

Educating with Extension

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A collaborative work by the Tipton County
Purdue Extension staff. May 2023

Keeping You Informed



Our staff has been working extremely hard providing education in the Agriculture & Natural Resources, Health & Human Sciences, and 4-H Youth Development programs. In addition, the Spring Consumer Education Day took place on April 20th.

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JOINT PROGRAM ON CHICKEN EMBRYOLOGY

In the month of April, Brian Howell and Emily Peterson presented a chicken embryology program to the 1st graders at Tri-Central and Tipton Elementary schools. The science skills that students experienced included: observing, comparing, applying, and evaluating. Students learned to develop life skills such as planning, organizing, teamwork, communicating, and record keeping. They also earned the responsibility of caring for fertilized eggs, how an incubator works, how to make a brooder box, caring for chicks after they hatch, and more.



AGRICULTURE & NATURAL RESOURCES



Emily Peterson - Agriculture & Natural Resources

The warmer weather has allowed for farmers to get in the fields. The USDA NASS report for the week of 4/9-4/18 showed 3 percent of corn and 2 percent of soybeans were planted state wide. The nice weather has also allowed people to get out in their gardens and plant their cool season vegetables. With the fluctuation of temperatures and weather conditions it is good to hold back on planting warm season produce in your garden until the last frost date for Mid-Indiana ranges from May 1-15th. Check out Purdue's Yard and Garden Calendar for a month by month breakdown. <https://www.purdue.edu/hla/sites/yardandgarden/publication/gardening-calendars/>

PURDUE EXTENSION
MASTER GARDENER PROGRAM

FREE GARDENING CLASS

A hands-on learning experience to start your own garden!

May 6, 2023
2:00 PM-4:00 PM
1200 S. Main St., Tipton, IN 46072

Learn about how to plan a garden, soil preparation, different plants, types of gardens, garden tools, problem-solving, and so much more!

Use the QR code or stop by the Purdue Extension Office to register!

TIPTON COUNTY FREE COMMUNITY GARDEN PLOTS

Plots come pre-tilled so they are hassle free. All you need is to plant seeds and take care of your garden and you will have fresh produce all summer long!

STOP BY THE TIPTON COUNTY
EXTENSION OFFICE TO SIGN UP!

1200 South Main St
Tipton, IN 46072



Information about the free community garden plots

- The Tipton County Community Garden uses the concept of you take care of your own garden plot and get the produce you grow. This is not a community garden where you can come and take from any plot.
- The Tipton County Master Gardeners donate their produce across the street to the food bank located in Emanuel Lutheran Church.
- Before planting your garden stop by the Tipton County Extension office to sign up for an empty plot.
- Each plot is 15x15 feet and you can sign up for multiple plots
- The garden is already tilled up and marked off so feel free to plant cool season vegetables .

HEALTH & HUMAN SCIENCES



Eric Hillis - Health & Human Services

BLOOD DRIVE

A community blood drive is planned for Tuesday, May 16th at the Tipton County Extension Office in Lilly Hall from 2:30 – 7:00. You can register at <http://bit.ly/43mPJms> or by contacting Eric Hillis, Purdue Extension HHS Educator, at jehillis@purdue.edu or (765) 675 – 1177.



FINANCIAL LITERACY



“Can we go through the drive-through on the way to practice?”

“Sure, it’s on the way and I’m hungry too!”

How many times has a situation like this occurred with you? It’s certainly happened to me! As we go into spring, we think about the flowers and plants that will be blooming and farmers in the fields. But, did you also know that April is also Financial Literacy Month? With that in mind it is important to look at our spending habits and how they affect our food dollars.

Data from the Bureau of Labor shows that Americans on average spent \$3,000.00 on eating out in 2015. That total rose until 2020. If on average we only ate out a third less of the time we’d save \$1,000.00 which would be a great start of an emergency fund. According to CNBC, 56% of Americans do not have enough savings to cover and \$1,000.00 emergency expense.[1]

So, what can you do? Meal planning. To-go snacks. Both are great ways to help your food budget. EatGatherGo.org has some great tips for meal planning.[2] Map out your meals, everything from food to snacks, to beverages. Plan for a balanced diet. Make a grocery list, and don’t shop when you’re hungry. Love your leftovers. Prepare to-go snacks instead of stopping at convenience stores, drive-throughs, and if going to after-school activities, avoid the concessions.

