

Extension - Health and Human Sciences

TIPPECANOE COUNTY EXTENSION HOMEMAKERS **Home Echoes**

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Tippecanoe County Extension Homemakers





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ARTICLES FOR

July - August issue due June 1, 2025 to hoover47@purdue.edu as your county president, was more difficult than I expected. (Just as well I switched majors from journalism to horticulture.) Deleting and rewriting a page on Word is not as fulfilling ference for starting specialty throwing it!

My end of term is a little bittersweet, with ups and downs, positives and negatives. Way back when I accepted the vice presidency, there was no foreseeing my huge lifestyle changes that would interfere with time dedi- committee chairs, (THANKcated to Extension Homemakers.

I had hoped to visit all the different clubs to get better acquainted in their 'natural environment', but only managed to join in at a Quilt club meeting, a trip to Whitestown with Lamplighters, and Randolph at Monicals.

Council meetings via zoom

Writing to you all this last time didn't work as well as hoped, but could prove to be a way to stay connected. My health didn't cooperate, but in the big picture my problems are small. Excitement from the IEHA state conas wadding up a paper copy and clubs fizzled, but I'm excited to go again! Great ideas for IEHA week activities and publicity were not all fulfilled, but we did complete the State project. We've had some clubs grow amazingly, while others shrank I have had outstanding fellow officers and YOU!) but we're struggling to refill those positions. I am not able to do so at this time, but perhaps the county officers would be more effective with 2 instead of 1 year terms.

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The saddest connection to Extension Homemakers is the loss of Kathy Delaney. Getting to know Kathy, even a little, was one of the most positive experiences of my moving back to Lafayette. Kathy exemplified Extension Homemakers' core values: mentor, recruiter, club leader, county leader, district leader, committee leader; always taking that extra step, encouraging, comforting, advising. I can see her 'up there' with my Mom, getting

the ladies organized and making sure the job is done right!

Homemakers have a busy next few weeks! Please watch for upcoming deadlines, nomination needs, Garden Expo, District Day, Spring Ed Day, and Achievement Luncheon!

Thank you for your patience with me! Beatrix will need all your support as well.

Dottie Warner-Halsema



ABC Day (formerly Ag Day)

This year TCEH helped at the <u>ABC Day on March 7, 2025.</u> Dee Nicely told us that this was the largest group of students that she has ever had. We ordered 600 cookies and the morning was extremely busy with all the students rotating every 8 minutes. At the end, we had 9 dozen cookies left. They remainder cookies were donated to the LUM Shelter.

The Children did get to see Llamas, Cow, little piglets, chicken, and a goat. State Farm showed corn products and how they are used within the food industry. There were two tables of Drones that are used by the farmers for pesticides, herbicides and to water their farms.

Brock Turner, our Educator did a presentation on Sugar cookies. He discussed the ingredients and how they are incorporated in making sugar cookies. The children enjoyed their cookie and milk.

I want to Thank my great helpers: Wanda Overpeck,

Nan Dobbins, Jan Wallace, and Cathy Binz.

Mary Hancock- ABC Chair

Membership Outreach

At our May 20th, 2025 Achievement Event, we will be excited to recognize:

- new members to our Tippecanoe County Extension
 Homemakers Clubs;
- current members with anniversary years of membership;
- clubs with anniversary years of membership;
- club (s) with the greatest membership growth;
- outgoing-incoming officers and focus chairs.

And, discover what great things your clubs have been doing throughout this year!

Many thanks to all of you that have volunteered your time and talented efforts to help with the Garden Expo booths, Indiana Extension Homemakers Week, recruitment and Open Show tables at the county 4-H fair, and the continually best word-of-mouth advertising you do for the promotion of IEHA within our community. Please let us know of any events or festivals throughout the upcoming Spring & Summer months that TCEH Outreach/Membership could be a participant in. We have again been allotted table space in the dining court at the 2025 Tippecanoe County 4-H Fair, July 18th-26th.

Cheryl McCool & Emalese Adams

Purdue Extension - Health & Human Science Educator Update

Hello Spring and March Madness! Last year we were in the Championship, this year we had our Sweet 16 Appearance. On a personal note, I was able to coach my youngest son, Leo, at the Indiana State Wrestling Tournament where he won Ist place this March! He is the 6-year-old, 50 pound Indiana State Champion!

