

Extension - Health and Human Sciences



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Articles for the September - October issue due by August 1, 2022

TIPPECANOE COUNTY EXTENSION HOMEMAKERS Home Echoes

https://extension.purdue.edu/county/tippecanoe/Tippecanoe-County-Extension-Homemakers.html



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Tippecanoe County Extension Homemakers





Volume 22, Issue 4

July-August 2022

As I sit here trying to get my thoughts together, I find that is a difficult task. So much has happened in the past two years!

When I began this journey, it was to be a one-year term. "Okay, I can handle that!" Well as you all know, one year turned into two years and so much happened to our group. "Mr. Covid" certainly made his presence known and our activities came to a halt. We became used to staying home and became very inactive. Thankfully, we see an easing of restrictions, so I hope we as a group will begin to function again.

By the time you read this, we've had our year end Achievement Luncheon and enjoyed each other's company. We have a very capable new set of officers who are planning some exciting events for all of us. Hopefully you will participate and continue to spread the good things about being an Extension Home-maker. We always need more members, so your job is to encourage others to join our group. There is so much to gain from the fellowship.

Thank you all so very much for the support you gave me – it was much needed and appreciated. Now it's time to move forward.

Nancy Jones



2022 Graduating Senior Scholarship Winner

Meet Alexandra Kerkhove or Alex as she likes to be called. She is the great granddaughter of Paula Kerkhove who is a charter member of the Lamplighters Homemakers Extension Club and granddaughter of Debra Kerkhove who is in the same club.

Alex graduated from Harrison High School recently. She plans to pursue a degree in journalism and screenwriting/film directing. She hopes to become a film director or news anchor one day. Alex is looking forward to telling people stories and capture the hearts and minds of people.

Alex was recently accepted into Purdue's prestigious Honors College. Her high school involvement in sports (Cross Country & Track & Field), student council, National Honors Society and Keyettes has given her the opportunity to develop leadership skills and be involved in community service projects. Alex has explored her creative side by performing in an ensemble in her high school musical. She is also a 10 year 4-H'er and has participated in showing livestock and taken non-livestock projects. She served as her club president for one year and has been vice president the past two years. The Tippecanoe Homemakers Scholarship committee is pleased to present her with a \$1,000 scholarship. We wish her well in her future endeavors.

Co-Scholarship Chairs - Paulette Niles & Carol York, Meadowlark Homemakers

Educational Workshop---- BONUS

The Educational Workshop was full of Quilts history and the latest technology used in preparing a variety of quilts. The event was well attended.

For my captivated audience, A bus trip to Beef and Boards was discussed. Pam Windler from Saint Anthony's will be providing us with a free Imperial bus trip to Beef and Boards. Members will have to pay for the buffet and the show tickets. Tickets are \$53.50. Show: "It's A Wonderful Life"

The bus trip was discussed as a **Bonus** for those attending the Educational Workshop.

The bus holds <u>32 passengers</u>, and so far, the bus is booked. I still can put 5 extra people on the waiting list, just in case.

This event is scheduled on December 7, 2022. Imperial bus will pick up passengers at Meijer St Rd 26 at the far east end. Behind Fox Pizza. Arrive by 9:30am Bus will Leave promptly at 10:00am

Money to Nan will be October 13, 2022 (Send check to Club and 1 Check with names to Nan)

Beef and Boards---"It's a Wonderful Life" December 7, 2022 \$53.50

Names will be given at June's Council Meeting or sent via email

Submitted by Mary Hancock

Survey from Educational Workshop April 21, 2022 (48 out of 76)

Christmas Bus trips	22			Mayb	e 4
Bingo	21	No	3		
Euchre	19	No	3	Mayb	e 4
Group Tour	33	No	1	Mayb	e 2
Holiday Tea Private	14				
Holiday Tea Public	7	No	2	Mayb	e 1
Fashion Show	5				
Gardening	1				
Holiday Crafts	11				
Xmas in July	1				
Cookie Exchange with Clu	ubs 3				
Lunch at Garden Expo	2				
Parretts Sausage	2				
Fish Dinner	1	Chix	k Noodle		1
Murder Mystery	1	Spa	ghetti Dinne	er	1
Wine Tasting	1	Coo	kbook		1
Yard Sale	1	Eve	nts in Nov		1
Easter Bkfst	1	Hon	ne Echoes la	ate	1

Purdue Extension - Health & Human Science Educator Update

Hello everyone! I want to start by giving a big THANK YOU! Paige, Holly, and I enjoyed our time attending the 2022 Achievement Event. I love to see the collective work of the Extension Homemakers in action. With recent events in our nation and across the globe, I feel the IEHA mission to strengthen families through education, leadership, and volunteer community support are as important as ever.

