

4-H Microwave Recipe Card



Name: _____

Project Level ___A___B___C___D

Name of Recipe: _____ Recipe Source: _____

Date Product was Made _____

Prep Time: _____ minutes

Cook Time: _____ minutes

Recipe Yield: _____ Serving size: _____

This should include all of the ingredients and their measurements, as well as the full instructions of how to make the dish. Directions should include detailed preparation method: mix, bake, preserve, and safe storage instructions.

Ingredients and Amount:

List any ingredients that could potentially cause an allergic reaction:

Directions: Prep, mix, bake or preserve, and safe storage. Number, in order, steps to prepare.

For a preserved exhibit, list directions required to consume this product. Number, in order, steps to prepare.