

November/ December 2021 Newsletter

Dear Friends,

Thanks to everyone who came out or assisted with our Trick or Treat Drive Thru this past week. Our hope was to reach a large section of the community with 4-H materials and I think we achieved that aim. As you go into the busy holiday don't forget to enroll in 4-H! Enrolling will ensure you are on the mailing and notification lists for the office and your club

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leaders so you don't miss out! Encourage your friends and family to enroll as well. If you need help enrolling the extension office is here to help, give us a call or stop by.

We have several virtual opportunities in the ANR and HHS program areas so you never have to leave your cozy winter blankets. We hope to see you in person at our upcoming Master Gardener Wreath Making Workshop on December 8th and Annual Extension Board Meeting/4-H Volunteer Recognition Dinner on January 25th. Read more about these opportunities in subsequent pages.

4-H members take advantage of your winter break this year and earn some cash! Check out the state 4-H scholarships in the 4-H section. These scholarships are not just for seniors. Our own Taylor Harsin won the accomplishment scholarship as a Junior last year. Reach out to the extension office if you would like help applying.

The next fair board meetings will be November 4th at 7 pm and December 2nd both in the Community building. The next extension board meeting will be November 17th at 6:30 pm in the Extension Office.

Sincerely,

Britt Copeland, Extension Educator

Jessica Martini, Extension Educator

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Staff Directory

Britt Copeland

County Extension Director 4-H/ANR Extension Educator copelanb@purdue.edu

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Annual Extension Board Meeting & 4-H Leader Recognition

January 25 @ 6:00 pm in the Community Building

Dinner Program featuring a visit from the Hardy Lake Dwight Chamberlain Raptor Center





4-H Youth Development



Health & Human Sciences

RSVPs appreciated to the Extension Office at (812) 265-8919 or kbachman@purdue.edu by January 15th

Agriculture & Natural Resources



Southeast Indiana Agriculture & Natural Resources Lunch N' Learn Webinar Series

Join Purdue Extension experts as they tackle the tough topics and answer your questions live! All sessions hosted 12pm to 1pm

Participants can register at the link below or call 812-427-3152 REGISTER: bit.ly/SEINAg Live Webinar link: bit.ly/SEINAgLive







Extension

PURDUE EXTENSION
MASTER GARDENER PROGRAM

In-Person Basic Training for Jefferson & Switzerland Counties

February 10 - May 19th

<u>6 pm ET, Various Locations</u>

Apply to join cohort by February 1st

Contact: Britt Copeland, copelanb@purdue.edu, (812) 265 8919









PURDUE EXTENSION
MASTER GARDENER PROGRAM

Next Master Gardener Association Meeting is Nov 4th

Thank you to everyone who came out to our Putting your Pollinator Garden to Bed Program last week and to our guest speaker!

Minutes of the meeting following the presentation are available in the extension office.

Our next business only meeting will be November 4, 2021 at 10:30 am in the extension office. The purpose of the meeting will be to coordinate with the extension homemakers about how we can collaboratively put on the wreath making workshop in December. The Workshop is tentatively planned for December 8, 2021 from 6-8 pm. If you have interest in helping put on the wreath making workshop please attend the November 4th meeting or contact the office.

Jefferson/Switzerland County Master Gardener Association & Jefferson County Extension Homemakers

Holiday Wreath Making Workshop

Community Building - Jeff County Fairgrounds Wednesday, December 8th, at 6:00 pm







Call Purdue Extension-Jefferson County to reserve a spot now! Pre-registration required, limited participants (812) 265-8919

- Face coverings recommended
- Donations greatly appreciated
- If able, BYOC (bring your own clippers)!
- Supplies & Refreshments Provided



PURDUE EXTENSION
MASTER GARDENER PROGRAM

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Land Leases Deeper Into Digging

Lease Agreements from the ground up **Building Successful & Equitable Land**

Dates & Times

6:30 pm - 8:30 pm EST 5:30 pm - 7:30 pm CST November 16, 2021

10:00 am - 12:00 pm EST 9:00 am - 11:00 am CST November 18, 2021

Pick Which Works Best For You!

Cost

\$25 per household/farm

hours before each session. Registration deadline is 24

- Identify the various lease tools available
- Understand the impact soil can have
- Learn about farm land leasing trends
- Discover how to protect yourself when unexpected events occur

Anthony Crowell, Attorney Gordon & Associates discuss the legal side of Anthony Crowell will land leases.

Register Online

https://cvent.me/gmRR08

For more information, or if you need a reasonable accommodation to participate in this program, contact Jenna Nees at 765-653-8411 or smith535@purdue.edu, prior to the program.