Health and Human Science educational programs are in full swing. With your support, we had a great showing for the ABC's of Ag day. Over 200 children received cookies, milk, and food content & source education. Over the next couple of months, I have plenty of programming scheduled. I will list some program dates and times below. One program I am particularly excited to see launch is *Parents Forever*.

Parents Forever is for families experiencing divorce, separation, or a change in child custody. This course teaches families how to describe the family transition, the role of self-care, parent-child relationships, co-parenting in child well-being, and identifies resources to promote resilience for all involved. I will be providing an opportunity for families to attend this class on June 29th.

I hope you stay happy and healthy!

Brock Turner, MPH, MS, CHES®, CPT Extension Educator, Health and Human Science Purdue Extension, Tippecanoe County 1950 S. 18th St., Lafayette 47905 (765) 474-0793 ext. 2658 turnerbm@purdue.edu

1950 S. 18th St., Lafayette 47905 (765) 474-0793 ext. 2658 turnerbm@purdue.edu

New Physical & Mailing Address: 1950 South 18th Street, Lafayette, IN 47905

Current HHS Programming June-July

- Dimensional Wellness
- 4K with 4H Fun Run
- Sleep On It: Why Sleep Matters
- Charcuterie Boards with Budget & Taste Buds in Mind
- Empower Me to be Clutter Free
- Benefits of Walking
- Tippecanoe County Fair
- *Let me know if your group would like for me to come and speak*

Updated Tippecanoe County Extension Homemakers Website:

https://extension.purdue.edu/county/tippecanoe/Tippecanoe-County-Extension-Homemakers.html

Group Trip in September <u>Limited to 20 people</u> Tours: (Tues, Wed, Thurs)

Kokomo Opalescent Glass Company

Sept 21, 2022 ---Wednesday --- Tour starts at 11:00am (11:00 to 12:15)

\$6.00 per person (You Pay) Closed Shoes required..... Walkers Permitted

LUNCH: English Rose Café & Tea Room 12:30

(This is in a historical home built in 1900)

Quiche with 2 sides \$12.95 Chicken salad 2 sides \$11.95 Cup of Tea \$3.95

Pot of Tea \$5.95 (two People) other drinks available

www.englishrosecafe.com

Facebook: The English Rose Café & Tea Toom, LLC

Owner, Joann will give a program on the Historical House and how they started their

business.....

We will be car Pooling Drivers: Mary Hancock, Phyllis Kochert, Nan & Others

Address: Kokomo Glass 3030 S. Lafountain St Kokomo, In 46902

English Roses Café: 502 502 W. Jefferson St. Kokomo, In 46901

Meet at Meijer Parking Lot St Rd 26 East: Furthest point heading East (behind Fox Pizza)

Leave at 9:45am (Mary Hancock's Cell Phone 765-404-4800)

Club President, Let Mary Hancock know who is going.

If you cannot make this tour, your private clubs can make arrangements

HOST A HOOSIER

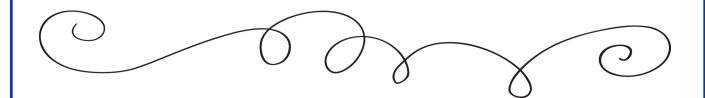


Jan Harlow and Nina Morgan recently represented Tippecanoe County in the 2022 Host A Hoosier program. Huntington County invited Tippecanoe County to their Achievement Event.

Host A HOOSIER is a special invitation for our county organization to be paired with another county in another district to exchange visits. This gives us an opportunity to exchange ideas, problem solve, to have fun and fellowship. The visit stimulates action in our county by gaining new ideas, and promoting friendship across the state, exchanging info on how each county is structured to gain ideas for fundraising and charitable events. At past exchanges we have given and been given tours of area attractions, attended education events and Achievement programs.

The day's program was: To Plant a Garden is to Believe in Tomorrow. It began by asking us to participate in voting on the Cultural Arts/Yard Decoration exhibits and we enjoyed a program on: House Plants and Succulents by a Master Gardener. The newly elected County Officers were installed followed by a meal of yummy pork loin, cheese potatoes, salad and pie for dessert. For the evening session, we were entertained by Rita McCabe, "Mrs. Kate" telling and singing of stories from her past and present. The evening was very entertaining. Jan and Nina were able to renew with past friends and meet new people.

