



Extension - Health and Human Sciences

WELCOME 2025



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TIPPECANOE COUNTY EXTENSION HOMEMAKERS

Home Echoes

<https://extension.purdue.edu/county/tippecanoe/Tippecanoe-County-Extension-Homemakers.html>



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Tippecanoe County Extension Homemakers



Volume 25, Issue 1

January – February 2025

From your President:

Where has 2024 gone? My excuse for time flying is the many life changes and landmarks in my family. Getting re-married, experiencing the Snowbird lifestyle, moving into a condo, acquiring a grandson, daughter in law and great grand by marriage, enjoying a pontoon on the lake at Monticello, and emptying and selling my Mom's house were plenty of changes! With ten grandchildren within an hour of here, the softball games, swim meets, plays, Grandparent Lego nights/ Gingerbread house nights/ Burgers & Bingo nights, concerts, talent nights, and of course birthdays, just go on and on. A high school graduation next Spring. And now my youngest is expecting another!

And the great extension homemaker activities! Spring and Fall education days, combining fun, food, and learning. Opportunities to support our community's cancer fighters, the hungry and homeless, and the groups collecting plastic lids and can tabs for bigger projects. Working together to serve lunch at the Garden Expo, with outstanding volunteers. Entering items into Open Class at the county fair for the first time in many years. Visiting other Tippecanoe County clubs. Leading a crafts class at the IEHA state conference. Meeting new ladies at state and district meetings. Really, participate in as many as you have time for! You DO get out as much as you put into it, maybe more! Continued on page 2

A Message from Dottie continued from Page 1

At our last meeting, Laughing L's voted to alter our meeting schedule. Winter were increasingly difficult, with multiple members headed South and others uncomfortable driving after dark. To accommodate them as well as those still with regular day jobs, we are meeting traditionally the second Thursday at 6pm, April-October and Saturday mid-day November & December. We found several online IEHA lessons interesting, and are scheduling to study them at home and discuss via group email during off-months, and some during meetings. I

encourage clubs with declining membership to also get creative!

Despite several delays, I AM headed to Florida soon, just a bit later than planned. I'll try zoom council meetings, and trust my very capable Beatrix and other officers otherwise. We'll be back in time for the many activities in April. Keep improving and endearing your homes!

Dottie

Winter Education Program January 15, 2025

Registration: 10:00 to 11:00 (Coffee, Tea and Breakfast Pastries)

11:00 AM Tammie Williams (Former Owner of Ravens Roost)
(Ask about your Antiques, Know the value, where to sell them & her history)

1:00 PM BBC Attorneys- Abigayle Hensley & Kyle Cray
(Wills, Trust, Probate, Spend Down, Your Home, Living Trust, Estate Planning)

Menu: Chicken Salad on a Croissant served with Vegetable Soup (for a Cold Day)

Committee: Will provide the desserts

Price of Meal is \$14.00

Send money to your local Club Treasurer.

Club Treasurer will send one check with names of members attending the event

Stay Safe and Warm

Mary Hancock- Chair

Wanda Overpeck Co-Chair

(See page 8 for registration form)

**Coins and Nickels Collections
are due to County Treasurer
at The February 11, 2025 Council Meeting; or at least by end of
February**

International Coins for Friendship: This state fund is divided into three parts:

- ⇒ 35% for **A**ssociation **C**ountry **W**omen of the **W**orld projects
- ⇒ 15% for Homemakers Exchange Program
- ⇒ 50% for general fund (dues to international groups, postage, distribution of international material to counties, special projects of ACWW, etc.)

Nickels for Indiana Leadership

- ⇒ This fund is used to pay for Indiana Leadership, Education and Development (i-LEaD) which trains Indiana Extension Homemakers for leadership positions.

**Scholarship Opportunities
most due by March 1, listed on the IEHA website
[Indiana Extension Homemakers Association \(ieha-families.org\)](http://ieha-families.org)**

- ⇒ "First Timer" Award to Home & Family Conference by IEHA = \$150
- ⇒ "I want to Go Again" Award, sponsored by IEHA past state presidents = \$150
- ⇒ "I want to go to Conference" Award: sponsored by Lafayette District
- ⇒ Ruth B. Sayre Scholarship: several different awards given \$500 for purpose of fostering educational development of women
- ⇒ "Career Advancement" Award. Eight (8) - \$500.00 scholarships will be given: two (2) to an IEHA member, one (1) to a degree in the medical profession & five (5) random.

