

JULY 2023



Extension - Tipton County



HAPPY 4TH OF JULY!

Hello, Tipton County!

We hope you had a grand celebration. This summer is flying by! Between camps, travels, clubs, and summer school, we have not slowed down. Next up - the 4-H Tipton County Fair. Come check out the hard work the 4-H members have put into their projects.

Make sure you read all the way through this newsletter, as there is a lot of fair information.

4th of July tidbits:

- Did you know that America consumes 150 million hot dogs on July 4th. (poor little piggies)
- Both Presidents John Adams and Thomas Jefferson signed the Declaration of Independence and they both died on the same day, July 4th.

4-H

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Important Miscellaneous Fair Information



4-H Fair Pet Parade



Saturday, July 15, 4:30 pm

Everyone is welcome to bring their pets!!
\$5.00 entry fee, proceeds will benefit the Humane Society of Tipton County. The parade is presented by the Champion Chasers 4-H Club and sponsored by Kalaga Kattery.

Fair Camping Information



Youth are not permitted to stay at the fair overnight unless parents (or guardians) have reviewed the policy set forth by the Tipton County Fair Board. If you camped at the fair in 2022 and would like to camp at the same spot as last year you should have received information from the Purdue Extension Office. Cost for 4-H families to camp for the week is \$100.00. All others is \$30/night. Campers may be parked from Sunday, July 9- Sunday, July 16. Campers staying before or after those dates will be charged the regular \$30/night fee. After June 19, fair camping will "open up" to other interested campers according to availability. Occupancy begins July 9 and the "vacate date" is July 16. Questions? Please call (765) 675-1177.



NO SMOKING By order of the State Fire Marshall, the livestock facilities are designated a NO SMOKING area. Please abide by this state law and do not smoke in any livestock facility, or any building on the 4-H Fairgrounds.



The Tipton County Youth Talent Contest will be Saturday, July 15 at 8:00 pm. Interested youth need to fill out an entry form and return it to the Purdue Extension Office by Wednesday, July 12 at 4 pm. Because of State Fair deadlines, **NO LATE FORMS WILL BE ACCEPTED!!!** Rules and entry forms can be found at the Purdue Extension Office. For more information contact Amanda Parton at 765- 438-0848.



4-H Foods Auction - Wednesday, July 12, 4:00 pm
Any exhibitor that has a Foods-Baked project is eligible to participate in the 4-H Foods Auction on Wednesday, July 12 at 4:00 pm. Foods- Preserved, Microwave, and Dairy Foods projects are not eligible. The auction will take place on the West (Main) Stage.



Extension - Tipton County

Health & Human Sciences

2023 Open Show and Family Arts Exhibit and Open Class

This year sees the return of the Adult Open Show at the 4-H Fair from July 12 to July 16. This year's theme is "Where yesterday meets today".

Exhibitor's are encouraged to pre-register at <https://bit.ly/42vHMua>. Please have your \$1.00 entry fee at project check-in. All fees go back to the Tipton County Purdue Extension Homemakers.

Helpful links:

- [Rule Book](#)
- [Shareable Flyer](#)
- [Registration](#)

This year's open show will feature the "A Stitch in Time" contest. Contestants may enter items requiring a stitch which includes quilts, sewing items, embroidery, cross-stitch, knitting, crocheting and leatherwork. The winning exhibitor will receive a special award.

A special thank you goes to these following award sponsors (listed in alphabetical order):

- Anchored in Hope
- East Street Provisions
- Horton's Home & Garden
- Twisted Threads



Upcoming Dates

- Open Show exhibit check-in - July 11 8:00 -9:00 AM
 - all projects except foods
- Open Show foods project check-in - July 12 8:30 - 10:30 AM
- Open Show project release - July 16 6:00 - 8:00 PM
- Meals in a Mug at Family Resource Center - August 1
- Blood Drive - August 22

Be sure to check out these calendars for additional community events:

- <https://strengtheninginfamilies.org/tipton/calendars/>
- <https://www.tiptoncf.org/events>

Camping with Racoons



The month of June was a busy one! I had the opportunity to attend not one, but two 4-H Camps as a volunteer. Please note the fact I'm writing this serves as proof I survived!

The first 4-H Camp I attended was at Camp Tecumseh. I was reminded that when you are doing cabin checks at 11:30 PM, everything that falls from a tree and hits the ground sounds like footsteps. It's also a good time to get a little too close to a racoon, one that from the looks of things, had not missed a meal.

