

## C.H.A.M.P.S. Taskforce

## -Community Health Advisory Members Providing Solutions-

Established in Whitley County in March 2022

C.H.A.M.P.S. was created by Purdue Extension to identify community needs, while also establishing community goals to continue improving the lives and livelihood's of Whitley County residents. Needs that have been identified include healthy living, mental health & substance use, family engagement and healthy relationships, and physiological needs.

## **Our Vision**

To create opportunities for all residents to thrive by providing awareness of and access to quality programs and resources.



## **Our Mission**

To improve the quality of life for community residents by supporting agency collaboration.

In 2023, CHAMPS members identified educational needs. After needs were identified, topics for monthly educational factsheets were determined. The topics selected focused on internet safety, reading food labels, scam safety, spending leaks, how to build a healthier breakfast, being cautious about caffeine, smart about sodium, credit scores, personal hygiene, vaping, and melanoma. The following impact has been made by distributing them.

- Approximately how many factsheets have you distributed in Whitley County?
  - Approximately 175 with some of the individuals being residents of Allen, Noble, Kosciusko, Huntington, and Wabash Counties (about 35 fact sheets per month for 5 months)
  - This factsheet was sent to 13 people within the county. This includes, school districts, Mission 25, the Center and probation.
  - All students (n=45) and families (n=40+) at TROY received the factsheets
  - A community and Extension Board member made copies of the January caffeine factsheet and distributed it to three adults (all with wide connections) and to 6 ladies at a faith-based organization women's group. This factsheet was read in Whitley (4), Kosciusko (1), Noble (2), and Butler County, Ohio (2). This person shared, "very informative...thanks."
- Approximately how many people have you given factsheets to since you began using them?
  - Approximately 50 individuals total (Home Detention participants & Veterans Treatment Court Participants)
- Have you heard any feedback from those you have given factsheets to?
  - I have heard that they are laid out well and easy for an average person to read and comprehend.
  - I received feedback from TROY about the Social Media dangers. They were distributed to parents.
- Do you or the organization you represent have any feedback to share about the factsheets?
  - I believe that these factsheets are extremely helpful because not only does each sheet focus on an identified problem and/or need, but they can all be found in one place.

Impact compiled April 2024