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FELLOWSHIP

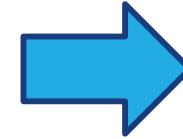
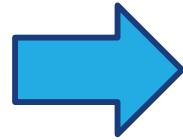
FOR YOUNG AFRICAN LEADERS

CELEBRATING 10 YEARS

2024 Institute Orientation



Fellowship Administration



U.S. Department of State funds the Fellowship.

IREX manages the administrative components.

Purdue University implements the Leadership Institute!



Purdue Co-Sponsors

- **International Programs in Agriculture (IPIA) - Lead**
- College of Agriculture
- Global Engineering Programs
- Purdue Foundry
- College of Engineering



Leadership Team



Gary Burniske

Academic
Director



Lonni Kucik

Administrative
Director



Scott Hutcheson

Leadership
Manager



Lynn Cornell

Administrative
Co-Director



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Steering Committee



Gerald Shively

Associate Dean
International Programs in Agriculture



Heidi Arola

Managing Director
Global Partnerships



Heidi Parker

Managing Director
Global Engineering Programs
And Partnerships



Heather Goodwin

Business Development Manager
Purdue Applied Research Institute



Dieudonne Baributsa

Associate Professor
Entomology



Torbert Rocheford

Professor
Agronomy



Christian Butzke

Professor
Food Science



Evan Rocheford

Chief Executive Officer
NutraMaize



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International Programs in Agriculture Staff



Holly Shaver

International Programs
in Agriculture Specialist



Sara Hasselbring

Undergraduate
Student Intern



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2024 Leadership Institute Components

Core components

- Academic sessions
- Leadership sessions & the Common Leadership Curriculum (CLC)
- Site visits
- Community service activities
- Networking opportunities
- Unstructured time for networking
- Focus Project and coaching
- Ignite Talks
- Cultural exchange



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Summit

- **Discussions**
- **Networking**
- **U.S. Government Engagement**




Networking Reminders


- Be intentional about using unstructured time
- Check the Program Agenda *before* scheduling meetings
- Be proactive & take initiative
- Research your connections & tailor your pitch
- Use the Personal Networking Plan
- Follow up
- Let strong connections know about Reciprocal Exchanges



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Personal Networking Plan



The Mandela Washington Fellowship is a program of the U.S. Department of State with funding provided by the U.S. Government and administered by IREX.