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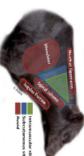
2021 Beef Quality Assurance Trainings

WHY: Beef Quality Assurance (BQA) training and certification is now required for beef producers selling "fed cattle" (finished beef steers and heifers coming out of a feedlot) that ultimately are processed by many of today's major packers. BQA certification is good for 3 years and the program is free to producers either in the face-to-face or on-line formats.

*When RSVPing, please communicate which location, date, number of people attending & contact phone number

location	Data /Time	BCVD* 8 Contact for Ownstians
Southern Indiana Purdue	Mon., Nov. 1, 6:30-9:00 p.m.	Kenny Eck (RSVP to
Agricultural Center (SIPAC)	,	duboisces@purdue.edu), Nick
Conference Room, 11371 E.	Mon., Nov. 29, 6:30-9:00 p.m.	Minton (Purdue Extension, 812-
Purdue Farm Road, Dubois, IN		279-4330)
47527		
Fulton County Extension Office	Tues., Nov. 2 6:30-9:00 p.m.	Mark Kepler (RSVP to Purdue
1009 W. Third St., Rochester,	T	Extension, 574-223-3397), Ron
IN 46975-7119	Tues., Nov. 9 6.30-9.00 p.m.	Lemenager (Purdue Extension,
		765-427-5972)
Southern Hills Church	Thurs., Nov. 4, 6:30-9:00 p.m.	Purdue Extension (RSVP to
1645 S St Rd Hwy 135		Danielle Walker, 812-883-4601
Salem, IN 47167	Thurs., Dec. 2, 6:30-9:00 p.m.	and Ophelia Davis, 812-275-
		4623), Nick Minton (Purdue
		Extension, 812-279-4330)
Southeast Purdue Ag Center	Thurs., Nov. 11, 6:30-9:00 p.m.	Jill Andrew-Richards (RSVP to
4425 County Rd 350 N,		Purdue Extension, 812-438-
Butlerville, IN 47223		3656), Nick Minton (Purdue
		Extension, 812-279-4330)
Creighton Hall – Purdue	Tues., Nov. 16, 6:30-9:00 p.m.	Ron Lemenager (RSVP to Purdue
Dept. of AnSc, Rm 1042.		Extension, 765-427-5972)
270 S Russell St,		
West Lafayette, IN 47907		
Stewart Seeds	Thurs., Dec. 9, 6:30-9:00 p.m.	Jill Andrew-Richards (RSVP to
2230 E. County Road 300		Purdue Extension, 812-438-
North, Greensburg, IN 47240		3656), Nick Minton (Purdue
		Extension, 812-279-4330)
For general BQA questions ple	For general BQA questions please contact Ron Lemenager (Purdue Extension, 765-427-5972) or	lue Extension, 765-427-5972) or
Nick N	Nick Minton (Purdue Extension, 812-279-4330).	9-4330).





It is the policy of the Purdue University Cooperative Extension Service that all persons have equal opportunity and access to its educational programs, services, activities, and facilities without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability or status as a veteran. Purdue University is an Affirmative Action institution.



2021-2022 Indiana Beef Cattle Association (IBCA) and Purdue Area 1 Beef Meeting

WHEN: Tuesday, December 14th, 2021 at 6:00 pm

WHERE: South East Purdue Ag Center (SEPAC), Butlerville, IN

WHY:

The meetings will feature great food and valuable information on a variety of beef topics. IBCA will provide an update on current policy and programs. Purdue Dept. of Animal Science will provide the educational presentation.

RSVP to Jennings County Extension office at 812-352-3033 by 12/3/21.

HOW:

The counties in this AREA are: Bartholomew, Brown, Dearborn, Decatur, Jackson, Jefferson, Jennings, Ohio, Ripley and Switzerland.

Current IBCA Director: Fred Glover

Sponsors:







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4-H Youth Development



4-H Enrollment for 2021-2022 is Open, Enroll Now!

October 1st is the official start date for enrollment in the 2021-2022 4-H Program. All returning and new 4-H Members and returning 4-H Volunteers are encouraged to enroll as soon as possible after October 1st!

Please note that the system will ask you to select your clubs and projects again. However, upon se-



lecting clubs and projects, the system will recognize previous projects that you have completed and will assign In the proper number of years completed to each project ed to each project selected.

Click below to enroll:

http://v2.4honline.com/



If you are a returning member, use your same email address and password. New members should click "Don't have an account?" if you have never enrolled in 4-H. If you are a returning member and you forgot your password, no worries! Just use the "reset password" option below the login portal or call the Extension Office at (812)265-8919. More detailed instructions will be shared soon to assist families and volunteers with enrollment.

