

Extension - Health and Human Sciences



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#### **ARTICLES FOR**

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# TIPPECANOE COUNTY EXTENSION HOMEMAKERS Home Echoes

https://extension.purdue.edu/county/tippecanoe/Tippecanoe-County-Extension-Homemakers.html



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Tippecanoe County Extension Homemakers





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July-August 2025

Everyone should give themselves a huge pat on the back for all the wonderful support you've given to our community this year.

I am adding up the totals for the year that you've given since August, and it is amazing!

Some of the organizations given to this year include the Women's Shelter, LUM, Bravely Women's Center, Tippecanoe Villa, Combat Cookies, Food Finders, Soup Kitchen, Indiana Veterans Home, Salvation Army, Vision of Hope, Cary Home, Under The Bridge Project, and the local schools.

On the state level, we donated blankets and tote bags to Riley Hospital. Also gave thirty-four shawls to the Indiana Donor Network, and 26 lbs. of pop tabs to the Ronald McDonald House.

The value of items donated is around \$7,000! This is over 1,500 items! Hours spent were over two hundred.

We lived up to our mission statement "to strengthen families through our volunteer community support in enriching lives in our community".

Thanks for all you do!! Looking forward to next year.

Jan Wallace Jeri Bosworth-Parker Volunteer Community Support Chairman



### Program Book 2025-26 and dates to calendar:

<u>Ladies</u>, and <u>Brock</u>, please calendar these dates noted below. Our Program Book will be available in mid to late June. We will do our best to have it all done, we need to wait until after Home&Family Conference to learn the names of the State IEHA officers. It is important that we have their contact information in our program book.

<u>District Meetings 2025-26</u>: Let's bring home the Totem Pole. The last time we received it was 2012-2013. The awarding is based on the percentage of our membership and number of those of our county members who attend. As of April I this year we now have 187 members.

Fall 2025 District Meeting, Wednesday, October 8, 2025, Pulaski County

 $\sqrt{\phantom{a}}$  Information and registration will be sent to members as soon as we receive the details.

Spring 2026 District Meeting, Monday, March 30, 2026, Montgomery County

 $\sqrt{\phantom{a}}$  Information and registration will be sent to members as soon as we receive the details.

#### 2025-26 Education Programs:

Fall Education Program, October 15, 2025

Winter Education Program, January 14, 2026 – this may be changed to a February date Spring Education Program, April 23, 2026, our cultural arts display and voting – be working on your creation(s) to enter.

Achievement Event May 19, 2026. Those receiving member year certificates should attend to receive yours; we begin at 5-yr; end at 60 yr. New members should attend to be recognized and receive their membership pin. Club special year certificates are awarded by the State IEHA President and are presented at this event. That club should attend for this special recognition.

LADIES, BE SURE YOU WEAR YOUR NAME BADGE TO ALL EVENTS. THE COUNCIL DID PURCHASE THOSE FOR EVERY MEMBER AT \$8 TO OUR BUDGET; THUS I AM NO LONGER BUYING ADDITIONAL STICKY NAME BADGES TO HAVE AVAILABLE. KEEP IT IN YOUR PURSE; YOUR CAR; WHEREVER IT IS BEST REMEMBERED.

-nancella dobbins, Treasurer

### Education Workshop - April 17, 2025

April Education workshop was held on April 17. We had two speakers and lunch was served by Arni's. Itzy Prieto Director from Adult Protective Services spoke to us about elderly abuse found in the homes and in nursing homes. The Adult Protective Services investigates reports on mental illness, dementia, drug use, financial abuse, sexual, medical, battery and will investigate the caregiver. They are currently short staffed. She advised everyone to check out the nursing facilities to make sure that they are licensed with the state.

