



Hello everyone! Spring has finally arrived. Fair preparations are in full swing, so please take time to read the important information about upcoming events and deadlines included in this newsletter. Be sure to read through all the news.

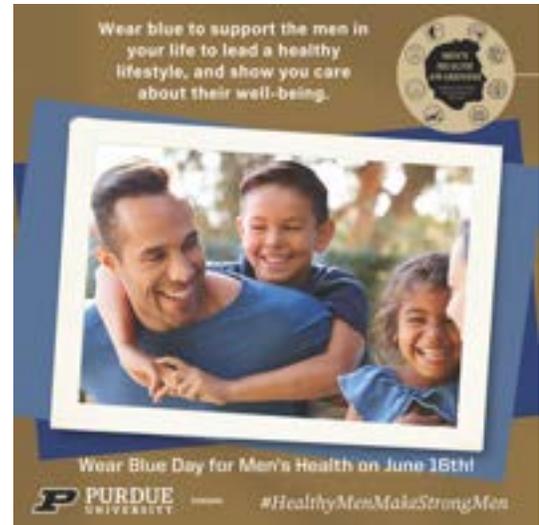
INCLUDED IN THIS MONTH'S NEWSLETTER

<p>4-H & Youth Development</p> <p>Fair Schedule Highlights for the 2023 4-H Fair</p> <p>Important Dates Mark your calendars for upcoming opportunities!</p> <p>Mini 4-H Recap</p>	<p>Ag & Natural Resources</p> <p>Tipton County Master Gardener Involvement</p> <p>Community Garden Reminders and final call</p> <p>Chicken Embryology Wrapped up in both schools</p>	<p>Community Wellness</p> <p>TCSC Share Tables Growing Together Grant</p> <p>Garden Stroll June 17</p>	<p>Health & Human Sciences</p> <p>County Extension Director</p> <p>2023 Open Show Taking place during 2023 4-H Fair</p> <p>May Blood Drive Recap</p> <p>Meals in a Mug Recap Fast and easy meals for 1 or 2 people</p> <p>Food Finders Mobile Pantry Dates</p>
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General information

WEAR BLUE DAY, JUNE 16th

"GUYS, IT'S TIME TO TAKE CHARGE OF OUR HEALTH! MEN LIVE SICKER AND DIE YOUNGER, BUT WE CAN CHANGE THAT BY BEING PROACTIVE. WEAR BLUE DAY ENCOURAGES US TO TAKE STOCK OF OUR HEALTH CHOICES AND BECOME MORE AWARE OF HEALTH RISKS. DID YOU KNOW THAT MEN ARE MORE LIKELY TO SKIP THEIR HEALTH CHECKUPS THAN WOMEN? LET'S BREAK THAT TREND AND MAKE OUR HEALTH A PRIORITY. BY MAKING HEALTHY CHOICES AND GETTING REGULAR CHECKUPS, WE CAN REDUCE OUR RISK. SO, GRAB YOUR BLUE SHIRT, YOUR BLUE TIE, OR YOUR BLUE SOCKS AND WEAR THEM PROUDLY ON JUNE 16TH. LET'S SHOW THE WORLD THAT HEALTHY MEN MAKE STRONG MEN. SHOW US YOUR BLUE ON JUNE 16TH!
#SHOWUSYOURBLUE
#HEALTHYMENMAKESTRONGMEN"



*A BIG Thanks
to our Sponsors!*

We would like to thank the following sponsors for supporting our youth.



Extension - Tipton County



We are sad to see you go, but we wish you the best of luck in what ever your future endeavors are.

Our 10 year members include:

Samuel Cline, Grace Cloud, Lydia Clouser, Tiana Dulworth, Hope Garst, Eric Grimes, Gracie Grimes, Jacob Heffelmire, Noah Heffelmire, Hannah Henderson, Kurtis Hinton, Abigail Hoback, Raechel Hunter, Caitlyn Krause, Marissa Lambert, Lacie Logan, Evan Long, Danielle Marley, Isabelle Marley, Abigail Overdorf, Abigail Phillips, Andrew Powell, Riley Retherford, Clark Rodibaugh, Lindsey Royal, Madelyn Tragesser-Tina



Are you a Tipton County 4-H Alumni?

Calling all 4-H alumni. Do you have any past projects, photographs or trophies from years past? If so, we would love for you to share those mementos during the 2023 Tipton County 4-H Fair.