The second camp I attended was with our Tipton County 4-H'ers at Shakamak State Park. While some of the facilities may not be as updated as Tecumseh, the cabins are air conditioned. I'll say that again, the cabins are air conditioned! I had the honor of helping counselors teach outdoor cooking. Cinnamon rolls were on the menu and we attracted a very persistent racoon. Unlike the Tecumseh racoon, this one looked as though he could use a cinnamon roll or two.

While both camps were tiring, it was great to get to know the youth and fellow colleagues.

FOOD FINDERS

The Food Finders Mobile Pantry will visit the Tipton County Fairgrounds on **Thursday, August 17th** at 11:00 AM.

You can find the mobile pantry schedule at <https://www.food-finders.org/find-help/?county=&food-program=378>.



IT COSTS HOW MUCH?

ERIC HILLIS, HHS EDUCATOR, TIPTON COUNTY

Can we go through the drive-through on the way to practice?"

"Sure, it's on the way and I'm hungry too!"

How many times has a situation like this occurred with you? It's certainly happened to me! As we are in the middle of summer, maybe it feels too hot to cook at home or the sports practices are still going on for your family. While it may be easy to go through the drive-through, it can be costly. With that in mind it is important to look at our spending habits and how they affect our food dollars. April was Financial Literacy Month and there is a lot of money spent on eating out.

Data from the Bureau of Labor shows that Americans on average spent \$3,000.00 on eating out in 2015. That total rose until 2020. If on average we only ate out a third less of the time we'd save \$1,000.00 which would be a great start of an emergency fund. According to CNBC, 56% of Americans do not have enough savings to cover an \$1,000.00 emergency expense.[1]

So, what can you do? Meal planning. To-go snacks. Both are great ways to help your food budget. EatGatherGo.org has some great tips for meal planning.[2] Map out your meals, everything from food to snacks, to beverages. Plan for a balanced diet. Make a grocery list, and don't shop when you're hungry. Love your leftovers. Prepare to-go snacks instead of stopping at convenience stores, drive-throughs, and if going to after-school activities, avoid the concessions.

Find financial wellness tools and programs by contacting your county's Purdue Extension Health and Human Sciences Educator. Also, visit the Purdue Extension Health and Human Sciences webpage at <https://www.purdue.edu/hhs/extension/money-0/>. There you can find information on programs such as Captain Cash[1] for youth and Where Does Your Money Go[2] for adults.

[1] <https://www.purdue.edu/hhs/extension/programs-money-0/>

[2] <https://www.purdue.edu/hhs/extension/programs-money-0/#where-does-your-money-go>



Extension - Tipton County

Purdue University Cooperative Extension Service is an equal access/equal opportunity institution

Ag and Natural Resources

PROGRAMS COMING UP

- Extension Hot Topics July 20th, Register online here: www.bit.ly/3V30MvK
- If you can't make it live, no worries, it will be recorded. The recordings can be found on the Area 8 Ag & Natural Resource You Tube page found here: <https://www.youtube.com/channel/UCx1L2c89r3d3P7LspotyPzg>
- Check the next page for flyers for field days around the state.

MASTER GARDENER INVOLVMENT

- The Master Gardeners of Tipton County are working hard in the garden and flower beds the last few months to help raise produce to for local food pantries in Tipton.
- If you have the opportunity during the fair to check out their garden it looks amazing and is labeled with all of the different produce they are growing.
- If you enjoy the landscaping around the fairgrounds thank the Master Gardener group, as they weed and water the plants throughout the summer .

We want to give a special shout out of THANKS to members of the Extension Master Gardener Association of Tipton County for their work in the garden.



Emily Peterson, Ag and Natural Resource Educator



I am your Tipton County Purdue Extension Ag and Natural Resource Educator. I grew up my whole life in Hamilton County, and attended Hamilton Heights.

I then attended Purdue University where I studied Horticulture Landscape Design with minors in Ag Business and Turf Management.

I graduated in May of 2022 and soon after I attended a month long study abroad in England, where I looked at the landscapes of historic English landscapes. I was a 10 year 4-H member where I participated in over 100 projects over the years and showed pigs, sheep, and meat goats.

I have been here about 6 months and I have enjoyed it so far and I look forward to continuing to meet everyone!

Purdue Field Days

SAVE THE DATE

Purdue Fruit and Vegetable Field Day

THURSDAY, JULY 20, 2023

Purdue Meigs Ag Center
9101 S 100 E, Lafayette, IN 47909



TURF AND LANDSCAPE FIELD DAY

JULY 18TH @ PURDUE

THE PURDUE TURF AND LANDSCAPE FIELD DAY IS AN ANNUAL ONE-DAY EVENT WITH THE OBJECTIVE OF PROVIDING PROFESSIONAL TURF AND LANDSCAPE MANAGERS EXPOSURE AND EDUCATIONAL OPPORTUNITIES WITH THE LATEST RESEARCH AND TECHNICAL RESOURCES.