Our second speaker was **Tammy Ungaro** - Owner of <u>Dream Dinners of Lafayette</u>. She told us the history of Dream Dinners and why she purchased the franchise. At the location she has six areas to prepare food. Dream Dinners works by appointments. Once the customer arrives, they have 6 <u>choices</u> of preparing food for the family. Each station will the appropriate ingredients to prepare the food listed on the recipe. The food preparation is with <u>raw ingredients</u>. Customers will then secure their dinner in gallon bags. The food then is prepared at home by heating (Oven, microwave, or skillet). Some Examples: Chicken enchiladas, shrimp with mango salsa, Mexican meatballs, Pork tenderloin with apricot butter and potatoes.

A big shot out to the Education Committee who decorated the tables, brought breakfast items and dessert pastries. A big..... **THANK YOU** ......

Mary Hancock Education Chair

Wanda Overpeck Co-Chair

### Purdue Extension – Health & Human Science Educator Update

Hello everyone and Hello Summer! I cannot believe we are nearly halfway through 2025. That happened quickly! I hope you are able to follow Purdue Extension – Tippecanoe County Facebook page to see all of the great things our team is doing across the community. If you get online, make sure to "like" and "follow" so you do not miss out on any of the highlights or upcoming programs. Amanda has been doing some great work at sharing our impact throughout the community.

In the coming months, I look forward to the new and the old. I will be at 4H camp with Blender Bikes bringing education on nutrition to youth (New). We will have our Fair in July, and the State Fair in August. I am looking forward to finding what project I will enter in the Open Show this year! If you have a suggestion on what I should try out, let me know.

We just finished offering A Matter of Balance program in April in Tippecanoe County and in May in Fountain County. I believe these were great classes full of participants who learned, shared, and grew more confident in their abilities. I look forward to offering this class FREE again in October thank you to our local health department. If you are interested in being on a waitlist, please contact me and give me your name and email or phone number. Those on the waitlist will be contacted first when the registration is open.

If you are interested in my offering of Be Heart Smart, this program will be offered again in September. This will be offered for FREE again, thanks to the support from our local health department. This is a great class to think about heart healthy practices to add into our daily lives.

If your club or groups you are connected with are interested in these or educational content on other health related topics, please do not hesitate to reach out.

I hope you stay happy and healthy!

Brock Turner, MPH, MS, CHES®, CPT Extension Educator, Health and Human Science Purdue Extension, Tippecanoe County 1950 S. 18<sup>th</sup> St., Lafayette 47905 (765) 474-0793 turnerbm@purdue.edu

### Our 97th Achievement Luncheon at the Lafayette Country Club

Our Achievement Luncheon took place on May 20, 2025. We were served Sliced Pork Loin with Marsala Sauce, Roasted Potatoes, sauteed green beans, Rolls and Butter. Dessert was fabulous-warmed brownie with Glovers Vanilla ice cream.

**Our special guests were**: IEHA State President, Linda Carunchia, District Representative, Jaynie Keniston. Other guests included Maddie Green-Speaker from Bravely Women's Health, Denise Marshall and Stacey Lee (Marilyn Hammack's daughters).

Maddie Green told us how Matrix rebranded their name to Bravely Women's Health. Their center provides free services on Pregnancy testing, prenatal care, health education, Birthing education, free diapers, and free counseling. They have provided 586 counseling in the Lafayette area, 233 prenatal visits, and ninety-five births.

Hillwood celebrated their 50<sup>th</sup> Anniversary and received a certificate from the State President. There were five Hillwood Members who received a certificate as Chartered Members of Hillwood. Barb Sondgerath, Phyllis Kochert, Annie Sutter, Diane Burns and Pat Peterson. Absent were: Bev Melichar and Janet Perkins. Congratulations Ladies. The Quilt Club had eight new members.

Tippy Choral sang three songs: "Be the Change," "My Land" and "Be My Baby' Directed by Jane Massey and Jeff Goodspeed as an Accompanist.

Carol Smith honored our Kathy Delaney (our Past President) with a beautiful display, short synopsis of Kathy's involvement with our Extension and a prayer.

Our New Officers were installed. Nan Dobbins pinned Beatrix Rausch as our new President. New Officers for the upcoming year: Beatrix Rausch, President, Marilyn Hammack, Vice President, Nan Dobbins, Treasurer, Nina Morgan, Secretary.