Please bring your items to the 4-H Building on Monday, July 10 from 4-8 p.m. during project entry. You may pick them up at the 4-H Building on Sunday afternoon, July 17 from 7:00-8:30 p.m. during project release.



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Thinking of Camping During the 4-H Fair?

4-H Families who camped at the 2022 4-H Fair will be invited to camp at this year's fair. Letters will be sent from the office the first week of June complete with the rules and regulations. Returning campers must bring into the Extension Office - Overnight Permission form as well as cash or check in the amount of \$100. After June 19, fair camping will "open up" to other interested campers according to availability. Occupancy begins July 9 and the "vacate date" is July 16. Questions? Please call (765) 675-1177.



4-H Tipton County Pet Parade

Join us July 15th at 4:30 p.m.. All are welcome to bring their pet. There is an entry fee of \$5.00 which goes toward the Humane Society of Tipton County .

Don't forget all the great fair food at the fair!!



COUNTY EXTENSION DIRECTOR



Hello, Tipton County!

I am very honored to say that I have been named your County Extension Director for Purdue Extension Tipton County. This is a position which I very humbly accept. One of the reasons I accepted the position is the fact that we have a great team here at our office. Each person here does great work and is devoted to Tipton County. Another reason I accepted this position is many of the relationships I've made since starting here in January of 2020. I hope to continue to nurture those relationships and build new ones. I believe communication is one of the keys to success. Therefore, please do not hesitate to call the office at (765) 675-1177 or send me an email at jehillis@purdue.edu.

2023 OPEN SHOW

Start planning and working on your project for the 2023 Open Show. It will take place during the Tipton County 4-H Fair July 12 - 16 in Lilly Hall.

This year's theme is Handmade with Love. Items requiring a "stitch" can be submitted into the "Stitch in Time" contest. This includes quilts, sewing items, embroidery, cross-stitch, knitting, and crocheting.

Fantastic prizes will be given and we'd like to thank Anchored in Hope, East Street Provisions, Horton's Home & Garden, and Twisted Threads for sponsoring prizes.

Any questions can be forwarded to our office at (765) 675-1177.



DOCUMENTS & DATES

[2023 Open Show Rule Book](#)

[Online Project Registration](#)

Exhibit Check-in (Lilly Hall):

Tuesday, July 11 8:00 - 9:00 AM (All projects except foods)

Wednesday, July 12 8:30 - 10:30 AM (Foods projects)

Exhibit Release (Lilly Hall unless changed to exhibit hall)

Sunday, July 16 6:00 - 9:00 PM



MOBILE FOOD PANTRY

The Food Finders Mobile Pantry will visit Tipton County on Thursday, June 8th at 11:00 AM. The location is the Tipton County Fairgrounds at 1200 S. Main Street Tipton, IN 46072.

Drive through distribution is planned and clients are requested not to arrive prior to 10:30.

Health & Human Sciences

BLOOD DRIVE

We had a great turn out at the May 16th blood drive. Versiti reported they had 15 registered donors and collected 12 units of blood. Each donation saves 3 lives so that's 36 lives that are saved!

Thank you, Versiti! And, thank you, Tipton County for your donations!



CRISPY RICE TREATS...IN A MUG

On April 25th I delivered the Meals in a Mug program at the Family Resource Center. This time we decided to try something sweet...crispy rice treats (I'm not sure we can use the other name). They turned out great and were delicious.

Ingredients

- 3/4 cup miniature marshmallows
- 2 tsp butter
- 1 cup crisp rice cereal



Directions

- In the mug, microwave marshmallows and butter on Hi for 20-40 seconds (checking at 20 seconds) or until marshmallows are puffed and butter is melted. Stir until blended.
- Stir in cereal until coated. Then pour onto wax paper. Press into a square using wax paper on 4 sides.
- Refrigerate for 10-15 minutes until cool and firm.

A big "thank you" goes to the Family Resource Center and attendees. The next session will be on August 1 and on the menu is meat loaf in a mug.



Thank you to everyone that came out and saw us at the Safety and Health Fairs.



