

Consumer Meats

Record Sheet

Junior: Grades 3-5

Beef_____ Lamb_____ Pork_____ Poultry_____

Recipe Class_____ Poster_____

(You may choose one or both.)

Name_____ Grade_____

Years in Project_____ Club_____

I have reviewed this record and believe it to be correct.

Signature of Project Helper:_____ Date:_____

Each year you are enrolled in this project you are asked to do something a little more advanced. Please pick something that shows you know what to do with your chosen cut of meat. YOU MUST COMPLETELY FILL OUT THIS RECORD SHEET AND TURN IT IN AT CHECK-IN

Please complete the following:

Section A:

Prepare 2 meals for your family and include the recipes you used. This needs to be the meat you have chosen to exhibit at the Fair. Please include your family's thoughts about your prepared meal. Consider nutritional value, taste, texture, temperature and color of the food when planning your meals.

Recipe #1

What did your family think of this recipe?_____

Recipe #2

What did your family think of this recipe? _____

Section B:

List 3 things you learned from the 4-H Consumer Meats Project.

1. _____

2. _____

3. _____

Consumer Meats

Record Sheet

Intermediate: Grades 6-8

Beef_____ Lamb_____ Pork_____ Poultry_____ Fish_____

Recipe Class_____ Poster_____

(You may choose one or both.)

Name_____ Grade_____

Years in Project_____ Club_____

I have reviewed this record and believe it to be correct.

Signature of Project Helper:_____ Date:_____

Each year you are enrolled in this project you are asked to do something a little more advanced. Please pick something that shows you know what to do with your chosen cut of meat. YOU MUST COMPLETELY FILL OUT THIS RECORD SHEET AND TURN IT IN AT CHECK-IN

Please complete the following:

Section A:

Prepare 2 meals for your family and include the recipes you used. This needs to be the meat you have chosen to exhibit at the Fair. Please include your family's thoughts about your prepared meal. Consider nutritional value, taste, texture, temperature and color of the food when planning your meals.

Recipe #1

What did your family think of this recipe?_____

Recipe #2

What did your family think of this recipe? _____

Section B:

List 3 things you learned from the 4-H Consumer Meats Project.

1. _____

2. _____

3. _____

Consumer Meats

Record Sheet

Senior: Grades 9-12

Beef_____ Lamb_____ Pork_____ Poultry_____ Fish_____ Wildgame_____

Recipe Class_____ Poster_____

(You may choose one or both.)

Name_____ Grade_____

Years in Project_____ Club_____

I have reviewed this record and believe it to be correct.

Signature of Project Helper:_____ Date:_____

Each year you are enrolled in this project you are asked to do something a little more advanced. Please pick something that shows you know what to do with your chosen cut of meat. YOU MUST COMPLETELY FILL OUT THIS RECORD SHEET AND TURN IT IN AT CHECK-IN

Please complete the following:

Section A:

Prepare 2 meals for your family and include the recipes you used. This needs to be the meat you have chosen to exhibit at the Fair. Please include your family's thoughts about your prepared meal. Consider nutritional value, taste, texture, temperature and color of the food when planning your meals.

Recipe #1

What did your family think of this recipe?_____

Recipe #2

What did your family think of this recipe? _____

Section B:

List 3 things you learned from the 4-H Consumer Meats Project.

1. _____

2. _____

3. _____
