



INCLUDED IN THIS MONTH'S NEWSLETTER

4-H & Youth Development	Ag & Natural Resources	Community Wellness	Health & Human Sciences
<p>Fair Schedule Highlights for the 2023 4-H Fair</p> <p>Important Dates Mark your calendars for upcoming opportunities!</p> <p>Enrollment Information Reminders about the enrollment process</p>	<p>Important Upcoming Dates</p> <p>Lawncare Series CCH Hours available</p> <p>PARP Credit Opportunities Plan to attend the Annual SWCD meeting</p> <p>Cover Crop Series Program offered in Tipton County</p> <p>Lawn Care Series</p>	<p>TCSC Share Tables Food Rescue Initiative</p> <p>Lifecycle Transportation Assistance</p> <p>CHANGE Tool Community Needs Assessment</p> <p>Growing Together Grant Master Gardeners Assistance</p> <p>Howard County Food Desert Food Assistance Initiative</p>	<p>Meals in a Mug Quick, budget friendly meals for 1 or two people</p> <p>Cooking Matters Cooking for expectant parents or for parents with small children</p> <p>Community Blood Drive February 14th</p>

Health & Human Sciences



MEALS IN A MUG

- Only need to cook for 1 to 2 people?
- Have a busy lifestyle?
- Looking for a budget-friendly option?
- Want a quick after school snack?

Sign up for Meals in a Mug being offered at the Family Resource Center in Tipton (3021 W State Road 28 Tipton, IN). Participants are welcome to bring their children to participate! The first session will be on January 31 with additional sessions on April 25, August 1, and October 31. Register at <http://bit.ly/3CmSo3C>.

COOKING MATTERS

Are you an expectant parent or a parent/guardian of children 0-5 years old? You are invited to join this FREE 6-module cooking course. In addition to learning about nutrition for young children, you will be able to participate in some hands-on cooking experiences. Every session you will receive free cooking utensils and groceries to recreate a meal at home.

This program will take place Thursdays at 4:00 - 6:00 PM on February 23, March 2, March 9, March 16 and March 23 at the Family Resource Center in Tipton (3021 W State Road 28 Tipton, IN). Please RSVP by February 16 by contacting Eric Hillis, HHS Educator, at jehillis@purdue.edu or call 765-675-1177. If any accommodations are needed please contact Eric at least one week prior to the start of the sessions.



Captain Cash



Eric Hillis, HHS Educator

In January Brian Howell (4H & Youth Development) and I were fortunate to deliver Captain Cash to Tipton Elementary 3rd graders. We spent our time delivering lessons and activities to the students in Mrs. Rich's, Mrs. McElfresh's, Mrs.

Bitner's, Mrs. Delph's, and Mrs. Ripberger's classes, respectively. In total, 108 third graders learned about earning, saving, spending and borrowing money through four different sessions.

Captain Cash is an interactive educational program designed to teach basic financial management skills to your students. Along with learning basic financial concepts, students learn and practice important life skills to foster self-sufficiency such as communication, decision-making, problem-solving, managing resources, planning, and organizing.

If you have a need for Captain Cash in your school, please contact me at jehillis@purdue.edu or 765-675-1177.

FEBRUARY 2023

BLOOD DRIVE

A community blood drive will be taking place on Valentine's Day, Tuesday, February 14th from 2:30 - 7:00 PM. It will take place at the Tipton County Fairgrounds in Lilly Hall (1200 S. Main Street Tipton, IN 46072). You can register by going to <http://bit.ly/3GQSbqM> or by scanning the QR code.

Make sure to eat a healthy meal and drink plenty of water before donating.

The goal for this blood drive is 25+ donors and there are 30+ appointment spots that can be filled to help us reach and exceed that goal.



There is no substitute for blood.



It is **precious**.
It is **perishable**.
And the need for it is **vital**.



MOBILE FOOD PANTRY

The Food Finders Mobile Pantry will visit Tipton County on Thursday, February 9th at 11:00 AM. The location is the Tipton County Fairgrounds at 1200 S. Main Street Tipton, IN 46072.

Drive through distribution is planned and clients are requested not to arrive prior to 10:30.

Ag and Natural Resource

IMPORTANT DATES IN THE ANR SECTION

- February 7th- Wabash Valley Landscape and Lawncare Series *REGISTER BY FEBRUARY 1*
- February 16th- Extension Monthly Hot Topics
- February 27th- Tipton Co. Soil and Water Conservation District Annual Meeting and PARP
- March 6,8,13,15th- DIY Lawncare Program *REGISTER BY FEBRUARY 27th*
- March 22- Put Your Crop Top On- A Field Day Devoted to Keeping Soils Healthy

PARP,CCH, CEU EVENTS

- February 27th- Tipton County Soil and Water Conservation District Annual Meeting, PARP and CCH meeting. This is open to the public and can register through this link or by calling 765-675-1177

https://purdue.ca1.qualtrics.com/jfe/form/SV_3RgZeEK6VkwGUVo

- March 22- Put your Crop Top On- A Field day Devoted to Keeping your Soils Healthy. See Flyer Below. Register by using the link below or by calling 765-675-1177

<https://bit.ly/HowardandTiptonFieldDay2023>

Purdue Extension

Wabash Valley Landscape and Lawncare Series

Multiple Pesticide Applicatory CCH Hours!!