Map

http://www.purdue.edu/campus_map/

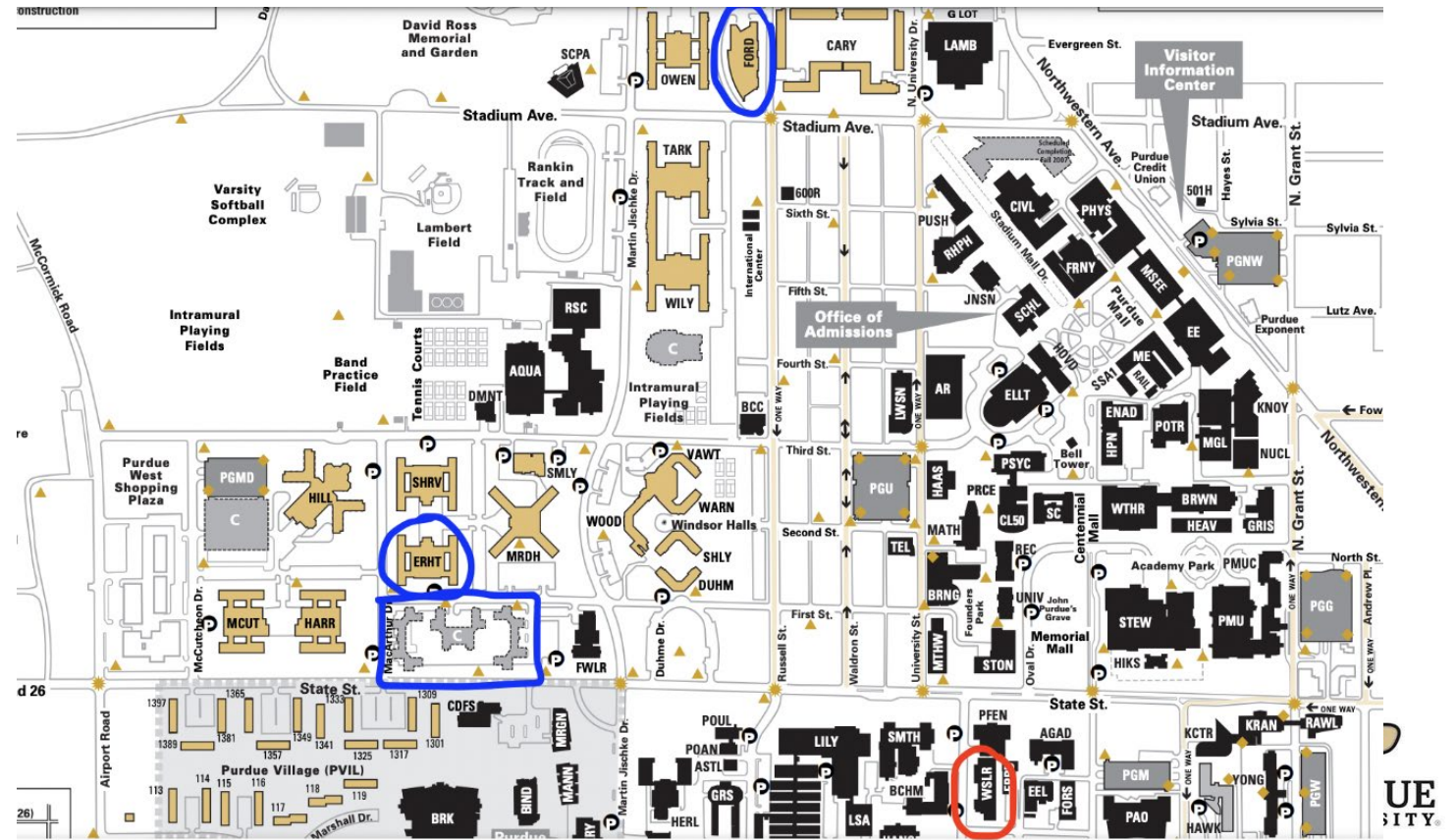
Meeting Location

Whistler Agriculture Research Hall
(WSLR) Room 116 (red)

First Street Towers (blue – on Mitch
Daniels Blvd.)

Earhart Dining Court (blue – across
from First Street Towers)

Ford Dining Court (blue – off of
Stadium Ave)



Around Purdue

- Recreational Sports Center (Co-Rec)
 - Purdue ID, cost \$45 for summer
 - Offers swimming, basketball, volleyball, badminton, etc.
- Libraries
 - Separated by individual interests
 - Hicks Undergraduate Library
 - WALC Wilmeth (Thomas S. and Harvey D.) Active Learning Center



Safety & Security

- Call 911 – Emergencies only
 - Emergency Boxes - map ▲, you should always see next box
- ATM Machines
- Lock Doors
- Emergency Text Messages
 - Sign up at www.purdue.edu/securepurdue
- Emails
 - Spam Email – Don't click on it or do anything with it
- Security Escort Services
 - Wednesday – Saturday night
 - 765-494-SAFE - someone will meet you (don't call if you have been drinking)
 - Numbers on back of your PU ID card
- Drinking
 - Legal age: 21
 - Not legal to drink on Purdue campus including First Street Towers
 - Public intoxication – visibly drunk & disorderly – up to \$1000 fines, up to 180 days in jail



Per Diem & Meals

- Check amount
- Meals provided
- Meals on own
- Variety of food
- Dining Halls – Earhart and Ford



Hospitality Visits

The objective for this unique opportunity is for you to experience an opportunity to meet local families and share with them your incredibly rich and diverse cultural background. The hosts are excited to meet each one of you.