CCHS APPROVED FROM THE OISC: 5.0 CREDITS IN THE 3B CATEGORY | 4.0 CREDITS IN THE 2/3A/RT CATEGORIES | 3.0 CREDITS IN THE 5/6 CATEGORIES | 1.0 CREDIT IN THE 7A CATEGORY OHIO, ARBORIST, AND GCSAA EDUCATION CREDITS WILL ALSO BE AVAILABLE.

[HTTPS://TURF.PURDUE.EDU/EVENTS/TURF-AND-LANDSCAPE-FIELD-DAY/](https://turf.purdue.edu/events/turf-and-landscape-field-day/)

Landscape Diagnostic Training

Opportunities in English and Spanish

Multiple Dates & Locations

Indianapolis – Newfields – August 7, 2023

Elkhart – Wellfield Botanic Gardens – August 10, 2023

Evansville – Mesker Park Zoo & Botanic Garden – August 18, 2023

Register here: <https://cvent.me/4z9rLe>

PURDUE SMALL FARM EDUCATION FIELD DAY 2023

SAVE THE DATE

JULY 27, 2023

at the Purdue Student Farm



REGISTRATION NOW OPEN!

<https://cvent.me/ewWN3b>

PRESENTED BY



WEED SCIENCE FIELD DAY

JUNE 27, 2023 AT 8:00AMWEED-DAY3.JPG

THROCKMORTON PURDUE AGRICULTURAL CENTER

8343 U.S. 231 SOUTH LAFAYETTE, IN

[HTTPS://AG.PURDUE.EDU/DEPARTMENT/BTNY/WEED-SCIENCE-FIELD-DAY.HTML](https://ag.purdue.edu/departments/bt/ny/weed-science-field-day.html)

Garden Calendar for July

HOUSE PLANTS

- It is a great time to set more tropical houseplants outside in the shade to receive humidity (make sure they are getting watered more if outside)
- It is time to propagate plants through cuttings
- Don't forget this is their growing season so watering and fertilizing may need to be increased

LAWN, FLOWERS, AND TREES

- Newly planted plants will need watered more this month.
- Try to prevent from planting larger trees, especially in root ball or burlap at this time
- Remove waterspouts and suckers from the base of trees
- Mow your lawn 1/2" higher than normal especially when the water conditions are low. This helps with the stress of the plant and reduces the browning when it dries out.
- Try not to collect clippings from your lawn

GARDEN

- Don't forget to supplement rain water when there is dry weeks.
- Harvest crops such as tomatoes, squash, okra, peppers, beans, and cucumbers frequently to encourage further production.
- Harvest summer squash while small and tender for best quality.
- Make sure potato tubers, carrot shoulders, and onion bulbs are covered with soil to prevent them from developing a green color and off flavors.

JULY 2023

4-H Youth Development Camp Shakamak





2023 Tipton County 4-H Fair

July 12-16, 2023

2023 Indiana State Fair

July 28-August 20, 2023

Bonus Bits from Brian

The 4-H Fair is approaching fast! Please look through this newsletter **VERY CAREFULLY**. There is ALOT of important information that you will need as you prepare for the fair.

NEW FAIR SCHEDULE

The fair schedule went through another revamp this past winter. Please make sure you are aware of the dates and times for all of your events and deadlines.

Did your project guidelines change?

The following projects had some minor changes from last year's guidelines. Everyone should be reading updated project guidelines every year, but youth in these particular projects will want to take a minute to review the guidelines: Arts and Crafts, Beekeeping, Computer Communications: Creative Writing, Electric, Entomology, Fashion Revue, Food; Baked Foods; Preserved, Garden Lawn and Garden Tractor Photography, Sewing; Wearable, Tractor Zero-Turn Mower.

Help Needed for Tipton County 4-H Fair

It takes a lot of volunteer man-power to make the 4-H Fair happen. Please consider helping out. Some of the jobs require lifting, so please consider that when deciding where and when to help. Sign up now at <https://bit.ly/2023tiptonfairhelp>.

Jobs include: Project Building set-up, building project check-in, building project assistance, project check out, and project building display tear down.

Please sign up by Thursday, June 29. If you don't get signed up, don't worry- your help will still be needed and appreciated if you just happen to show up!

thank you!

The family of Travis Wolford (Heather, Katie, Eli, and Avery) would like to thank everyone in the 4-H community for their support during this challenging season. From the turn out and donations given at the benefit breakfast on New Years Eve, to the other ways people have pitched in since then, the family is grateful for everything that has allowed them to keep moving forward.