Find financial wellness tools and programs by contacting your county’s Purdue Extension Health and Human Sciences Educator. Also visit the Purdue Extension Health and Human Sciences webpage at <https://www.purdue.edu/hhs/extension/money-0/>. There you can find information on programs such as Captain Cash[3] for youth and Where Does Your Money Go[4] for adults.

[1] <https://www.cnbc.com/2022/01/19/56percent-of-americans-cant-cover-a-1000-emergency-expense-with-savings.html>

[1] <https://www.eatgathergo.org/eat/planning/meal-planning-tips/>

[1] <https://www.purdue.edu/hhs/extension/programs-money-0/>

[1] <https://www.purdue.edu/hhs/extension/programs-money-0/#where-does-your-money-go>

4-H YOUTH DEVELOPMENT



Brian Howell - 4-H - Youth Development



It's Almost Time For Mini 4-H Day Camp



Mini 4-H Day Camp, May 31-June 2: For all Mini 4-Hers currently in kindergarten - 2nd grade.

Start your summer off right with fun games and activities, silly songs, and a day at the city pool!

Mini 4-H Day Camp Counselors, May 30 training, camp on May 31-June 2: For 4-Hers currently in grades 7-12. Spend time playing games and leading Mini 4-Hers.

Here's What's Happening In May!

- Beef Identification - May 9
- Sheep and Goat Identification - May 10
- Livestock Enrollment due in 4-H Online - May 15
- You can add or drop projects in 4-H Online until May 15
- Mini-4-H Princess Revue Applications due

Information about Poultry ID, quality assurance training, and workshop opportunity have been sent out, as well as, rabbit enrollment, and Pocket Pets.



Please take time to read all the information that was mailed out to you. There are important forms, dates and reply cards for you to return. If you received something in the mail or e-mail, you were part of a targeted list intended to receive the information!



4-H Camp at Shakamak State Park June 14-16, 2023

4-H Camp target registration date was Friday, April 28! Please see the letters for more information, revisit the mailing you should have gotten the first week of April, or check out the Camp information under “Important Information” on the county 4-H webpage, <https://extension.purdue.edu/county/tipton/tipton-county-4-h.html>.

We still have several slots available! Camp is such a fun experience for youth. If you need help paying for the cost of camp, please contact me at the office and we can chat about options- do NOT let finances be a limiting factor for 4-H Camp.

Concerned about your youth spending the night in a cabin, away from home? Cabins at the Shakamak Group Camp are all secure buildings with air conditioning, sturdy bunk beds, and bathrooms that have individual toilet and shower stalls.

All high school aged counselors go through 9+ hours of intensive training focusing on youth safety and appropriate behavior, and these teens strive to be positive role models for the campers. They are monitored by adult staff and held accountable for youth safety and their actions.

All adults/camp staff are either 4-H Youth Development Extension Educators or approved 4-H Volunteers in good standing. We follow guidelines set forth by Purdue University Cooperative Extension/4-H and the American Camp Association to keep kids safe and do everything we can to ensure they are having a good experience.

Brian Howell
he/him/his
4-H Youth Development Educator

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SPRINGBREAK WORKSHOP

The Spring Break Workshop was held on March 24th from 8:00am - 3:00 pm. This was open to 4-Hers in grades 3 - 5. There were a variety of projects for the kids to choose from, which included: Aquatic Science, Arts & Crafts, Cats, Cake Decorating, Child Development, Fine Arts, Foods, Floriculture, and Garden.

This was a lot of fun for everyone.



COMMUNITY WELLNESS PROGRAM



Community Wellness Program – Ryleigh Scott

THANK YOU
SO MUCH!

I would like to thank Tipton County for its continued support of the Purdue Extension Community Wellness Program. It allows us to continue to fulfill our mission and serve the people of the Tipton County community each year. Our goal is to collaborate with community partners on broader community change that involves policy, system, and environmental changes.

The 5 areas that are focused on include the following:

- Nutrition
- Food safety
- Food security
- Physical activity
- Food resource management



CONTACT US



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