**Tippecanoe County Extension Homemakers Scholarships
[Tippecanoe County \(purdue.edu\)](http://tippecanoe.purdue.edu)**

- ⇒ First Timer Award = \$125
- ⇒ High School Graduating Senior Award = \$1000

Please mark your calendars for the **Spring Lafayette District Meeting.**

"I'll Have Tea Please".

April 16, 2025, at The Annex in Fowler, Bennett County.

Featured speaker is Thometra Foster of Te'Aqua.

Additional information will be provided as soon as it is available.



Mary Hancock attended the Focus Day at Hendricks County representing the Education Committee from Tippecanoe County. Michelle Roberts served as the Committee Chair. The new theme and project for next year will be

Mental Health Awareness and Wellbeing (2025-2027). The goal is to increase the awareness in communities through: Education Programs, Mental Health first aid training, sponsoring Community events, fundraising for local and national groups.

There are 8 Wellness sectors: Physical Wellness, Emotional, social, intellectual, Environmental, spiritual, occupational, and financial. More information will be presented at the Family Conference.

Education Plan of Action:

Provide current, relevant researched based educational lessons

Lesson plans will change every two years.

Monitor the IEHA website to determine if lessons are being posted

Collaborate with the IEHA Purdue Liaison and HHS Educators to regularly evaluate the relevance of the lessons on the website

Mary Hancock

Save the Date
Spring Education Workshop
April 17th 2025

11:00am **Itzy Prieto- Director of Adult Protective Services**
(Investigates Neglect, Battery, Exploitation of Adults etc)

1:00pm **Tamara Ungaro- Owner of Dream Dinners**
(How and why, she started her business, how meals are made
Her struggles, Covid, Smiles on Working Mothers)

Lunch will be provided by Arni's. Pizza and salads.
The Education Committee will provide us with desserts.

Lunch Cost will be in the March/April Home Echoes.

Mary Hancock-Education Chair
Wanda Overpeck-Education Co-Chair

Tippecanoe County Spring Education Program

Currently scheduled for April 17, 2025
Community Reformed Church, Lafayette

Presidents and Treasurers, please allow plenty of time at your club meetings to talk about this program especially. There is a reason we have a deadline for registration/payment. When we have meals catered, their deadline for a count is important to honor.

Please, walk-ins are **NOT** encouraged at these events. If you walk in that day without having registered through your club,
you will not be guaranteed a meal.



TIPPECANOE COUNTY EXTENSION HOMEMAKERS
1950 S. 18th Street
765.474.0793
<https://extension.purdue.edu/county/tippecanoe>
Member of Indiana Extension Homemakers Association



October 2024

Dear Extension Homemakers Club Presidents,

Please find attached an application form for a \$1,000 scholarship offered through the Tippecanoe County Extension Homemakers Association. The applicant must be a graduating high school senior in 2024-2025 and must have a family member as a current member of any Tippecanoe County Extension Homemaker Club. The applicant must be admitted to a full-time course of study at an accredited two- or four-year college, university, or vocational school. Scholarship selection will be based on the applicant's record of leadership and community service.

You will find information on the application form that states criteria for selection. Deadline for application is 4:30 p.m. March 1, 2025. The \$1,000 scholarship check will be made payable directly to the student and presented on May 20 at the 2025 Tippecanoe Extension Homemaker Achievement Event. The awardee will be expected to give a two-minute speech in acceptance of the award.

Please feel free to copy the form to distribute to individuals interested in applying. Forms and information are on the Tippecanoe County Extension Homemakers Website. If you have questions about the application itself, please address them to the Scholarship Committee Chairperson, Nancy Shook at 765-414-4212.

Thank you for distributing this application and letting students know about this scholarship. The Extension Homemakers are looking forward to providing this scholarship to assist a youth in Tippecanoe County with the expenses incurred for education.

The scholarship can be found at <https://extension.purdue.edu/county/tippecanoe> click on Extension Homemakers, Extension Homemakers Forms, Senior Scholarship application.