**2023
Open Class
Home & Family Arts
Exhibit and Open Class**

"Where yesterday meets today"



**TIPTON COUNTY 4-H FAIR
JULY 12 - 16, 2023**



**2023 "A STITCH IN TIME"
CONTEST & AWARD**

**ENTER ITEMS REQUIRING A "STITCH" - QUILTS,
SEWING ITEMS, EMBROIDERY, CROSS-STITCH,
KNITTING, CROCHETING & LEATHERWORKING.
THE WINNING EXHIBITOR OF THE "A STITCH IN
TIME" CONTEST WILL RECEIVE A SPECIAL
AWARD!**

**Questions? Contact Eric Hillis, HHS Educator
(765)675-1177 or jehillis@purdue.edu**

**Purdue University is an equal opportunity/equal access/affirmative
action institution.**



Ag and Natural Resource

TIPTON COUNTY MASTER GARDENERS INVOLVMENT

- The Tipton County Master Gardeners have been working hard to get their garden space in the community garden planted. The produce from their garden gets donated to the food pantry at the Lutheran Church across the street.
- They are also working hard to maintain the flower beds around the Tipton County Fairgrounds building.



COMMUNITY GARDEN

- Last call for new community members to participate in the free community garden plots.
- Just a reminder if you would like a plot it is free to plant your own plants in however this does not mean it is free to take produce out of others people's garden.

CHICHEN EMBROLOGY WRAP UP

- This year first grade classes in both Tipton and Tri-Central schools participated in the chicken embryology program.
- We enjoyed working with the schools and students and had a fun end to the school year.



Extension - Tipton County

4-H Youth Development



June 7-9- 4-H Academy @ Purdue; 15 career exploration workshops for current high school students

June 13-16- Junior Leader Conference for youth in grades 9-12

June 24-26- 4-H Band and Chorus; Performing Arts opportunity for 8th-12th graders

June 26-28- 4-H Round Up at Purdue University; career exploration and leadership workshops for 7th-9th graders

July 12-16- Tipton County 4-H Fair

4-H Camp is coming!

Many thanks to the Tipton County Foundation for awarding a grant that covered the cost of transportation and helped make camp more affordable for 4-H members in 2022 and 2023.



Fair Schedule

The 2023 4-H Fair Schedule Official dates are July 12-16, with pre-fair events happening all week.

Saturday, July 8- Livestock barn and pen set up

Monday, July 10- Building project entry, Fashion Revue and Consumer Clothing private judging

Tuesday, July 11- Morning Building Entry - project judging- Aquatic science, Floriculture and Garden

ONLY. Morning Project Judging starts. Afternoon judging includes: Pocket Pet Judging, Cat Show

Wednesday, July 12- Livestock Entered and weighed, Horse and Pony Halter, Showmanship, and English Show, Foods Judging and auction, 10-Year member recognition, Queen Pageant

Thursday, July 13- Goat Show, Horse and Pony Contest Classes, Poultry Show, Mini 4-H Introductions and Princess Review, Battle of the Barns

Friday, July 14- Mini 4-H and 4-H Sheep Show, Rabbit Show, Beef Show

Saturday, July 15- Swine Show, Dog Obedience, Mini 4-H Show, Pet Parade, Talent Show and Fashion Revue

Sunday, July 16- Tractor Driving Contest, Dog Agility, Small and Large Animal Supreme Showmanship, Building Project Release

Monday, July 17- Fairgrounds Clean Up, Pizza and Pool Party

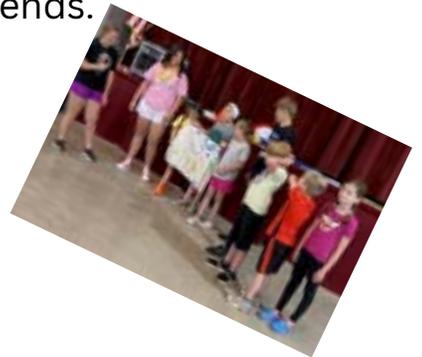
Tuesday, July 18- Livestock Auction



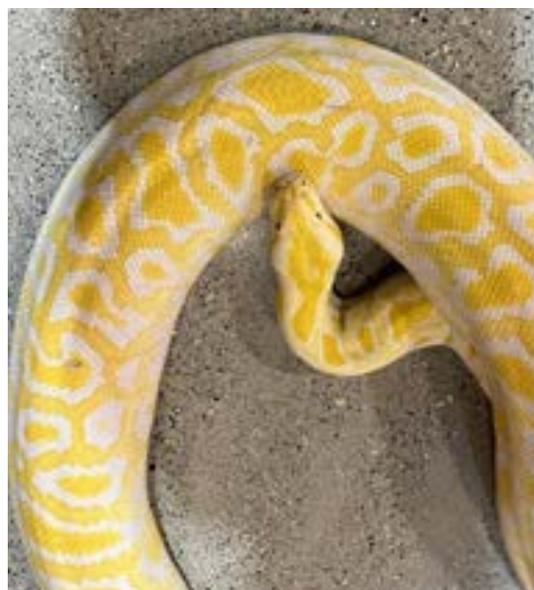
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MINI 4-H DAY CAMP RECAP

Our zoo themed camp combined education, crafts and entertainment, while making new friends.