Fall Crops Show is November 13, 2021 in the Extension Office

The Fall Crops Show will take place in-person in the extension office conference room. Registration begins at 8:30 am and judging begins at 9:15 am. Members can review their 4-H handbook for exhibit requirements or review the summary below.

Exhibit Requirements

Alfalfa &/or Mixed Hay – exhibit 1-12-inch (12") thick wafer of hay or about 2 pounds.

Corn – exhibit 1 gallon of shelled corn in a clear container and/or 10 uniform ears.

Small Grains – exhibit 1 gallon (each) of Wheat and/or Oats in a clear container.

Soybeans – exhibit 1 gallon in a clear container.

Fall Vegetables -

5 -Potatoes 5- Turnips 5- Sweet Potatoes 1- Squash 1- Pumpkin 1- Fall Cabbage

Tobacco – Exhibit hands of tobacco on a short stick (16-18 inches long) and in all 4 classes. This means that you will need at least 5 hands of each grade.

Flying's (or trash) – 3 hands on 1 stick Lugs (lugs or leaf) - 3 hands on 1 stick *Tips* – 3 hands on 1 stick **Crop** – 2 hands of each (Flying's, Lugs, and Tips)

If you have any questions about exhibiting your Fall Crops project, please call the Extension Office at 812-265-8919.



4-H Youth Development



2022 4-H Camp Junior Staff Application

Due to Extension Office by December 1st



The 2021-2022 Southeastern Indiana 4-H Camp will be held at Camp Higher Ground from June 6th-10th. At 4-H Camp, campers and Junior Staff experience a 4-day overnight camp where they attend classes, develop teamwork skills, and make life-long friends. 4-H Camp is a great opportunity to learn new skills and become self-confident which we believe is crucial for youth.

The Junior Staff role is broken into four different categories; Junior Directors, Group Leaders, Counselors, and Counselors in Training. Overall, Junior Staff mem-

bers help create a clean, controlled, safe, educational, and fun camp experience for all individuals present. Junior Staff will also attend trainings to prepare themselves for their role and to plan camp according to their chosen theme and wishes. The camp trainings are listed below.

- Junior Director Training & Planning: January 11th, 2022, 6:00 – 8:00 PM @ Ripley County
- Junior Director & Counselor Trainings: February 8th, 2022, 6:00 8:00 PM @ Switzerland County
- All Junior camp Staff Training: April 9th, 2022,
 9:00 AM 3:00 PM @ Decatur County (CITs need to attend)
- At Camp Trainings
 - June 6th, 2022, 9:00 10:00 AM Camp Higher Ground (Junior Directors, Group Leaders, and Counselors)
 - June 7th, 2022, 6:00 PM @ Camp Higher Ground (CIT training)





Whether or not you were able to attend as a camper, we believe that you will have a great leadership experience and have lots of fun as a Junior Staff member this year.

Financial assistance for camp will be available again this year from donors and sponsorship.

If you are interested in applying, you can pick up a 2022 4-H Camp Junior Staff Application in the extension office or email us at copelanb@purdue.edu or koons0@purdue.edu for a digital copy.

All applications must be submitted to the Jefferson County Extension office by December 1, 2021.





4-H Youth Development



NDIANA 202 SCHOLARSHIP OPPORTUNITIES

Senior Year Scholarship

Available to 4-H members in their senior year of high school

Club Scholarship

Available to 4-H members entering Purdue University majoring in the College of Agriculture or select majors in the College of Health and Human Sciences

Purdue Horticulture & Landscape Architecture Scholarship

Available to a 4-H member majoring in horticulture or landscape architecture at Purdue University and studied plant science in 4-H.

Accomplishment Scholarship

Available to 4-H members in grades 10-12 of high school and the year immediately following high school graduation. The purpose of the 4-H Accomplishment Scholarship is to recognize youth who have excelled in life skills development through their 4-H activities and involvement.

Categories: Animal Science—Meat and Milk Production; Animal Science—Companion and Small Animal Production; Citizenship; Communications; Engineering and Technological Science; Healthy Living, Food and Nutrition Science; Leadership Development; and Plant and Environmental Science. Three additional categories are reserved for applicants demonstrating life skills development in more than one of the previously listed categories. Those are Premier Achievement. Premier Citizenship, and Premier Leadership.

Eligibility: Applicants must be in grade 10, 11, 12, or their first year immediately following 4-H enrollment eligibility at the time applications are due. While an applicant does not have to be a current 4-H member, they must demonstrate multiple years of involvement in Indiana's 4-H Youth Development Program.