Details:

- Scheduled for 2-3 hospitality visits
- Variety of visits
- Information on host and details about visit will be shared with you
- Gifts for host – not necessary



Shopping

- Mall
 - JCPenny, Macy's, Kohl's
- Grocery Stores
 - Fresh Thyme, Meijer, Aldi, Payless
- Drug Stores
 - Walgreens, CVS
- Everything Stores
 - Wal-Mart, Target, Meijer
- Ethnic Groceries
 - Asia Global Market, Better World Market, Indian & Intl Grocery
- Second-Hand Stores
 - Goodwill, Trinity Mission, Purdue Salvage, Facebook Marketplace
- Electronics
 - Best Buy
- Hardware
 - Menards, A
- Farmers Market
- Coupons/Sales
 - Loyalty Card
- Return Items
- Tax – 7% State Sales Tax
- Tips
 - Restaurant, Hair Cut, Taxi, Delivery



Transportation

- City Bus
 - Free with Purdue ID
 - Use App
 - Plan the route
 - <http://www.gocitybus.com/Maps-Schedules>
- Coach Bus for Planned Programming
- Purdue Vans – for local programs
- Uber or Lyft
- Taxi



Attractions

- Sports – Recreation Center
- Movie Theaters
- Shopping Mall
- Art Museum
- Prophetstown State Park
- Wolf Park
- Civic Theater – local actors
- Colombian Park Zoo
- Bowling – Purdue Memorial Union
- Trails
- Lafayette Aviators – baseball



Post Office

- University Bookstore, Boiler Copy in Union, Salisbury, 26th & 52, 230 N. 4th St., Navajo St., Cumberland Ave.
- UPS in the Purdue Memorial Union basement
- WALC drop off main floor (if stamped)
- Amazon Pick-up /Drop off Krach Leadership Center, room 169

Smart Phone App's

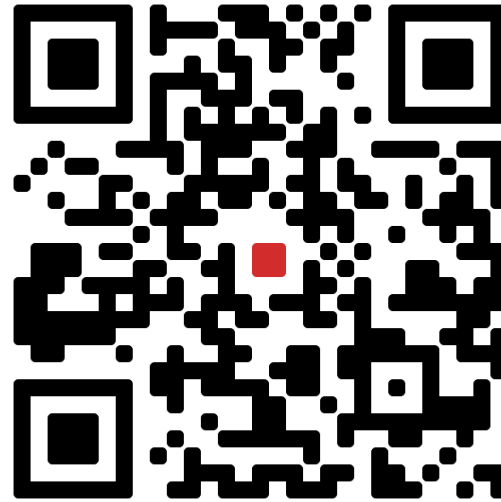
- Transportation
 - City Bus (free with PUID)
 - Uber
 - Lyft
- Groceries
 - Instacart
 - Walmart Grocery Shopping
 - Shipt
- Food Delivery
 - GrubHub
 - Uber Eats
- Miscellaneous
 - Venmo
 - UPrint



Group Chat/Sharing Photos and Documents

- MWF 2024 Group WhatsApp – it's mandatory to join!
- Photo Circle
 - This is how we will share all fellowship photos so we don't overload WhatsApp
- Canvas
 - We will use Canvas to share all presentations and documents with you.

Please let me know if you aren't able to access of these sites.