Congratulations to Youth Who Participated in Summer Workshops

Several Tipton County youth took advantage of the opportunities made possible through Purdue University, the West Central 4-H Camp Association, and sponsored by the Tipton County 4-H Council and the Tipton County Foundation who provided a grant for bus transportation to 4-H Camp.

4-H Academy @ Purdue- Kaitlyn Maruszewski (Plant Science);

Brian Howell (chaperoned/coordinated Community Change Start With Me Civic Engagement workshop) 4-H members attended intensive subject based labs and sessions. Kaitlyn measured trees, studied wildlife, and collected samples in a creek. Brian led youth in a Poverty Simulation, volunteered at the Food Finders Fresh Pantry in Lafayette, and guided participants to explore culture and differences. Participants explored potential careers and experienced life in a university lab and classroom!

4-H Camp at Shakamak State Park- Josie Hiatt, Clare Meyncke, Conor Meyncke, Shaelyn Simpson, Makenna Tolle, Layla Higgins, Halle Whitehead, and chaperones KC Hiatt, Eric Hillis, and Brian Howell These 4-Hers unplugged from devices and cooled off in the pool, boated, cooked over a camp fire, played several types of recreation, and met campers from three other counties.

4-H Round Up at Purdue- Aadyn Carter, Henry Longfellow, Brooklyn Moats, Alexis Stephens, chaperone David Longfellow.

These 4-Hers heard dynamic speakers, listened to the 4-H Band & Chorus, and explored careers in Purdue University classrooms and labs.

4-H Band- Lydia and Connor Clouser

Lydia and Connor met other 4-H Band members from across the state and learned an entire concert in three days. The 4-H Band performs at Purdue Round Up.

Watch the newsletter this winter and next spring for details about these trips, and many other opportunities available to 4-H members.

Brian Howell, 4-H Youth Development Educator



Fair season is an interesting time. There is a lot of excitement, energy, exhaustion, chaos, fun, and memory making moments prior to and during this exciting week. It is the culmination of the hard work and learning the youth have been putting into their projects and the efforts of the adults helping them. This will be my 17th 4-H Fair in Tipton County. Each year poses its own opportunities and challenges. Hopefully, for the first time since 2019, we can settle into a new schedule and format, with room for future tweaks and adjustments.

A very wise colleague of mine shared some thoughts on her social media as she decompresses from her early season 4-H Fair. Some food for thought; I'm chewing on these as well (credit goes to AC in the 89):

1. Kindness isn't difficult, and only gets better with practice. Kid's attitudes are often shaped by observing their adults.
2. Take accountability for faults and shortcomings. Offer grace to others in the moments when theirs become evident. We all have them.
3. It is absolutely impossible to please everyone.
4. A little empathy, understanding, and gratitude go a long way.
5. Most people are genuinely doing the best they can. Kids, parents, volunteers, and staff.

Let's have a fantastic Fair!

Community Wellness Coordinator



TIPTON COMMUNITY SCHOOL CORPORATION

Share Tables

The TCSC has officially received funding to implement Share Tables in the high school this fall. This initiative will aim to mitigate food waste while providing extra food to those in need. We are excited to finally share this project with the community.

Ongoing Initiatives:

- CHANGE Tool Assessment
- Story Walk
- Growing Together Grant
- Trails Promotion



I am your Community Wellness Coordinator. I grew up in Terre Haute, Indiana and pursued my undergraduate degree in Food Science at Purdue University. I was also a four-year student athlete at Purdue, so I bleed the Old Gold and Black!

As a CWC, my job is to support funding and implementation of resource opportunities that will improve health and wellness throughout Tipton County.

I have a passion for health, nutrition, and helping others. I also enjoy reading, exercising, and being with family.

I look forward to collaborating with you to improve our community!



Tipton County

BACK

To SCHOOL

FREE!

EVENT

**Thursday, July 20, 2023
from 5-7 pm**

at the Tipton County 4H Fairgrounds



-  **backpacks**
-  **school supplies**
-  **community resources**
-  **food**
-  **raffle prizes**



**Prevent Child Abuse
Tipton County**



**BOYS & GIRLS CLUB
OF TIPTON COUNTY**

FIREFLY
Children & Family Alliance



**PURDUE
UNIVERSITY**

Tim's 1

This [product- flyer, calendar, etc.] was funded by the Children's Bureau, Administration on Children, Youth and Families, Administration for Children and Families, U.S. Department of Health and Human Services, under grant #90CA1844. The contents of this [product- flyer, calendar, etc.] are solely the responsibility of the authors and do not necessarily represent the official views of the Children's Bureau.

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County offices closed to
observe the holiday.



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