



Extension - Health and Human Sciences



Inside this issue

VCS 1
New Members

Membership info 2
for October

Tippe Choral Update
Open Show News 3

Book Club Invite 4

HHS Update 5

Fall District 2026 6
Meeting



Articles for the
Jan-Feb 2026
Issue due by
Dec.1st to
hoover47@
purdue.edu

TIPPECANOE COUNTY EXTENSION HOMEMAKERS

Home Echoes

<https://extension.purdue.edu/county/tippecanoe/Tippecanoe-County-Extension-Homemakers.html>



LIKE US ON FACEBOOK:

Tippecanoe County Extension Homemakers



Volume 25, Issue 6

November-December 2025

Hope to see everyone at the Fall Education Workshop on October 15th. Please bring your donations for the Under the Bridge Project to the Workshop. We are collecting new or gently used hats, gloves, coats, socks and blankets. Continue to save pop tabs for the Ronald McDonald House. You can bring them to us anytime. I am thrilled that all of the clubs continue to support our community with projects.

Thanks so much,

Jan Wallace
Jeri Bosworth-Parker
Co-chairs Volunteer Community Support

New Members and Program Books:

As clubs may get new members, reminder to treasurers to send me the New Member Form right away, so I can get them added to the Home Echoes mail list. Also, if any club needs additional program books for these members, please let me know. -nancella dobbins

Membership Happenings for Tippecanoe County Extension Homemakers***Tuesday, October 7th, 2025 Greater Lafayette Senior Expo**

9:30am-1:30pm at Tippecanoe County Fairgrounds, East Wing

We will host an information table at this location.

2025 IEHA WEEK EVENTS = OCTOBER 20th-25th***Monday, October 20th IEHA/TCEH Week Proclamation** (Blue & Gold Day)

Presentation will be endorsed by the Tippecanoe County Commissioners during their 10 am meeting in the Tippecanoe Room at the County Office Building, 20 North 3rd Street, Lafayette. (All TCEHs are invited to be part of the Proclamation presentation. Wear blue & yellow, or some logo apparel representative of IEHA.)

***Tuesday, October 21st Lunch & Learn** (Giving Day)

11am-1pm Extension Office Basement 1950 South 18th Street, Lafayette
Bring your Lunch, make new Friends, and Learn more about Tippecanoe County Extension Homemakers with demonstrations, discussions, while dining.

***Wednesday, October 22nd West Lafayette Farmers Market** (Education Day)

3:30-7:30pm 3065 North Salisbury Street Cumberland Park West Lafayette
We will host an information booth at this location.

October 22nd Fun & Games Night

6-7pm Come in through the back door of the basement at the Tippecanoe County Extension Office Basement for an evening of seasonal snacking and drinks. Costumes are highly encouraged and could be prize-award worthy! Please bring many friends and perspective new members, and a bag of individually wrapped mini candy treats to play along with Card Bingo games. A RSVP would be appreciated via text or voice to 317-432-2933 by 10/20/25.

Thursday, October 23rd PSA with VCS** (Community Support Day)Friday, October 24th Treats of Thanks to EO Staff** (Member Day)***Saturday, October 25th Lafayette Farmers Market** (Make A Difference Day)

8am-12:30pm North 5th Street Downtown Lafayette

We will host an information booth at this location.

*Any updates to this scheduling will be made available through your club's Membership Committee chair.

Submitted by Emalese Adams

Update from Tippi Choral – nancella dobbins

Tippi Choral began its new season of rehearsals on Monday, September 8. We welcome new members at any time. Sections are 1st Soprano, 2nd Soprano, 1st Alto, 2nd Alto. Our music selections are SSA and SSAA.

We have a full fall schedule of rehearsals and concerts, rehearse every 1st, 3rd and 5th Monday; and four concerts, November 24 at West Lafayette Assisted Living, 6:30 pm; December 1 at University Place, 7:00 pm; December 8 at Aster Place, 6:30 pm; and December 15 at Westminster, 7:00 pm. In addition, we have two area rehearsals to attend, Oct 4 in Crawfordsville, and Oct 18 in Plymouth. Area rehearsals are where we concentrate on the new music that will be our Festival Day performance in June 2026 and our State Fair Performance in August 2026.

Anyone is welcome to attend any of our concerts and of course Festival Day in June and State Fair in August. Maybe see you there??