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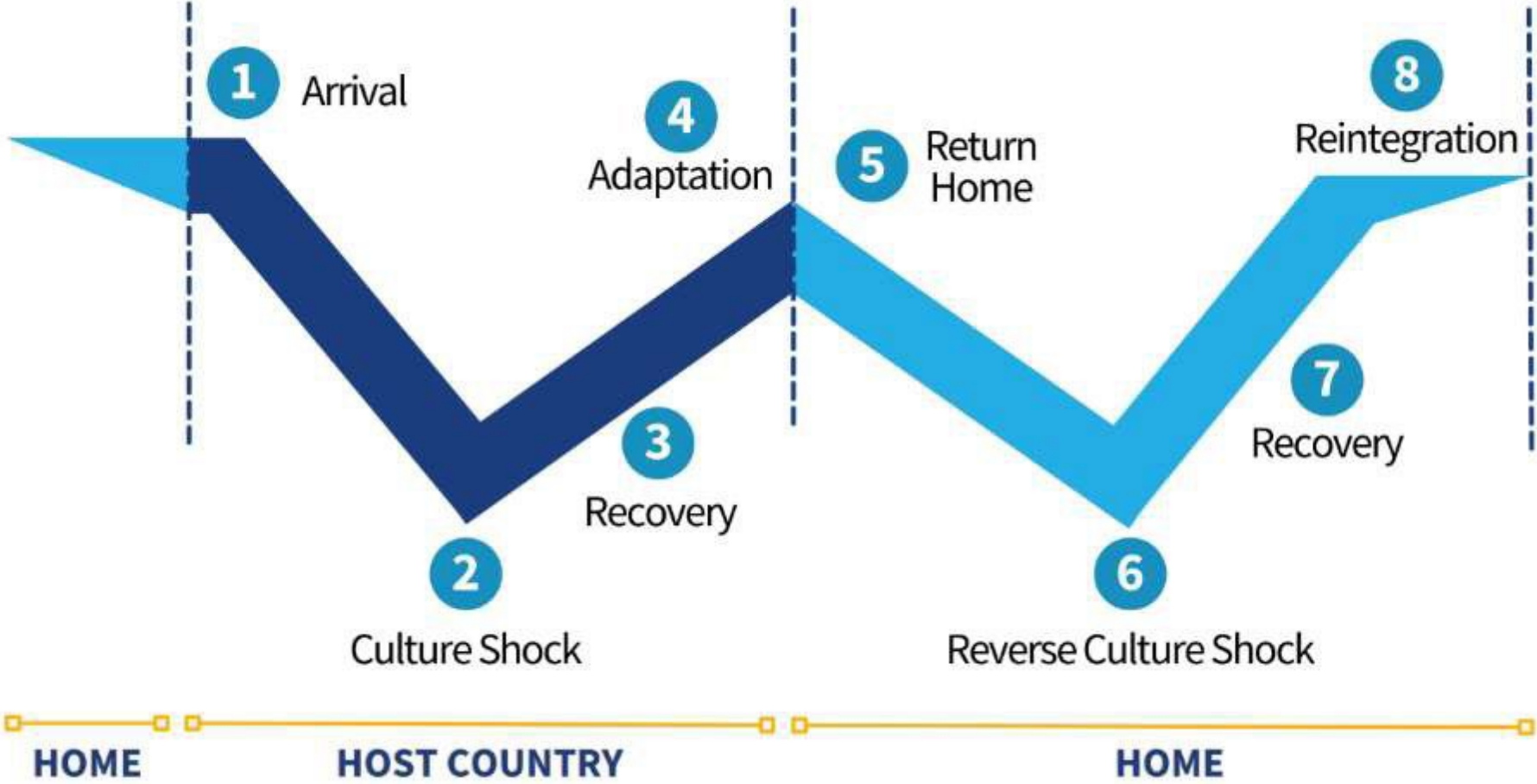
Culture, Diversity, and Inclusion



Cultural Norms in the United States



The Cultural Adjustment Process



Diversity in the United States



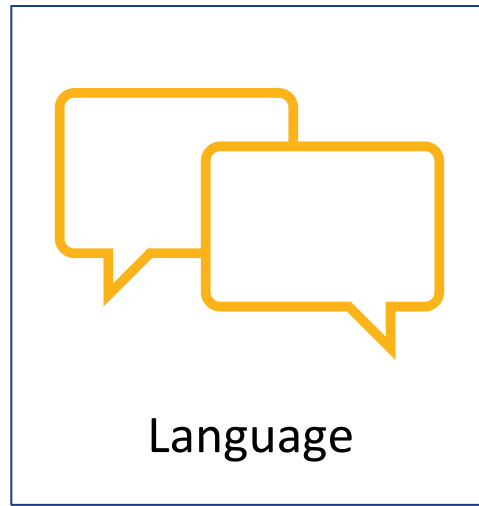
Inclusive Leadership

- Aware of their own biases and preferences
- Leverage evidence for decision-making
- Actively seek out and consider different views and perspectives
- Share decision-making power
- Work to reduce identity-based disparities and discrimination