MINI 4 - H cont'd with Hedgehog Hannah



MINI 4 - H CONT'D



The goal of Mini 4-H Day Camp, is to promote children's healthy development – mentally, physically, socially and emotionally. Mini 4-H Day Camps emphasize experiential, hands-on learning in small group settings. Social interaction is fostered through group activities. Many campers come away from the day having made a new friend or two. Campers are also engaged in positive relationships with caring teen and adult 4-H volunteers. It was a wonderful three days!

Community Wellness Coordinator Growing Together Grant

This past month both Howard and Tipton Counties began using funds received from the Growing Together Grant to supply and maintain community gardens.



This past month Tipton County Master Gardeners hosted a gardening class where participants learned how to start their own garden, gardening best practices, and nutrition education.

Howard County will be hosting a Garden Stroll on June 17th from 10:00 AM - 4:00 PM.

22nd Annual Master Gardener
Garden Stroll
10 a.m. - 4 p.m.
Saturday, June 17

**** Rain or Shine ****
Tickets: \$10
Kids under 12 Free

Welcome Center,
Plant Sale, Vendors
& Speaker *
at Heritage Farms
4175 N 1200 W
(no ticket required)
* Cinda Gustafson will
share information about
herbs at
11:00 am & 2:00 pm

Ticket Locations:
Banner Flower House, Eden's Way,
Flowers by Ivan & Rick,
Jefferson House of Flowers & Gifts,
KHCPL Main, KHCPL South,
Martin's Pro Hardware, Russiaville,
Salsbery Garden Center,
White Lilies 'n Paradise

Two small images showing garden beds and plants. The top image shows a garden bed with various plants and rocks. The bottom image shows a garden bed with yellow flowers and a person standing nearby.

Extension - Tipton County

Growing Together

2022 SNAP-ED HIGHLIGHTS

Iowa State University

Michigan State University

Montana State University

Purdue University

University of Illinois

University of Nebraska

University of Wisconsin

University of Wyoming

482

Master Gardener
volunteers contributed
time to the project.

271

community partners
and agencies cooperated
on the project.

3,411

non-Master Gardener
volunteers contributed
time to the project.

148,825

people with low income
were served by
the project.

Projects leveraged

\$152,837

in community funding
to support their work.

Volunteers contributed

15,779

hours to the project.



318

food pantries and
distribution sites received
produce as a result
of the project.

221,502

pounds of fruits and
vegetables were supplied
to food pantries and
distribution sites.

Growing Together is a multi-state SNAP-Ed donation garden project that increases access to fruits and vegetables, promotes healthy food access, and provides nutrition and gardening education to individuals and families who are food insecure. SNAP-Ed, the Master Gardener Program and food pantries are working together to build and maintain donation gardens in their communities.

This program is funded by USDA's Supplemental Nutrition Assistance Program. This institution is an equal opportunity provider and employer.



Tipton County

BACK

To SCHOOL

EVENT

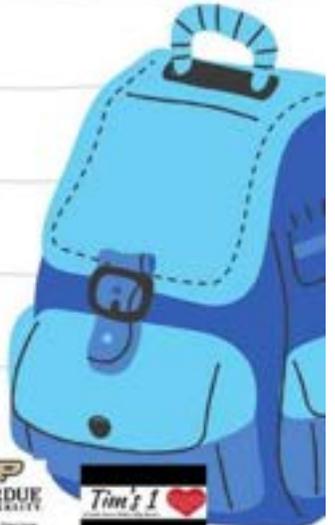
FREE!

**Thursday, July 20, 2023
from 5-7 pm**

at the Tipton County 4H Fairgrounds



-  **backpacks**
-  **school supplies**
-  **community resources**
-  **food**
-  **raffle prizes**



This [product- flyer, calendar, etc.] was funded by the Children's Bureau, Administration on Children, Youth and Families, Administration for Children and Families, U.S. Department of Health and Human Services, under grant #90CA1844. The contents of this [product- flyer, calendar, etc.] are solely the responsibility of the authors and do not necessarily represent the official views of the Children's Bureau.

