



Consumer Meats Record Sheet

Junior: Grades 3-5

Beef _____ Lamb _____ Pork _____ Poultry _____

Name _____ Grade _____ Years in
Project _____

Club _____

I have reviewed this record and believe it to be correct.

Signature of Project Helper: _____

Date: _____

Each year you are enrolled in this project you are asked to do something a little more advanced until you are ready for the Senior Division. YOU MUST COMPLETELY FILL OUT EACH SECTION. If you choose the Poster to exhibit you will still need to complete this Record Sheet.

WHAT YOU WILL EXHIBIT AT THE TIPPECANOE COUNTY 4-H FAIR:

You may select ONE of two options: **RECIPE CLASS** or **POSTER**
(For more information please refer to the 4-H handbook.)

Consumer Meats Poster:

Animal you chose to Diagram _____

Cost of Project _____ Time spent on Project _____

Recipe Class

If you choose to do the recipe class please complete the following information. You do not need to complete the Poster Project information. Please prepare two meals for your family and include the recipes you used. This needs to be of the Meat you have chosen to exhibit at the Fair. Please include your family's thoughts about your prepared meal.

Recipe #1

How did your family like this recipe? _____

Recipe #2

How did your family like this recipe? _____

Section B:

List 3 things you learned from the 4-H Consumer Meats Project.

***Required for Poster Project and Recipe Class.**

1. _____

2. _____

3. _____



Consumer Meats Record Sheet

Intermediate: Grades 6-8

Beef _____ Lamb _____ Pork _____ Poultry _____ Fish _____

Name _____ Grade _____

Years in Project _____ Club _____

I have reviewed this record and believe it to be correct.

Signature of Project Helper: _____

Date: _____

Each year you are enrolled in this project you are asked to do something a little more advanced. Please pick something that shows you know what to do with your chosen cut of meat. YOU MUST COMPLETELY FILL OUT THIS RECORD SHEET AND TURN IT IN AT CHECK-IN.

Please complete the following:

Section A:

Prepare 2 meals for your family and include the recipes you used. This needs to be of the Meat you have chosen to exhibit at the Fair. Please include your family's thoughts about your prepared meal. Consider nutritional value, taste, texture, temperature and color of the food when planning your meals.

Recipe #1

How did your family like this recipe? _____

Recipe #2

How did your family like this recipe? _____

Section B:

List 3 things you learned from the 4-H Consumer Meats Project.

1. _____

2. _____

3. _____



Consumer Meats Record Sheet

Senior: Grades 9-12

Beef _____ Lamb _____ Pork _____ Poultry _____ Fish _____ Wild Game _____

Recipe Class _____ or Grill Master _____
(Please Mark if you will be participating in Grill Master.)

Name _____ Grade _____

Years in Project _____ Club _____

I have reviewed this record and believe it to be correct.

Signature of Project Helper: _____

Date: _____

Each year you are enrolled in this project you are asked to do something a little more advanced. Please pick something that shows you know what to do with your chosen cut of meat. **YOU MUST COMPLETELY FILL OUT THIS RECORD SHEET AND TURN IT IN AT CHECK-IN.**

Please complete the following:

Section A:

Prepare 2 meals for your family and include the recipes you used. This needs to be of the Meat you have chosen to exhibit at the Fair. Please include your family's thoughts about your prepared meal. Consider nutritional value, taste, texture, temperature and color of the food when planning your meals.

Recipe #1

How did your family like this recipe? _____

Recipe #2

How did your family like this recipe? _____

Section B:

List 3 things you learned from the 4-H Consumer Meats Project.

1. _____

2. _____

3. _____

Consumer Meats

Recipe Card

Name: _____ Grade: _____

Club: _____ Division: _____

Meat: _____

Recipe Name: _____

Ingredients: _____

Preparation: _____

Cook Time: _____ Temperature: _____