



# Indiana Extension Educators Association

2023 Spring Conference  
April 12<sup>th</sup> & 13<sup>th</sup>  
Breakout Sessions Descriptions

Wednesday, April 12 <sup>th</sup>   2:25pm - 3:25pm	
<p><b>Let's Get Active Indiana! How to Make Physical Activity Part of Everyday Life</b> <i>Pearl Room</i></p>	<p>Indiana residents struggle to achieve the recommended 150 minutes of physical activity we need each week. This session will provide proven ideas and success stories of Indiana communities that are making it easier to be physically active where Hoosiers live, work, and play. Presenter will discuss programs, policies, projects, and funding sources that can be used to create healthier, more active communities leading to better community health outcomes. The session will end with a lively interactive discussion on how to use these approaches in Indiana communities. <b>Pete Fritz</b>, <a href="mailto:pefritz@health.in.gov">pefritz@health.in.gov</a></p>
<p><b>Enhancing Communities through 4-H Tech Changemakers</b> <i>Princess Hall B</i></p>	<p>Over 24 million people in the U.S. lack high-speed internet access and many more don't have the digital literacy skills needed to take full advantage of online resources. Inequitable access to reliable internet connectivity and a lack of digital skills are contributing to a growing opportunity gap in areas like education, employment, healthcare, social fulfillment, and entrepreneurship in various communities. The 4-H Tech Changemakers program helps bridge this gap by providing training and tools to adults to enhance their digital literacy skills. <b>Abby Morgan</b>, <a href="mailto:asweet@purdue.edu">asweet@purdue.edu</a></p>
Wednesday, April 12 <sup>th</sup>   3:45pm - 4:45pm	
<p><b>Coming to You Soon: Geological Carbon Sequestration</b> <i>Princess Hall B</i></p>	<p>Carbon Capture and Sequestration (CCS) will likely play a major role in achieving the goal of net-zero carbon emissions. One place to sequester carbon is deep underground in porous bedrock. The Mount Simon sandstone formation underlays the entirety of Indiana and has the capacity to store a massive amount of carbon dioxide. Contractors working on behalf of BP have begun seismic testing to characterize and inventory the available pore space under Benton County and representatives of BP are approaching landowners to initiate the process of securing leases. We have had to scramble to learn the basics of CCS and quickly put in place a zoning ordinance covering potential CCS</p>

	<p>projects. The task of responsibly educating residents about the potential risks and rewards is ongoing and continues to evolve.  <b>Jon Charlesworth, <a href="mailto:charles6@purdue.edu">charles6@purdue.edu</a></b></p>
<p><b>Let's Get Active Indiana! How to Make Physical Activity Part of Everyday Life</b>  <i>Pearl Room</i></p>	<p>Indiana residents struggle to achieve the recommended 150 minutes of physical activity we need each week. This session will provide proven ideas and success stories of Indiana communities that are making it easier to be physically active where Hoosiers live, work, and play. Presenter will discuss programs, policies, projects, and funding sources that can be used to create healthier, more active communities leading to better community health outcomes. The session will end with a lively interactive discussion on how to use these approaches in Indiana communities.  <b>Pete Fritz, <a href="mailto:pefritz@health.in.gov">pefritz@health.in.gov</a></b></p>
<p><b>Thursday, April 13<sup>th</sup>   8:25am - 9:25am</b></p>	
<p><b>How to Host &amp; Manage a Week-Long Camp</b>  <i>Princess Hall B</i></p>	<p>Have you ever wondered how to budget, train for and program a week-long camp? Are you looking for ideas to expand your current camp offerings? Sthele and Brittni will cover the planning process (fiscal and programmatic), training, and review the schedule for Michiana 4-H Camp Amigo. Ideas galore with fun in store!  <b>Brittni Gendron, <a href="mailto:bgendron@purdue.edu">bgendron@purdue.edu</a></b>  <b>Sthele Greybar, <a href="mailto:sgreybar@purdue.edu">sgreybar@purdue.edu</a></b></p>
<p><b>Extension Disaster Education Network (EDEN)</b>  <i>Allison Peabody Hall</i></p>	<p>Extension Disaster Education Network (EDEN) – What resources exist for you and your community to aid in emergency preparedness?  <b>Amanda Mosiman, <a href="mailto:bailey1@purdue.edu">bailey1@purdue.edu</a></b></p>
<p><b>Food as Medicine and Produce Rx – Community Collaborative Programs to Improve Local Health</b>  <i>Melodeon Hall</i></p>	<p>Join us in learning more about two, unique approaches to improving health, managing chronic disease, and tackling food insecurity in Indiana communities. Through Purdue Extension Food as Medicine and Produce Rx programs, Health and Human Science Educators and Community Wellness Coordinators from Clark, Floyd, Greene and Monroe counties had the opportunity to collaborate with community groups to provide clients with nutritional education, fresh food boxes, cooking guidance and incentives. In this session, you will learn how Extension professionals are uniquely positioned to successfully develop, implement and evaluate these needs-based, comprehensive programs using cross-sectoral partnerships.  <b>Emma Finerfrock, <a href="mailto:efinerfr@purdue.edu">efinerfr@purdue.edu</a></b>  <b>Katie Davidson, <a href="mailto:davidskm@purdue.edu">davidskm@purdue.edu</a></b>  <b>Janet Steffens, <a href="mailto:jsteffens@purdue.edu">jsteffens@purdue.edu</a></b>  <b>Kanza Zafar, <a href="mailto:kzafar@purdue.edu">kzafar@purdue.edu</a></b>  <b>Annie Eakin, <a href="mailto:aeakin@purdue.edu">aeakin@purdue.edu</a></b>  <b>Ody Ekwonwa, <a href="mailto:bekwonwa@purdue.edu">bekwonwa@purdue.edu</a></b></p>