In regards to education, we just finished up another offering of the Be Heart Smart program in February. This was a great turnout. We had financial support from our local health department and the Health First Indiana funding. If you missed February, be on the lookout for our fall offering of the class. Email me or call and I can add you to the VIP list to be one of the first with an opportunity to register.

We are in the middle of our latest *Matter of Balance* class that started on March 31st. This was another full class that was supported by the local health department and Health First Indiana funding. If you were not able to attend this program, reach out to be added to next falls offering of the program. We will also be offering this program in Fountain County starting on the 29th of April. If you have friends or family in that area, encourage them to attend!

I just returned from a trip to Ireland where I was a program leader for a College of Ag Spring Break Study Abroad class. This was a fantastic opportunity for me to learn and lead the Purdue College of Ag students. My initial plan was to learn about the physical spaces that would promote well-being within their regions. I was able to take in so many perspectives that I will be sharing in my class at the Holman Library downtown on April 8th at 6:30pm on *Creating Spaces that Promote Well-being*. I was also influenced by the need to create personal sustainability based on the farms we attended as well as the history of the Great Famine.

If you are interested in these or educational content on other health related topics, please do not hesitate to reach out.

I hope you stay happy and healthy!

Brock Turner, MPH, MS, CHES®, CPT Extension Educator, Health and Human Science Purdue Extension, Tippecanoe County 1950 S. 18th St., Lafayette 47905 (765) 474-0793 turnerbm@purdue.edu



"Blossom With a Purpose"

Achievement Event May 20, 2025, Lafayette Country Club

11:30 sign-in; 12 noon program begins Featured Speaker: Brooke Hardebeck

Sliced Pork Loin with Marsala Sauce Roasted Red Potatoes, Indiana Green Bean, Rolls / Butter Small Brownie with Scoop of Ice Cream Fresh Sliced Fruit for Gluten Free Iced Tea, Lemonade, Coffee

Registration and Payment of \$25 is due to County Treasurer

<u>by end of day Sunday, May 4, 2025</u>

treasurer is unavailable to take registration from May 6-15

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Achievement Luncheons Nostalgia

2016 Embracing Indiana's bicentennial	Courtyard by Marriott
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2017 Honoring the past, inspiring the future	4 points by Sheraton
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2021	Women of Substance	Making Changes Top	ether Lafave	tte Country Club
Z V Z I	V VOITICIT OF Substance		Cuici Laia, C	tice Country Club

It was interesting to note the various locations we have used for our Achievement Luncheons.

Mary Hancock

Achievement Chair 2025



OPEN SHOW NEWS

The 2025 Tippecanoe County Fair & Home & Family Arts Open Show will take place from July 18-25, 2025.

The 2025 Tippecanoe County Home & Family Arts Open Show books were mailed out on April 1st. These books are also available online at www.extension.purdue.edu/tippecanoe or at the Tippecanoe County Extension Office.

As of June 1st, there will be around 45 days remaining to finish and check in your projects for the Home & Family Arts Open Show

We are thrilled to announce that we are featuring weekly highlights on our Facebook page! Follow us at Tippecanoe County Home and Family Arts Open Show to stay informed and fully engaged with the exciting updates.

We will soon be reaching out again for volunteers to assist with our check-in day on July 16th, check-out day on July 25th, and at our Welcome Table during the fair. If you're interested in volunteering on any of these days, please don't hesitate to contact us!

- Check-In: Wednesday, July 16th, from 3:00 PM to 8:00 PM
- Check-Out: Friday, July 25th, from 4:00 PM to 8:00 PM
- Welcome Table during Fair Week (July 18th 24th): from 10:00 AM to 9:00 PM
- Daily Shifts: 10:00 AM 1:00 PM, 1:00 PM 4:00 PM, 4:00 PM 7:00 PM
 and 7:00 PM 9:00 PM

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We are seeking individuals to provide demonstrations in various areas. Suggested topics include hobbies and crafts, food preparation, and food preservation. For instance, last year Krystal Sigman demonstrated techniques such as Diamond Painting, Knitting, and Crocheting.

If you are interested in volunteering or giving demonstrations, please email us at tippecanoeopenshow1980@gmail.com.

Feel free to contact us at tippecanoeopenshow1980@gmail.com with any questions.

Thank you in advance for your support and willingness to volunteer. We look forward to seeing you at the Home & Family Arts Open Show!

Mindi Swank & Krystal Sigman tippecanoeopenshow1980@gmail.com

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Tippecanoe County Extension Office Closed May 26 and June 19, 2025

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