

**BICYCLE**  
County Project Only

This program is designed to enable youth to participate in bicycle activities, develop bicycle driving skills, learn to operate and service bicycles, and emphasizes safety practices.

**A HELMET IS REQUIRED FOR ALL 4-H RIDING ACTIVITIES.**

**EXHIBIT GUIDELINES**

- Before attending rides, each member must turn in a completed and signed health releases; also pay club dues.
- Participate in the Bicycle Rodeo Contest. Two dates are available. Arrangements can be made with the club leader to complete the written test if unavailable for one of the test dates. Judge's decisions are final.
- For Levels 1 and 2 complete a record sheet. Level 3 will complete a record sheet and give a 5 to 10-minute presentation of information found for a topic at a time to be determined.

**RECOMMENDATIONS**

It is recommended that all club members attend club meetings, rides, time trials, and Mini 4-H rides. If you attend a township or other club meeting the night of a bike meeting, notify a leader so you get credit for the bike meeting.

**DIVISIONS**

The club is structured into three divisions. The division for each participant will be based on grade.

*Grades 3-5: Level 1*

*Grades 6-7: Level 2*

*Grades 8-12: Level 3*

**PLACEMENT**

Ribbon placement will be determined by the number of club activities each member completes. Ties will be broken by the contest.

**DIVISION RIBBONS:** *Must complete all requirements for the project.*

Champion: To be awarded to the highest point winner in each division (3 total).

Reserve Champion: To be awarded to the second highest point winner in each division.

Blue Honor: To be awarded to the third highest point winner in each division.

Blue: Attend Ride and Meeting and Contest and complete record sheet.

Red: Attend 2 of the following: Ride, Meeting, Contest and complete record sheet.

White: Attend 1 of the following: Ride, Meeting, Contest and complete record sheet.

Participation: Complete record sheet.

**POINTS:**

Club Ride = 3 pts

Time Trial = 1 pt.

Club Meeting = 1 pt.

Demo = 1 pt.

Mini 4-H Ride = 1pt.

**BICYCLE RODEO CONTEST:** There are two divisions. Winners must complete all requirements for the project. It is a negative point system, with penalty points adding up for items missed.

- Junior Division: Grades 3-7
- Senior Division: Grades 8-12

Level 1: Grades 3-5      Bicycling for Fun

Beginning riders learn the essentials for getting started safely and successfully. This guide contains creative hands-on activities and connections to DVD and Web resources. Begin exploring the basics toward lifelong cycling. Remember two things that will help you succeed: Use your Leader and practice, practice, practice.

Level 2: Grades 6-7      Wheels in Motion

Learn advanced skills as you explore your surroundings. Guide includes activities that will last a lifetime. Choose a bike that is right for you, practice bike maintenance and road rules to make the ride safe and fun. But don't forget you still have a Leader who is ready to give assistance, encouragement, and advice.

Level 3: Grades 8-12

With the cycling world ever expanding, let this program show you what can be available, not only in the cycling world, but the real world as well. Research and present an approved topic about bicycling.