you sew.   | ___/___/___ | _____ |
| Learn other seam finishes, and choose the best one for your project.                         | ___/___/___ | _____ |