Youth who have previously been awarded a \$1,000 accomplishment scholarship are only eligible to compete in the Premier Achievement, Premier Citizenship, and Premier Leadership categories. Youth who have previously been awarded a \$2,000 scholarship are no longer eligible to compete in any category.

Awards: A minimum of thirty \$1,000 scholarships will be awarded to youth based on their demonstration of life skills development in these eight categories: Animal Science—Meat and Milk Production; Animal Science—Companion and Small Animal Production; Citizenship; Communications: Engineering and Technological Science; Healthy Living, Food, and Nutrition Science; Leadership Development; and Plant and Environmental Science.

A minimum of one \$2,000 scholarship, and a silver tray, will be awarded in each of these categories: Premier Achievement; Premier Citizenship; and Premier Leadership.

Additional scholarships may be awarded depending on sponsorship availability. The number of scholarships awarded in each category may be adjusted to meet special criteria of a particular sponsor.

Visit bit.ly/4hscholarship to download applications.

Applications due to County 4-H Educator January 25. Contact your county's Purdue Extension Office to learn more. \$157,940 AWARDED IN 2021



2022 Indiana 4-H Scholarships

10-12th graders Eligible

Due January 25th

In partnership with the Indiana 4-H Foundation, the Indiana 4-H Youth Development Program annually awards more than \$125,000.00 in scholarships to 4-H members to pursue post-secondary education. Scholarships are awarded to recognize youth participating in Indiana's 4-H Youth Development Program on their achievements and life skill development resulting from their participation in a variety of 4-H experiences.

Take a look at the Indiana 4-H Foundation 2022 Scholarship Opportunities to see if you are eligible! More information regarding these opportunities can be found at:

bit.ly/4hscholarship

Fostering a Connection with Youth Virtual Training Watch Party at Ohio County November 20th, 9– 12pm

On November 20th from 9:00am-12:00pm Purdue Extension Ohio County will be hosting a hybrid training for 4-H Volunteers that will include the topics of social emotional learning, challenging conversations and inclusivity.

Volunteers from any county are welcome to participate in person at the Ohio County office or they can register and attend the training via zoom from the comfort of their home.

If you are interested in attending, please register on 4honline at:

https://v2.4honline.com/#/user/sign-in



Health & Human Sciences

Tobacco Prevention: Understanding the Issue

Did you know that tobacco usage is the number one preventable cause of death and illness in the entire world? 1 in every 5 deaths worldwide is attributed to smoking (American Cancer Society, 2021). With November being National Tobacco Awareness Month, Purdue Extension Jefferson County aims to provide you with important tobacco education and valuable prevention and cessation tools.

Included at the bottom left of this page is a summary of tobacco and related health statistics in Jefferson County that was produced from the Jefferson County Tobacco Coalition. There are many staggering statistics located on this summary. However, one of the most interesting statistics is that 30.9% of adults in Jefferson County smoke while only 19.4% of Indiana adults smoke. With our county percentage being so much higher than the state percentage of smokers, it is apparent that there is a real tobacco usage problem here in our local area.

On the right hand side of this page, you will find a flyer for the virtual Beat the Pack program being hosted by the Jefferson County Tobacco Coalition. If you currently smoke and are trying to quit, this program is a great resource to help get you started! Look for additional details on the flyer.

Please reference page 9 for information regarding tobacco and substance use prevention for youth.

American Cancer Society. (2021). Great American Smokeout. https://www.cancer.org/healthy/stay-away-from-tobacco/great-american-

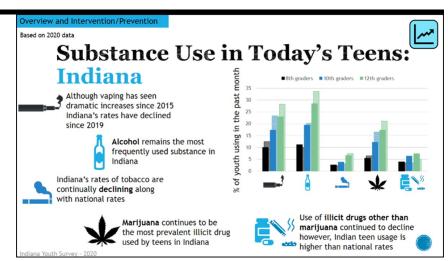


Health & Human Sciences

Preventing Substance Use Among Youth

Substance use among teens in the United States remains a key public health issue. While rates of tobacco and illicit drug usage have declined in teens, vaping, marijuana use, and alcohol remain prevalent among this population (Indiana Youth Survey, 2020).

Understanding how to prevent substance use among youth is essential for caregivers. Did you know that prevention strategies are more effective before children go through puberty? It's important to create an environment of support, set clear limits, reward positive behaviors, and engage in your child's learning from a very early age. Additionally, being direct about substances and providing clear communication with your child about expectations regarding substance use is beneficial for prevention.



