



Extension - Tipton County



Health and Human Sciences

Teacher Resources

Visit our Teacher Resource Page

<https://bit.ly/PUEXTteacherresources>

List of applicable programs:

- At Home Heroes
- Food Allergies 101
- Food Labeling: What's in there anyway?
- Serving Up MyPlate: A Yummy Curriculum
- Captain Cash
- HERO'S Story Time
- Train Your Brain: Nutrition, Neurobics, and Notable Ways to Keep Your Brain Healthy
- Physical Activity Across the Lifespan
- Sleep On It: Why Sleep Matters
- Understanding the Opioid Crisis

Not finding what you want?

Build to Fit Your Needs

 extension.purdue.edu/Tipton

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