9:00am-3:00pm | February 7, 2023

Available CCH credits

Category 1, 2, 3A, 3B, 6, 8 and RT

Cost is \$75.00 (lunch included)

Location: 350 Wedcor Ave, Wabash, IN

For more Information and Registration click the link: <https://cvent.me/EZqPPI>

Or Scan QR Code



For more information or to register Scan here





PURDUE
UNIVERSITY

Extension - Tipton County



**TIPTON CO. SOIL & WATER
CONSERVATION DISTRICT**

TIPTON COUNTY SOIL AND WATER CONSERVATION DISTRICT ANNUAL MEETING

Integrated Pest Management

February 27th 8:30 am - 12:00 pm

Tipton Co. 4-H Fairgrounds

1200 S. Main St.

Tipton, IN 46072

[Click Here to Register:](#)

https://purdue.ca1.qualtrics.com/jfe/form/SV_3RgZeEK6VkwGUVo

KEEPING THE LOAD SECURED TO THE TRAILER.....DR. FRED WHITFORD
WATERHEMP CONTROL FOR 2023.....DR. BILL JOHNSON
REGULATORY TOPICEMILY PETERSON
TIPTON CO SWCD PUBLIC ANNUAL MEETING AND AWARDS
CONCLUSION AND LUNCH

**PARP AND CCH FOR \$10.00
PLEASE CALL 765-675-1177 FOR QUESTIONS**

Put Your Crop Top On A Field Day Devoted to Keeping Soils Healthy

Topics Include

- Fertilizer Rates
- Cover Crops for Nitrogen
- Carbon Credits
- Farmer Talk

A G T e b b e F a r m s
4 6 4 N . S t . R d .
1 9 T i p t o n , I N
4 7 0 7 2 M a r c h 2 2 ,
2 0 2 3 9 : 0 0 A M -
2 : 3 0 P M

Registration:

<https://bit.ly/HowardandTiptonFieldDay2023>



Lunch provided

PARP/CCH/CEU Credits \$10



Extension



Soil & Water
Conservation District

Howard
Tipton



EQUAL OPPORTUNITY EQUAL ACCESS INSTITUTIONS

PURDUE EXTENSION

MONTHLY

Hot Topics



SEASON 1

12:00 - 1:00 PM EST

19
JAN

Organics & Composting

Ashley Adair,
Organic Horticulture Extension
Specialist

20
APR

Turfgrass

Aaron Patton
Turf Extension Specialist

16
FEB

Garden Planning

Karen Mitchell
Consumer Horticulture
Extension Specialist

18
MAY

Soil

Eileen Kladvko
Professor of Agronomy

16
MAR

Plant & Pest
Diagnostic Lab

Tom Criswell
Director of the Plant Pest
Diagnostic Lab
Jon Bonkowski
Plant Disease Diagnostician

15
JUN

Plant Diseases

TBD

Each month join a Purdue Extension Specialist through this free, live, virtual program as they discuss their research and hot topics in their area of expertise.

**REGISTER
NOW!**

Online Registration: bit.ly/3V30MvK



**PURDUE
UNIVERSITY**

Extension

DIY Lawncare Signature Program

Create and Maintain Your Dream Lawn with Purdue Extension



Do you want to know how to have a greener, healthier lawn? Join us for this series where you will receive information on essential turf basics needed to lay the groundwork for creating, establishing, and maintaining your lawn.

Who should join?

- Homeowners
- Property Renters
- Homeowner Associations

What will I learn?

Session 1: Basics of Taking Care of Lawns
 Session 2: Lawn Pests and Problems
 Session 3: Weed Identification and Management
 Session 4: Seeding Establishment and Lawn Renovation

Sign up today!