Dottie Warner, Current President, addressed the members of her years journey and wished the new board a successful year ahead.

I want to thank everyone on the Achievement committee for all their hard work and dedication in making this Achievement a memorable event. A big Thank you. Everyone loved their food and loved, loved their dessert.

Mary Hancock- Achievement Chair Emalese Adams-Co-Chair





On March 17, 2025, Kathy Delaney

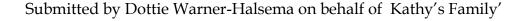
peacefully passed away at home with her three
children at her bedside. She asked us to send family and
friends a postcard after her passing to tell them three things:

- 1) God is in control!
- 2) She has gone home to see the Lord.
  - 3) She loves you.

You can find out more about Kathy's passing at soller-baker.com/obituary or contact her daughter,

Dawn, at dawnbeutner@cox.net

Yours in Christ,
Dawn Beutner, Scott Delaney,
and Eric Delaney



# From your recent past-president at the Achievement Luncheon:

As the media likes to say these days: Full disclosure: I have <u>mostly</u> enjoyed this past year as your county president. You come back from state conference inspired, but implementing change is difficult, and there just isn't enough time. Working with and getting to know many of you has been the best part.

After introduction of incoming Vice-President Marilyn Hammack's two daughters as guests and State President Linda Carunchia and Wanda Overpeck talking about the next generations also becoming Extension homemakers, I fell short in not bringing any of my 12 assorted daughters or grand daughters along, despite being third gene-ration myself.

I won't ask you to stand again! Would everyone who has previously served as aclub president please raise your hands? And now everyone who has previously held a county office? You represent the experience, mentors, advisors that new officers will rely one. Anyone new, doubting their ability to be leaders, please look to these ladies for all the help you might need.

I especially want to recognize and thank the other officers and committee chairs. As well as often being club presidents many fill multiple roles at the county le-vel. Most are continuing in their offices for the coming year. Vice-president Beatrix, will be your new president. Secretary Nina documents our council decisions and activities, and assembles our annual program books. Treasurer Nancella, who very much keeps us on track with budgetary and financial obligations, plus prepared today's program booklet. Past co-president Linda was available for advice and experience. Mary Hancock and Wanda Overpeck organized excellent Education days. Emalese Adams and Cheryl McCool lead the membership committee, and we have many new members this year. Jan Wallace and Jeri Bosworth-Parker have put forth, and you have supported, many successful donation drives. Jean Macy encourages our cultural arts projects. Nancy Shook and Connie Brown were there for scholarship applications.

Continued on page 8

Jeri has tracked down the agency and revived the Thumbodies project. Carol Smith is not officially our historian, but she assembled Kathy Delaney's memorial. All of them have had committee support from so many of you. Thank-you all!

And, special thanks for today's luncheon! Mary and Emalese have had struggles with many elements, but it is a beautiful event, and wonderful food.

I look forward to working more on committees and special events.

Thanks to you all!

Dottie Warner-Halsema



### MEMBERSHIP COMMITTEE

At our 2025 Achievement Event, sixteen new members to Tippecanoe County Extension Homemakers Clubs were recognized. Current members with membership anniversaries were presented with certificates recognizing years of 10, 15, 20, 25, 30, 35, 40, 45, & 50 years of service. Fifty-year anniversary members were honored with certificates and yellow carnations: Diane Burns, Phyllis Kochert, Bev Melichar, Janet Perkins, Barb Sondgerath, and Anny Suter (of Hillwood), Pat Peterson (of Quilt), and Kathy Delaney (of Laughing L's in Memoriam). The Hillwood Club also celebrated its fifty-year anniversary with a certificate presentation to charter members by, and photo with, Indiana Extension Homemakers President, Linda Carunchia.

Projected Membership efforts will be focused at the 2025 Tippecanoe County 4-H Fair (7/18-26), Prophetstown Family Day (6/7), Purdue Homesteader's Day at Prophetstown (8/16), and the Farmer's Markets in Lafayette, West Lafayette, and Purdue during IEHA week in October.