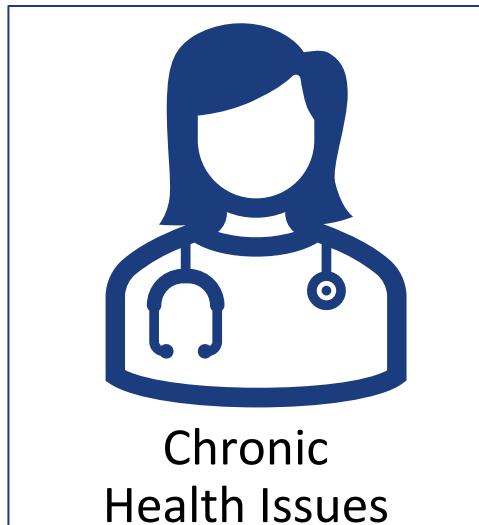


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Diversity is a fact. Inclusion is an act.





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Fellowship Provisions & Practical Considerations



Supplemental Allowance

Incidentals Stipend: \$450

- Personal care items
- Haircuts
- Laundry
- Local transport during free time
- Snacks
- Medical co-pays

Book and Cultural Allowance: \$200

- Funds for academic materials and cultural activities



Money Matters

- Keep money and valuables in a safe place
- Make a budget
- Monitor your IREX and Chase Debit card balances
- Be mindful of luggage size and weight for your return flight



Mobile Phone

- Activated and ready to use
- Unlimited calls & texts to U.S. numbers only
- Limited data plan
- Review FAQs and email questions to IREX team at MWF2024@irex.org





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Fellow Expectations

Terms and Conditions

Key requirements

- Attending and engaging in all required activities
- Treating others respectfully
- Following U.S. laws and rules
- Abiding by campus and Institute codes of conduct



Sections 5 & 13: Communication & Participation Requirements

Full Participation Includes:

- **On-time and complete attendance** at all required sessions and activities
- **Completion of all required assignments** and independent work
- Absences for extenuating circumstances **must be excused in advance**
- **Excessive unexcused absences or incomplete sessions may lead to dismissal (Missing 20 hours or 4 days)**

Review the Fellow Handbook and Terms and Conditions for more information

Section 14: Conduct and Showing Respect

Be
Tolerant

Be On
Time

Engage
Fully

Keep an
Open
Mind

Take
Initiative

Manage
Your
Personal
Needs

Appropriate Gender Interactions in the United States

- May be more informal
- Physical contact is not permitted without the other person's express permission
- Keep all interactions with Institute and campus faculty, staff, students, and each other on a professional level
- It is inappropriate to hug, kiss, or engage in unnecessary physical contact with another person **without their express permission**

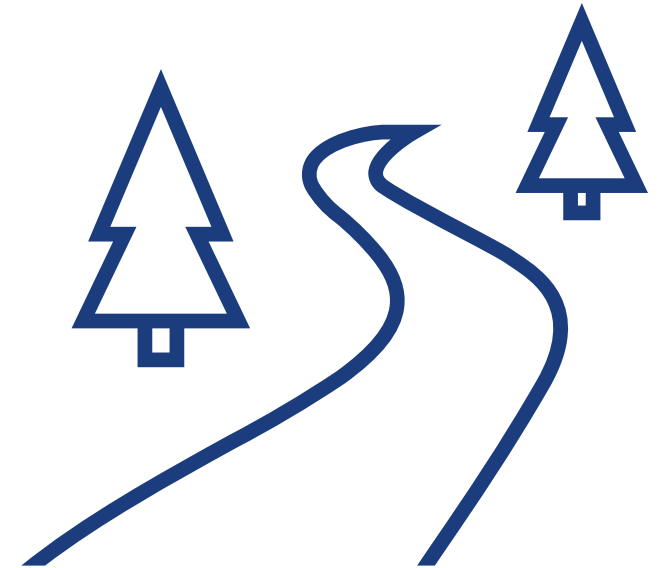
Gender Interactions and Sexual Respect

- **Sexual Harassment:** Making sexual advances toward someone from whom you do not have consent (permission), or creating an intimidating, hostile, or offensive environment. This includes:
 - Sexual invitations, comments, or jokes about a person
 - Unnecessary touching of another person's body without their consent
 - Repeatedly pursuing someone who is not interested
 - Sexual assault, including rape
 - Sexual contact with anyone under 18
- Sexual harassment can occur regardless of gender