Be aware of teens' peer and family networks, and be planful of where you keep substances in your own home. For more information on preventing substance use among youth, visit:

https://www.mayoclinic.org/healthy-lifestyle/tween-and-teen-health/indepth/teen-drug-abuse/art-20045921

Upcoming HHS Programs



Youth Worker Café



Influencing the Social Determinants of Health Throughout the Life Span



Virtual Event November 9, 2021 11:00 AM - 12:30 PM EST

Click Here to REGISTER

Community Partners

. Healthy Communities Initiative of

· Purdue Extension - Jefferson County

Madison Consolidated School

What is a Youth

training to address the local

concerns, interests, and actionable solutions of Indiana youth workers. Cafés build, support, and expand professional relationships

al youth workers &

Jefferson County
Southwestern Jefferson County Schools

smartphone to

About this Youth Worker Café

Social and health needs within our vulnerable con social and nearth needs within our vulnerable communities nave obe at the forefront of many discussions related to COVID-19 and our community recovery. This session will explore systemic issues, social determinants of health, and social needs and the intersection with adverse community environments and adverse childhood experiences Implicit bias and trauma impact on health will also be explored

Katharine Hill-Johnson MA

Administrative Director, Community Health Improvement Franciscan Health

- . Understanding of what social determinants are and who has the
- power to shape them
 Understand the connection between childhood development of
 the social determinants of health
- Identify where they, as individuals or within their agency, can work
- to support local determinants
 Learn how COVID-19 has impacted the social determinants of
 health and economic well-being

No cost to attend!

Questions? For more information or questions about RSVP, contact Kori Jones at kjones@iyl.org.

iyi.org | 😝 @IndianaYouth | 😈 @Indiana_Youth | 🧑 @indianayouthinstitute

https://www.eventbrite.com/e/jefferson-county-virtualyouth-worker-cafe-registration-180347824197



Tune in as Purdue Extension Area 1 Health and Human Science Educators present this Facebook video series to give you healthy tips during the holiday season!

November 2nd - Buying Toys- Toys for Fun, Learning and Safety - Presented by Shannon Chipman - HHS/4-H Ohio County

November 9th - Meal Prep Time Management

- Presented by Marcia Parcell - HHS Dearborn County

November 16th - Thanksgiving Cooking Tips

- Presented by Atina Rozhon - HHS Jennings County

November 23rd - Fun Things To Do Besides Eating Turkey

- Presented by Harriet Armstrong - HHS Bartholomew County

November 30th - Holiday Conflict Resolution

- Presented by Miles Payne - HHS/4-H Ripley County

December 7th - Low Calorie Holiday Desserts

- Presented by Jessica Martini - HHS/4-H Jefferson County

December 14th - Decluttering Before/After the Holidays - Presented by Jessica Resor - HHS/4-H Switzerland County

Go to your local county Extension Facebook page at 12:00pm each day to view the programs!



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Upcoming Dates

<u>Date</u>	Event	Place	<u>Time</u>
Oct. 1—Jan 15	4-H Enrollment for 2022!		
Nov. 2—Dec. 14	Healthy Holiday Hacks (Tuesdays)	Facebook	12:00 p.m.
November 4	Homemaker Council Meeting	Extension Office	9:00 a.m.
November 4	Master Gardener Meeting	Extension Office	10:30 a.m.
November 4	4-H Fairboard Meeting	Community Building	7:00 p.m.
November 9	Youth Worker Café (IN Youth Institute)	Zoom	11:00 a.m.
November 10	Youth Mental Health First Aid	Extension Office	9:00 a.m4:00 p.m.
November 10	Where Does Your Money Go?	Smyrna Homemaker Mtg	1:00 p.m.
November 17	Extension Board Meeting	Extension Office	6:00 p.m.
November 20	4-H Volunteer Workshop	Ohio County Office	9:00 a.m.
December 1	4-H Camp Jr. Staff Applications Due	Extension Office	
December 2	4-H Fairboard Meeting	Community Building	7:00 p.m.
December 8	Master Gardener Wreath Making	Community Building	6:00 p.m.
January 25	Indiana 4-H Scholarships Due	Extension Office	
January 25	Ext. Board Annual Meeting	Community Building	6:00 p.m.
July 8-15	2022 Jefferson County 4-H Fair		



Purdue Fast Start Program

Visit https://www.admissions.purdue.edu/purduefaststart/

Giving Indiana students another pathway to Purdue and offering their families the opportunity to save thousands of dollars. These are the goals of the new Fast Start program -— and the latest example of our #PersistentPursuit of affordable and accessible education.

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