Open Show News

The Open Show is gearing up for the Tippecanoe County Fair, happening July 17–25, 2026 and we'd love for you to be part of it! We'll be mailing out participation books early next year. If you'd like to receive one for yourself or someone you know, just send us your address [through our website](#).

This year, we'll be celebrating America in a meaningful way. It's never too early to start thinking or creating your entry for the Open Show.

Let the inspiration begin!

Warm regards,

Mindi Swank & Krystal Sigman

And **your Open Show Committee**

SPECIAL INTEREST GROUP: BOOK CLUB

We gather the first Thursday of the month (except January) at 10:00, in the library of Immanuel United Church of Christ (1526 S 18th St, Lafayette). The library is upstairs to the right, elevator is right there. We're excited to welcome 3 new members! If you are interested, just come; we always have a few extra books.

We discuss a wide variety of books. Upcoming are Fried Green Tomatoes, The Other Wes Moore, and The Johnstown Flood. Our books come at no charge from Indiana Humanities, a Novel Conversation, so no need to purchase or struggle with long wait lists at the libraries. We generally can not get the latest 'Best Sellers', but there are still many choices. In November we will be selecting titles for the coming year. We recently read two old classics: The Secret Garden, and The Sun Also Rises. Interesting perspectives shared on books most of us had read a lifetime ago!

Submitted by Dottie Warner-Halsema

Purdue Extension – Health & Human Science Educator Update

Hello everyone! I hope you are all doing well! Halloween and holiday season are upon us. HHS Extension has been busy recently and we do not appear to be slowing down. Make sure to stay up to date with events by following our newsletter and social media!

Speaking of social media, I recently read an article online from WLFI that highlighted the increase of childhood obesity within Indiana. This was a challenging story for me to read and see the negative trend across our state that leads to poor health outcomes for our youth. Having two young boys myself, and spending time coaching young kids throughout the community, I understand that children have very little control over their environment.

[Study: Obesity rates soar among Indiana kids, especially young ones | News | wlfi.com](https://www.wlfi.com/story/news/health/2025/11/18/obesity-rates-indiana-kids-especially-young-ones/811111100270001)

This story really got me thinking. It got me thinking about the classes I offer that promote increased physical activity, healthy eating, and improved sleep. It got me thinking about the kids I coach and see in class with my boys. It got me thinking about having to request leaders to incorporate physical activity with the children they serve. It got me thinking about what more I can do to help.

Well, here is my request. I hope that we can all be the example and leaders for the youth in our state. I hope that if we serve youth, we do that with the understanding that, as adults, we have a significant influence over the environments children navigate. Let's work to build a healthy next generation.

With this in mind, I am considering bringing a new program to the community called **Steps to a Healthy You**. If you are interested in being the first in line to learn more about taking a proactive approach to a healthy you, call or email me to get on our waiting list!

I hope you stay happy and healthy!

Brock Turner, MPH, MS, CHES®, CPT, CWP
Extension Educator, Health and Human Science
Purdue Extension, Tippecanoe County
1950 S. 18th St., Lafayette 47905
(765) 474-0793
turnerbm@purdue.edu

Fall District meeting 2026

Tippecanoe County will be hosting the fall District Extension Homemakers meeting in October of 2026. Initial planning has begun. The theme: “Fall’n n Tippecanoe” .

We are asking that each club be represented by one of their members as we continue with the planning and implementation process. Thank you to the clubs that have already volunteered.

Its always fun to work on a project that involves all of our members. This event is a great showcase for our county.

If you have questions please call,
Marilyn Hammack 765-490-6080

News Articles for
January/February 2026
Issue due by
December 1, 2025 to
hoover47@purdue.edu



Tippecanoe County Extension Office Closed:

- | | |
|---------------------|----------------------|
| ⇒ November 11, 2025 | Veterans Day |
| ⇒ November 27, 2025 | Thanksgiving Day |
| ⇒ November 28, 2025 | Thanksgiving Holiday |
| ⇒ December 24, 2025 | Christmas Eve |
| ⇒ December 25, 2025 | Christmas Day |

Home Echoes is published bi-monthly by the Purdue University Cooperative Extension Service, Tippecanoe County Office (765) 474-0793. We reserve the right to edit all articles, recipes, and photographs submitted for consideration in this and future newsletters.

It is the policy of the Purdue University Cooperative Extension Service that all persons have equal opportunity and access to its educational programs, services, activities, and facilities without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability or status as a veteran. Purdue University is an Affirmative Action institution. This material may be available in alternative formats.