We encourage others in our county to reach out and take the opportunity to stretch beyond our county borders.



Thank you.

Thank you for entering your items into the annual Cultural Arts show. It has been my pleasure to serve as your Chairman for several years. Jean Macy will be your chairman next year. The winners of our show were:

Quilts - Mary Jasheway
Ruthie Wasmuth
Special Quilts - Jeri Parker
Donna McCord
Lawn Ornament -Marge Leslie
Fibre Art - Dawn Lowry
Other - Jeanie Truelsen

Marilyn Hammack, chairman



Outreach - Submitted by Cathy Case

We set up at the Master Gardeners show, on Saturday, April 23rd. They had an excellent turnout. We took 48 teacups and put a seed packet in each one and they were all gone in the first hour. We had two and a half boxes of recipe books and pamphlets when we began and when we left we had one box. We spoke to several people that day about the organization and we felt we had some serious inquiries. I had the Extension office put together a front and back paper with the clubs listed and information that we handed out with the membership forms. As our brochure is seriously outdated. I hope some of the clubs will get some new members from it. I want to thank Janet Wallace for helping me, it was sure needed with as many people that came through.



VCS - Submitted by Nina May

ABC's of AG was held on Friday, 5/13/22 at the Tippecanoe Co. Fairgrounds. What a great day we had entertaining the Area County 4th. graders on the different aspects of Agriculture. Brock Turner was kind enough to give the demonstration on foods produced on the farm and our Extension Homemakers served sugar cookies and milk. There were over 200 students in attendance. We all enjoyed the beautiful sunny spring day right along with the students!

Also, a note of appreciation for all your donations for the quilt club and women's shelter at our Spring Workshop. The blankets, pop tabs, shawls have all been delivered to Riley, Ronald McDonald House and Thread's of compassion.

We received from one of you a bag of knitted shoulder-neck scarves made out of pretty colorful yarn that was delivered to a local nursing home and they LOVED them!! So whoever was responsible for donating them-Thank You.

Have a wonderful summer and for those of you that still get together for meetings.....keep making those blankets and shawls!!!

Education Focus Committee

WOW! What a great turnout for our Spring Education Workshop entitled "From Treadle to Com puter". Seventy-one, yes, 71 people settled into the Bethany Presbyterian Church on April 21st to see what was on the learning menu for the day. We registered from 10-11:00 then our first speakers were the ladies from Sisters Too sewing shop on Sagamore Parkway. Daren Breed (owner), Donna Kraft & our very own, Pat Sense enlightened us on the newest computer -generated sewing machines. These machines thread themselves, cut the thread at the end of the seam, embroider, connect to the Internet, have multiple patterns & videos on "how to" right in the machine! The list goes on & on! Daren also entertained us with stories of her past years of traveling with a singing group. The group included Fred Waring who invented the Waring Blender. During their travels Daren made a bust of his likeness (see picture), it was such a great likeness it was good when he went back in the box!

Daren said some of you ladies have stopped by to view the shop & take another look at the different machines. Hope you get to purchase one!

This shop has great classes, check out their website to view the classes - you don't need one of their machines to attend some of the classes. They also have a kid's or an adult "learning to sew" class. Even if you don't want to actually work in the class just stop by to say hi & look at what the class involves. The shop is located at 405 Sagamore Parkway S, Suite B-15. Just across from DeFouw Chevrolet & behind the Lindo Mexico Restaurant. Daren's sister, Deidre Dudley is the other co-owner but could not join us that day since she also works as a nurse. Stop in & see these lovely ladies in action! The shop has fabulous fabrics, classes, alterations, sewing machine repair & Cheryl Drake Woodings does long arm quilting. It's a fantastic shop!

Lunch was catered by Arni's of pizza, salads & garlic bread. Sweet rolls were enjoyed earlier.







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The afternoon session brought our own Extension Quilt Club with many different quilts, stories & history being told. We've received so many great notes, emails, phone calls & texts about how everyone enjoyed the day! Come visit our club, we not only show quilts but anything we've sewn. Pat Brouwer is our President. We currently meet the 2nd Thursday of the month at 1:00. Due to some repairs being made lately at the Extension Office location will be announced monthly.

Cultural Arts is always an exciting event at the Workshop with all the creativity of our members being shown & judged. The Cultural Arts Committee can fill you in on their news in another part of this newsletter.