Submitted by, Emalese Adams and Cheryl McCool

## WHITE COUNTY BIG FREE Craft Supplies Swap!!!

## **Sponsored by the White County Extension Homemakers**

This is how it works:

On Sunday, August 17, 2-7:00 and Monday August 18, 2-7:00 anyone can drop off at the 4-H building at the fairgrounds, any craft supplies they have that they don't want or no longer need.

Anyone who brings in any craft supplies Sunday or Monday will receive a ticket that will allow them to come and "shop" on Tuesday, August 19, 2-7:00. By "shop" we mean pick up FOR FREE, any craft items they would like from all the donated items.

On Wednesday, August 20 and Thursday August 21, 2-7:00, anyone from the community may come in and "shop" for free. This is a craft supply swap, no money involved, just a community service activity for crafters! Questions? Call the White County Extension Office-219-984-5115.

Such as artificial flowers, basket making, beading, candle making, fabric, glues, holiday, jewelry, stamps/ink, string, pencils, pipe cleaners, ribbon, scrapbooking, soap making, wood, wreaths, yarn, craft magazines, books, patterns .....

### 2025 Cultural Arts Event

The 2025 Tippecanoe County Extension Homemakers Cultural Arts Event was held on Thursday, April 17, 2025, in conjunction with the Spring Education Workshop. There were 9 entries in four categories. Thank you to all who participated.

Winners in the categories were:

Knitting/Crocheting - Rebeca Wagers for her bunny

Other Crafts - Christa Prather for her small clutch

Quilts - DeEtta Koning for her quilt

Placemat - Phyllis Kochert for her embroidered placemat; with second place being awarded to Dottie Warner-Halsema

Gift Cards valued at \$10 each from Sisters Too, Michaels and Hobby Lobby were awarded to the winners.

Phyllis Kochert for her placemat and Rebeca Wagers for her bunny are eligible to represent Tippecanoe County at the Home and Family Conference in June.

Jean Macy, Chair Donna Mounts, Co-Chair Cultural Arts

# The 2025 Tippecanoe County Fair & Home & Family Arts Open Show Is Almost Here!

Time is flying! The Home & Family Arts Open Show, part of the 2025 Tippecanoe County Fair, is happening July 18-25, 2025, and we need your help to make this year's event a success.

With less than 45 days left, to put the finishing touches on your projects and prepare for check-in. Whether you're showcasing fine arts, photography, crafts, gardening, or culinary creations, now's the time to get everything ready for an exciting competition and exhibition. Be sure to follow our Face-book page (Tippecanoe County Home and Family Arts Open Show) for weekly highlights and important updates.

# <u>Volunteer Opportunities</u> -- We are seeking volunteers now for the following days and times:

- Check-In Day Wednesday, July 16 (3:00 PM 8:00 PM)
- Check-Out Day Friday, July 25 (4:00 PM 8:00 PM)
- Welcome Table during Fair Week (July 18 24) (10:00 AM 9:00 PM)

**Daily Shifts:** 10:00 AM - 1:00 PM | 1:00 PM - 4:00 PM | 4:00 PM - 7:00 PM | 7:00 PM - 9:00 PM

For anyone interested, reach out via email at <u>tippecanoeopenshow1980@gmail.com</u> / Krystal Sigman 765-714-0194 to sign up. Whether it's **Check-In**, **Check-Out**, **or assisting at the Welcome Table**, your help will make a big difference!

**Demonstration Opportunities** 

We are seeking individuals to present demonstrations in various areas, including hobbies and crafts, cooking techniques, and food preservation. Last year, Krystal Sigman showcased Diamond Painting, Knitting, and Crocheting—we'd love to feature more talents this year!

If you're interested in **volunteering or leading a demonstration**, contact us at **tippecanoeopenshow | 980@gmail.com** / Krystal Sigman 765-714-0194.

Thank you in advance for your support and participation—we can't wait to see you at the **Home &** Family Arts Open Show!

Mind Swank & Krystal Sigman tippecanoeopenshow | 980@gmail.com

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