It is **not** about your intent.
It is about how your actions are
received by the other person.

Travel Policy Within the United States

- Fellows assume all risks and expenses
- No travel in the first or last weeks of Institutes or PDEs or during the Summit
- 350-mile maximum radius within the U.S. only
- Approved travel form required
- Schedule networking virtual meetings
- Fellows assume all risks and expenses not covered by the Fellowship



Drug and Alcohol Policy

All Fellows must

- Comply with U.S. laws and all Institute policies
- Represent the Fellowship in a positive and professional way
- Not sell, use, or possess any drugs that are illegal under U.S. or local law
- Act responsibly with regard to their own safety and participation in the Fellowship, as well as that of others



If Fellows do not comply, they could be sent home.

Institute Policies

- Consumption and/or Possession of Alcohol is prohibited in University Residence Halls
- Smoking including the use of e-cigarettes or personal vaporizing instruments are prohibited in University Residence Halls and all University buildings



Warning & Dismissal Procedures

First Minor Infraction

Verbal warning
accompanied by an
email to IREX

Second Minor Infraction

Written warning
signed by the Fellow

Multiple Minor or Single Major Infraction

**Recommendation for
revocation** of an
individual's Fellowship



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Fellow Health & Self Care



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Accident and Sickness Program for Exchanges (ASPE)

ASPE Covers:

- **Medical Costs** incurred due to an accident, sudden illness, or an unexpected issue/emergency related to a pre-existing condition
- **Prenatal visits** for pregnant Fellows
- **Mental Health Support:**
 - ASPE Assist Hotline: 1-833-963-1269
ASPEsupport@anvilgroup.com

ASPE Does NOT Cover:

- Primary care and routine health examinations
- Required fees (also known as co-payments) for doctor's visits, urgent care centers, hospital visits, or prescription medicines
- Medical costs for injuries incurred during a perilous activity (skateboarding, skydiving, etc.)



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Using ASPE

Before Seeing a Doctor

- Notify Institute Staff – Lonni Kucik, 765-412-6464, lkucik@purdue.edu
- Select a doctor in the "First Health International Network"
- Call the office to provide ASPE policy information and confirm coverage
- Make the appointment
- Notify Seven Corners and seek pre-certification as needed

At the Doctor's Office

- Bring Passport and ASPE card
- Check-in and complete paperwork and provide your ASPE card
 - If there are issues with coverage, call Seven Corners (800) 461-0430
- Obtain all prescriptions and discharge paperwork before leaving
- Pay any outstanding co-payments before leaving
 - \$25 per office/telehealth visit
 - \$75 per Emergency Room (ER) visit or Urgent Care
- **Note:** Any recommended outpatient procedures or surgeries must be pre-certified. Approved outpatient services are covered on a reimbursement basis.



Using ASPE (continued)

After your visit

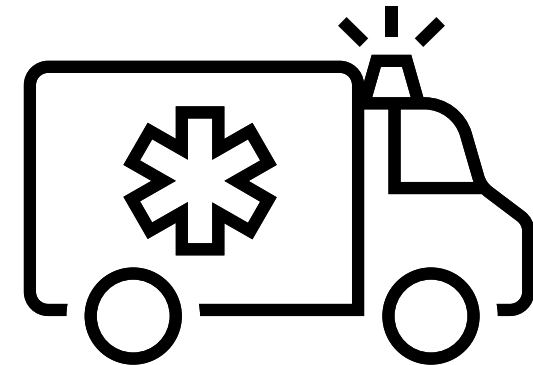
- Fill prescriptions at a local pharmacy and follow all care instructions
- File for reimbursement, if necessary
 - Save all receipts, bills, invoices, and treatment documentation in case reimbursement is needed
 - ❖ **Important:** Review the ASPE Benefits Guide for information that must be included if you seek reimbursement for any costs you pay up front
 - Complete required forms from www.sevencorners.com/about/gov/usdos/forms
 - ❖ Medical Claim Form
 - ❖ Prescription Reimbursement Form
 - ❖ Payment Authorization Form
 - Approved reimbursement(s) will be issued by check or wire transfer
 - ❖ **Note:** Not all expenses can be reimbursed