So many thank you's to be made. . . Cathy Case & her husband, Randy along with Pastor Kevin for providing the church hall, setting up the tables & making sure everything ran smoothly. Wonderful light & bright place to be for the day!

Lonna Stucker, Nancy Wittenauer, & Phyllis Kochert spent an afternoon stitching & sewing the quilted hot pads that were given as door prizes. Forgot to caution the winners of the hot pads - do not use in the microwave.

Pat Brouwer & Mary Jasheway for organizing the quilts. Grace Lechtenberg for jumping in to help announce the quilts since our new microphone was a bust. All of the Quilt Club members that brought & explained their beautiful & unique quilts. So glad to see a lost art becoming more widely used & displayed!

Of course, nothing would be completed without the help of our fabulous committee! These gals always are willing to jump in and do anything needed, Nancy Wittenauer, Lonna Stucker, Kay Bates, Cherry Maier, Mary Jasheway, Cheryl McCool, Donna McCord, & Sande Martin. Do thank these women when you see them.

Thank you one & all!
Phyllis Kochert & Nancy Wittenauer
Co-Chairs for Education Focus Group

TCEH Book Club Interest Group

Do you like to read?? Come join our group for a lively discussion/review of the book we read each month. We meet at the Cross Creek Lake Condo Clubhouse. Now, we are choosing the Books to be read. Receiving the books from Indiana Humanities at no cost to us. What a deal!

You can find out from Pam Byers 838-2529, pbyers4@gmail.com or Jan Harris 448-9022, jcbeharris@aol.com, if you have any questions.



Lafayette Fall District Meeting - nancella dobbins Wednesday, August 24, 2022

The Lafayette Fall District Meeting is scheduled for Wednesday, August 24 in Montgomery County. I do encourage you to mark your calendar for this event. I have no further information at this time. As soon as information



becomes available, I will contact each club President and Treasurer with the reservation information.

LEADERSHIP REPORT

OFFICERS TRAINING SCHEDULED!!



We will reinstate the Officers Training meeting for 2022-2023 Club and County Officers. Our meeting will be:

WHEN: AUGUST 11, 2022; 4:30 – 7:30 pm WHERE: Community Reformed Church

2501 South 18th Street

Refreshments (of course) will be available!!

Please plan for all Club and County Officers to attend. The meeting will be interactive and will not be a waste of your time! Our goal this year is to get back on track when submitting information to the Extension Office or the County Officers.

We will go over Job Descriptions, "What's in the Program Book", Pass out critical forms and we will do a hands-on demonstration of how to get the forms off the internet. Using the correct forms is critical to keep our records in order and helps keep everything flowing smoothly.

MARK YOUR CALENDARS!! SEE YOU THEN.

PROGRAM BOOKS -

The Program Books are nearing completion. Once we get final information from the State meeting at the Home and Family Conference, we will be able to put the final touches on them!

Nina Morgan, Chair Nancella Dobbins, Co-Chair

Helpful Hints:

The peach & tomato season is upon us. For easy preservation brush any dirt off fully ripened peaches, put in ziplock bag & freeze. When ready to use remove as many peaches as needed, run under tepid water & skin will slip right off like they've been blanched. The peach is like eating fresh! I usually put them in a bowl of water for about 2-5 minutes. Same goes for tomatoes except you want to wash & dry them if you want to use the peelings in your soups or whatever. You won't want to soak tomatoes, just run water over them.

Now for a quick, sweet, peach treat . . . take a glass, cereal size bowl, slice one peach or more. Take one or two tablespoons of dry, white cake mix, sprinkle over the top of peaches, then pour one or two tablespoons of melted butter over the cake mix. Bake 30-45 minutes at 350 degrees till slightly brown & juice is bubbling. When baked you'll of course enjoy a scoop of vanilla ice cream on top. Can also fix these in the convection oven or air fryer. Sweet treat if there's only 1 or 2 of you in the house, better than a whole pan to consume.

Have you checked your hair dryer's air intake lately? If there's gray dust particles brush them out with a stiff brush. Your hair dryer will run more efficiently. Drying my hair went from 5 minutes to 2 minutes! Your hair dryer will last indefinitely!

Enjoy! Phyllis Kochert



Extension - Health and Human Sciences

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Important Dates:

⇒ August 11: Officers Training Meeting

⇒ August 24: Lafayette Fall District Meeting

Extension Office Closed:

⇒ June 20: Juneteenth

⇒ July 4: Independence Day

⇒ Sept 5: Labor Day



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