Sincerely,

Nancy Shook
Tippecanoe County Extension Homemaker Scholarship Committee

Purdue Extension – Health & Human Science Educator Update

Hello everyone! I hope you have been able to experience this holiday season with joy, happiness, and relaxation. I hope the new year is full of joy and health for you and your families. If you are creating new year's resolutions, I hope you have the support around you to achieve what you want in 2025. For HHS Extension, I am looking forward to what the year may bring.

If you missed out on our *Matter of Balance* class this past October through November, Ashlee Davis and I will have another class starting on April 29th in Fountain County. If you are interested, please reach out to be added to the waitlist. It was another great 8 classes this session!

I have a *Be Heart Smart* class coming up in February and you can still attend. Last year, we were able to try out our Heart Healthy Recipes each class. I look to do the same for this coming up program as well. I have also had a few requests for presentations on Artificial Intelligence, if you or your group would like me to present, please let me know and I can get you on my schedule.

The class dates for ***Be Heart Smart*** are below:

- ***Be Heart Smart*** – February 1st, 8th, 15th, 22nd 2025 at the Purdue Extension Building
(1 hour class from 9:30-10:30) *Full registration will go live in December get on the wait list now by emailing turnerbm@purdue.edu

I suggest making sure you are on the Extension Newsletter email list and following our Facebook page to keep up on all the things I am doing and have going on in the community. If you are not sure if you are on the email list, let Amanda awoodrow@purdue.edu or myself know you want to be added.

I hope you stay happy and healthy!

Brock Turner, MPH, MS, CHES®, CPT, CWP
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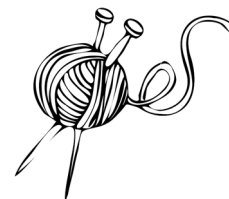
2025 Cultural Arts

Ladies: If you are like me, you are focused on completing those holiday gift projects and preparing to make all those goodies you will be giving out. It is not too early to start thinking about an entry in the 2025 Cultural Arts event to be held in conjunction with the Spring Education Workshop scheduled for April 17, 2025.

The categories will be old favorites knitting/crocheting, needlework, other crafts, quilts. The special project this year will be a placemat (more information to follow). Participants are not limited to one entry per category.

I hope you will all consider entering items this year. You never know what special something could come your way.

Jean Macy, Chair
Donna Mounts, Co-Chair
Cultural Arts 2025



New 2025-26 Officer and Chair Nominations

The nominating committee will be reaching out in their search to fill county leadership positions. Outgoing officers and committee chairs are always very helpful to their incoming replacements!

We have a nice number of new members, and committees are a great way to get involved and acquainted with the larger IEHA structure without much of a time commitment. Although many activities and meetings are during the day, during the week, special committees can meet whenever convenient to them.

Check out the special committees in the front of your program books, and see where you could fit in. Feel free to contact any of the listed nominating committee members for more information.

Submitted by Dottie Warner-Halsema

Volunteer Community Support Update

Thanks so much for all the clothing items collected at our October Education Workshop! Since the Cover Lafayette Project closed, we had to find another organization to donate them to. We found the Under The Bridge Project that is run by the Emergency Nurses Association out of IU Arnett Hospital. This is the 6th year of operation. This year they are pairing up with Lafayette Police Department to go out in the community and find homeless people; those living "under the bridge, or on the streets. They distribute clothing and hygiene products. They try to connect with other services in the community. They were thrilled with the amount of items we collected!

Also we gave to Tricia's Hope. She was also overwhelmed with our donations!

Everyone has the power and responsibility to mend their community.

For the Winter Education Workshop that is January 15th, we are collecting new mittens, gloves and warm hats to distribute to local schools. Hope to help many kids who are at school without these in the harsh winter!

Thanks.

Jan Wallace and Jeri Bosworth-Parker
Volunteer Community Support



IEHA State President's Project: Care Packages

These packets were designed to show a little 'magic' support to those in need. Our exec Council decided to adapt the original plan to include safety pins, band-aids, antiseptic wipes, toothbrush, tooth paste, comb, a candy lifesaver, and a pocket heart from last year's program, all in a quart ziplock bag with an encouraging card.

After clubs donated several of the items and money at Fall Ed Day, we were able to gather on Thursday of IEHA Week in October to assemble 78 kits! Hillwood, Laughing Ls, Meadowlarks, Lamplighters & Randolph clubs, plus choral, quilt, and book clubs were represented. Kits were taken to LUM, Tippecanoe Schools' nurses, and Tippecanoe County food pantry, and were very appreciated at all locations. Special thanks to Randolph Club for their generous donation!