Mental Health Support

- Using ASPE Assist
 - ASPE Assist Hotline: 1-833-963-1269
ASPEsupport@anvilgroup.com
- Community resources
 - Valley Oaks Health, Inc., 415 N. 26th Street, Lafayette – 765-446-6400
 - IU Health Arnett Behavioral Services, 253 Sagamore Pkwy, West Lafayette, IN - 765-448-8000
- Stress Management and Self-Care Guide
- Institute Staff

What Should You Do If ...

- You are in a car/bus accident, and you can't move your leg.
- You start to feel sick after staying up late and not getting enough sleep.
- Your throat suddenly begins to swell, and you have difficulty breathing or swallowing after trying a new food.
- During the evening, you realize your tooth has been bothering you for the past few days and that you need to see a doctor or dentist.



Tips for Fellow Health & Self Care

- **Monitor your health and well-being throughout the Fellowship**
 - Stay hydrated and well-fed
 - Sleep at least six to eight hours per night
 - Tend to any physical ailments before they become serious issues
- **Enter important numbers into your U.S. mobile phone**
 - Emergency Institute contacts: Lonni Kucik 765-412-6464; Gary Burniske 360-836-7179
 - Campus Police/Security: Emergency call or text 911. For non-emergencies call 765-494-8221; or email police@purdue.edu
 - Seven Corners at (800) 461-0430
 - IREX Emergency Hotline at 888-881-IREX (4739)
 - ASPE Assist Mental Health & Crisis Hotline: 1-833-963-1269
- **The location of nearby pharmacies, urgent care clinics, and emergency rooms are included in your binder**



Communicating with Institute Staff

- For time-sensitive issues contact:
- Leadership Institute Staff:
 - Lonni Kucik - 765-412-6464
 - Gary Burniske - 360-836-7179
 - Lynn Cornell – 765-490-6466
- For non-urgent questions, contact:
- Leadership Institute Staff:
 - Lonni Kucik - 765-412-6464
 - Gary Burniske - 360-836-7179
 - Lynn Cornell – 765-490-6466

Share Your Experience!



Facebook

Join the 2024 Mandela Washington Fellows private group at www.facebook.com/groups/mwf2024.



X (formerly known as Twitter)

Follow the Mandela Washington Fellowship on X ([@WashFellowship](https://twitter.com/WashFellowship)) and use the hashtags #YALI2024, #MandelaFellows, and #ExchangeOurWorld.



Instagram

Follow the Mandela Washington Fellowship on Instagram (@mandelawashfellowship).



LinkedIn

Join the 2024 Mandela Washington Fellows LinkedIn Group at <https://www.linkedin.com/groups/12923293>.



Blogs

Blogs are good for writing longer reflection pieces. Some popular blogging platforms are Blogger, Tumblr, and Wordpress.



Flickr

Check out the Mandela Washington Fellowship Flickr page at [flickr.com/photos/washingtonfellowship](https://www.flickr.com/photos/washingtonfellowship) and join the 2024 Mandela Washington Photo Pool at [flickr.com/groups/mwf2024](https://www.flickr.com/groups/mwf2024).



The Mandela Washington Fellowship is a program of the U.S. Department of State with funding provided by the U.S. Government and administered by IREX.

For more information about the Mandela Washington Fellowship for Young African Leaders, please visit the Fellowship's website at

www.mandelawashingtonfellowship.org



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