Consumer Meats

Record Sheet

Junior: Grades 3-5

| Bee | f Lamb | Pork | Poultry |
|--|--|-----------------------------------|---|
| | Recipe Class_ (You may ch | | |
| Name | | | Grade |
| Years in Project | Club |) | Grade |
| I have reviewed this Signature of Project | | | ect. Date: |
| more advanced. Ple | ase pick something YOU MUST COMF IT IN AT CHECK-II | g that shows PLETELY FII | sked to do something a little you know what to do with your LL OUT THIS RECORD |
| ricase complete th | <u>c ronowing.</u> | | |
| Section A: | | | |
| be the meat you hav | re chosen to exhibit prepared meal. Co | it at the Fair. onsider nutrit | ecipes you used. This needs to Please include your family's ional value, taste, texture, our meals. |
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| | | | |
| What did your family | think of this recipe | e? | |

| Recipe #2 | | |
|--------------------------|--|--|
| | | |
| | - | |
| | | |
| Vhat did y | our family think of this recipe? | |
| | | |
| Section E List 3 thin | s you learned from the 4-H Consumer Meats Project. | |
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| | | |
| | | |
| 3. | | |
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| | | |

Consumer Meats

Record Sheet

Intermediate: Grades 6-8

| Beef | Lamb | Pork | Poultry | Fish |
|--|---|-------------------------|---------------------------------------|---|
| | Recipe | Class | _ Poster | _ |
| | (You r | may choose | e one or both.) | |
| Name | | | | Grade |
| Years in Project | | Club | | |
| I have reviewed tl Signature of Proje | | | | _Date: |
| | Please pick sor at. YOU MUST RN IT IN AT CH | mething that COMPLET | t shows you kn | do something a little ow what to do with your THIS RECORD |
| Section A: | | | | |
| Prepare 2 meals be the meat you h | nave chosen to our prepared m | exhibit at t | he Fair. Please Ier nutritional va | ou used. This needs to include your family's lue, taste, texture, ls. |
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| | | | | |
| What did your fan | nily think of this | s recipe? | | |

| Recipe #2 | | |
|--------------------------|--|--|
| | | |
| | - | |
| | | |
| Vhat did y | our family think of this recipe? | |
| | | |
| Section E List 3 thin | s you learned from the 4-H Consumer Meats Project. | |
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| | | |
| | | |
| 3. | | |
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Consumer Meats

Record Sheet

Senior: Grades 9-12

| Beef | Lamb | Pork | _ Poultry | Fish | Wildgame |
|-----------------------------------|---|---|---------------------------------|-------------------------------|--|
| | | Recipe Clas | ss Pos | ster | |
| | | | choose one o | | |
| Name | | | | | Grade |
| Years in | Project | Cl | ub | | |
| | | ecord and belie | | | Date: |
| more adva chosen cu SHEET A | anced. Pleas ut of meat. YO ND TURN IT | e pick someth OU MUST COI IN AT CHECK | ing that show MPLETELY F | s you knov | o something a little v what to do with your HIS RECORD |
| <u>Piease co</u> | omplete the | <u> following:</u> | | | |
| Section A | <u>\:</u> | | | | |
| be the me thoughts a | at you have about your pi ire and color | chosen to exh | ibit at the Fai Consider nut | r. Please in ritional valu | used. This needs to clude your family's e, taste, texture, |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| What did | vour family th | nink of this rec | ine? | | |

| Recipe #2 | | |
|--------------------------|--|--|
| | | |
| | - | |
| | | |
| Vhat did y | our family think of this recipe? | |
| | | |
| Section E List 3 thin | s you learned from the 4-H Consumer Meats Project. | |
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| | | |
| | | |
| 3. | | |
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