Details for your DIY Lawncare program – and how to register – are below:

County Name: **Area 8**

Dates: **March 6, 8, 13 & 15 11:00 am - 1:00 pm**

Location: **Virtual Event via Zoom**

Register at: **<https://cvent.me/AwBXDR>**

Registration Deadline: **Feb. 27, 2023**

Program Fee : **\$20**

4-H Youth Development

IMPORTANT 4-H DATES

- All month- 4-H Enrollment: v2.4honline.com or <https://purdue.ag/enroll4h>
- March 2, 7-9 pm- Volunteer Meeting/Workshop
- March 4- Jr. Pork Day at Purdue. Details below
- May 9, 4-6 pm- Beef ID tagging
- May 10, 4-7 pm- Sheep and Goat ID tagging/weigh in
- May 15- 4-H Livestock 4-H Online enrollment deadline
- May 15- 4-H project add/drop deadline in 4-H Online



4-H FAIR SCHEDULE AVAILABLE

The 2023 4-H Fair Schedule has been approved. Official dates are July 13-16, with pre-fair events happening all week. Full details will be available in mid-February. Highlights include:

Saturday, July 8- Livestock barn and pen set up

Monday, July 10- Building project entry, Fashion Revue and Consumer Clothing private judging

Tuesday, July 11- Building project judging, Pocket Pet Judging, Cat Show

Wednesday, July 12- Livestock Entered and weighed, Horse and Pony Halter, Showmanship, and English Show, Foods Judging and auction, 10-Year member recognition, Queen Pageant

Thursday, July 13- Goat Show, Horse and Pony Contest Classes, Poultry Show, Mini 4-H Introductions and Princess Pageant, Battle of the Barns

Friday, July 14- Sheep Show, Rabbit Show, Beef Show

Saturday, July 15- Swine Show, Dog Obedience, Mini 4-H Show, Talent Show and Fashion Revue

Sunday, July 16- Tractor Driving Contest, Dog Agility, Small and Large Animal Supreme Showmanship, Building Project Release

Monday, July 17- Fairgrounds Clean Up

Tuesday, July 18- Livestock Auction



Congratulations to the 4-H members who applied for scholarships through the Indiana 4-H Foundation. Youth can start applying for some scholarships as early as grade 10.

Through this they gain valuable experience in writing a professional resume and cover letter as they write about the life skills they have learned as 4-H members.

Seniors can still apply for the Tipton County 4-H Council, Hilton Hobbs, and Eva Lilly scholarships through the Tipton County Foundation General

Scholarship application available at tiptoncf.org. This application is due on March 1.

Seniors in the swine project can also look out for the Richard Nash Scholarship application, which is due on June 1.

There are a variety of opportunities being offered throughout the year for 4-H members. In addition to reading newsletters, e-mails, or social media you can learn about and register for programs on your 4-H Online profile. Don't forget to scroll down whenever you log on to find programs you might find interesting!

PURDUE UNIVERSITY Extension - 4-H Youth Development

4-H ENROLLMENT IS OPEN!

Sign up now for the 2022-2023 4-H year

Go to purdue.ag/enroll4h for instructions on how to update or create your family profile and enroll!

4-H is available for any youth currently enrolled in grades 3-12. Mini 4-H is available for youth in kindergarten-grade 2.

Purdue Extension- Tipton County
1200 S Main Street
Tipton, IN 48072
765-675-1177
Open 8-4, Mon-Fri

Mark Calendars Now for Summer Events!

May 31-June 2- Mini 4-H Day Camp

June 7-9- 4-H Academy @ Purdue; 15 career exploration workshops for current high school students

June 13-16- Junior Leader Conference for youth in grades 9-12

June 24-26- 4-H Band and Chorus; Performing Arts opportunity for 8th-12th graders

June 26-28- 4-H Round Up at Purdue University; career exploration and leadership workshops for 7th-9th graders

July 13-16- Tipton County 4-H Fair

PURDUE UNIVERSITY Extension - 4-H Youth Development

4-H CAMP AT SHAKAMAK

JUNE 14-16, 2023

CAMPERS: CURRENTLY IN GRADES 3-6
COUNSELORS: CURRENTLY IN GRADES 9-12

REGISTRATION INFORMATION WILL BE PROVIDED SPRING, 2023!

4-H Camp is coming!

4-H Camp at Shakamak State Park will take place June 14-16. 4-H members currently in grades 3-6 can be campers, while 4-Hers currently in high school can serve as counselors. 4-H Camp is an awesome experience; members often say it is one of their most memorable 4-H experiences! Mark your calendars now!

Many thanks to the Tipton County Foundation for awarding a grant that covered the cost of transportation and helped make camp more affordable for 4-H members in 2022. Plans are being made to apply for the same grant in 2023. Camp registration will take place in 4-H Online in March and April- look out for details!



4-H Online vs. FairEntry



When do we need to use them?
Why do we use them both?

4-H Online

FairEntry

Who?

- Parents/ Families
- ALL 4-H Members
- ALL Program Volunteers
- Specialty Groups

Who?

- 4-H Fair Exhibitors
- Superintendents
- Fair Judges
- Check-in Volunteers
- Media Outlets for Fair Results

What?

- Animal Identification
- Selecting project areas to explore.
- 4-H Trips and other events
- 4-H Scholarships Application
- Club rosters for 4-H Leaders

What?