<p><b>Youth Plastic Recycling</b> <i>Pearl Room</i></p>	<p>Since 2015, Morgan County 4-H youth have recycled over 9,000 pounds of donated plastic to make 30 benches and six picnic tables for the fairgrounds, local parks, schools, Head Start and other community entities. With the help of adult volunteers, some storage space and willing 4-H members, your county can launch a similar (or better) initiative to teach the importance recycling and impact your community. <b>Rena Sheldon, <a href="mailto:rsheldo1@purdue.edu">rsheldo1@purdue.edu</a></b></p>
<p><b>Thursday, April 13<sup>th</sup>   9:30am - 10:30am</b></p>	
<p><b>Using the NEW Indiana Afterschool Network DEI Standards to Benefit 4-H Clubs &amp; Activities</b> <i>Melodeon Hall</i></p>	<p>Indiana 4-H is growing and transforming. Just as we have tools to assess the effectiveness of our 4-H program offerings, it is equally important for us to assess whether our programming is meeting diversity, equity, and inclusion expectations. In this workshop series, 4-H Educators will explore the Indiana Quality Program Self-Assessment (IN-QPSA) Diversity, Equity, and Inclusion standards tool, a strengths-based self-assessment that enables youth programs to rate their performance based on the Indiana Afterschool Network Standards. We will discuss:</p> <ol style="list-style-type: none"> <li>1. The factors that support or inhibit top performance in diversity, equity and inclusion work in county 4-H programming.</li> <li>2. The data that can help us to drive decisions.</li> <li>3. The actions we can take to make positive changes.</li> <li>4. The ways we can grow, learn, and improve.</li> </ol> <p><b>Ashley Shufflebarger, <a href="mailto:adshuffl@purdue.edu">adshuffl@purdue.edu</a></b></p>
<p><b>Keep the Plates Spinning in the Air: Best Practices for Efficient Community Program Planning</b> <i>Priness Hall B</i></p>	<p>Do you ever wonder what you could be doing differently to make your program planning more manageable or less stressful? In this session HHS Extension Educator Jo Gilreath will highlight strategies and tools for organizing your planning steps and communications. Sample "worksheets" and "templates" for these processes will be shared along with tips, ideas and reminders. <b>Jo Gilreath, <a href="mailto:jgilreat@purdue.edu">jgilreat@purdue.edu</a></b></p>
<p><b>Conservation Cropping Systems Update</b> <i>Pearl Room</i></p>	<p>The Conservation Cropping System Initiative is a key link between Purdue Extension and our conservation partners around the state. CCSI has grown in the past year and now has even more resources, both human and material, that educators can utilize. Come hear from Hans and others with CCSI on what they can offer you. <b>Hans Schmitz, <a href="mailto:hschmitz@purdue.edu">hschmitz@purdue.edu</a></b></p>
<p><b>Philanthropy Discovered</b> <i>Allison Peabody Hall</i></p>	<p>Make your life easier! Learn how to develop and cultivate external funding sources to enhance educational programming. In this session, you will learn how to cultivate donor relationships. Led by Extension Educators, for Extension</p>