Due to some later donations, we have left-over cash, and are thinking to accept donations again at Spring Ed day, and assemble more packets.

Submitted by Dottie Warner-Halsema



Special Interest Club: Books

Book club meets the first Thursday morning of the month, skipping January, 10:00-11:00. Often those available go to lunch afterwards. We have recently changed our location to the library at Immanuel United Church of Christ at 1526 S. 18th St, Lafayette. Take the elevator or stairs up, then down the hall to the right. Feel free to drop in; we always have extra books! We acquire books at no charge through Indiana Humanities-Novel Conversations, so no waiting lists at the library or needing to purchase books you aren't sure you'll even like. Our title choices are from a wide range of genres; next on the list are: *Mistaken Identities*, *Murder on the Orient Express*, and *Only Woman in the Room*.

Many, many thanks to Pan Byers for her years of organizing us, hosting us at her condo clubhouse, scheduling the books, and fetching and returning books to the downtown Tippecanoe County Library.

Currently Dottie Warner-Halsema is handling the online book reservations, and Cheryl McCool is taking care of the fetching and returning tasks through the Snowbird season.

Submitted by Dottie Warner-Halsema

GUIDELINES FOR MAILBOX MEMBERSHIP

Submitted by Nancella Dobbins, county treasurer

There have been some questions recently about Mailbox Membership. Below is the explanation of guidelines from the State IEHA.

Mailbox is not a Club. Mailbox members are a welcome, essential part of Extension Homemakers. Mailbox membership was created for Extension Homemakers who were active but unable to attend club meetings. This membership allows them to stay informed and involved (via Home Echoes publication). It was also created for people who are in a stage of life with family/job obligations which makes them too busy to participate in club activities but who will become more active when life's obligations change. Mailbox is also a way for less active members to stay informed about what the County is doing (via Home Echoes publication).

- ⇒ Mailbox members pay \$10 dues by April (in March treasurer will mail a renewal form to all current Mailbox members; they return that form and their \$10 to treasurer).
- ⇒ Mailbox members joining for the first time after April 1 until March 31 of the following year will be recorded as a new member immediately and will receive the next published Home Echoes. Members who joined after April will be recognized at the Achievement Event the following calendar year. The official record of years of service will be kept in the Extension Office database.
- ⇒ Mailbox members are welcome and encouraged to attend/participate in any County event sponsored by Extension Homemakers.
- ⇒ Mailbox members may hold county offices, with the exception of County President.
- ⇒ According to State IEHA guidelines, a Club that has been dissolved cannot retain its Club name; thus, those remaining members who so desire can join another club and have their membership transferred; or can be recorded as a Mailbox member.

I hope this helps to explain Mailbox membership. An individual would not be a member of a Named Club and Mailbox at the same time. A member of extension homemakers can be a member of more than one club, as many are when it comes to specialty clubs like Choral and Quilt.

Any questions? Please talk with me.

Winter Education Program Wednesday, January 15, 2025

Community Reformed Church, 2501 S 18th Street

Mary Hancock, chair; Wanda Overpeck, co-chair

Signin: 10:00 am-11:00 am with Coffee, Tea & Pastries

Program Begins: 11:00 am: Tammie Williams – Know your antiques, where to find them, value, how to sell them

Lunch: 12:00 noon Catered by Outpost (Cost \$14.00)

Chicken Salad on a Croissant, Homemade Vegetable Soup

Dessert provided by Education Focus Group

Program Continues: 1:00 pm: BBC Attorney – Abigayle Hensley and Kyle Cray

Wills, Trusts, Probate, New Nursing Home Laws, spend Down, Living Trust, Estate Planning and Social Security

Registration due on Friday, January 3, 2025, to Nancella Dobbins

3033 Greenbrier Avenue West Lafayette, IN 47906

Club Treasurers send one check payable to TCEH (\$14.00 each)

Please use this form to list names of those attending

[illegible]



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*Happy
New Year*

Tippecanoe County Extension Office Closed:

- | | |
|---------------------|-----------------------------|
| ⇒ January 1, 2025 | New Year's Day |
| ⇒ January 20, 2025 | Martin Luther King, Jr. Day |
| ⇒ February 17, 2025 | President's Day |

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