- Preparation for county fair
- County Fair Project Labels
- State Fair Qualifying Entries
- Livestock Show Bills
- Organization of Fair Results

When?

From start to end of the program year; October through September.

When?

Fair Season: Typically May through August

Where?

<https://v2.4honline.com/>

Where?

Direct link provided by county office or
<https://fairentry.com/Public/FindYourFair>

Why?

- To express interest in the 4-H Program
- Improved communication between County and State and 4-H Families

Why?

- Prepare for county and state fair
- Get accurate numbers for project display purposes, and stall assignments



Extension - 4-H Youth Development



Purdue University is an equal opportunity employer.

4-H Families use Online Programs for 4-H Enrollment

All 4-H families will use 4-H Online and FairEntry. This chart will hopefully help people understand why we use the different systems.

One thing this chart doesn't mention: when enrolling in projects in 4-H Online you only need to enroll in the category, but not the specific project? Can't find Candlemaking? Enroll in Arts & Crafts. Black and White Salon Print? Photography. It is in FairEntry that you will declare what specific projects you are doing.

4-H Online is open now. You can add and drop projects until May 15. If there is any chance your 4-Her will complete a project, sign up for it. There is no penalty for projects not completed.

FairEntry will open in mid-June. Only the projects for which you are enrolled in 4-H Online will show up in FairEntry- so be sure to enroll in your projects in 4-H Online by May 15!!!

County 4-H Website is Updated

The majority of documents are updated on the Tipton County 4-H website. This includes the 4-H Family Guide, convenient check lists, and animal enrollment information and vaccination forms.

There are very few project guideline updates- mostly in Arts & Crafts. Those should be posted by March 1 and won't affect the kind of projects you can exhibit.

<https://extension.purdue.edu/county/tipton/tipton-county-4-h.html>

FEBRUARY 2023

NEWSLETTER



Tipton Tidbits

TCSC SHARE TABLES

This month I am happy to bring you some wonderful news in regard to our Tipton schools. Dr. Glaze has approved the implementation of share tables to serve as a food rescue initiative, and we hope to get this project up and running this spring. A share table will allow certain foods to be donated to fellow students and the Boys and Girls Club while adhering to safety regulations. Food waste continues to be a persistent problem in the United States and I am so excited that we will be doing our part to hinder the issue. We are aiming to implement this in the Middle School this spring and, assuming all goes accordingly, the Elementary and High Schools next school year.

LIFECYCLE

This past month I had the opportunity to meet with several community leaders regarding the LifeCycle program, including partners from the Indiana Youth Institute, Boys and Girls Club, and the System of Care. We are currently at a standstill on this project, as I have received several different thoughts on transportation needs in our community. I plan to continue analyzing this need; however, I expect my needs assessment to report any transportation needs if necessary.

GROWING TOGETHER

The Growing Together grant will support our Master Gardeners program in improving the garden, replenishing supplies and equipment, and providing nutrition education.

CHANGE TOOL

I have assembled a strong action team and we will have our first meetings this month. We hope to begin data collection by the end of the month.

HOWARD COUNTY FOOD DESERT

An action plan has been developed to address the food insecurity challenge in Howard county. Five subcommittee groups have been developed to address various areas of concern regarding food access. We will reconvene this coming month to evaluate our findings.



FOOD FOR THOUGHT

THERE ARE OVER 1,000 VARIETIES OF BANANAS!

Recipe of the Month

BANANA NUT MUFFINS

Ingredients

- 3 VERY overripe bananas, mashed (about 1 1/3 cup mashed banana, make sure they are almost all the way brown)
- 1/2 cup honey
- 1 large egg, at room temperature
- 1/2 tablespoon vanilla extract
- 1/4 cup olive oil
- 1/4 cup unsweetened vanilla almond milk (or milk of choice)
- 1 1/2 cup whole wheat pastry flour*
- 1 teaspoon baking soda
- 1 teaspoon cinnamon
- 1/2 teaspoon salt
- 1/2 cup chopped walnuts, plus 1/4 cup chopped walnuts for sprinkling on top of muffins

Method

1. Preheat the oven to 350 degrees F. Line a muffin pan with liners and spray the inside of the liners to prevent sticking.
2. In a large bowl, mix together mashed bananas, honey, egg, vanilla, olive oil and milk until well combined. Add in whole wheat pastry flour, baking soda, cinnamon and salt and use a wooden spoon to mix together until the batter is just combined. DO NOT overmix. Fold in 1/2 cup chopped walnuts.
3. Divide batter evenly into muffin liners, sprinkle each muffin with chopped walnuts. Bake for 20-25 minutes or until the toothpick comes out with just a few crumbs attached.
4. Cool muffins for 5 minutes then remove and transfer to a wire rack to finish cooling. Muffins are best served warm and even better the next day. Makes 12 muffins.



Contact Us



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