	<p>Educators with extra support from Shelly Bingle, Indiana 4-H Foundation Executive Director.  <b>Heather VonDielingen</b>, <a href="mailto:schneidh@purdue.edu">schneidh@purdue.edu</a>  <b>Todd Geiger</b>, <a href="mailto:geigert@purdue.edu">geigert@purdue.edu</a>  <b>Shelly Bingle</b>, <a href="mailto:mbinglec@purdue.edu">mbinglec@purdue.edu</a></p>
<p><b>Thursday, April 13<sup>th</sup>   1:00pm - 2:00pm</b></p>	
<p><b>Mindfulness Practices in Youth Extension Programming</b>  <i>Pearl Room</i></p>	<p>We will learn the various exercises and approaches to mindfulness that can be used in youth educational settings. We will discuss ways to incorporate mindfulness programming into youth Extension programming, especially 4-H.  <b>Mariah Awan</b>, <a href="mailto:awan3@purdue.edu">awan3@purdue.edu</a></p>
<p><b>Indiana Weather and Climate Services for Educators</b>  <i>Priness Hall B</i></p>	<p>The Indiana State Climate Office and Midwestern Regional Climate Center are housed at Purdue and charged with outreach to Indiana residents. As such, they have a suite of weather and climate tools that every educator can use. Come visit representatives as they show what tools we have, how to utilize and assess what might be needed in the future by educators.  <b>Hans Schmitz</b>, <a href="mailto:hschmitz@purdue.edu">hschmitz@purdue.edu</a>  <b>Austin Pearson</b>, <a href="mailto:pearsona@purdue.edu">pearsona@purdue.edu</a>  <b>Beth Hall</b>, <a href="mailto:bethhall@purdue.edu">bethhall@purdue.edu</a></p>
<p><b>Technology Tips &amp; Tricks</b>  <i>Allison Peabody Hall</i></p>	<p>Want to learn some tips and tricks with technology? I will be offering information on some in person presentation tips (like working with projectors, laptop and sound system hook-ups) as well as other tips.  <b>Nikky Witkowski</b>, <a href="mailto:nikky@purdue.edu">nikky@purdue.edu</a></p>
<p><b>Effective Business Writing: Clear, Concise and Convincing</b>  <i>Melodeon Hall</i></p>	<p>Learn basic principles to write business correspondence in a manner which increases the odds of someone reading - and ultimately acting - on the information. Sometimes emails and letters are wordy, full of jargon and leave us without a clear action item. Join this session to gain tips to make your writing more effective!  <b>Ann Kline</b>, <a href="mailto:kline60@purdue.edu">kline60@purdue.edu</a></p>
<p><b>Thursday, April 13<sup>th</sup>   2:10pm - 3:10pm</b></p>	
<p><b>The Farmer to Farmer Program Isn't Just for ANR Educators</b>  <i>Pearl Room</i></p>	<p>The Farmer to Farmer program offers opportunities for non-ag educators to make a difference around the world. Come learn about my experience teaching in Trinidad.  <b>Jane Horner</b>, <a href="mailto:horner8@purdue.edu">horner8@purdue.edu</a></p>
<p><b>Pork Industry Preparation for Foreign Animal Disease through Secure Pork Supply Program</b>  <i>Melodeon Hall</i></p>	<p>Indiana Pork and BOAH are teaming up to help prepare our state's pork industry for a foreign animal disease outbreak, and that includes both our commercial producers and exhibition swine community. The first action we are taking is validating premises identification as part of the Secure Pork Supply Program. We are hoping for help in this outreach effort. Our aim is to be prepared for an outbreak, in order for us to be able to more quickly get back to business on the other side of an outbreak.  <b>Chad Martin</b>, <a href="mailto:cmartin@inpork.org">cmartin@inpork.org</a></p>

<p><b>College and Career Readiness: Educate, Prepare, Encourage</b>  <i>Priness Hall B</i></p>	<p>This session will focus on how two communities assisted youth with exploring careers and educated students on college planning. Youth explored careers through immersive learning experiences by visiting and interviewing community employers. Youth planning for college participated in research activities through an "Education Beyond High School" workshop. Future goals of each program will be discussed as well as evaluation methods.  <b>Christie Jacob, <a href="mailto:jacobc@purdue.edu">jacobc@purdue.edu</a></b>  <b>Jennifer Abrell, <a href="mailto:jabrell@purdue.edu">jabrell@purdue.edu</a></b></p>
<p><b>Small Animal Workshop</b>  <i>Priness Hall A</i></p>	<p>A brief overview of the small animal workshop that will be offered statewide in the spring and early summer of 2023. This will advertise this workshop and give educators materials and ideas to take back to their counties to help grow and develop their rabbit and poultry programs with volunteers and 4-H families.  <b>Katie Whiteford, <a href="mailto:kcarunch@purdue.edu">kcarunch@purdue.edu</a></b></p>